

Address  
Correction  
Requested

A non-profit  
Corporation  
**BULK RATE  
PAID**  
Permit No. 2  
Weimar, CA  
95736

# WEIMAR INSTITUTE BULLETIN

BOX A, WEIMAR, CALIFORNIA 95736

VOL. 7 NO. 9 SEPTEMBER 1983



Elder Buddy Kruger and his wife Carol stand outside the Academy girl's dormitory. Buddy is the Academy Bible teacher and Carol is the Academy Secretary.

## Weimar Academy plans another successful year

Weimar Academy will begin its third academic year as students and staff meet their first class appointments Monday, September 26. Academy registration is scheduled from 1:00-5:00 p.m., Sunday, September 25. According to Carol Kruger, Academy Registrar, enrollment for the 1983-84 school year will be 18 girls and 19 boys for a total of 37, including dormitory students and Weimar staff students. Six freshmen, 10 sophomores, 13 juniors, and 8 seniors will make up the student body.

Academy Orientation will begin in chapel on Monday morning with Mr. Fillman, principal, and continue through the week during joint worships in the evenings. A special weekend of spiritual and social interaction is planned to unite the academy family in fellowship at the end of

the first week.

Among the new staff members who have joined the Weimar family are several who will be assisting in various aspects of the academy program. Mrs. Betty Kissinger, who came from Loma Linda, will teach English as well as a new class in Speech. She has taught both English and Speech for a number of years — most recently at Loma Linda University.

Mr. Randy Allen will teach math. After teaching math at Pontiac and Ann Arbor junior academies, Mr. Allen decided to return to Andrews University to improve his skills in practical areas in order to be better prepared to contribute in a work-study program such as Weimar's. He has just completed a year of specialized training in auto-body repair and auto painting. In addition to teaching

math he will assist Ethan Mulvihill in operating our auto-body shop.

Mr. Norman Severance, who has come from Upper Columbia Academy to be our Librarian at Weimar, will be teaching a class in typing. Prior to his work as Librarian at Upper Columbia, Mr. Severance taught Spanish and typing at Thunderbird and Fresno academies.

Mr. Danny Bell, though not new to Weimar Institute, has assumed a new role as Boys' Home Head for the academy. Mr. Bell first came as one of the supervisors in the construction department and more recently has served as manager of the Weimar bakery.

As new classes are added to the curriculum, as new staff and students join those who return, Weimar Academy anticipates its finest year yet.

## Weimar Campus Summer Seminar Activities

Those of you who read this BULLETIN on a somewhat regular basis know that the education program at Weimar College doesn't just dry up and turn brown like the California landscape during the summer. Regular classes stop in June like you would expect; but seminars run through the summer, attracting learners from far and near.

David Grams opened the summer session with a one-day seminar on "the influence of music." Mr. Grams, now at Hartland Institute in Virginia, shared his understanding about choosing music. His seminar was more than talk. Participants heard and discussed excerpts, developing a better understanding of the anatomy of good and bad music.

The two home school seminars were popular again this summer. Attorney Michael Smith gave an excellent presentation on legal problems. Other topics included work-study ideas, and instructional principles for reading and math. Those who are interested in joining the network of home schools supported by Weimar Child Development Center should contact Mrs. Betty Gerbozy.

The most popular program this summer according to tape sales was Nutrition and Disease by Dr. Sang Lee. We told you about this in last month's BULLETIN.

Don Mansell, in his seminar on last day events, drew a time line and discussed what God has revealed about the final scenes in the conflict between good and evil. The picture of the sanctuary in heaven and the final vindication of God's character became clearer as those attending the conference studied the counsel about meeting the final issues over the national Sunday law and the time of trouble described in Daniel 12. Apparent apostasies and God's protection after the close of probation, as well as the bringing forth of the ark of the covenant with the ten commandment law, were also among the study topics.

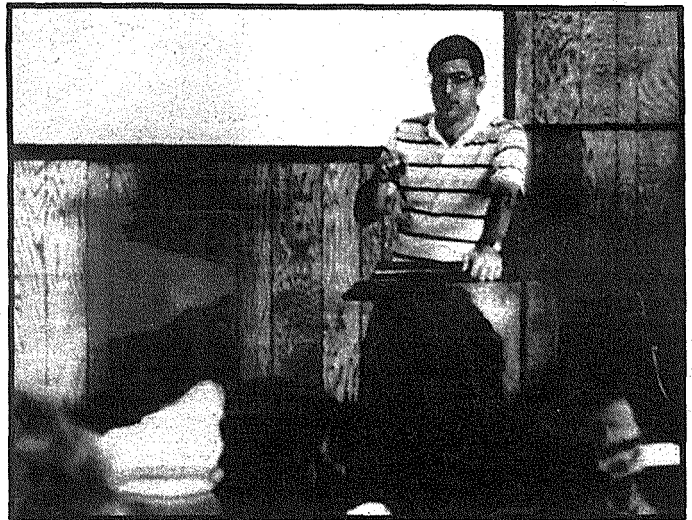
The object of Preston Wallace's Health Yourself seminar was to help people actually get started with the simple lifestyle changes needed for good health. The most popular lecture topics were probably the ones on how to relax, and water. Participants took great advantage of the hiking trails on the Weimar property to put their exercise resolutions into practice. Mrs. Wallace contributed to the program by conducting a bread making class. Some of you have attended a similar lecture series presented by Earl and Dottie Allen at camp meetings and seminars in various places. Those who came for the work

bees enjoyed "buzzing" here and there on the Weimar campus, helping with a variety of tasks. Sometimes just plain roll-up-your-sleeves work is more satisfying than watching or listening to someone else.

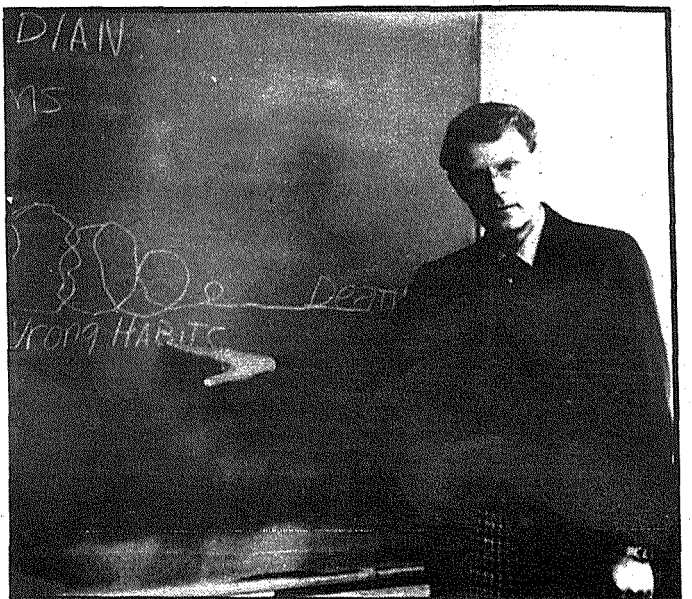
The most unnoticed summer program was a study of the book of Daniel with Eld. Wesley Taylor. The class met every morning before breakfast and provided college credit for students working for a scholarship during the summer and others who were interested in getting up early.

The summer programs closed with Carl Anderson's unique teaching approach and the topic, History of the Adventist Church. His special focus was on the development of the work here in Northern California.

Summer Programs '83 is now history, but you can still share some of the good ideas through the Weimar Tape Ministry. Several of the tape sets are announced in this issue of the BULLETIN. (Please excuse the little promotional note. That's what happens when the Tape Ministry director is asked to write the article.) If you missed an experience among the tall pines and friendly people here this summer, resolve to be a part of Summer Programs '84.



Attorney Michael Smith gives a presentation on legal problems for home schoolers. He was a guest speaker for the second Home School Seminar this summer.



Elder Preston Wallace explains Circadian Rhythms to those who attended the Health Yourself Seminar this Summer.

# Plant Services Reorganized

In July of this year the Plant Services Department was "born" at Weimar Institute. Before this, numerous departments dealing with the day-to-day care of the physical plant had been operating somewhat independently of each other. Each was under a separate head answerable directly to the Business Manager, along with the major departments such as the College, NEWSTART, Outreach, and others.

Evaluation of the workloads, operating costs, etc., indicated that greater results could be attained by placing those involved in the service areas under one director. Action was taken by the advisory committee to ask Ken Glantz, formerly Director of Construction, to assume this post and unite and direct the following departments:

- Agriculture
- Auto Repair and Auto Body Shops
- Cabinet Shop
- Construction
- Custodial
- Forestry and Grounds
- Maintenance
- Water and Sewer
- Surplus and Salvage
- Welding and Machine Shops

While this reorganization has only been in effect a little over sixty days, considerable impact is already felt economically through coordinating purchasing of supplies and travel expenses. Greater utilization of manpower is also possible through interchange of the student scholarship work force between sub-departments, and placing them where they are most effective according to day-to-day needs.

By the unified efforts of several departments the former vehicle parking and storage areas have been relocated to places less exposed to view, and much surplus material has been sold for scrap metal. Work in this area will continue until our inventory is reduced to minimum and will include disposal of several excess vehicles. It is planned that the former vehicle parking area will become a small Recreational Vehicle Park for visitors and guests, and water and electrical hook-ups will be available in the future. Adjacent to the RV area a new playground has taken shape under the direction of Kalvin McCoy, our Elementary School teacher. Utilizing surplus tires, old telephone poles, surplus pipe, cable, and other materials, he has fashioned numerous interesting and challenging pieces of equipment in a previously unused area of our grounds, enabling our children to enjoy activities away from campus traffic.

