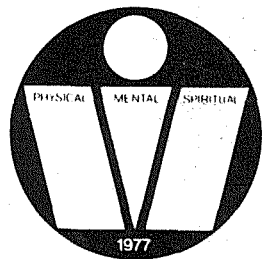


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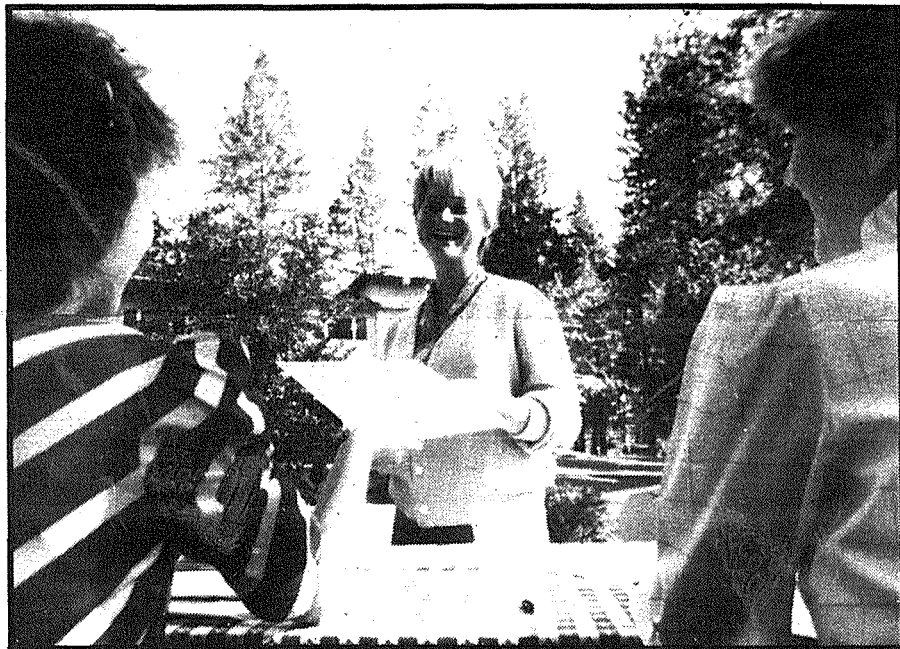
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Vol. 8 No. 9

Weimar Institute

Box 486 Weimar, CA 95736 October 1984

WELCOME BACK STUDENTS!



Wade

Handing out registration packets

By Steven Siciliano

"I get the impression that my Christian experience will really grow here," said a freshman who had worked on campus this summer. A returning student said, "I have a sense of anticipation and excitement about the work station I'll be at this year." "I look forward to higher levels of academic satisfaction and fulfillment from my studies," replied a senior. "I'm really excited about the Literature Ministry outreach class," said another.

Every response to the question "How do you feel about the coming school year?" was positive although the reasons varied. Classes, work education, outreach, spiritual growth: each of a dozen students interviewed looked forward to something different. Some said they were just glad to be back into a diversified schedule. And that attitude reflects one of the underlying principles behind Weimar College and Academy: the balanced development of the whole person.

Offering an education program consisting of academic studies, on-the-job work experience, daily periods for Christian fellowship and weekly community service, Weimar College begins its seventh academic year with 101 students from across the United States and numerous other countries. Weimar Academy registered 53 students for this fourth year of its existence, an increase from 37 last year.

Another facet of Weimar that attracts students is the congenial social atmosphere. Visitors sometimes debate about the cause of this happy environment. Some say it's the food. Some say it's due to the all-pervading belief in an accepting, loving God. And some say it's due to both of these factors as well as all the other aspects of the lifestyle advocated on campus.

And that's why students come. As one put it, "I came because I liked the Christian philosophy behind everything that is done here. Everything has a purpose." Another new student said she came to learn

principles that would be "lasting and eternal enrichments" to her life.

The new year began with orientation weekend on the evening of September 28 at the outdoor gazebo. Institute Chaplain, Dick Winn presented the opening talk, revealing the significant impact of Weimar Institute and its methods in relationship to the church, the world, and God's cause in the Universe. Elder Winn began the Sabbath morning program as well, recounting the faith-strengthening story of how Weimar Institute began. Next, Kathy Kern, Stephanie Raetz and Lynn Lomas shared candid and lively stories of how they came to be students at Weimar College. The 11:00 hour was conducted by Dr. Paul Hawks, Dean of the College, who described the challenge and the risk involved in Christian education, pointing out the importance of using its blessings to rightly portray God's character to the world.

A dynamic session of "getting-to-know-each-other" exercises commenced after dusk that evening. The lively hour of sharing was a nice way to begin a year of friendly interaction. Newcomers and 'old-timers' alike left with warm hearts and glowing smiles. Orientation continued Sunday with inspirational talks and registration. On Monday, October 1, autumn quarter classes began.

"...Jesus followed the divine plan of education. The schools of His time, with their magnifying of things small, and their belittling of things great, He did not seek. His education was gained directly from the Heaven-appointed sources; from useful work, from the study of the Scriptures and of nature, and from the experiences of life — God's lesson books, full of instruction to all who bring to them the willing hand, the seeing eye, and the understanding heart." (Education, p. 77)

"I am the Alpha and the Omega, the beginning and the end." Revelation 1:17, R. V.; 21:6, R. V.

In the presence of such a Teacher, of such opportunity for divine education, what worse than folly is it to seek an education apart from Him — to seek to be wise apart from Wisdom; to be true while rejecting truth; to seek illumination apart from the Light, and existence without the Life; to turn from the Fountain of living waters, and hew out broken cisterns, that can hold no water.

Behold, He is still inviting: "If any man thirst, let him come unto Me, and drink..." (Education, p. 83)

Nondiscrimination Policy

Weimar College admits students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school. It does not discriminate on the basis of race, color, national and ethnic origin in administration of its educational policies, admissions policies, scholarship and loan programs, and other school-administered programs.

"How big will Weimar College become? Aren't you planning to expand NEWSTART lodge? With such demand for Weimar Academy, couldn't you easily triple your size?"

These are frequent — and understandable — questions asked by supportive friends of Weimar Institute. And it's not surprising for many to assume that getting bigger is the usual measure of growth. But that's not always the most desirable way to go. Let's take a look, by department, at the "growth plans" of the Institute.

The students at Weimar College have verified the thinking of some of the original planners: something very special is retained by a campus that doesn't get too large. Our current facilities can accommodate about 125 students; and this may expand to about 150. But the major focus for the future is on upgrading sub-standard student housing, remodeling the classroom complex, and developing more income-producing student industries. The focus is more upon re-

fining and enriching the current program, than upon making any major new expansions.

The same could be said for Weimar Academy. A recent expansion of the girl's dorm will provide comfortable housing for 20 girls. A boy's dorm of the same capacity is slated for construction next spring, bringing resident capacity to 40 students. Add to that the academy-aged children of the staff, and the Academy has reached its capacity. The philosophy of education which is embraced by the Academy can more readily be fulfilled in the intimacy of a smaller campus.

