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# WEIMAR INSTITUTE BULLETIN

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VOL. 7 NO. 7,

JULY 1983

## Weimar College Graduation



The graduating class of 1983.

### For More Graduation Pictures See Page 2


The third annual graduation at Weimar College was held Friday evening and Sabbath, June 10 and 11. Friday evening met the Weimar campus with rain to discourage meeting outdoors for the dedication service as was planned. The Friday evening service was held in the Meadow Vista Seventh-day Adventist church at 7:30 p.m. Timothy Riley, one of the graduates, a Metro-Ministry major, gave a stimulating challenge not only to his senior classmates, but to all who were present. His topic was, "Joyful Life Adventure" which encouraged commitment to creative individuality, to life, to growth, and to people.

Sabbath brought nicer weather so the services were held outdoors as planned. The Sabbath School special feature included what some of the students' summer projects would be. David Grams, former Academy Bible instructor, conducted the lesson study. Elder Dick Winn, the Chaplain of Weimar Institute, presented at the baccalaureate service at 11:30 what he considered to be the summary statement of Weimar's intent in Christian education, "Consider Jesus." The early afternoon brought some people to the Chapel where Elder Dick Winn gave some past reflections of

Weimar Institute in a slide presentation. Later in the afternoon a program arranged and directed by Dr. Paul Hawks, Director of Public Relations for Weimar Institute, brought creative fellowship and expressions of hope for the graduates.

Saturday evening the exercises began with a male chorus of 8 voices. They gave a short musical program with several choruses and a duet. Dr. John Goley, instructor at Weimar College, gave a descriptive picture of leadership through Christian service. Then the degrees were conferred upon them by the Institute President, Robert Fillman, assisted by Dr. Colin Standish, the Dean of the College.

The class gift to the College from the graduating class was then presented by Atom Biggs, Jeff McSherry, and Bruce Peters, members of the graduating class — an oak clock with the three angels design in stained glass on the face. This is to be placed outside the Cafeteria of Weimar College.

The graduation weekend proved full of blessings to many of the parents, friends, and relatives of the graduates, as well as for the visitors. Graduation signals an end which is really just a beginning of a life of service and dedication to God and to our fellow men. 

## "Serendipity" A Weimar Way of Life

Periodically, the Weimar campus experiences a type of fellowship that some have called a time of "serendipity." This is actually just a creative way of defining any avenue for discovering valuable, unexpected and delightful things by chance. This atmosphere has been most rewarding in the areas of "interpersonal geography." It's always a surprising atmosphere, and seems to "energize" the participants. Because, in a serendipity, everyone is a vital contributor. Instead of sharing abstract facts (that rarely communicate anything about who we really are or the needs we have as distinct individuals), we are encouraged by an open, vulnerable, understanding, and (not to forget) fun atmosphere to share ourselves by participating in "stewardly self-disclosure" and in the healing art of "in-tune" listening.

At our last "serendipity" we all gathered in the cafeteria in small

groups (5-7) and learned, through personal interaction, some exciting things about the restorative qualities and values of special fellowships. There was an emphasis on the values of unrepeatable moments; the inherent, unconditional value of people; a restoration that involves relationships with each other as well as with God; God's design for an adventurous lifestyle in fellowship that is inseparable from the God-ordained environment full of the unique, stimulating, creative and dynamic "sacredness" of each person. Another aspect that was learned was that listening to others is a value — a divine principle and responsibility. We each have a need to be expressive of ourselves and to be really heard and understood. By in-tune listening we express to each other our regard. This is how we tell others that they are important. Essentially, sharing yourself with others and

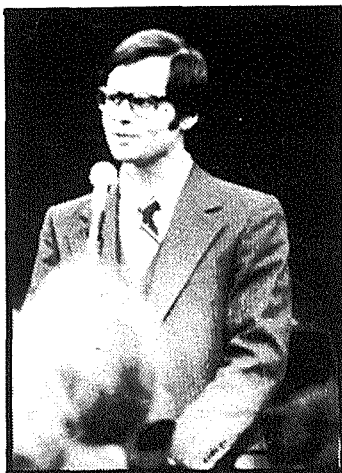
listening to others as they share themselves with you is dynamic, Christian giving. It builds!