Some new trails have been instituted and others are planned so that those now walking in the traffic areas on campus need not contend with moving vehicles. Also a new bike path is underway to further relieve conflicting traffic and increase safety of all concerned.

While major construction projects were curtailed for the summer because of economics and a drastically reduced student scholarship work force, considerable repair and remodeling have been continuing under Glantz's supervision. Perhaps the greatest undertaking recently is



Ken Glantz, Director of Plant Services

the repair and replacement of portions of one of the residences due to termite and dry rot damage.

The new Plant Services Department, when fully staffed, will also operate a vehicle and equipment pool, exercising greater control over the trucks and vehicles. This department will also work with the Safety Committee to require that all drivers and operators be currently licensed as well as able to demonstrate their ability to safely operate and care for the equipment. This would further reduce maintenance and replacement costs. A scheduled preventive maintenance program by the Auto Shop under Ken Freeman should further these savings.

Ken Glantz's move to Plant Services Director created a vacancy in heading the Construction Department, and committee action was taken to invite Marvin Clark, formerly with Harding Hospital, Worthington, Ohio, to fill the position. Details on the Clarks will be reported in a future issue. Mr. Clark arrived on campus August 22, just in time to get involved in the rush of preparatory work for the new school year.

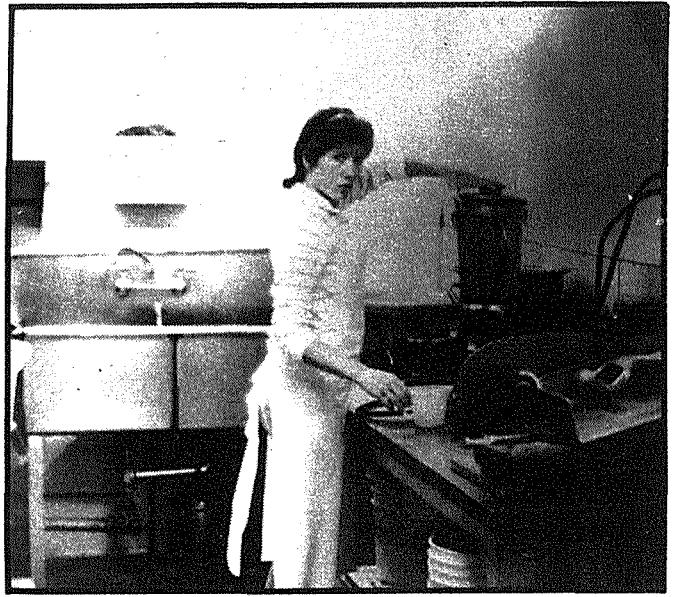
Two other areas of major em-

phasis by Plant Services are a reforestation project in concert with the State Forestry Department for brush removal and seedling planting of approximately 68 acres, and — of immediate need — the cleaning and repair of the sewer system evaporation ponds. Old dikes have been leaking, and sub-surface springs have made one pond unusable. State and County officials have directed that action be taken or penalties may be charged against the Institute. As our equipment and manpower are, at best, minimal for this operation it is hoped that someone experienced and equipped for this work might come to our assistance in this time of need. If interested, please call the Plant Services Director (916-637-4111, Ext. 205).

The Grounds Department, under excellent student leadership and for the summer under the direction of Dr. Warren Murdoch, has done much to clean up and improve our campus. Mowing and weeding are a continuous operation but much has been done in arranging flower beds and plantings to improve our campus appearance. Further landscaping is planned, and the rose garden behind the Chapel is being relocated to make way for the expansion planned to start this fall. The younger staff children have been most helpful in grounds work this summer, doing a large share of the mowing and raking and other chores.

With the visible campus improvements, greater efficiencies noted from the policies of our Business Administrator, Bob Puelz, and efforts of reorganization, a renewed spirit has been noted by both staff and students alike. Many new staff members have brought ideas and enthusiasm to our campus, and together we anticipate a truly great year under God's direction in training people for His service.

# The Weimar Institute Food Service Department



Robin Goff prepares a sauce in the food service blender.

Mazidra, taco pizza, burgers, spaghetti, lasagna, mashed potatoes and "smoothies" — does that sound like the menu of a popular restaurant? These are some of the favorite items served at the Weimar Institute cafeteria. The staple items, of course, are whole grains, vegetables and fruits. But a delightful, wholesome variety of foods is offered, all consistent with the operating philosophy of the Institute. We would like to be known as a food service department that cooks with natural foods, prepared in as natural a state as possible.

On an average day, the food service department serves between 500 and 600 individual meals to staff, students, NEWSTART guests and visitors to the Institute. The vast majority of these people have a positive response to the food, even the students who eat all of their meals in the cafeteria, week after week and month after month.

The recipes used in the food service department come from a variety of sources. Some of the dishes are taken from assorted cookbooks and adapted to the Weimar style of food preparation. Many of the foods are the product of the creative cookery of the staff and students who work in the department.

The opportunities to learn healthful cooking and to experiment with creative food preparation have made the food service department one of the favorite places for students to work on the campus. Over twenty students are employed each quarter, each student rotating to a variety of work positions and responsibilities. One supervisor describes the student's experience as "training in every major aspect of food service. The students get experience in preparing entrees, vegetables, spreads, salads and dressings, and yes, kitchen clean-up too. The supervisor's work is made much easier because of the super young people that work in our department. They are very willing to do whatever they are asked."

The same kitchen that serves the staff and students also provides the special therapeutic menu used by the NEWSTART guests. This special menu often parallels the food prepared for the general cafeteria guests, but it usually contains fewer nuts, olives, avocados and other foods

with a higher fat concentration. Starches and salts are also minimized.

The separate menus present a real challenge for food preparation and the coordination of food services. It might be more ideal to have separate kitchens so the NEWSTART guests could have more experience in the meal preparation and concepts, but the cost of such a program is just not possible at this time.

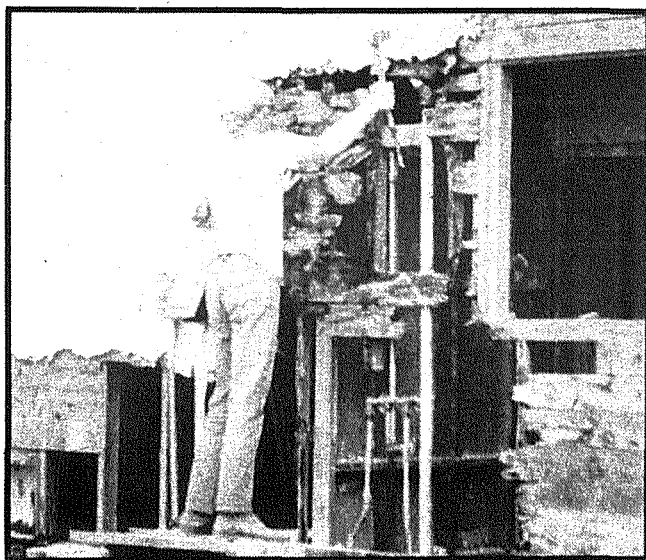
In addition to the preparation of regular meals, the food service department provides food for special events and Institute outings. Some of these special occasions include dorm open-houses, Christmas celebrations, picnics and buffet suppers such as at the conclusion of the week of prayer.

Each month there is also a banquet prepared for the NEWSTART guests as a climax to their three and one half week health education program. Special foods such as fresh fruit are ordered and prepared for this banquet. It becomes a delightful occasion for those who have shared their lives together for several weeks.

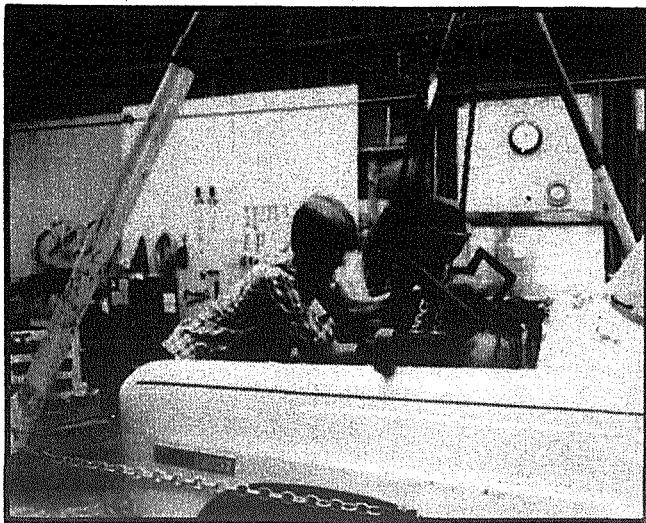
Nearly everyone on campus gets involved with the food service department at least once every three months. "Kitchen chores" include students from the elementary school through the college, and nearly all staff members, including administrators. Chore time lasts for one full week, and consists of such responsibilities as serving food, washing dishes, cleaning table, etc. The spirit of camaraderie that results is a very positive side effect of this practical volunteer work program.

The Weimar food service department is a pleasant place to work and the cafeteria is an excellent place to eat. But there are several things that would make the services more efficient and effective.

A major need is for "hot decks" to keep the food warm while it is being served. A large Hobart food processor would significantly speed up the preparation time of many food items. And carpeting in the dining rooms would greatly reduce the noise and increase the sense of warmth during meal times. But God has been good in providing for our needs and making meal time a happy time at Weimar.