NEWSTART Lodge can presently house about 30 guests, and there is no plan to expand this size. The medical staff is, however, expanding the services which are offered to the guests. The new physical therapy unit provides increased space and convenience. And the exercise/therapy pool presents the fulfillment of a long-time desire for this kind of treatment. A

spacious out-patient clinic is being developed in the Administration Building, to offer lifestyle-change health care to persons unable to schedule the live-in program.

A major growth area for the Institute, however, will be the facilities for retired persons. On a spacious hillside near the main campus, we are planning both individual-unit housing, and a hotel-type unit for persons desiring a greater range of services. Long-range planning also holds open the possibility of a skilled nursing facility. Future issues of this Bulletin will carry more information about these plans as they materialize.

Next spring, the agriculture department will begin expanding the greenhouse operations. A second 8,000 square foot greenhouse will bring our total enclosed area to about 20,000 square feet. And with the selective clearing of brush and harvestable

timber in the "back hills" of Weimar, some more area will be opened for orchards and reforestation.

As soon as final plans arrive from the architect (and as soon as the construction crews finish their intense work on the sewage treatment plant), we will at long last expand our chapel to twice its present size. Only then will we be able to house the entire Institute family at one time within an enclosed structure.

Of course, there is the never-ending need to remodel and upgrade staff housing, to transform old hospital wards into satisfactory dormitories for college students, and to keep the grounds looking representative of the Creator.

There is, however, a more real and urgent type of development which occupies our attention. More vital than buildings and equipment, Weimar Institute longs to develop such quality of program, such graciousness of spirit, and such loyalty of soul to God's ways, that people will be made whole within our gates, and God's character will be made known. And in keeping with Jesus' promise of Matthew 6:33, if we keep these goals first, the others will be met by His resources.

Weimar's Mission Restudied

B.K.

Every fall, one week before school begins, all staff members of Weimar Institute devote two or three days to special study and interaction together. The extra fellowship, communication and worship refresh them with new love, unity and positive spirit for their soon-returning students.

Friday night, September 21, saw the first of this year's special gatherings, called "the Colloquium," which would continue through Sabbath and Sunday. Introducing the weekend, Chaplain Dick Winn turned our minds to consider the roots and mission of Weimar Institute. "Our mission is to reveal the goodness of Jesus Christ — not hold up our uniqueness of educational principles or dietary preferences," he stated.

Then he invited the staff family to join him on "The Incredible Journey" as he used slides and an old journal to portray the beginnings of Weimar Institute in the early '70s. Sharing many incidents from his own record of daily happenings and the miraculous interventions of God to establish the Institute. Dick illustrated how reliable God is in supporting His trusting, praying, obeying people.

Sabbath morning, Elder Bob Hancock guided the group through a most stimulating lesson discussion about the meanings and applications of "Selfless Service" to God and to others. At 11:00, staff members studied the "spiritual principles" behind Weimar's mission, as found in Zephaniah 3:11-13. Three concepts were specifically examined.

(1) To exalt God's goodness by reflecting that goodness in our own lives; by advocating His principles for lifestyle; and by speaking well of Him.

(2) To maintain a high personal piety among staff and students by preserving time for much prayer and study of His Word; by intelligently applying Jesus' teachings in everyday situations; by giving each other the freedom to grow and make our own choices; by dealing directly with one another when differences arise; and by rejoicing in our walk with Christ.

(3) To work with the formally established Church by participation in local congregations; by Christlike modeling of change instead of attacking weaknesses and/or failures; and by standing with the Church in current difficulties.

"Communicating Our Mission" was the subject of study led by Paul Hawks at 4:30, Sabbath afternoon. He drew staff attention to the importance of two basic avenues of communication: verbal and non-verbal. He showed the important emphasis the Scriptures make about the silent but communicating power of living and working with a conscious sense of direction, goals and priorities.

Sabbath evening, Dick Winn conducted a deeply meaningful communion service in the NEWSTART dining room. Staff members tried to identify with the feelings and issues of the Last Supper in the upper room with Jesus and His disciples. Much sharing of personal insights and commitment made the evening a spiritual high point in the weekend, drawing all present into deeper levels of unity and appreciation for Christ.

On Sunday morning, three staff members presented introductions to the keys of Weimar Institute's Mission:

Lester McSherry covered the Work/Education Program by speaking about student productivity and education on the job.

Preston Wallace shared with the group the many openings available for staff to develop their own community service outreach projects.

Dr. Milton Crane showed how staff members living healthfully themselves can be a great influence on other people to get to know God and apply His principles to their own lives. "Miraculous results come from learning God's Laws and by His power putting them into practice," he concluded.

A simple but delicious fellowship supper was served the group at an outdoor picnic on the Bear River, Sunday evening. With worship around a campfire, Weimar's staff closed one of the best weekends of spiritual feasting yet experienced at the Institute.

Words are Like Kites

*A kite soaring, sailing high,
Kept in restraint by a child's
thin tie*

*It is beautiful as it floats up
there,
For all to see and then to
share.*

*Words, like the kite can soar
up high
When kept in restraint by
that valuable tie;
Lovely as long as they're
held in check,
But if the string slips; oh,
what a wreck!*

*Words..words..we use them
and use them,
Always constructive unless
we should loose them.
Words, like a kite, lovely
and known;
But you shan't return them
once they have flown.*

*So, never be careless, lest
the string slip away,
And with tears you recant,
yet all in vain.
Words, like a kite, beautiful
and alone;
But none can return them
once they have flown.*

*Oh God, my Father, to You I
pray;
Lead me only kind things to
say.
Guide my tongue to the
sweet, the true,
For, in all that I say, I am
showing folks You!*

Shauna Davis
(Weimar Academy Junior)

When Christ is Your Priority

John Wesley Taylor V

"Be still; take time to know that I am God." The words suddenly became relevant. Life had degenerated into a mechanical whirl of activities — projects to write, research studies to digest, work hours to complete, finances to stretch, deadlines to confront. It all had become so futile, so meaningless...

I had opened my Bible. It had not received a great deal of attention lately. I turned the pages and read the verse that spoke to my life. I knew that it had become a matter of priorities. Did I really value Christ above everything else? If I gained all human knowledge and lost sight of the mission for which I was preparing, of what worth would be the facts and skills I had obtained?

Moments wandered by. Light began to awaken. I realized that I must come to know my God firsthand. He must become personal. He must become the center of my life. Without Christ as my focus, all else would indeed become meaningless.

I made a commitment that day. It was a simple dedication. I promised God that the first hours of the day would be His. That time before breakfast has become the special portion of the whole day — a time of fellowship, of communion, of a living experience with God.

The blessing has remained throughout the day. No longer did the avalanche of schedule swirl around me. It was not as though everything ground to a halt. On the contrary, more was being accomplished. Yet there was a peaceful joy through it all. I had time for people, for the sunset, for meditation beside a quiet stream. I had time for God.