This activity is always interesting and fun. We come ready to share and enjoy ourselves at the same time. In this mode of fellowship we learn about the joys, hopes, disappointments, and the value of truly different members of God's distinctively creative community. Interestingly enough, these activities are not primarily to stimulate more of these activities. It is the sincere hope that these activities will help to establish and internalize attitudes that design deliberate, stimulating and adventurous interpersonal values that bring restoration to our relational regions. God may not call it serendipity, but before there was ever such a word, He made us in such a way as to appreciate the depths of each other interpersonally — not as an activity, but as a way of life.



College students pause for a season of prayer after the "Serendipity" fellowship.

# A Look At The Weimar College Graduation Services



Being a part of this community at Weimar has challenged me to embrace high ideals, to accept the challenge of living those ideals in real life, and to hold commitment to people as the greatest principle of daily living.

Tim Riley

Dr. Paul Hawks directs a time of reflection and sharing.



The men's chorus of Weimar gives a short musical program before the evening ceremony.

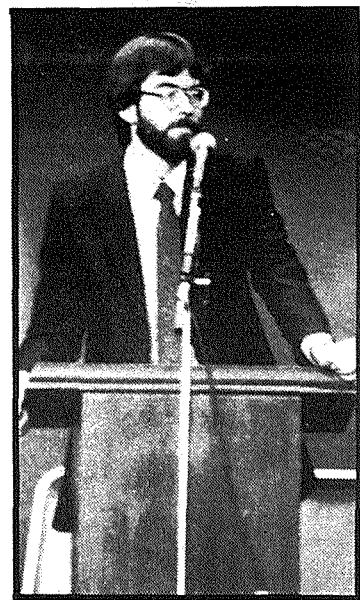


Over 200 guests attended the third annual graduation ceremony at Weimar College.

1) Weimar has given me a vision of service, and for that I'm grateful.

2) Weimar has shown me how God's blessing is assured when we follow His blueprint.

Rocco Sarli



Dr. John Goley presents the evening vesper thoughts.



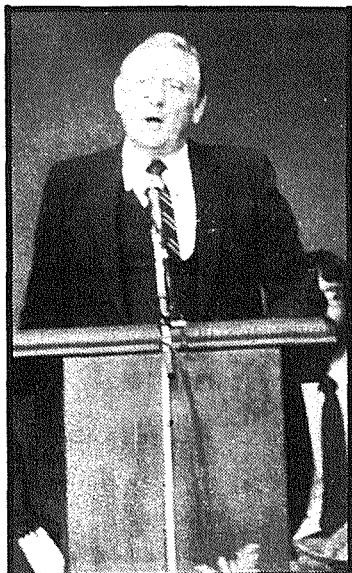
Dorothea Wade receives her diploma from Institute President Robert Fillman as Dr. Colin Standish, Dean of the College, waits to make his congratulations.

For me Weimar College has meant hard work and hand-work, learning and growing, prayer and study, sharing and caring, home, farm and hospital, warmth and friendship.

Marla King

The greatest lesson I've learned during the years here at Weimar College has been my need for total dependence in God's wisdom and care; a lesson, I pray, I'll never forget.

Nancy Bussio



Dr. Colin Standish, Dean of the College, in his welcome, congratulates the seniors.



Debbie Fillman is congratulated by Dr. Colin Standish after receiving her diploma from a proud father, Robert Fillman, President of Weimar Institute.

# Accountability to God In Business and Finance



Bob Puelz

## From our Business Manager, Bob Puelz

Accountability, in a business sense, is ever-present at Weimar Institute. Never an hour in any day passes in our business office when our activities and actions are not "scrutinized by unseen auditors."