Work is being done on a termite infested residence.



In the Auto Repair Shop, John Linhares makes adjustments as a new engine is dropped into one of the Institute trucks.

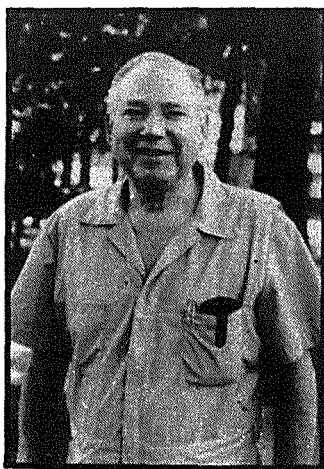
## Nondiscrimination Policy

Weimar College admits students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school. It does not discriminate on the basis of race, color, national and ethnic origin in administration of its educational policies, admissions policies, scholarship and loan programs, and other school-administered programs.

Be cheerful and hopeful in Christ. Educate yourself to praise Him. This is a great remedy for disease of the soul and body. "I shall yet praise Him, who is the health of my countenance and my God." (Psalm 42:11; 43:5) This Day with God, p. 305.

# "I Could Have a Forty Thousand Dollar Surgery or a New Lifestyle"

Ralph Dickinson,  
NEWSTART,  
June 26-July 21, 1983  
As told to Steve Thulon



Ralph Dickenson

It all seemed to start in August, 1978, when I had a heart attack. At that time my son was living in Colfax, California. He knew about Weimar. He got a hold of some literature about the NEWSTART program and sent it to me. I wasn't concerned—I stuck it in the drawer.

I was off work for a year and was under a doctor's care. I've been under the doctor's care constantly up to the present time. In May of 1982 I started to have pains in my arms and didn't know what they were. They turned out to be angina attacks. Previously, in early 1979, I had had an angiogram done and they discovered that the small coronary on the left side was plugged up entirely, but that the major left and right coronaries were taking care of things. Fortunately, no bypass was necessary. But, when these pains began to come in 1982 (about 2 a day at first but eventually at the rate of 15 a day, doing no work at all—nothing!), the doctors became concerned. Since no major insurance was available for me, my doctor arranged for me to get into City of Hope. There, in January of this

year (1983), they performed another angiogram. They discovered some blockage but because of the congested state of my heart they couldn't get a good picture. They put it off for awhile. Meanwhile they just increased my Corgard to two a day for the pain. They increased my nitroglycerine as well.

In April of this year they gave me a heart scan. They put me on a treadmill. I was to stay on as long as I could, and then some. They told me to go a minute longer than I could because they needed to inject fluid dye into my arm and take me down to do the scan. I nearly passed out because

of the pain before they stopped the treadmill. They found definite stoppage in the left coronary which meant another angiogram. My doctor at City of Hope was gone but returned in late May or early June and scheduled another angiogram for June 7. They found 50-60% blockage and an aneurysm which I worried about rupturing. The doctor told me that there were a lot of muscles around the heart and there was no reason to worry. At the City of Hope the conference of doctors there decided that bypass surgery was in order. Such surgery could be done for their patients at Huntington Hospital to the tune of \$40,000.00. I didn't have that, and I had no insurance so I took my pictures up to my regular doctor. When he asked me how old I was, I told him 64. He said, "Sixty-four! I thought you were 55!" Then since I had no insurance, he told me to wait a year and get Medicare.

I had told my doctor and the doctors at City of Hope about the NEWSTART program at Weimar. The doctors at City of Hope were interested but had never heard of it. So I gave them some literature that I happened to have. My doctor had heard of it but told me that I'd be wasting my money. I told him to look at it this way: I'm in no condition for bypass surgery physically, and I don't have the money anyway. Furthermore, even if I have a by-

## 1983 NEWSTART Schedule

Following are the dates for Weimar's NEWSTART Health Center Programs:

SEPTEMBER 25-OCTOBER 20  
OCTOBER 30-NOVEMBER 24  
NOVEMBER 27-DECEMBER 22

For further information contact: The Medical Director, Weimar Institute, P.O. Box A, Weimar, CA 95736.

pass, I'll have to change my lifestyle.

My wife had talked with Dr. Crane personally and had decided that I should give this a try. After she twisted my arm, I figured I couldn't ask for a better vacation. (That's not true—but it is.) It's been really enjoyable, and my improvement has made it even more enjoyable! My doctor then gave me a letter that said he saw no reason why I couldn't come.

I came, taking two Diazide and two Corgard and two for my irregular heart. Now, I am down to

one tablet per day. But no Corgard and no Diazide. I was taking Klor to counteract the loss of potassium from the Diazide. I'm not taking that either. My blood pressure was 134/86. Now I think it was 98/68 the last time without medication. I couldn't walk around the house before without an attack of pain. I get a little chest pain now when I push myself too fast up the hill. I feel pretty good now. I've lost 9 pounds.

It's been a great program, and I'm going to stay on it. I shall refer others to it!

## The Dynamics of Healing

By Vernon W. Foster, M.D.

(Dr. Foster is Director of professional relations at Weimar Institute's NEWSTART)

### PART I

Sickness and death is the lot and heritage of every human being on this blue planet we call Earth. Looking at the planet from outer space, as it has been our privilege to do through the eyes of the astronauts that circled the moon, it would appear that this world would offer an ideal environment for peace, happiness, and perfect health.

But as we come down to earth, we find that this is far from the actual state of things. At splash-down we find a very rough sea, and our first experience may be motion sickness. And then reality leaps from the bold type of our news media, and we see violence, strife, hunger, illness, and death.

The world is a vast convalescent hospital, beautiful in its appointments, but much like the whitened sepulchre, full of stench, corruption, and dead men's bones.

Men may deceive themselves with the illusion of peace and the delusion of no death, but God is a realist. His diagnosis of the human scene is given in Isaiah 1:5, 6; "The whole head is sick and the whole heart faint. From the sole of the foot even into the head, there is no soundness in it; but wounds, and bruises and putrifying sores..."

Although the majority of the human family may deny, ignore, or repress the misery in which they live, thinking men throughout the recorded generations of history have affirmed the hopelessness of the human situation and sought means for its correction.

So we have had successive generations of "tower builders" from the days of Nimrod down to the twentieth century. Men who would build platforms on the mudflats, and others who would lead humanity past the envelope

of clouds that they might sit among the stars, denying their human limits and making believe they are gods.

Science has been one of the vehicles for this misadventure, especially evident in the last half of the twentieth century. Alvin Toffler in his book, *Future Shock* points out the intensity of this explosion of knowledge. He mentions that 90% of all scientists that have ever lived are alive today, and that the acceleration is so intense that those who have lived 50 years or more have seen the development of 97% of the knowledge this world has acquired in its total history.

Medicine, anthropology, sociology, communication, electronics, physics, and chemistry all have participated in this remarkable surge. As a physician, I am personally aware that since I finished medicine thirty five years ago, this branch of science alone has advanced more than it had in the preceding one thousand years.

Amazing as this advance has been, it has primarily been technological rather than philosophical. Ethical and moral values in general have not been enhanced by man's traveling at three times the speed of sound. Nor have the skilled hands of the surgeon directing the heart transplant team necessarily been the hands of a world savior. The moral bankruptcy of the world today is a strong argument against the theory of accidental or evolutionary creation.

And the theory of evolution was not just the invention of Charles Darwin. Early Greek philosophers espoused this belief and spent much of their thought tracing the step by step progression of life from the simple to the complex. They did not stop with homo sapiens, however, but projected the human personality past man's transcendental barriers into metaphysical mythology and the realm of the gods. Thus the first physician of record, Imhotep, became Aesculapius, the

god of medicine. And most of the pagan deities go back to Nimrod, "the father of gods."

Darwin did, however, rediscover evolution, and also make quite comprehensive, logical, and precise scientific observations regarding biological changes within the many different species observed. He, too, became a tower builder; and the philosophy of evolution which has not one single hard piece of evidence to confirm it, invaded all fields of knowledge, including philosophy and religion. Thus, in a very subtle way the survival of the fittest replaced love, and man became a "god" crowding out the Creator.

Another "twin tower" which started about the same time but was many years in building was that of existentialism and psychoanalysis. Soren Kierkegaard laid the foundations for existentialism, which was independently secularized by Friedrich Nietzsche and others. Kierkegaard anticipated much of psychoanalysis, but it was more than a half century later that Sigmund Freud became its high priest, developing psychoanalysis into the most spectacular single contribution to psychology and psychiatry.

Psychiatry has a great deal to do with the dynamic of healing, but psychoanalysis has not proven to be the instrument of healing that it was first proclaimed to be. The world historical importance of psychoanalysis is that it has revealed the dynamics of human misery, according to Ernest Becker. Nor do we need to be reminded of the dimensions of that misery.

It may be interesting to note that Freud was an atheist, whereas Kierkegaard, Darwin, and Nietzsche had Christian backgrounds and training. Kierkegaard did most of his work between 1840 and 1850. Shortly after this Darwin made most of his observations, publishing his *Origin* Continued on page 7



## WEIMAR INSTITUTE

Weimar Institute is a multi-phased ministry whose keynote is SERVICE. Working in harmony with the basic tenets of the Seventh-day Adventist Church, the Institute is comprised of physicians, educators and other laymen. Our primary goal is to uplift God's character as the One who restores His image in His people on earth. Weimar Institute ministers to the physical, the mental and the spiritual aspects of humanity. Relying solely upon the free gift of the righteousness of God revealed in the Person of Jesus Christ, the Institute openly confesses that no function of its ministry can detract from the reality of that One Source of salvation. Rather, we desire that His righteousness shall become more believable to others because of this service to which we ourselves have been called.