A year has passed since that day when I ceased my frantic pace. It has been a year full of meaning, of deep experience.

(Mr. Taylor is a graduate of Weimar College, and now a doctoral student at Andrews University in Michigan.)

NEW CONSTRUCTION

S.G.S.

Moving Mountains

A major project being completed at Weimar Institute this fall is the up-grading of the sewer system. Since the Weimar property was purchased in 1977, there has been the need to increase the capacity of the sewage treatment facility that it may be able to handle the heaviest predictable rainfall, according to state law.

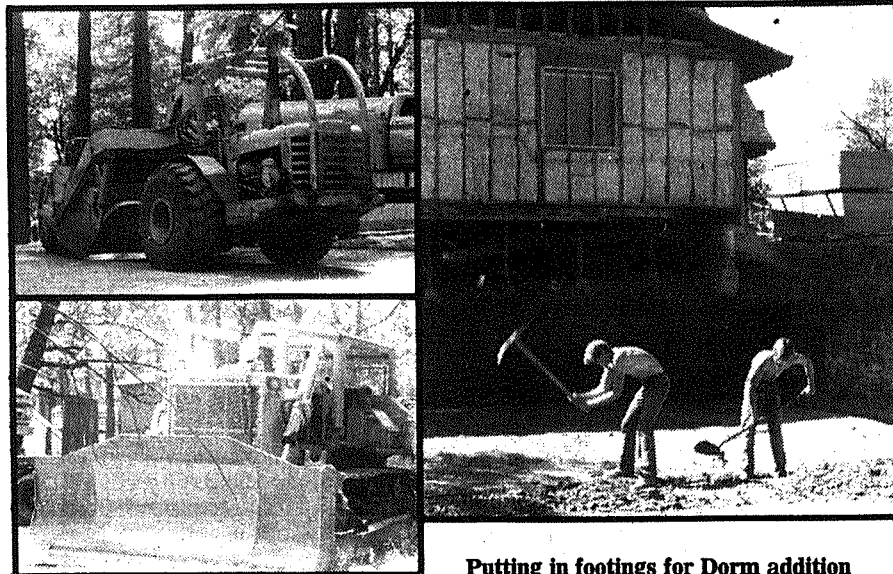
The big job involves the remodeling of the present three holding ponds and the construction of a fourth pond. Professional estimates for the work ran over \$100,000; a sum the Institute cannot afford. Instead, most of the work will be done by staff and students at a projected cost of \$45,000.

Although doing the work ourselves slashed expenses, it presented other challenges. Obtaining equipment for the job was the first. After much prayer and

hunting "all over Northern California," for reliable machinery, the earth-moving equipment was located, but would cost \$40,000. At the same time, God moved two people (one on the East coast; one on the West coast) to provide the funds for Weimar to buy the needed machinery.

The Institute purchased an Allis-Chalmers Dozer (Model HD21) and a Scraper (Model 260). An earth packer was rented and a water truck became available on loan from a local church member.

Time was the next big hurdle. Even by working from "sun-up to sun-down," staff members Mike Wesner, Jerry Northrop and Robert Van Raden, with student help, may not be able to complete the project before the winter rains come. Early rains may force us to hire a contractor to dig the fourth pond, thus increasing the total expense. (We're all praying for a long, dry fall season or some way to finish the project quickly!).



Vital equipment "donated"

Putting in footings for Dorm addition

Academy Dorm Expanding

The Academy girls' dormitory, built just two years ago, is being expanded this year to accommodate eight more girls. Remodeling on the inside, including the addition of two tub-shower units, was completed this summer.

The main part of the project, which is still in progress, is the addition of a total of 1600 square feet of space in the form of two wings attached to the North and South sides of the building. Each wing will be divided into two rooms and the area which has been excavated underneath will be developed into a utility room on the South side and a carport large enough for three cars on the North.

Plans for the renovation were drawn up by an architect from the state of Washington who donated his services. The ac-

tual construction work is being done by staff and students at a total cost of under \$20,000.

DONATIONS

We appreciate so much the many contributions of our readers to the work of God going on here at Weimar Institute. With your gift we would like you to enjoy an even larger part in this ministry. Here's how. When you send a check we'd like you to also tell us where you want it used if you have a special need in mind, such as, the NEWSTART program, Out-patient Clinic, Worthy Student Fund, or a special building project. The easiest way to do this is to write it in on the bottom, left-hand side of the check. Unmarked donations will be placed in the general operating fund for the whole institute. Thank you again for participating in this enterprise for God's glory.

Leadership Transitions

After leading Weimar Institute through its first seven years, President Bob Fillman has accepted a call to return to public high school teaching and administration. The Fillmans came to Weimar in the fall of 1977, several months after the Institute was founded. With a professional background in education, administration, and construction, Bob was aptly suited for the kinds of responsibilities he would carry as President. His wife, Shirley served as the Institute's first food service director, bringing the cafeteria from its initial chaos into a well-ordered dining room for students, staff, and NEWSTART guests.

During his term as president, Bob has guided the fledgling institution through the development of all its initial phases. The NEWSTART program — known in its early days as the Health Conditioning Center — began as empty hallways, in need of major remodeling. Since its coming in May of 1978, Bob has signed diplomas of Completion for more than 800 NEWSTART "graduates." His signature is also found on the diplomas of the 44 graduates from Weimar College, which opened its doors under his presidency in September, 1978. Bob also served as Principal of Weimar Academy during the past two years.

Prior to joining the staff at Weimar, Bob served as chairman of the English department for the Folsom-Cordova High School District, near Sacramento. After seven de-

manding — and often exhausting — years behind the desk where "the buck always stops," and citing a personal feeling for a need for change, Bob has returned to Folsom-Cordova. History will verify the careful quality of his impact on the Institute.

At its November 4 meeting, the Weimar Institute Board will be considering the selection of a successor to this office. In the meantime, other members of the administration are "stretching" to cover the responsibilities of the front office. Watch for further reports on this important matter in following issues of the Bulletin. And please join us in praying that God's will might be known in this selection.



In Loving Memory

A MEMORIAL GIFT TO WEIMAR INSTITUTE HAS BEEN MADE

In Memory of:

Pastor Conrad Rasmussen & Robert McCarthy

By Mr. & Mrs. Homer Ketcherside



GOD LOVES US FREE

By Buddy Kruger

In a series of issues, I'll be sharing with you good news about the God of our universe, who created this planet and all of us human beings.

What is He like?

How does He feel about you and me?

What has He done to deserve our admiration and loyalty?

First of all, if you were to ask me what I believe God values most for His universe, or what is His most dominant concern, I would have to answer: His concern for us to be free, like Him.

God enjoys total freedom to think, choose, plan, and carry out those plans. He has total ownership and instant command of all the energies and materials of the universe. There's nothing He can't make or do or cause to happen. He's not selfish with this power either. In fact, the Scriptures tell us He wants to share all this with His creatures — especially with humankind. He wants us to be free, self-governing individuals, supplied with all good things; able to give and live to make others happy. That's the way He is. Freedom of this caliber is truly fun, satisfying and character building.