There is no branch of legitimate business from which the Bible excludes an essential preparation. Its principles of diligence, honesty, thrift, temperance, and purity are the secret of true

success. It is our duty and great pleasure to abide by God's law relative to all business dealings.

God expects us to conduct business as did Daniel, who, while in his mid-eighties, was able to perform his administrative duties for King Nebuchadnezzar while powerful residents and princes of the land tried constantly to find errors and faults in his work. Daniel was able to maintain his true course due to his personal integrity and close relationship with God.

Daniel's God is the same God who gives us the wisdom and strength to accomplish the same deeds as did Daniel, even within today's hard-

core business attitude and unstable economic conditions. Those of us responsible for finances and general management are no less blessed than was Daniel.

That which lies at the foundation of business integrity and of true success is the recognition of God's ownership. The Creator of all things, He is the original proprietor. We are His stewards. All that we have is a trust from Him, to be used according to His direction. Here at Weimar, our frequent seasons of prayer are an attempt to keep the lines of communication open with the Original Proprietor, affording us a channel for His expert counsel and rich blessings. Through this process, and only through this process, will we be able to understand the principles of heaven.

By His grace every provision has been made for us in all our transactions of business to demonstrate the superiority of heaven's principles over the principles of the world. If we understand our stewardship correctly, we have an obligation not only to God, but to man.

In all business transactions, we are to let the light shine decidedly. There is to be no sharp practice. Everything is to be done with the strictest integrity. Better consent to lose something financially than to gain a few shillings by sharp practice. We shall lose nothing in the end by fair dealing. We are to live the law of God in our world, and perfect a character after the divine similitude. All business, with those in the faith and those not in the faith, is to be transacted on square, righteous principles. Everything is to be seen in the light of God's law, everything done without fraud, without duplicity, without one tinge of guile!

If we have injured others through any unjust business transaction, if

we overreached in trade, or defrauded any man, even though it be within the pale of the law, we should confess our wrong, and make restitution as far as lies in our power. It is right to restore not only that which we have taken, but all that it would have accumulated if put to right and wise use during the time it had been in our possession. "Holiness unto the Lord" is to be written upon daybooks and ledgers, on deeds, receipts, and bills of exchange. The accounts of every business, the making and recording of contracts, records, the details of all transactions

must pass the "scrutiny of unseen auditors," "angels of a God who could never compromise with an unfair dealing, no matter how minute it may be. This fact demands serious consideration by every parent, teacher, student, by every human being — young or old and by those who manage the resources of Weimar Institute.

1 ED 135 1903  
2 Ibid 137  
3 T7 142  
4 MS 47 1898  
5 DA 556 1898



## WEIMAR INSTITUTE

Weimar Institute is a multi-phased ministry whose keynote is SERVICE. Working in harmony with the basic tenets of the Seventh-day Adventist Church, the Institute is comprised of physicians, educators and other laymen. Our primary goal is to uplift God's character as the One who restores His image in His people on earth. Weimar Institute ministers to the physical, the mental and the spiritual aspects of humanity. Relying solely upon the free gift of the righteousness of God revealed in the Person of Jesus Christ, the Institute openly confesses that no function of its ministry can detract from the reality of that One Source of salvation. Rather, we desire that His righteousness shall become more believable to others because of this service to which we ourselves have been called.

### ADMINISTRATION

Robert L. Fillman.....President  
Dick Winn.....Secretary  
Bob Puelz.....Business Administrator  
Paul Hawks.....Public Relations/Personnel

### WEIMAR COLLEGE

Howard Hardcastle PhD.....Dean of the College  
Dale Martin.....Director of Work Education  
Preston Wallace.....Director of Community Services

### NEWSTART HEALTH CENTER

Milton Crane, MD.....Medical Director

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### WEIMAR INSTITUTE BULLETIN

Bob Rusche.....Editor

Weimar Institute is a non-profit organization operating under section 501 (c) (3) of the Internal Revenue Code. Tax deductible receipts will be issued for cash donations and in acknowledgement of material gifts. The Institute may be named to receive a bequest by will. The appropriate designation should be: Weimar Institute, Weimar, California 95736. Deferred gifts by wills or trusts will be gratefully received.