### ADMINISTRATION

Robert L. Fillman.....President  
Dick Winn.....Secretary  
Bob Puelz.....Business Administrator  
Paul Hawks.....Public Relations/Personnel

### WEIMAR COLLEGE

Howard Hardcastle.....Dean of the College  
Lester McSherry.....Director of Work Education  
Preston Wallace.....Director of Community Services

### NEWSTART HEALTH CENTER

Milton Crane, MD.....Medical Director

### BOARD OF DIRECTORS

Ken Baker, JD	Alan R. Magie, PhD	Juanita Swan, MS
Larry Boubach, JD	Dorothy Moore	Charles Tam, MD
Sherman DeVine, MD	Jeri Orr	Marilyn Wilcox
Herb Douglass PhD	James Richmond MD	Clyde Willard
Gerald Fillmore DDS	Floyd Rittenhouse PhD	Erhardt Zinke, MD
Merritt Horning MD	Charles Starnes	
Donald Kirkman	Ralph Sturgill	

### WEIMAR INSTITUTE BULLETIN

Paul Hawks.....Executive Editor  
Bob Rusche.....Managing Editor  
Steve Thulon.....Student Editor

Weimar Institute is a non-profit organization operating under section 501 (c)(3) of the Internal Revenue Code. Tax deductible receipts will be issued for cash donations and in acknowledgement of material gifts. The Institute may be named to receive a bequest by will. The appropriate designation should be: Weimar Institute, Weimar, California 95736. Deferred gifts by wills or trusts will be gratefully received.

### OFFICE HOURS

Manday through Thursday: 8:00 A.M.-5:00 P.M.  
Friday: 8:00 A.M.-4:00 P.M.  
Sabbath and Sunday Closed  
Telephone: Business line (916) 637-4111 or 878-7222

### VISITORS

Due to the rapid growth of the "Weimar family" we have extremely limited guest facilities. PLEASE, if you plan to visit Weimar overnight, make advance reservations. Otherwise, we cannot guarantee accommodations. Thank you for this consideration.

We do not conduct Sabbath services at Weimar Institute. If you plan to join us for Sabbath meals, please make prior arrangements for meal tickets.

A casual walk through the campus? Most anytime you want. A meeting with the President or other staff members — please write or phone ahead to confirm an appointment.

### ADDRESS CHANGE

Please send all change of addresses to BULLETIN Circulation Department, Weimar Institute, Box A, Weimar, CA 95736. Please allow at least 6 weeks for a change of address. Include your old address as well as new — enclosing if possible an address label from a recent issue.

# Welcome To New

## Howard and Thelma Hardcastle

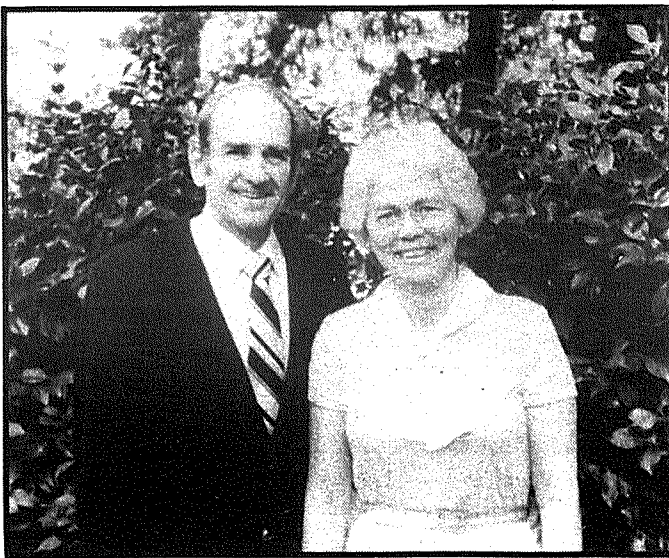
After eighteen years at Pacific Union College, Dr. and Mrs. Hardcastle have accepted an invitation to join Weimar College — he as dean and she as assistant librarian. While at PUC Dr. Hardcastle served variously as English teacher, director of academic advising, director of counseling services, and director of admissions and records. Mrs. Hardcastle taught organ and piano both for the college as well as privately.

Prior to going to PUC the Hardcastles served various junior and senior academies within the Pacific Union Conference. These included San Pasqual Academy, Golden Gate Academy, and Rio Lindo Academy.

Dr. Hardcastle received his undergraduate education from La Sierra College (now Loma Linda

University) and later earned masters and doctorate degrees from PUC and University of the Pacific respectively. His bachelor's degree was in religion and secondary education, his master's degree was in the teaching of English, and his doctorate was in educational and counseling psychology. Mrs. Hardcastle received a B.A. degree from PUC.

The Hardcastles have followed the development of Weimar Institute from its inception and have often wished they could associate with it. What appeals to them most is its size and the oneness in purpose of the staff and students. They look forward to the new school year and the opportunity to assist staff and students not only in personal development but also in pursuit of the goals and mission of the Institute.



Howard and Thelma Hardcastle

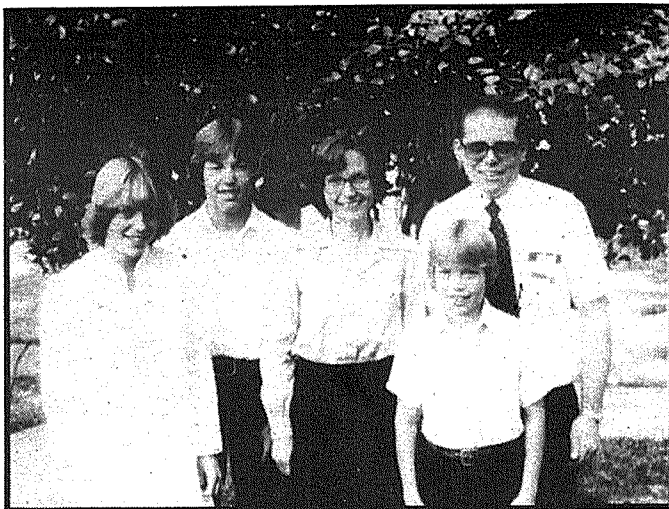
## Clyde and Lou Sample and Family

Clyde and Lou Sample, with their children David, Laurinda and Raymond joined the Weimar Staff on July 4. Clyde is a dietitian and is working as the Director of Food Service. Lou is working as a nurse in NEWSTART. David will be a sophomore in the Weimar Academy. Laurinda is in grade 8 and Raymond in grade 5 in the Elementary School.

The Samples came to Weimar after spending 14 years at Walla Walla College where Clyde was Food Service Director and Lou was a homemaker until the last 3 years when she worked in the Walla Walla College Health

Service.

Clyde is working to strengthen the good program that has already been operating in the Weimar Food Service. "We feel the Lord has led us and we are happy to be at Weimar. When we needed another place to work there was an opening at Weimar. The timing was right. We are excited about the challenge of working here, the opportunity for continued learning and the privilege of sharing with others the knowledge we know and are learning. We are also excited about the educational experience that our children can receive here."



Clyde and Lou Ellen Sample and their children.

## Susan Jansen

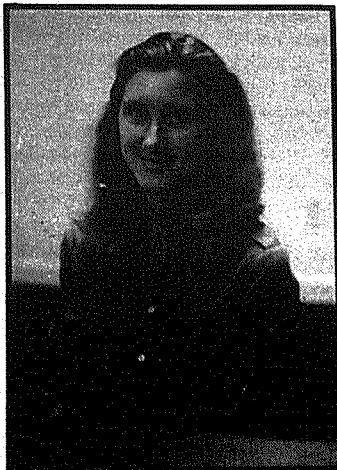
Susan is a graduate of Pacific Union College with a degree in Home Economics and has completed her M.P.H. in Health Education from Loma Linda University. Her work experience has been varied. She taught English in Japan for a year, she worked as a clinical diet assistant at Loma Linda University Medical Center, was a research assistant in Loma Linda for a Maternal/Child Health project for the country of Tanzania, and was a food service director for five years. She also has had considerable secretarial experience.

Most recently Susan lived in Norwalk, California where she was involved with the health center run by the Adventist church there and did lecturing for the cooking schools. While involved with the Norwalk program she worked with Gayleen Garner, R.N., formerly a nurse with Weimar's NEWSTART pro-

gram and Dr. Aileen Ludington who had formerly been a staff physician at Weimar. Both of these women had been very positively influenced by their stay at Weimar and incorporated as much as possible the philosophy and concepts taught in the NEWSTART program into the cooking schools and other outpatient teaching at the Norwalk Adventist Health Center.

Susan worked full time as Medical Secretary for the NEWSTART program until the first of August, and now is working with Pastor Lou Davis and Dr. Milton Crane in developing an outpatient program which begins September 22. She will be the Health Educator in charge of the cooking schools.

Susan is enjoying her stay at Weimar tremendously, and has been impressed by the warmth, friendliness, dedication, and "family" feeling among the staff.



Susan Jansen

## Lisa Schroeder

Lisa came to Weimar Institute in February, 1983. She was brought up in Stockton, California area. During a long haul through nursing school, a B.A. in child development, and an M.P.H. degree, she worked as a nurse in the St. Joseph's Hospital in Stockton, California. In 1981-82 she worked as a school nurse on a task force basis.