Notice in the Scriptures just how much our freedom is on God's mind.

In the person of Jesus Christ, He came to earth "...to bring out prisoners from prison, to set the oppressed free." (Is. 42:6, 7; 61:1; Lk. 4:18). Jesus, Himself, said the truth found in His words and His companionship would free us from the slavery sin brings (Jn. 8:31-36; Rom. 8:2). Those who join God's family experience a growing and wonderful liberty (Rom. 8:21). This means getting loose from the restricting, narrowing influence of self-centeredness. Such freedom from sin's power comes to us with Him; freedom is His nature and results to us from His presence.

When we ask for and acknowledge His constant nearness to us, His freedom "rubs off" on us and we are changed by it (2 Cor. 3:17, 18; Gal. 2:4; 4:3-7). Our misunderstandings, insecurities, neuroses, fears and loneliness, brought on by self-centered living, begin to disappear as we find a new center in His friendship and the assuring truths of His Word. In outlook, it's like being transported to a whole new planet. It's a whole new life (Col. 1:13, 14). He even takes away our fear of persecu-

tion and death (1 Cor. 9:19; Rom. 8:35-39; Heb. 2:15).

I agree, most people do not see God like this. But that's because of the way He is so poorly represented by most of His human acquaintances. Many Christians mistakenly follow hearsay or tradition in their views of God, or they follow their own feelings and projections instead of finding out the truth about Him and His own Word. So, God gets the blame for much of the ugliness, meanness and selfish behaviour actually coming from man and devil alike. And who wants to learn about or get closer to a god who is no better than man or demon?

Sorry to say, but God is often represented as a self-serving meddler in other people's business, or the opposite: distant, unconcerned, uninterested, off "doing His own thing." He's also seen as a prosecuting attorney hot on our trail, out to put us behind bars for life — or, as half-good, half evil, always enslaving people by scaring them to death with hateful threats of what He'll do to them if they don't change. With such perverted ideas of God, who would ever want anything to do with Him?

I'm glad to expose all these as Satanic lies fed to us by a misled world society and religious people who haven't taken the time to really get to know Him.

No!! Our Creator is a most selfless and benevolent Person. His concern is giving us full freedom and resources from which to grow, rather than putting us under His thumb; taking away our freedom; restricting our development.

Jesus' life was a perfect reflection of a God who went everywhere setting people free and giving them a chance to live with their freedom an eternally productive life; and what a surprise it is to discover that, way back in the beginnings of human history, God characterized Himself in similar terms. Before He told us His Ten Commandments in Exodus 20:3-17, He announced in 20:2, "I am the Lord, your God, who brought you out of the land of Egypt, out of the house of bondage."

Knowing He is a God who wants us free, and who ever works toward that end for us, makes a person want to listen to the rest of what He's got to say about Himself in His Word.

I feel I'd really like to get to know Him a lot better. How about you?

NEWSTART HOMESTYLE Grows Up

Dottie Allen

I looked around me somewhat in awe. Could it be that we were really here in Toronto, Canada, at The Amazing Facts studio, ARTS (Adventist Radio-Television Services), ready to begin video filming of NEWSTART HOMESTYLE with all of this elaborate equipment and professional help? The control room, sound room, all the equipment—what a far removal from our one, little, home-video camera we had used to shoot the first four lessons in the Spring of 1983!

My mind went back to how this had all begun and the many miracles that had transpired to bring us so far from Weimar, across the United States here to Toronto. It seemed for a moment that I was back at Weimar when Doug Garcia emerged through the doorway with Pastor Jim Brackett close on his heels and my long-time dream began coming true.

The dream had been at first but a hazy desire—a desire to answer the many requests for a natural cooking school that time did not permit us to handle; a desire to help every person that wanted to learn HOW to have a NEW START; a desire to share the simple, sensible ways, to follow God's natural lifestyle. We wanted to help others see God's loving concern for His children in His sharing of the health laws: He wanted above all things for us to prosper and be in good health (3 John 2). And so the dream had taken shape in having the NEWSTART HOMESTYLE physician's lectures video-taped, a cooking school that would require no trained staff on hand, just a friendly hostess to open her home for a few friends to make a new start together.

We had one home-video camera, one enterprising young man (Doug) and lots of hope and faith. The temptation sometimes was to think, "Can God possibly bless and use our feeble efforts?" And always the thought would come, "I can do all things through Christ who strengthens me." Our chaplain, Dick Winn, Doug, and I had prayer together as we were filming a segment on Trust in Divine Power, and I remember how Dick had encouraged us by saying, "If God sees that this can be used to His glory, He will hold His hand over the defects or He will impress someone with proper equipment so this will be a more useful tool."

It seems God has done both. Many are using the original four lesson, NEWSTART HOMESTYLE series. Letters of encouragement have come telling of the wonderful things that are happening and requesting the next eight lessons, covering the natural remedies. Some groups continued to meet monthly, sharing recipes and encouragement as they patiently waited. An amazing outreach for such a simple tool!

While doing a series of meetings in the Norco/Corona and Lake Elsinore, California, area we had spoken in the Norco Church. Providentially, Pastor Jerry Mayes, Treasurer of Amazing Facts, Inc., attended the Norco Church that same Sabbath. In talking with him, he encouraged me to call Jim Brackett who was holding a series of meetings with Pastor Dan Collins in California. Pastor Mayes related that Jim and Dan had a group of people attending their meetings who wanted to learn more about health after having attended a vegetarian dinner. "I'm sure Jim would be interested in your program!" he remarked. Pastor Brackett was indeed interested and from this interest sprang the plan to have the filming done in the Amazing Facts Studio in Toronto.

The time schedule and the responsibilities of each were all carefully ironed out but we hesitated, "Did we have the right to take funds that were needed in so many other areas at Weimar to do this filming?" As we prayed, little known to us, the funds were on their way through Providence. God's intervention arranged for a man, due for bypass surgery in a few days, to go to Weimar Institute for knowledge on how to avoid surgery. Grateful for what he learned, this man and his wife donated those initial funds so we could film the series. This story in itself was a whole series of miracles with bit parts played by so many that never knew they had a part in God's answer to many prayers, including my own.

Where, we wondered, would we stay in Toronto? Motels are very expensive and where would we eat? It wouldn't be easy to eat out for the three weeks that Earl and I would be in Toronto, and of course the doctors would be there with us, one at a time, over that period. We would have settled for

any arrangement, we were so delighted to have this marvelous opportunity. But no, God had it all in mind how He would provide for us. We arrived only to find a lovely four-bedroom home donated for us to "house-sit" while the Chans were on vacation in Florida. Just a coincidence that they left for their vacation the very day that we arrived to do the preparatory work? No way! Not a detail escapes our Father's eyes. There was even a vegetable garden in the back with vegetables waiting to be picked and a note on the refrigerator urging us to do so. "My God shall supply all your needs" (Phil. 4:19).