### OFFICE HOURS

Monday through Thursday: 8:00 A.M.-5:00 P.M.  
Friday: 8:00 A.M.-4:00 P.M.  
Sabbath and Sunday Closed  
Telephone: Business line (916) 637-4111 or 878-7222

### VISITORS

Due to the rapid growth of the "Weimar family" we have extremely limited guest facilities. PLEASE if you plan to visit Weimar overnight, make advance reservations. Otherwise, we cannot guarantee accommodations. Thank you for this consideration.

We do not conduct Sabbath services at Weimar Institute. If you plan to join us for Sabbath meals, please make prior arrangements for meal tickets.

A casual walk through the campus? Most anytime you want. A meeting with the President or other staff members — please write or phone ahead to confirm an appointment.

### ADDRESS CHANGE

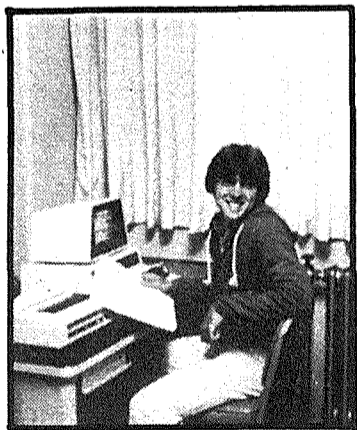
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# The Outpatient Clinic

## its Memories and Mission

November of 1981 was truly an exciting time as we laid plans for a new outpatient clinic. Six of us — 3 health students and 3 staff — gathered in a circle each day on our knees before God as we began each meeting. We wanted this clinic to be a witness for God. You see, many people in the community had been requesting preventive health screening but could not afford the cost of our live-in program. Soon, by God's grace, we would have the very service they desired. We all decided our mission: "To provide affordable health assessment, evaluation, and counseling to those within our sphere of influence." And why? It was "for the purpose of portraying God's character and revealing His desire to restore humanity to total well-being, in preparation for His coming."

Days turned into weeks, and then into months. On February 17, 1982, we opened our clinic to all the staff members on campus. In a short time we were booked up and the gears started to turn, especially in the treadmill. So the first team set to work with much determination and a handful of borrowed equipment.



Atom Biggs

The testing process did run very slowly at first. Trying to analyze every nutrient in someone's food intake for a week can be done, but it's not a speedy process — especially when the office is 32°F! But within a few short months improvements were made. A computer was borrowed temporarily and used not only to analyze dietary nutrients but to rapidly compute other data

as well. Work proceeded much faster. A typewriter was also obtained, as well as some small heaters to warm up the office. And so the Outpatient Clinic moved forward, testing both staff and students on a regular basis. Today it continues, seeking to come closer to God's ideal.

Our goal is "to reveal God's desire to restore humanity to total well-being." Oh, how we long to see our neighbors restored! They too want it. Soon we plan to be serving our community; but one thing is hindering us. Our computer is going back to its original owner. If you can help us gather in some funds to replace this vital tool, our mission may soon begin to be fulfilled.

However, it's not only a computer we need; we need your prayers. We have learned that "prayer is the key in the hand of faith to unlock heaven's storehouse." We want a true knowledge of God to be poured out from the storehouse of heaven. It says that "the earth will be filled with the knowledge of the glory of the Lord, as the waters cover the sea." (Hab. 2:14) It's our prayer that the Outpatient Clinic will have a part in spreading the good news about our God.