She is presently working in the NEWSTART as a nurse and enjoys working with people, seeing answers to prayer in other people's lives, learning through the many encounters with the people for whom she works. She appreciates her accessibility to the eight natural remedies here at Weimar.

Lisa was sensing a need for a change in her life. She was

praying that God would lead her to a place where she could learn more of Him and grow to share with others more of what God was meaning to her. She had made an application to work at Weimar, but had received a call that there was no need at the present. That was in November of 1982. In January, when she was needing the answer most, the telephone rang. She was invited to join the NEWSTART staff.

Since then she has been grateful to become a part of the "family" here at Weimar. She says that when she leaves the campus for just a while, she can hardly wait to get back. She looks forward to a continually growing experience of knowing her good Friend, Jesus, and sharing Him more.



Lisa Schroeder

## The Davis Family

Lou, Danette, and Shauna Davis came to Weimar on August 3 from Ojai, California, where Elder Davis was pastoring for the past 4 years. Mrs. Davis taught a one-room multigrade school there, as well. Elder Davis spent 12 years in the ministry pastoring in the Southern California Conference. Mrs. Davis taught 10 years in high school and academies before beginning elementary teaching 4 years ago.

Mrs. Davis holds a B.S. and Masters in Teaching. Pastor Lou has a B.A. in Biology and an M.Div. He also keeps current in California license in Labor Technology.

Having started a corporation to offer continuing education classes to professionals in the medical field, Pastor Lou contacted Dr. Crane to come to Ojai early this year to lecture at a weekend seminar. Mrs. Davis, meanwhile, was praying that God would open doors for their family

to stay together now in 10th education. (Dr. and Mrs. she secretly Dr. Crane if that was family to be in the night. tation to Lo was just the of providen family that the call of but rather r that with o

tor Lo medical he Mrs. Davis and Shauna the academ The Davis say that the most wond place, but and praying are a daily

## Reuben and Marilyn Lore and Family

Dr. and Mrs. Lorensen arrived on the Weimar campus in August with three of their four sons: Ron, David and Donny. The oldest son is working at a youth camp in Alberta, Canada.

Reuben attended Canadian Union College, Walla Walla College, and Loma Linda University, where he received a B.A. in physical therapy and an M.S. in health education. Marilyn attended Canadian Union College and Walla Walla College, receiving a B.A. in music. At Loma Linda, Marilyn worked as office nurse, secretary, and research assistant in the School of Medicine.

From Loma Linda the family went first to India and then to Jerusalem (which was then in Jordan) where Reuben taught health education and physical therapy. After evacuation from the Middle East war zone in 1967 they returned to Loma Linda where Reuben completed his work for an MPH and then volunteered for teaching in the health school of Heri Mission Hospital in Tanzania. At the health school Marilyn taught English and various women's classes and Reuben taught health and Bible classes. After returning to Canada, Reuben was a health education consultant to National Health and Welfare for the Alberta Region.

In response to a call from the General Conference the family returned to Tanzania to teach in the new Arusha Adventist Seminary where they continued teaching in a curriculum for pastors — a course in Medical Ministry. Upon their return to Loma Linda University Reuben completed the requirements for a Doctor of Health Science degree, and directed the research and dev

opment of t used in chu grams. Dur worked as o ecutive sec munication: department Health Edu the School Linda Univ Reuben w the Depart Marilyn wil trar and se castle.

After ma volved in t the church ested in th young peop undergradu tently good who were s Institute co program h lent oportu learning. Weimar is to follow th ough ins gospel n work...is t colleges a Since we a when "...t done in mi ical missi good place paring the the soon-c The fam roundings fellowship dents ver says that t the Instit some very rying thei the surrou reaching arby cit



Reuben and Marilyn Lorensen and their children and Donny.

# “Family” Members!

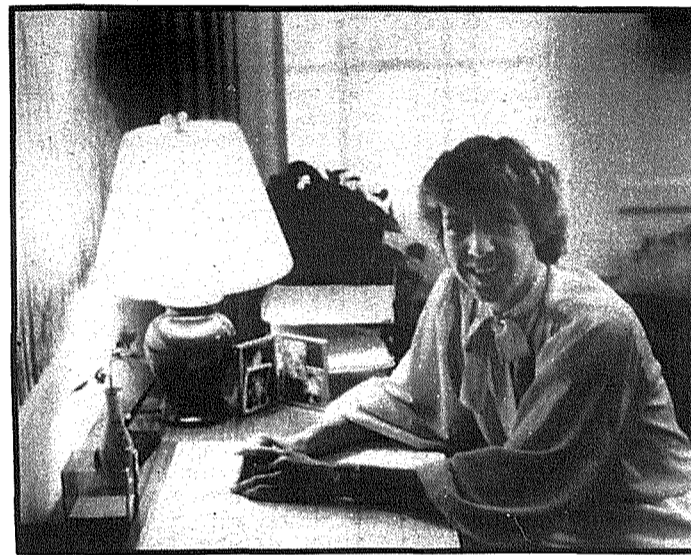
to stay together while Shauna, now in 10th grade, continued her education. On the weekend that Dr. and Mrs. Crane were in Ojai, she secretly asked God to have Dr. Crane invite Lou to Weimar, if that was the place for their family to be. Dr. Crane's dream in the night, followed by his invitation to Lou to come to Weimar was just the beginning of a series of providences that assured the family that they were not leaving the call of God to the ministry, but rather redirecting it through their health outreach work.

Lou will supervise the medical health outreach while Mrs. Davis will teach grades 2-6, and Shauna will be a student in the academy.

The Davises love it here. They say that the young people are the most wonderful feature of the place, but all the staff working and praying for a common goal are a daily inspiration.



Louis and Danetta Davis and Shauna



Mary Jo Canaday

## Marilyn Lorensen

Department of teaching manuals to be used in church-based health programs. During this time Marilyn worked as office manager and executive secretary for a telecommunications company and as a departmental secretary in the Health Education Department of the School of Health at Loma Linda University.

Reuben will be the chairman of the Department of Health and Marilyn will be the College Registrar and secretary to Dean Hardcastle.

After many years of being involved in the health outreach of the church they are very interested in the unique training of young people for this work at the undergraduate level. The consistently good reports from people who were served by the Weimar Institute convinced them that the program here would be an excellent opportunity for teaching and learning. They believe that Weimar is earnestly endeavoring to follow the counsel that "...thorough instruction regarding gospel medical missionary work...is to be brought into our colleges and training schools." Since we are soon to enter a time when "...there will be no work done in ministerial lines but medical missionary work" this is a good place to be involved in preparing themselves and others for the soon-coming Savior.

The family has found the surroundings of the Institute and the fellowship of the staff and students very refreshing. Reuben says that the faculty and staff of the Institute are investigating some very exciting ways of carrying their outreach ministry to the surrounding community and reaching large groups in the nearby city of Sacramento.



Bob and Carolyn Puelz



Norman and Margaret Severance

## Mary Jo Canaday

Coming to Weimar Institute to be the dean of women represents a new career venture for me. I graduated from Walla Walla College with a degree in Speech and Hearing Therapy and obtained a master's degree in Speech Pathology from the University of Oregon a year later. After working for two years as a speech therapist in a rural school system in Iowa, I moved to Pacific Union College to be the clinical supervisor for the Speech and Hearing Clinic. During my eleven years at PUC I obtained additional education at the University of Washington for certification as an audiologist and became the director of the Speech Pathology program there.

Although God blessed abundantly during those years that I worked as a speech pathologist, I began to sense that He was using that work as training for some other type of service for Him.

When the position to be dean of women here at Weimar was presented to me, I could see that it was clearly in line with the direction that I felt God had been leading. I enjoy working with people, I enjoy college-age youth, and I enjoy encouraging them in the things of the Kingdom. And what better place to do that than at Weimar where the small number of students makes it possible to personally know each one.

Since arriving on this campus in July, I have found a warmth among students and staff that has been a true blessing to me. I thought I came here to be a help to the students, but I soon discovered that I had that concept turned around backwards. I have already been blessed far more than I will ever be able to give.

I am joyful at the Lord's leading here and joyful also at what He will do in this year ahead.

## Bob and Carolyn Puelz

Bob and I were baptized in May, 1973, in a small church in Sunnyside, Washington. We had accepted the Sabbath and paid tithe for over a year before joining the Seventh-day Adventist Church. Living a Christian life these past ten years has been the highlight of our lives. God has a plan for us and it has been unfolding ever since He brought us together in marriage in 1971. Bob's background at that time had been mostly managerial experiences in retail, wholesale and shopping centers, as well as politics. My experience had been as a Pacific Northwest Bell supervisor, legal secretary, and in retail training. Little did we know how God would use our previous work experiences in service for Him.

As we dedicated our lives to the Lord on a full-time basis, He directed us to Walla Walla College in May, 1975. Bob became a full-time student until he joined the staff as a full-time employee.

After five years of employment as an industry head and later as Director of Student Accounts and Labor, and my four years as Manager of Federal Loan Collections at WWC, we accepted a call to join the staff at Weimar. Bob's role as Business Administrator and my dual role as Director of Marketing, and work in the accounting office, will be successful only as we rely on the Lord each day.

Bob and I feel it to be a distinct honor to be part of the team here at Weimar. We are caught up in the enthusiasm and excitement of all the staff members on campus as we prepare for the return of our students this fall.

It has been so uplifting to observe the beautiful Christian characters of the young people here. It is our sincere desire to significantly contribute to the continuing success of this institution for the benefits of not only the students, but of the staff as well.