Doug learned this lesson earlier when the Drs. Buxton took him into their home, while he worked at the studio, learning from skilled technicians, and earning his summer scholarship for college this fall. Although I was raised on Southern hospitality in faraway North Carolina, surely God's family has hospitality that knows no borders.

A major hurdle faced Doug even before he left Weimar to go to Toronto. He needed to find music that would set the scene for our video. We knew just what we wanted—a happy, uplifting tune. But neither Doug nor I could think of one, and writing music was way out of our line.

It was drawing close to graduation and Doug's departure date for Toronto, Earl and I had already left for Arizona Campmeeting to provide the health emphasis. We kept praying about this problem. On the last day that Doug would be at Weimar, I called from a little, hot, telephone booth in Arizona for one final conference. A happy and relieved Doug couldn't wait to have me listen to a tune that had just been recorded. It was our song! a lovely, lilting tune filled the dusty phone booth. I couldn't believe my ears! Where had he found it? God's timing is always so impeccable. Dick Winn's brother-in-law, Jeff Wood, had come for graduation exercises, and learning of our need had written an original score for NEWSTART HOMESTYLE. Julie and Terri Winn had gone down to Sacramento and recorded it on piano and flute. And so, one-by-one, the answers came, and the problems became victories.

There were other details we faced: What about the scenes, how would we find people to play the many parts that our Weimar family had done, especially the hydrotherapy? I felt we weren't likely to find a hydro department in the studio...or were we? Dr. Charles Thomas, from Loma Linda, just "happened" to be in the studio filming a sequence on hydrotherapy the latter part of the week that we arrived and very graciously lent his expertise to fill our need. One by one each of the scenes fell into place with our new extended family.

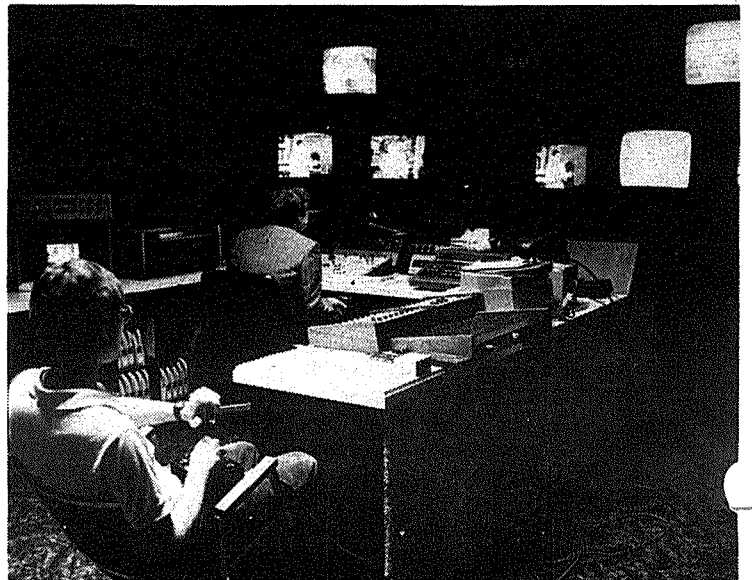
Back at Weimar other events were transpiring to fill other needs. In his pre-management days, Earl had been a printer and had been one of many who had longed to see a printing press at Weimar to teach a vocational skill and to relieve the heavy printing bill each month. Through a gracious donor loaning \$12,000, to be repaid, interest free, we were able to obtain an Itek printing press and camera and to begin "WeiPrint". Having our own press has enabled us to upgrade the contents of our binders with beautiful colored lessons that make the illustrations more vivid. And colors make the new indexing easier to use. We also were able to print the recipes on card stock so people could clip and file them.

Do you have a few neighbors or friends who have expressed interest in more healthful cooking or who need encouragement in a more healthful lifestyle? Why not start together to enjoy and understand the natural remedies God has given to strengthen us and to relieve suffering ones around us. You don't need to own a video. They are available for rental near you, are very reasonably priced, and plug into any TV. We have found that if you explain you will be using it each week for only a few hours, a very good price can be negotiated since their rentals are normally for whole weekends.

Several doctors have inquired about the video tapes for use in their offices to help use "waiting room time" to better advantage. What better place to learn the eight natural remedies than while waiting to see a doctor and reflecting on the need for better health!



Doug Garcia and Jeff McSherry "shooting" the first NEWSTART Homestyle videos in a Weimar staff home.

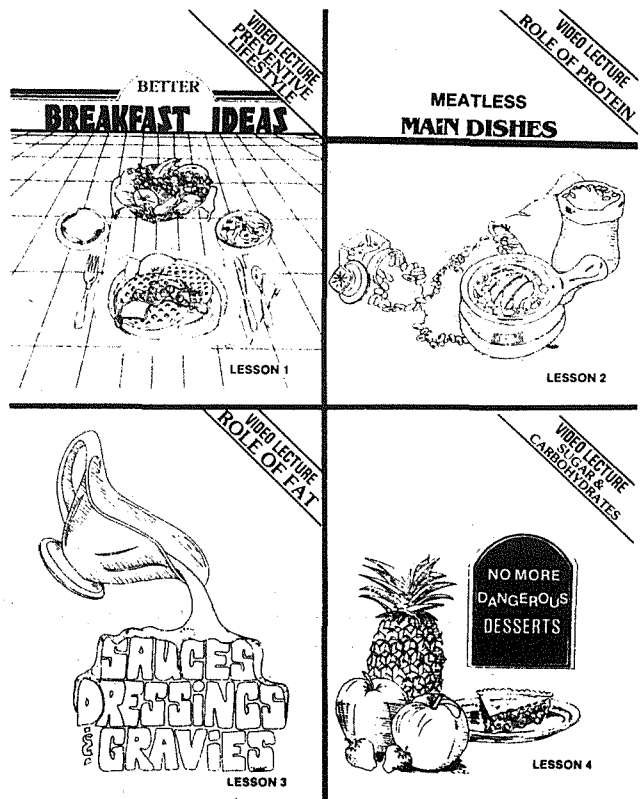


Doug at the Toronto, Canada, Amazing Facts studio.