## Update on Weimar Institute Construction Projects

The construction department of Weimar Institute has now completed several projects of major importance. Dr. Sang Lee recently moved his family into their newly completed home that started in August, 1982. The home is beautifully finished and attractively decorated.

Other major projects included repairing and recoating the roof of Weimar Institute's "inner-city" outreach building in Sacramento and the roof of the Weimar Cafeteria. This involved extensive removal of old roofing and replacement of the base sheet, then a recoat with a sprayed-on carbo-plastic material. Repair costs amounted to nearly \$2,500.00 per building for materials and equipment rental.

The old Weimar TB hospital surgery units were remodeled into new medical offices and the new Outpatient Clinic. They were completed in May. This entailed dividing the two surgery units into four doctor's offices, a treadmill testing room, and a treatment room, with soundproof construction separating each.

New enlarged first-aid facilities were also added. The size of the medical administrative office was doubled. And for the patients' convenience and comfort, an expanded waiting room was created from the old surgery preparation area.

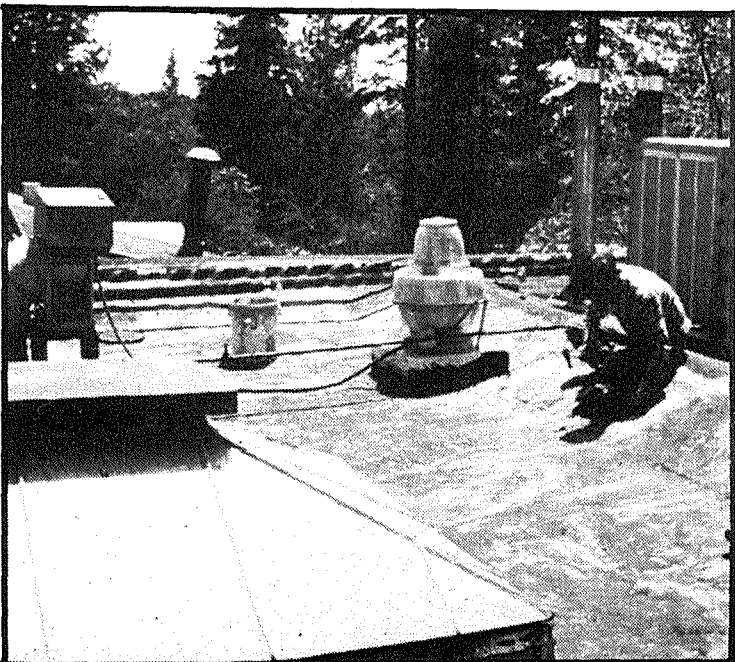
The doctors' offices have wallpaper or murals on one wall to provide an expanded outlook. Carpeting has added a warming effect as well as reducing sound problems.

Dan Bell supervised the bulk of the structural and sheetrock work while Robert Van Raden did the plumbing and much of the trim and finish work. They were assisted by students who were learning the construction trades.

Future projects will include the starting of the Chapel expansion this summer, and possibly the Academy Boys' Dormitory foundation. These will be in addition to the usual repair and remodeling projects.



Jeanie Putz and Doris Glantz at work in the new medical office.



Repair work in progress on the cafeteria roof.

## Farewell to Weimar



Dr. and Mrs. Colin Standish.

It is five and one-half years since I first set foot upon the grounds of Weimar Institute, and it is five years since I took up the responsibility of being the foundation Dean of the college. I cannot fully express the privilege that I believe this has been. I have no question that Weimar Institute, with its major emphasis in education and health, is specifically ordained of God for the purpose of educating young and old in eternal principles. We have seen the college expand and develop. We have seen more than twenty young people complete their education to go out into the field of wider service. We have seen Weimar go from an unknown entity to one where many were uncertain of its mission and

its role in the church, to an institute that has rapidly made an impact around the world out of all proportion to its size.