## Norman and Margaret Severance

We are convinced that God had a definite hand in leading us to Weimar Institute. We were considering a call to teach at an Indian Mission school in Arizona this past April. We finally decided after praying and struggling with our own desires that if God wanted us to go there He could give us the ability to handle the responsibilities involved. Almost immediately after we had made this surrender to whatever God's will was for us, our phone rang. It was President Fillman asking if we were interested in joining the Weimar staff! We were thrilled at the very definite and fast way that God answered our prayers.

We have been following the progress of Weimar Institute with interest from its beginning, partly because we had been previously associated with the Fillmans and others who were involved in the early development phase, and partly because we have been more and more convinced in recent years that the principles on which Weimar Institute is founded — work-study, natural

living, health and outreach ministries, etc. — are God-inspired and reasonable.

Our background is as follows: I have a B.A. and M.A. in Spanish from Walla Walla College and Arizona State University respectively, and have been teaching in elementary schools and academies for some 30 years. For the past ten years I have been an academy librarian, receiving my training at Pacific Union College, Fresno City College and Eastern Washington University. Margaret has been serving mostly in academy food service as an assistant and baker. We have been most recently employed at Upper Columbia Academy, Spangle, Washington. Our jobs here are similar to what we were doing there — food services and librarian.

We have not been disappointed at what we have observed since arriving on campus July 15. We have been welcomed by very friendly students and staff, and it is evident that all are committed to letting the power of God rule in every detail of their lives. We are happy to be here.



and their children Ron, David

# The History of Exchange and Barter

## "What Weimar Means to Me"

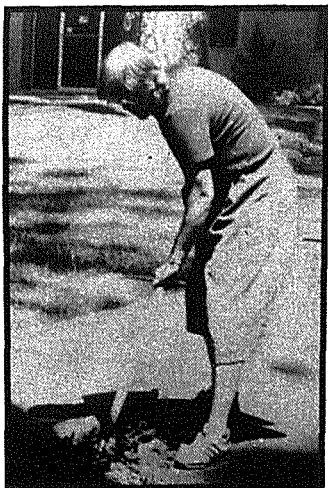
By: Dawn Marie Nelson

Dawn, you are such a neat person, you have so many talents. God has given you a nice voice, a pleasant smile, physical agility, you care for people, you can make money, you don't drink or smoke, I idolized you, why did you try to take your life?

Six years ago a high school girl came up to me and expressed these feelings. I had no idea she admired me so much, but the clincher to her comments was the question... "WHY DID YOU TRY TO TAKE YOUR LIFE?"

Without going into a lot of detail, I was a slave to sin, a captive to General Lucifer. I cried out to God as a defeated Christian. For His power, for victory in my life. Six years has gone by of hellish struggle, falling and crawling back-up. My family and close friends know painfully well the scars and damaged relationships these struggles caused. Tears break through my eyes as these past battle scars flow through my mind. These tears are not tears of defeat, but of JOY. Why? Because I have what it takes to be free — Jesus — and that is who I discovered at Weimar.

No one who has spent a year at Weimar will tell you this place is perfect. But I'll tell you that this is a place where individuals can find the One who will make them free, free to be all that they were created to be, perfect within their own sphere. While here I've seen many lives change before my eyes, including my own. To me



Dawn Nelson

Weimar is people. Individuals touching each other with the love they have learned from Jesus. I'd like to take this opportunity to thank the people who have touched my life, cried out for me in prayer, touched me with loving actions and shared their gifts of wisdom. Each touch has gone into restoring the image of Jesus in Dawn Marie and as that continues to happen it gives Dawn Marie the ability to do the same for others.

Dear family, friends and those I've never met, remember "...Greater is He who is in you than he who is in the world." (I John 4:4). You are FREE brothers and sisters in Christ; now follow Him by faith.

## Peering Into God's Face

How does one encounter God? Weimar students answer this question each in his or her own way. They spend part of each day catching a glimpse of their God. Every student has a unique encounter with God which reflects their own personality in these areas: The physical setting or environment, the time, and the books used. To ascertain varied colors of the personality quilt, forty percent of the college student body was surveyed.

The first question asked dealt with the place where God was most readily encountered. The answers received reflect three different basic types of environment. Although most students enjoy a daily communion in their own room, one student commented on kneeling in bed under the covers and talking quietly to God. Another student, beyond his daily devotional time, likes to talk with God while cutting firewood. In natural surroundings he loves to open his heart to his Maker. Beside room and work encounters, many students enjoy the undistracting, unhurried setting of nature to stage an encounter. Several students commented that they enjoy sitting on the flume (a water aqueduct that runs through campus) and watching the sunset. One student stated: "The red and gold fingers of light seem to grab my heart. It seems God is painting a picture just for me." Several other students enjoy watching the stars from beside the water-tower. When asked why, one replied, "I guess the most natural place to gaze is up." Another student answered, "When I look up, I seem to be peering into God's face." Weimar students have found there are many different places to encounter God and gain a glimpse of His face.

Although there are certain requisites, the time when students meet their God also varies in

keeping with their personality coloring. Some necessary requisites mentioned include unhurried or undistracted times, and times when the student can talk out loud to God. Certain students' minds don't kick in till 10 a.m. To them, the most meaningful encounters are after 8 p.m.

The majority of students surveyed enjoy rich morning encounters. The lights often blaze shortly after 3 a.m. in different rooms as students one by one get up to meet their God.

In the daily encounter, two types of sources were mentioned. Most students spend a part of their devotional time with the Bible. When asked which portion of Scripture they enjoyed the most, two outstanding portions were mentioned, Psalms being the first. When asked why, one student commented on the powerful symbolism and descriptive metaphors used in Psalms to describe God (see Ps 27:1) Several other students commented that they identified with David's melancholy. In Ps. 42 David repeats three times, "Why are you in despair, O my soul?" (Ps. 42:5 NASB). Even though the breakers are crashing over him (v.7), he still clings to God, his Rock. These emotions of feeling God's absence plague all students at times; yet by faith, many students ride through the tempest by holding on to the knowledge of God described in His Word. The second portion of Scripture mentioned was the prophets. Several students enjoyed the imaginative method God employed to woo Israel. The most commonly used source of reading material other than the Bible were the books of Ellen White. Of all her books The Desire of Ages, was most appreciated, "I relate with Jesus, when I see His emotions expressed on Calvary." The different books used were effective to the degree that they portrayed the character of God.

By Bob Puelz, Business Manager

### PART I

The story of money is actually two stories in one. It is the story of how our ancestors developed a "medium of exchange" to enable us to buy goods and services, measure their worth, and save for the future. It is also the saga of our social evolution from rugged self-sufficiency, when we made what we needed and swapped for items we wanted, to interdependence in an economy in which money plays an important role.

Let's look first at how money works.

The circular flow of money; any item — shark's teeth or iron nails — can be money if it's widely accepted in payment for goods, services and debts. Our society uses coin, paper currency and checkbook money. Money moves through our economy in a circular fashion often compared to the circulation of blood. Most of us get money by working. We then use our wages or salaries to buy goods and services. Money allows us to measure the worth of different items with a single standard or yardstick. We can compare the cost of an automobile and a motorcycle and measure their worth in terms of the hours we must work to buy one or the other. Our purchases provide producers with money to pay workers and other expenses — workers and producers use part of the money to pay federal, state and local taxes. Tax money buys goods and services for the nation as a whole. Governments build roads and hospitals and pay soldiers and teachers. Thus, the money circulates back into the economy. Many of us also save some money, often depositing much of it in financial institutions such as banks, credit unions and pension plans. They lend it to workers, producers and governments seeking more money. As long as the money flowing into financial institutions matches the outflow, the total in circulation remains unchanged.

One institution — the commercial bank — creates new money — checkbook money — when it lends. Producers and workers borrowing from commercial banks put this new money into circulation. The ability of banks to expand the amount of money circulating allows our economy to grow, but money must be ex-

panded cautiously. By controlling the commercial bank's ability to create new money the federal reserve tries to ensure the company doesn't get too much money — which can cause "inflation," rising prices — nor too little — which can cause "recession," declining production and rising unemployment. If money is working well, it should purchase the same amount of goods and services from year to year. Money must be a good "store of value."

As you can see, the circulation of money throughout the economy enables us to earn, buy and save. Money is an important element which ties us together as a society. The federal reserve tries to provide just the right amount of money to keep production and employment growing and prices stable. If prices are stable, so is the value of money.

### How it all began.

The story of money began with one of man's most primitive instincts — to acquire something he didn't have and couldn't find or produce himself. Most things primitive people wanted were owned by others, who also wanted items they couldn't produce or find. When our ancestors first matched mutual wants by exchanging goods, barter began. Archaeologists believed European and Asian tribes routinely met to exchange goods in the Ural Mountains thousands of years ago.

Barter worked fairly well for thousands of years but was troublesome. Wants had to match exactly. A farmer offering corn for a mule had to find a mule owner who wanted corn. If the mule swapper wanted an axe, rather than corn, the farmer was out of luck. He could search for an axe maker who would take corn, then trade for the mule. But searching took time, was inconvenient and didn't always work.

Because barter required a "double coincidence" of wants, people couldn't buy many things through exchange alone. Price was also a problem. One day, three axes might be exchanged for a mule or a small cow, but not for a bushel of corn. Two weeks later, a hungry toolmaker might willingly swap axes for corn. It was tough to agree on a "standard of value" or yardstick for making swaps. Nor was it easy to save — store up purchasing power. Apples might be valuable in the fall, but if held too long, no one wanted them.