NEWSTART HOMESTYLE KITS

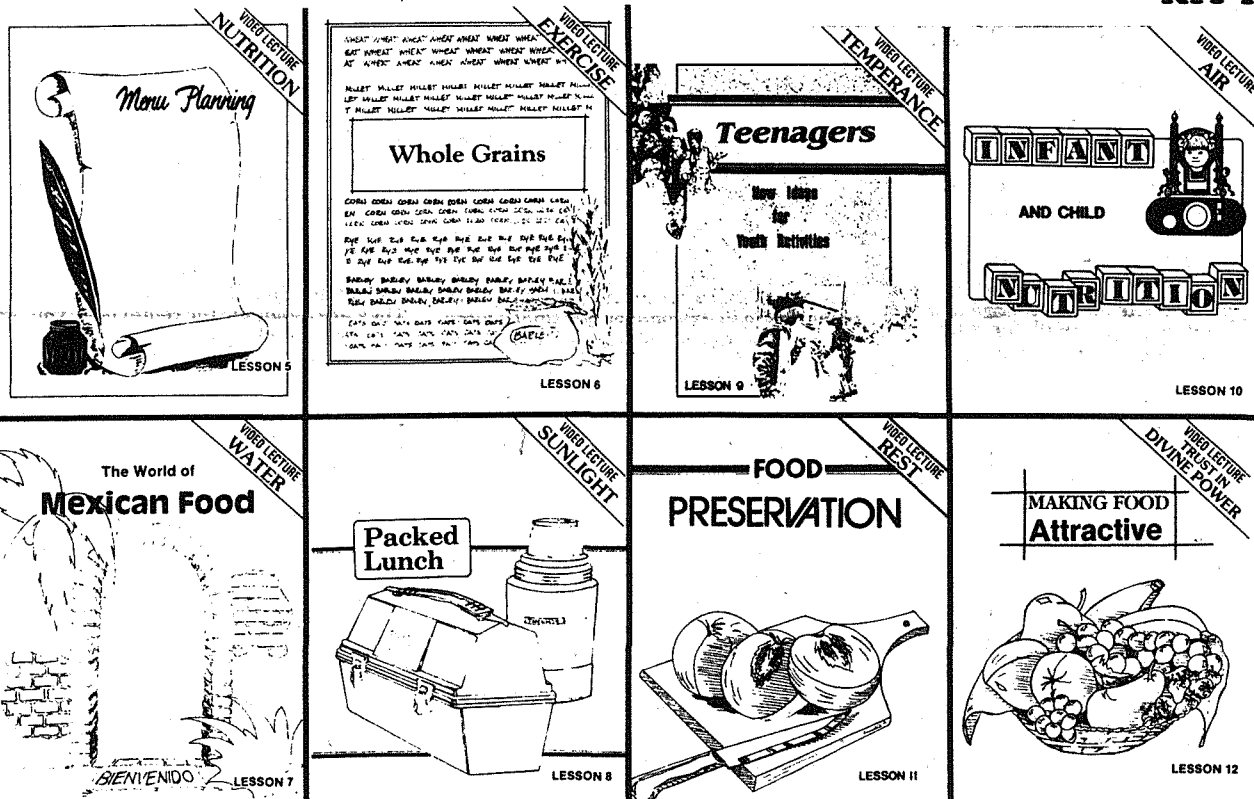
KIT CONTENTS:
 Half-hour VHS video lectures by
 NEWSTART physicians
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 Weimar Institute
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A Tap on the Shoulder

Bill Yochum
(NEWSTART guest,
August 26-September 20
as told to Steven Siciliano)

Change Your Address Book

In January of 1984 I had a heart attack. It was the first indicator I had of heart trouble, and fortunately it was not very severe. But I took it as a warning to start doing all I could to ensure I would live the full, long life my forefathers had lived. I call it "a tap on the shoulder from the Man upstairs."

While I was still in the hospital recovering, my son introduced us to a Dr. Arthur Weaver. He recommended I go to Weimar, California, and get on the NEWSTART health program. My wife and I had previously attended vegetarian cooking classes with the Seventh-day Adventists near our home in Farmington, Michigan, so his advice made sense; however, I wasn't convinced I had to go all the way from Michigan to California to learn the things I needed to learn.

Instead, I tried two rehabilitation programs in hospitals in the Detroit area. They emphasized exercise, but didn't say anything about diet. Their philosophy seemed to be: "Eat anything you want." There was no effort to tell me the value of a low-fat, high-fiber diet. I was convinced



Bill and Julie Yochum

after a short time that what they were doing was just scratching the surface of the problem. I thought to myself, "I will be forever at this program and never make any progress."

Finally, after an unsuccessful angioplasty, I was determined to come to Weimar and see what it was all about. My wife and I also met a former NEWSTART patient, and he recommended that both of us go. We certainly agree now with that advice. If you are married, bring your spouse if you can. Then you both will understand the reasons for the new lifestyle you are experiencing.

Since being on the NEWSTART program, we have both had some measurable changes and some changes that can't be put down on paper. My H.D.L. (High-Density Lipoprotein, which is a helpful form of cholesterol) has increased markedly, from 28 to 31 mg./dl. Cholesterol has gone down from 187 to 171 mg./dl.; triglycerides from 233 to 172 mg/dl. My treadmill endurance has increased and I experience no more angina pains, even on the trails. Altogether, my wife and I now walk about 7-8 miles a day.

We both loved the hydrotherapy treatments, and the social atmosphere has been excellent. We've met some fantastically nice people. And we can see attitude changes in the other guests, too. From the first couple of days that we met and talked with them until now, they are, without exception, a little more "upbeat" at least. They understand what's happening; the reasons for a low-fat, high-fiber diet; what happens to fat cells, cancer, diabetes...

As far as the spiritual part of the program goes, at first it was more than we were used to. But now, honestly — and I'll say this in front of anyone — I've come closer to God. Before this I was strictly a non-believer. But I feel differently about it now...I have a better, closer feeling to God, and a lot of it is due to particular people here and their influence.

At the end of this session, we realize that we as two people cannot get through to the whole world. But at least with our family, we will discuss this with them every chance we get. We hope to get them to realize, by a good example, not in a "preachy", "pushy" way, what we're doing and the "Why" of it. And the "Why" of it is so very important!!

CHANGING BEFORE PROBLEMS DEVELOP

A Personal Letter from Chuck Starnes
August 26-September 20 NEWSTART Session

As a Weimar Institute Board member for over six years, I am well aware of the principles taught in the NEWSTART program. Before, I was associated for four and a half years with the Olive Branch Restaurant in Palo Alto, which also promoted these concepts.

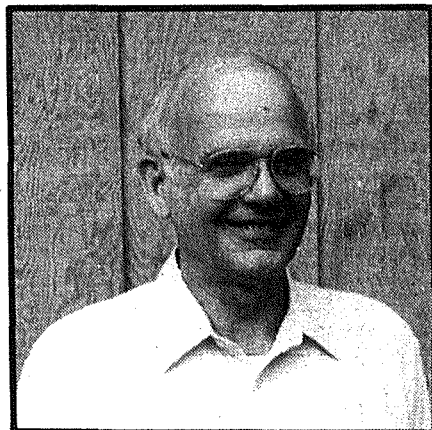
With the pressures and stresses of daily work and responsibilities, however, my eating habits were drifting further away from the principles I knew promote health, efficiency, energy and happiness. And the more my eating practices got out of control, the harder it was to change them.

After trying unsuccessfully to correct these errors at home, the Lord opened the way for me to attend the August 26 to September 20, 1984 NEWSTART SESSION. Although somewhat reluctant to spend the time, I was convinced of the need to change before serious health problems developed. So I came to Weimar, not for a board meeting, but to be a patient.