And now in the wisdom of God, the time has come for me to move on to take up the leadership of Hartland Institute in Virginia. I want to acknowledge the privilege it has been to work with the students, my fellow staff members, with the Board of Directors, and with the myriads of friends of Weimar Institute. I enlist your interest and efforts to continue the program patterned after God's principles. Soon the work on earth will be finished and we will have the glorious opportunity of meeting our Lord.

— Colin D. Standish

**True education is the preparation of the physical, mental, and moral powers for the performance of every duty. It is the training of body, mind, and soul for divine service. This is the education that will endure unto eternal life.**

**Christ's Object Lessons, p. 330**

## On Coming To Weimar College

By Penny Ward

What does Weimar mean to me? It is one of the tools through which God has chosen to work in my life. This tool at times has felt like a pruning knife carving away the excess foliage and training branches that take away the life current from the fruit. At other times it has been a compass pointing out the right destination. And in still other ways it has been a reflector. Now I see the reasons why God led me to Weimar.

A year and a half ago I would have never imagined myself being a student hundreds of miles from home. But God had different plans for me. First, a special person introduced me to the idea of coming to Weimar, and we both shared the excitement when I received my acceptance.

Then God worked in an unexpected way so that I received more money than I had planned on for working this past summer. Altogether, God worked in ways both small and great.

In a lot of ways I have grown and discovered many new things since coming to Weimar this year. I have learned to trust God in a way I never thought possible. Continually I am amazed and thoroughly excited at the beauty of God's way of living and how it brings me such joy and satisfaction. I have gained a deeper purpose in living.

I discovered in a broader way that my purpose in living is serving others. This can be done in many different ways and can enter into the smallest and the greatest details of life. For example, one morning I took some visiting friends to the airport. After they left, I found that they had given me some money in a

card. I began to think of God's goodness to me and asked Him for direction in the use of the money. A few hours later, a group of us students climbed aboard a bus heading for the mountains. Along with us came a young man who had been invited the day before to dinner in our cafeteria and had stayed the night. I had talked to him briefly before leaving on the bus, but it wasn't until I saw him walking away from the gas station, green bag slung over his shoulder and rain drizzling down his back, that I realized he had only fifty cents in his pocket, and I was the only one he had told. After telling the others, they too wanted to help him. A few minutes later, I found him seated in a small cafe. Walking over to his table I set the money down. He looked up in unbelief. His eyes filled with emotion, he sat back and stammered, "You will never know how much



Penny Ward

this means." I told him, "God really loves you." He sat there trying to grasp my words. I said, "We'll be praying for you," and hurriedly returned to the waiting car. After leaving I thought about that incident and realized why

God had given me the money. Learning the joy of service, seeing God's continued guidance, and learning more about His great love for us have been a few of the joys I have experienced this year.

# Exciting Progress In Home Cooking Schools

Susan Claridge, a junior at Weimar College, planned and conducted home cooking schools in nearby communities as her work education project for this past winter quarter. Besides the four-lesson cooking schools held earlier this year, she initiated a school which met every Wednesday evening for fourteen weeks. This gave opportunity for a much more detailed seminar and allowed more people to attend at a time.

Nutritional information and many recipes were given out in a packet received each evening, and special topics were presented every week. Healthful Mexican and Oriental cooking, making soy sauce, methods of canning, freezing and drying, basics on cholesterol-free breakfasts and no-sugar desserts, were just a few of these topics. Participants made the recipes themselves, and a large variety of dishes were made in order for the participants to choose which recipes they liked most. Health lectures were given each week, with Dr. Sang Lee from Weimar Institute being a frequent speaker. Sometimes NEWSTART guests shared their experiences with the low fat, low sugar diet.

Susan advertised the cooking school services in nearby communities by using newspaper articles and ads, posters and other methods. People called in and made appointments, keeping Susan and her helpers busy with the excellent response.