As permanent communities and nations developed, barter on

a large scale became unworkable. Barter hasn't totally disappeared, though, and we still use it to some degree.

### Commodity money.

One at a time nations saw that solving barter's problems meant adopting a "medium of exchange" — an item everyone accepted. At first, common items were chosen — basic commodities like salt and cattle. These items were generally accepted because they were usable and useful, which made them valuable in themselves. But many commodities had built-in drawbacks limiting their usefulness as money. A good money must be easy to handle. It must serve as a "standard of value" — a uniform measurement of relative worth. It should be easily divided to buy fractions of things. You should be able to save it. Despite these drawbacks, commodity monies have been used for thousands of years. In the 1700s, grain, fish, gunpowder and shot were some popular American commodity monies. The Yap islanders of the Pacific used massive stone "money" wheels until world war II. Even today, the Masai Warriors of Africa use cattle money to buy brides.

### Precious metal money.

We don't know just where, when or how precious metals were first used as money. Widely separated societies at different times became attracted by the glittering and sparkle of silver and gold. Some early uses of gold and silver were to make jewelry and sacred objects.

### Mercantilism.

In the 17th century, European nations followed an economic philosophy known as "mercantilism." Mercantilists believed that nations remained powerful and wealthy by amassing gold and silver by selling more merchandise than they bought. They established colonies and took raw materials and precious metals from these new lands while selling them goods. In 1766, Scottish philosophy professor Adam Smith published a book, *The Wealth of the Nations*, which argued that the source of national power and wealth wasn't gold and silver, but production of goods. Smith's book became the cornerstone of a new social science — "economics." His writings, and those of his contemporaries, slowly turned Europe toward improving production and developing interdependent trade.

(Continued next issue)

## I WANT TO HELP!

Here is my gift of \$\_\_\_\_\_

- to help cancel Weimar's mortgage debt.
- toward Weimar's monthly operational expenses.
- to be placed in Weimar College's Worthy Student Fund.
- other \_\_\_\_\_

## PLEASE SIGN ME UP FOR...

- the Weimar Institute Bulletin
- I am already receiving the Bulletin
- recipe book: FROM THE WEIMAR KITCHEN (\$6\*) Californians add 6% tax

## PLEASE SEND ME...

- information regarding Weimar's NEWSTART Health Center.
- Weimar College Catalog and Student Application Packet.
- other \_\_\_\_\_

NAME.....  
ADDRESS.....  
CITY..... STATE..... ZIP.....

Please Print Clearly

SEND TO: Weimar Institute • P.O. Box A • Weimar, CA 95736



Rocco and Dorothea Sarli

On August 21, a group of friends gathered to witness the wedding of Rocco Sarli and Dorothea Wade. Rocky honored his mother, Mrs. Faye Sarli of Reno, with a touching tribute. Dorothea honored her parents in a similar way. Elder Dick Winn, the wedding minister, has known both Rocky and Dorothea for quite some time. Rocky was at Weimar College during its very first year and has been here during four of the five years since. He spent a year as a student missionary in Indonesia. Dorothea has attended the college here for three years and spent one quarter working for Elder Winn.

When the time came for vows, Rocky and Dorothea unrolled scrolls and read the promises they had carefully prepared. Following the reception the bride and groom left for a honeymoon in the Tahoe region.

Rocky and Dorothea are joining the Weimar Staff in the capacity of employee health and fitness program directors. The prayer printed on the wedding invitations expresses sentiments shared by all of the Weimar students who are establishing homes and looking for a final home in the New Earth:

"Join our lives, we pray, that through our service together Your face may more clearly be revealed."

Rocco and Dorothea

## recipes



### CHILI BEANS

- 1 1/4 c. dry beans (red or pinto)
- 2 1/2 c. water
- 2 t. salt
- 1/2 c. onion
- 3 cloves garlic
- 1 t. chili powder substitute
- 1 c. tomatoes or stewed tomatoes

Soak beans overnight. Cook for 1 1/2 hours, adding salt when tender. Steam onion and garlic in small amount of water. Combine all ingredients. Simmer for 30 minutes until tender. Serves 6-8.

### YOU'LL LIKE IT RICE

- 1 c. brown rice
- 1 1/4 c. onion, minced
- 1/2 c. mushroom pieces
- 10 oz. package frozen peas
- 1 c. water chestnuts, finely sliced
- 2-4 T. soy sauce (see recipe)

Cook brown rice with salt as directed on package (45 minutes). Steam onion and mushroom pieces in small amount of water. Add to peas, water chestnuts, and soy sauce. Mix with rice and bake in casserole at 350 degrees for 15-20 minutes. Serves 10-12. (Taken from the New Weimar Cookbook)

We, in the Tape Ministry office, have felt a need to raise prices in order to place our tape club on a firmer footing. We provide work for several students and try to carry our share of the institution's expenses. Our only income is from those who enjoy our tapes. Instead of making our products harder for many of you to afford, however, we have decided to provide options for the tape club so you could get the services you were especially interested in at reasonable prices. Here is the plan!

- Tape-a-month member** \$39
  - \* A tape every month for a year. (Usually 90-minute tapes with several choice messages)
  - \* Sound waves, our monthly information brochure.
  - \* Selected tapes available at special prices.
- Library member** \$39
  - \* Borrowing privileges — up to 4 tapes at a time. (Most currently promoted tapes won't be in the library, but we have many excellent ones.)
  - \* Sound Waves, monthly information brochure
  - \* Selected tapes available at special prices.
- Comprehensive Member** Regular fee \$59
  - \* Privileges of both tape-a-month and library members.
  - \* Special introductory price good through October 1983 — \$54.
- Contributing Member** \$100 or more
  - \* Privileges of both tape-a-month and library members.
  - \* A vinyl album for the 12 tapes you will receive during the year.
  - \* Our sincere appreciation. Your gifts support the whole Weimar Ministry.
  - \* Contribution receipt for all but \$50 of the money you send.
- Economy Member** \$6
  - \* Sound Waves, monthly information brochure.
  - \* One tape you choose from the twelve monthly club tapes described in advance in SOUND WAVES during your membership year.
  - \* A discount coupon good for a future tape purchase, (10% on \$20 to \$50).
  - \* Selected tapes at special prices as announced in Sound Waves.

### MEMBERSHIP APPLICATION FORM

Name _____	Amount for tapes	\$ _____
Address _____	Tape Club Fee	\$ _____
_____ Zip _____	Shipping (if any)	\$ _____
Type of Membership _____	Total Enclosed	\$ _____

WEIMAR TAPE MINISTRY  
Box A, Weimar, CA 95736

### Dynamics

Continued from page 3

of Species in 1859. Nietzsche was born in 1844. Is it coincidental that these developments occurred at the very moment when God's prophetic clock struck, proclaiming the hour of judgment, the fall of Babylon, and a warning against false worship?

It was left to the last half of the twentieth century to reap some of the whirlwind of the philosophy of existentialism. The secular branch has given rise to the philosophy of absurdity, where God is dead and life adds up to nothing. Violent revolution, terror, and even war can be linked to this concept. At this particular moment when human misery may be at its historical high, we have the spectre of a reported world arms budget of more than 204 billion dollars!

Religious existentialism also has had a disastrous effect on man's concept and relationship to God. Brilliant as has been the work of such men as Bultmann and Tillich, their contribution to religious thinking has been primarily in the field of philosophically diagnosing and defining man's problem. They are unable to provide answers because Divine revelation has more or less been effectively excluded from their thought. Even the beauty of Barth's theology comes to an abrupt end with no resurrection.

Without Divine revelation there can be no healing faith. If faith is reduced to absurdity and becomes a leap in the dark, then the dynamic of healing no longer is a part of reality.

But the wisdom of God has anticipated Babel tower builders and those who would save themselves by their own efforts. In the days of Nimrod He came down and confused their language and they were scattered abroad. In the twentieth century He has come down again and declared with a voice like that of many waters, "Babylon is fallen, is fallen!"

God is the source, the substance, and the completion of all healing. Healing comes from the mind of God and not from the whining heroes of existentialism



Vernon W. Foster, M.D.

or any of the other tower builders. It comes from the River of Life, not the Euphrates. It comes from the Tree of Life, not from the tree of knowledge. "And the leaves of the tree were for the healing of the nations" (Rev. 22:2).

A profound and yet very simple statement is made in Psalm 107: 20: "He sent His Word, and healed them, and delivered them from their destructions."

God's words are the symbols of His thoughts and He declares "My thoughts are not your thoughts, neither my ways your ways...For as the heavens are higher than the earth, so my ways are higher than your ways, and my thoughts than your thoughts." (Isa. 55:6).

As a physician I can line up the ends of a broken bone and put the whole thing in a cast, but I have very little control over the healing process beyond that point. It is all done by God's silent word stamped on every cell of the human body.

Let's take a glance at how a fracture heals.

First there is the shedding of blood and the formation of a clot. Millions of red blood cells fill in the gap and form a bridge over the interrupted relationship. Without the blood there can be no healing. The white blood cells are agents of cleansing, smoothing the rough edges and removing dead cells and debris. The serum brings the nutrients necessary for the reconstruction process, and specialized cells form a

callus which is eventually perfected into new bone which is stronger than the original.