The program was much better than I imagined. The time was well planned and busy. And a good blend of spiritual and scientific facts were presented. The competence, dedication and loving care of the physicians, nurses, therapists, chaplain, food service personnel and others were outstanding.

In the two weeks between blood tests, my cholesterol decreased 63 mg./dl. from 194 to 131, and triglycerides 39 mg./dl. from 89 to 50. I lost 11 pounds without ever feeling hungry. But more than statistics can show, I feel better than I have in years and I am more eager than ever to cooperate with the Lord to make the rest of my life productive and worthwhile. I thank Him for giving me a personal part in Weimar Institute.

I'd like to encourage more young people to attend the NEWSTART health program and learn to establish a lifestyle early that will give them more vitality and energy now and prevent degenerative diseases later in life.



Chuck Starnes

NEWSTART HEALTH CENTER PROGRAMS
 October 28 — November 22
 (Regular Session)
 November 25 — December 6
 (Special 12-day Session
 for A.S.I. Members)
 December 9 — 20
 (Special 12-day Session
 for Business Executives)
 December 30 — January 24
 (Regular Session)
 January 17 — February 7
 (Special 12-day Session
 for Ministers)
 For further information, contact:
 The Medical Director
WEIMAR INSTITUTE
 P.O. Box 486
 Weimar CA 95736
 Ph. (916) 637-4111 Ext. 401

We have a new P.O. Box Number:
Box 486 (instead of Box A)
 A new postal computer system has changed Weimar Institute's box address from a letter to a number. From now on, please use P.O. Box 486, Weimar, CA 95736, on all correspondence.

Weimar Bulletin

Weimar Institute is a multi-phased ministry whose keynote is SERVICE. Working in harmony with the basic tenets of the Seventh-day Adventist Church, the Institute is comprised of physicians, educators and other laymen. Our primary goal is to uplift God's character as the One who restores His image in His people on earth. Weimar Institute ministers to the physical, the mental and the spiritual aspects of humanity. We desire that the free gift of God's righteousness, as revealed in the person of His son Jesus Christ — our only source of salvation — shall become more believable to others because of this service to which we have been called.

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 Lester McSherry.....Director of Work Education
 Preston Wallace.....Director of Community Services

NEWSTART HEALTH CENTER

Milton Crone, MD.....Medical Director

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Weimar Institute is a non-profit organization operating under section 501 (c) (3) of the Internal Revenue Code. Tax deductible receipts will be issued for cash donations and in acknowledgement of material gifts. The Institute may be named to receive a bequest by will. The appropriate designation should be: Weimar Institute, Weimar, California 95736. Deferred gifts by will or trusts will be gratefully received.

OFFICE HOURS

Monday through Thursday: 8:00 A.M.-5:00 P.M.
 Friday: 8:00 A.M.-4:00 P.M.
 Sabbath and Sunday Closed
 Telephone: Business line (916) 637-4111 or 878-7222

ADDRESS CHANGE

Please send all change of addresses to BULLETIN Circulation Department, Weimar Institute, Box 486 Weimar, CA 95736. Please allow at least 6 weeks for a Change-of-Address. Include your old address as well as new — enclosing if possible an address label from a recent issue.



VISITORS

Due to the rapid growth of the "Weimar family" we have extremely limited guest facilities. PLEASE, if you plan to visit Weimar overnight make advance reservations. Otherwise, we cannot guarantee accommodations. Thank you for this consideration.

We do not conduct Sabbath services at Weimar Institute. If you plan to join us for Sabbath meals, please make prior arrangements for meal tickets.

A casual walk through the campus? Most anytime you want! A meeting with the President or other staff members — please write or phone ahead to confirm an appointment.

Health Van Visits South Lake Tahoe

This summer has been a very busy one for Connie and me, even though we have had no student program. One of the prime projects we tackled was designing and printing a Weimar Institute brochure. Inquiries and requests for a brochure "about that place" were so frequent — on the Van and off — that we pushed for a publication and ended up with an invitation to go ahead and produce one. (That's a story in itself!) Suffice it to say that the Holy Spirit brought us all the directions, corrections and courage we needed, and we are happy and thankful to have the new brochure circulating and informing people about Weimar.

Every day, by prearrangement, we parked at a major shopping center in the fire lane in front of the most popular stores. And the people came — amazed and delighted to find a quick and easy blood pressure check right in their path. Over and over people told us they were wondering where to go for such a check; or that they didn't know why they had come to that particular shopping center that day, until they saw the Van and realized they needed a check.

Until we closed the door at night, they didn't stop coming. One hundred people a day came, to be encircled by Jesus' love and learn that His directions are easy and His yoke is light.

Connie and I were repeatedly grateful to have Connie's husband, Steve, with us. He not only did a superb job of driving the Van all around Lake Tahoe, but ministered to the people as well.

At one site, a 43-year-old man came in to have his blood pressure taken. As he began to relate some of his remarkable life-events and to reveal his growing knowledge of Jesus' love, Connie began to pray that Jesus would guide her mind to the right words and piece of literature to share with him. He did indeed give her words to say, but she was unable to identify an appropriate book or pamphlet to give this new friend.

Although Connie was asked to fill in for vacationing NEWSTART nurses this summer, we were able to get together for a week and go to the Nevada-Utah Conference Campmeeting at South Lake Tahoe. What an exhilarating week we experienced there! What a reception our Health Van received! What a trail of literature and health counsel we left behind! They'd never had anything like the Van come to South Lake Tahoe before. Although it is one of the most beautiful spots on earth and receives thousands of new visitors a day in the public sector alone, no one was addressing their common health needs.

After he left, she shared his story with her fellow Vanguard and they suggested she give him a Happiness Digest (an illustrated version of Steps to Christ). She prayed that if Jesus wanted him to have that book He would impress him to come back to the Van.

About an hour later he did come back! He worked at the nearby theater and wanted to invite us all to come that night as his guests for the evening movie. We told him we could not accept his invitation, but thanked him for wanting us to come. Though he was supposed to be at the theater he stayed another twenty minutes to ask more questions. He gladly accepted the Happiness Digest and a copy of the magazine "Life and Health." Turning to Brian Jones, pastor of the Truckee Church, who had come along that day to help us, he invited Brian to come visit him soon.

Don sat down at Connie's booth with a big smile. He had checked every box on his intake form, requesting free literature. He was full of questions and appeared to feast on every bit of information Connie shared as she handed him each brochure he had chosen and explained its contents. At last Connie came to the Power to Cope Bible guides, and as he took one he said, "That's the one I'm really interested in!"

Over and over again, Casino employees who came on the Van were thrilled to hear for the first time about God's eight natural remedies. One gambling dealer was so impressed that God had "Good News" for him and a plan for his life that he resolutely announced that he was going right back to his employer and quit his job. His hands were full of leaflets as he left the Van.

Not only were we there managing our own program, but several times someone came to us requesting help from our Van nurse. A customer in a large supermarket at one site had a seizure and Connie was able to help until the ambulance arrived.