Another program that started recently is a weekend seminar,



Home cooking schools provide excellent hands-on training in a one-to-one setting.

held in churches for the purpose of teaching church members how they may give cooking schools. This holds exciting possibilities for spreading the health reform message. On Saturday evenings interested church members are given pamphlets telling about why cooking schools should be given, the counsel of the Lord concerning home cooking schools, how they can conduct their own cooking schools, what foods to demonstrate, public relations methods, and the many odds and ends needed to organize a successful cooking school. Susan and her helpers also share

experiences and responses they have had. In two separate two-hour Sunday sessions, a church member opens up his or her home for an actual cooking school for people from the community to attend. In this way members obtain hands-on experience. These seminars are available to any church in the greater Weimar vicinity.

Susan finds that people are anxious for knowledge so they can keep healthy and enjoy life, and contribute more to society. The future looks very bright for this excellent way of spreading the gospel message.

# Weimar College Video Productions

During the past school year, students at Weimar College occasionally found themselves in the presence of an often unexpected video camera. Douglas Garcia, who has an interest in making a career of working with video productions, attended Weimar College this past year. He worked in the Audio-Visual Department. One of his projects this past year was to make a video yearbook for the fun and interest of the College students.

On Saturday evening, May 28, the Chapel was filled with people who were eager to see this collection of past campus events. The "Unitronics" production began much in the fashion of the eve-

ning news, giving brief glimpses of each "reporter." The Weimar College reporters were Mitzi Acosta, Karie Thulon, Rocio Mojica, Leslie Nielsen, Corinne Potter, Jim Martin, and Steven Siciliano. Interviews covered the subjects of Christmas vacation, chore duty at Weimar Institute, College classes, college workstations, outreach activities and the newest outreach program of Weimar Institute — the Van Ministry, home workshops, and church attendance. Also, Dick Winn's absence from class for a time was covered by "modern technology" — that is, by video production. Students were asked their opinion on this method of instruction and the response was favorable, although they prefer the "personal touch." There were two "commercials" — one by Mitzi Acosta for the Weimart, our campus store. Then Dan Barrett gave a "movie review" of the Weimar Academy's video production 'Academy Life '83,' recalling one of the more humorous scenes.

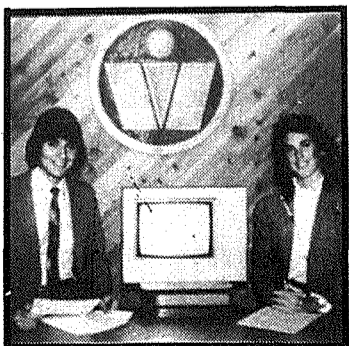
The most unpredictable responses and vivid personality glimpses were observed in the video production. Some of the highlights went like this: Dan Barret, in the "Peoples' Response to the Camera" section, gave some typical remarks about his imaginary war experience. He told "WBC"\* how he "had to

be in all fields at all times." Then he continued to discuss the difficulty in learning how to drive a tank and fly a helicopter at the same time. Kelvin Clark, in the "College Classes" section, told how much he appreciated Anatomy & Physiology II this year. When asked how he liked the lab experience, where pigs were dissected, his remark was, "I learned how much like a pig I was." Bill Gorton, when asked if he was going to do anything exciting for Christmas vacation, replied, "It's exciting enough here. I need a break from the excitement."

In the closing scenes there was a shift in the mood. With a background of beautiful scenes of nature, a pre-recorded "video interpretation" was given of the hymn "For the Beauty of the Earth," sung by Sharon Letcher, Steve Thulon, and Dan Wirsz, with Bill Gorton at the piano.

Everyone enjoyed the program and laughed heartily at the humor in human nature captured by the candid camera. Also appreciated was the creative arrangement of the video production by Doug Garcia. It was, indeed, an enjoyable experience to look back over the past year and recall to mind, once again, those good times at Weimar College.