Healing of even a simple fracture is a cooperative communal process in which all systems of the body are involved. The lungs furnish oxygen, the muscles and body fluids splint and protect, the digestive system furnishes the nutrients, the kidneys eliminate the poisons of injured tissue, the heart pumps the life-giving blood, and will act in unison directed by the nervous system.

What rich spiritual lessons can be learned from what we call natural physical healing. Healing operates according to the laws of nature, and it is God who is the Author of these laws. Mental and spiritual healing operate along the same line. In fact, healing and salvation are the same process.

"Bless the Lord, O my soul, and forget not all His benefits: Who forgiveth all thine iniquities; who healeth all thy diseases; who redeemeth thy life from destruction" (Ps. 103:2-4).

Everything that God has done throughout this vast universe in which our world is but an infinitesimal speck of cosmic dust was done by His Word. "By the word of the Lord were the heavens made; and all the host of them by the breath of His mouth...For He spake, and it was done; He commanded, and it stood fast" (Psalm 33:6, 9).

Creation of matter was by His Word. Energizing the billions of suns in our Milky Way systems was by that same Word (Isa. 40:26). Incarnation and redemption was by the Word (John 1: 1-3, 14). While on earth Christ lived and resisted evil by the Word (Matt. 4: 4) All His miracles were performed by that Word, and when He spoke the dead came to life.

"For the word of God is living and active, sharper than any two-edged sword, piercing the division of soul and spirit, of joints and marrow, and discerning the thoughts and intentions of the heart" (Heb. 4:12).

With all this reservoir of power on display, is it not easy to see why God sent His Word as the dynamic of healing?

(Continued next issue)

# CASSETTE TAPES

from our Summer Seminars

**HEALTH YOURSELF.** The purpose of this seminar was to help people make the changes necessary for better health, by Preston Wallace. Eight tapes, \$26. \$3.50 each for single tapes. **HEALTH YOURSELF** Seminar by Earl and Dottie Allen, also \$26.

- HY W1 Reducing fatigue
- HY W2 Keys to a clearer mind
- HY W3 Help yourself to more energy
- HY W4 Eating to resist disease
- HY W5 Living with stress
- HY W6 Eating to live longer
- HY W7 As you think — so you are
- HY W8 Brain-mind relationship in total health

**INSPIRED COUNSEL FOR THE FINAL CONFLICT.** A study of last-day events as described in the Bible and the writings of Ellen White. Although God has not revealed every detail of the future, we are given more information than most of us have studied. Six tapes and a simple chart to help relate the events described, \$19. Tapes, \$3.50 each. Chart 25 cents.

- MD 1 Outline of last-day events
- MD 2 The Sunday-Sabbath conflict
- MD 3 Trials and Triumph of the message
- MD 4 Good and evil angels; Satan's impersonation
- MD 5 Image to the beast; The shaking, The sealing; The loud cry; The latter rain.
- MD 6 Preparation; Time of Trouble; Deliverance
- MD Chart

**NUTRITION AND DISEASE.** We advertised this seminar by Dr. Sang Lee last month, but one of the tapes didn't get on the list. Eleven tapes in an album. \$36. \$3.50 each.

- LS.C1 The human immune system
- LS C2 Fundamental concepts of nutrition
- LS C3 The immune system and nutrition
- LS C4 Allergy and nutrition
- LS C5 Obesity and nutrition
- LS.C6 Cancer
- LS.C7 Arthritis; diabetes (and cheese)
- LS.C8 Exercise for obesity; exorcism and healing; gays
- LS C9 Protein problem?
- LS C10 Vitamin B-12; Eating disorders and obesity
- LS C11 True lifestyle and nutrition

**SEPTEMBER COMBINATION OFFER.** All three of these sets (25 tapes) \$65 through the end of October. Add \$3 to receive the first two sets in an album instead of individual cases.

Shipping charges: \$1 for any order mailed to U.S. addresses. \$3 UPS. \$2 mail to Canada. \$1.25 per tape without cases or albums for airmail overseas for the first 10 tapes. 50 cents per tape over 10.

Name \_\_\_\_\_ Amount for tapes \_\_\_\_\_

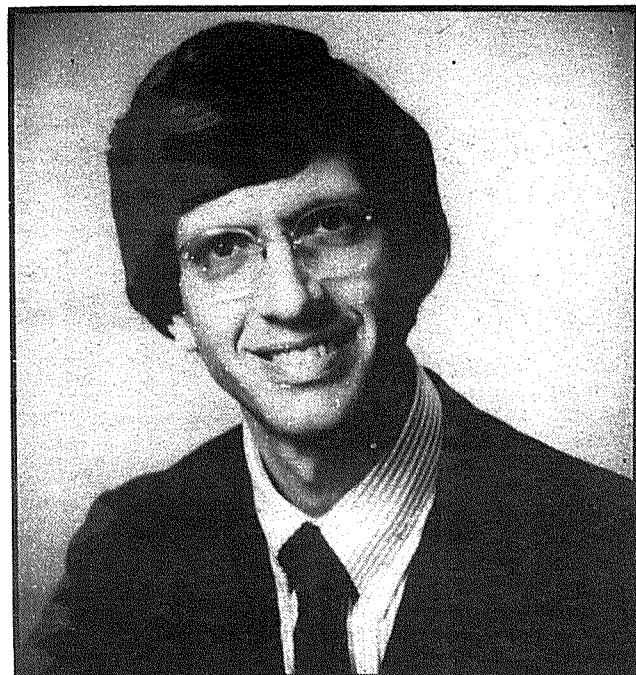
Address \_\_\_\_\_ Shipping \_\_\_\_\_

ZIP \_\_\_\_\_ Tax (if CA) \_\_\_\_\_

TOTAL ENCLOSED \_\_\_\_\_

WEIMAR TAPE MINISTRY, Box A, Weimar, CA 95736

# From The Chaplain



Elder Dick Winn

## Frightful Freedom

By Dick Winn

I'm going through a midlife crisis...of sorts. Here I am, this side of 40 (and I'm not saying which side), and I've decided to enter a whole new world of relationships.

You see, I've got this little blue and gray box in front of me on my desk, and I'm trying to figure out 378 pages of esoteric codes and instructions necessary to enter its mind. I keep punching away at this little keyboard, and it — occasionally — sends messages back to me on a black and green screen.

Through the years, I've developed reasonable confidence in my ability to form relationships. But this is humiliating. Like yesterday morning, with less than four hours of acquaintance between us, I decide to share with it a major creation of my mind. So I get up at 4:30, prepare for my day, then head for the little machine. For three hours, I pour out the contents of my inner soul. I do everything I can to make sure it is listening.

The best way to know if you have been heard is to ask someone to repeat back to you what you have said. So I turn on the printer, push the right buttons, and sit back. It prints two and a half paragraphs, then quits. Right in the middle of the word "accomplish."

I go back to the screen to see if it heard anything else; but it apparently had walked away from me in mid-paragraph.

But I'm learning that the little machine does have a soul after all. It cares about my ineptness. Last night when I gave it some instructions, it courteously asked in non-threatening little green words, "Are you SURE you want to exit to CP/M?"

Now that's thoughtful. It knows that if I make the wrong choice I could throw away three hours of work. So it urges me to think carefully about my decisions. Oh, it's only programmed graciousness, to be sure. But it helps.

It's not at all like another relationship I enjoy. This one is much more settled. More genuine. But it has one thing in common with my blue-and-gray box. This relationship asks me to consider carefully my decisions, since a wrong choice could be very costly.

I'm thinking in particular about the decision revealed in this sad observation: "This is the

judgment — that light has entered the world and men have preferred darkness to light because their deeds are evil." John 3:19, Phillips. What a weighty decision! Can you imagine what such persons are throwing away? A lifetime. An eternity. No wonder Jesus spends the rest of His ministry asking the people in thoughtful words, "Are you SURE you want to exit to self-destruction?"

Jesus has put me in charge of the Keyboard of my life. If I enter the wrong instructions, He can only respect those instructions. But through all those gentle, persuasive tugs from the Holy Spirit, He can keep asking me if that is indeed the direction I want for my life. Because — in the end — He will give me exactly what I want.

Take, for example, those people in Jesus' parable of Luke 19. They made a very specific, free decision about the future of their lives. They sent a messenger to their ruler saying, "We do not want this man to reign over us" (vs. 14). And that is certainly their free choice. They don't have to be members of His kingdom if they don't want to be.

There's just one problem. When their Ruler returns to set up His kingdom, it will be the only kingdom on the planet. It will be a kingdom established on principles that are self-sustaining. Any kingdom, based on any other principles, would soon enough self-destruct. And those people who have chosen to live by self-destruct principles will be given just what they want. The Ruler brings them into His presence, where justice and freedom are always maintained. And since they do not wish to live in His presence, they die. (See verse 27.) Because, you see, His presence will fill the whole earth.

What an awesome thing it is to be free. We people do such foolish things with our freedom. How much easier it might have been had God simply "programmed" us to do righteousness. But it is still true that programmed righteousness is worth nothing. God still gives us exactly what we want.

How good of Him, then, to keep presenting us with the beauty of Jesus — so that what we want is His righteousness.

## Weimar's new revised cook book

featuring recipes

with no sugar · no oil · no cholesterol.

ORDER NOW!

WITH MANY EXCITING NEW IDEAS FOR TASTE TEMPTING MEALS.



\$6.95 ea.

Please enclose \$6.95 for each cookbook you wish to order. California residents please add 6% tax with your order.

WEIMAR KITCHENS, WEIMAR INSTITUTE, WEIMAR, CA 95736