Beverly Lee — Health Van Director
Connie Hudson — Nurse

Another time, she was called in the middle of a campmeeting speaker's address. Answering the call, Connie discovered a lady with a rapidly escalating blood pressure who needed a doctor's care.

On the last day of campmeeting we stayed in camp and screened 70 Seventh-day Adventists. We were interested that 48% of them had low or good readings, and found from their questionnaires a significant connection between healthy blood pressure and a healthy diet, as statistics today constantly reveal.

When the last program was over, we took down our tents, rolled up our sleeping bags, loaded the Van and headed back to Weimar — reluctant to leave the people who had received our services so enthusiastically. The harvest is truly ripe, and we invite you to join this tiny band of reapers with your prayers and support.

In His service: BEVERLY LEE, Director, Van Ministry; CONNIE HUTSON, R.N.

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<input type="checkbox"/>	90¢	Wheat Free
<input type="checkbox"/>	90¢	Whole Wheat
<input type="checkbox"/>	90¢	Sprouted Wheat-Salt Free
<input type="checkbox"/>	90¢	Whole Wheat-Salt Free
<input type="checkbox"/>	1.25lb.	Granola
<input type="checkbox"/>	1.25lb.	Granola-Salt Free
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Staff Positions Open

The personnel director announces the following openings for dedicated, qualified, Seventh-day Adventist Christians: Send or call for an application from the Personnel Director, Weimar Institute, P.O. Box 486, Weimar, CA 95736 (916) 637-4111.

- Agricultural Supervisor (experience in gardens and green houses)
- Auto Body Specialist
- Construction
- Food Service (Shift Supervisor)
- Physician
- Physician (Female)

SPECIAL EQUIPMENT NEEDS

- Video Tape Player (½-inch VHS) and Color Monitor (for use in visitor center)
- Wood Chipper (to provide fuel for greenhouse furnaces)

If you can provide any of these items for our use, please contact the Business Manager's office at Weimar Institute, (916) 637-4111.

An Institution's Theology

8

By Dick Winn



I am of the conviction that one's theology shapes everything one does. That idea was first proposed to me when I was a graduate student, and I thought it was a serious overstatement. But I couldn't quite discredit it, and in the years since then, it seems to have been verified many times. Our picture of God, and of His relationship with us, is reflected in our relationships with each other.

Since an institution is but a cooperative gathering of individuals, wouldn't it seem that, to the degree there is a consensus view of God at an institution, to that same degree there would be resulting policies and relationships among its members? Someone asked me a few weeks ago, "What is the theology of Weimar Institute?" Though I admitted we had never published an official creed, I've been wondering since then whether our daily working policies and methods might not say more about our theology than would a creed, anyway.

May I share with you, then, some sketches about the theology of Weimar? This doesn't mean we always function at this level; but it does represent our highest and best intentions, for we feel this is what best portrays our God!

We believe that God doesn't merely command obedience but that He enables it. He knows that we need more than just correct information about what to do; we need that inner healing by which we can do it, we need to become lovers — thus able to obey gladly and freely, from the heart. In practical application, this means that neither students nor staff are confronted with unabridged lists of good deeds to perform, and bad deeds to avoid. "Sanctification by legislation" is seen not only as misleading, but actually impossible. The most lasting good is accomplished, rather, when we place priority attention upon loving, affirming, trusting relationships with each other. Instead of a climate in which we become inspectors of each other's behavior, we seek to "love each other into wholeness."

In this same connection, we believe that God's loving acceptance of us is unconditional — that it is but the outflowing of His changeless character, unaffected by our "worthiness." He does not offer us His forgiveness as an incentive or prize to get us to do right; rather His forgiveness is one of those great healing resources which will enable us to be right. This means that we would misrepresent Him if we ever were to

use guilt manipulation to induce righteousness. Misbehaving students should never feel that the consequence for doing wrong is the anger or rejection of a teacher. This would cause confusion, preventing one from recognizing that sin brings its own consequences, and obedience its own rewards.

We believe that nothing in God's will for us is arbitrary; that everything He offers us makes good sense (even though we may not see it at the moment.) This means that His blessings are not favors dispensed as rewards for our blind submission to His power; rather they are the inherent result of walking in the path of blessing which His truth has marked out for us. In an institution, this sets us free from "power broking" as a management style. As God has trusted us to understand truth when it is clearly presented, so we can trust each other to embrace the wisdom of right action. "Educate, don't legislate," becomes the key concept.

And this view of God's law carries with it an exalted perception of how God views His people. Rather than monotonous masses of unthinking machines, He longs for us to become true individuals, strong to think and to act. Our God prizes individu-

ality! I believe He would rather we make a wrong choice while learning to process His will into our real world, than to choose to do the right thing because of fear of His rejection. In an institutional family, this invites us to nurture in each other that courage to make one's own decisions, and increasingly to bear accountability for one's own actions. It means that we prize that experience Paul spoke of, letting each person become "fully persuaded in his own mind." (Romans 14:5)

When Jesus came to this earth to reveal His Father, He came deliberately in the form of a servant. He came to show us a Father who would meet all our needs. And when all our needs have indeed been met, we become set free to minister to the needs of others. Servanthood, then, is not a position of weakness. Indeed, it is a posture of great inner strength — modeled by Jesus Himself! It is the steadfast desire of Weimar Institute that its members might know our Father so intimately, and be so fully healed by His relationship with us, that we might become servants to each other and to the communities around. And thus we can join with Jesus in making the Father known to the world!

CASSETTE TAPES

We have many sets on sale. Enjoy these informative sets.

1. "Laodicean Message" (CC1-4). Upper Columbia Conference youth director, Clayton Childs, speaks on the urgent needs of Laodicea. 4 tapes for \$11.00.

2. "Our Wonderful God" is a 5 tape series on God's patient love to our erring planet. By Ken Hart. \$14.00.

3. "Firm Foundation Conference" 35 tapes by Leo Van Dolson, Leroy Moore, Robert Weiland, Thomas Davis, Colin Standish, etc...On the Christ behind the SDA doctrines. Comes in 3 Albums for \$75.00.

4. "Heaven's Healer" is an 8 tape set on the spiritual importance of the Healer and His message of health. By Dr. Lee. In an album for \$25.00.

5. "Family Life Workshop". An excellent 12 tape set to which the whole family can listen. It offers guidelines for a happier, healthier home circle. Speakers include Dick and Terri Winn, Betty Gerbozy (Educational department head) and Dennis Blum (Family health educator). Set comes in an album for \$36.00.

6. "Stress Free Living". This 13 tape album contains pertinent procedures to eliminate and cope with stress. By time management, exercise, restoration, and a simple life style one may live peacefully in the "rat race" society. \$39.00.

7. "Ellen White for the '80s" by Roger Coon from the E. G. White Estate, gives you an appealing presentation of Mrs. White. This 9 tape set is one of our best sellers. It comes in an album now for \$27.00.

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