\*"WBC" — "Weimar Broadcasting Company"



Douglas Garcia and Carla Breedlove, were the "WBC" newscasters.

# Summer Programs

## WITNESSING IN THE CHRISTIAN BUSINESS ENTERPRISE, August 11-14.

The Christian who operates his own business or professional office has the privilege and responsibility of making a spiritual impact on the people he serves. Seminar speaker, Dr. Paul Hawks, believes that the career setting offers one of the greatest, most natural opportunities for Christian ministry in our contemporary society. Those who provide services and/or products have a point of contact which is widely used and understood by nearly everyone.

The intent of this seminar is to explore the roles which ministry and witnessing can serve in a business or professional setting and to provide opportunities for developing a personalized strategy for ministry in each participant's occupational situation. Topics will include the motivation for career ministry, methods of building trust, the illustration of God's character through the business or professional objective, sharing the gospel with those who are interested, and making the Three Angel's Messages relevant to one's career.

Seminar fee, \$45. Meals and lodging extra.

## BUILDING SELF-ESTEEM IN CHILDREN, August 18-21.

Children who have a high sense of self-esteem are likely to be happier, more successful in school and society, and more likely to appreciate Christianity. This seminar will explore strategies to build self-esteem, covering such areas as discipline, parent-child communication, reaction, schooling, and dating. Eld. Dick Winn, teacher of religion and family life courses at Weimar College, will conduct the seminar. For any parents who still have children under their influence.

Attendance fee, \$45 plus meals and lodging.

## WORK BEE #1, August 21-26

We invite you to become a part of the Weimar team to help us get ready for the new school year. We especially need people with skills in construction, appliance and electrical repair, automotive, and office work. We can also use a limited number of other persons in general clean-up and other tasks. Let us know what you can do.

We provide meals and lodging, and have arranged for morning and evening devotional and fellowship meetings. Topics will include those areas of health, education and spiritual commitment important to Weimar Institute's objectives.

No attendance fee is required, but in order to help us plan effectively, we are asking for a \$25 deposit for each person or couple with the application. This will be returned when you arrive, or if an emergency comes up that prevents your being here. Remember to bring bedding and expect an enjoyable week in the Sierra foothills.

## SOUL WINNING, MIRACLE OR LAW? August 26-28

The two talks on soul winning presented by Elder Joel Tompkins as a special addition to one of the seminars last summer were so well received that we have invited him to give a whole week-end series.

Jesus called ordinary people to be "fishers of men," and showed them that following His way brought success. The inspired plan is simple and Eld. Tompkins makes it easy to understand. If you want to witness more but hesitate to approach people, if you feel there must be a way you can work for your Lord, or even if you just want to receive a fire in your heart for souls, this weekend is for you.

Cost: \$35 plus meals and lodging.

## HISTORY OF THE SEVENTH-DAY ADVENTIST CHURCH, August 28-September 3. RELT. 225.

A course planned (1) to recall God's dealings with His people during the past century and a half, (2) to see God's development of a "movement of destiny" for proclaiming the three angels' messages, (3) to sense the call for action as part of the final religious movement of all time, and (4) to comprehend the significance of standing staunchly for the revealed truth of God in these last days.

History is traced from the setting of the Great Second Advent Movement, on through the formation of the distinctive doctrines of the Seventh-day Adventist Church and the development of Adventist work in California. The course includes a field trip to points of interest in the Napa Valley. To attend only the field-trip portion of the course, see HISTORY OF THE SDA CHURCH — FIELD TRIP. Carl D. Anderson, Ph.D., instructor.

Two quarter-hour credits, \$135. Noncredit for the week-long course, \$55. Meals, lodging, optional textbook, and shared travel expense are extra.

# Weimar Academy Holds Graduation Ceremonies

Six Weimar Academy seniors awaited the special sense of accomplishment that they would soon realize after four years of training and study. On June ninth, a warm Thursday evening, Doris Stonas, Coleen Peters, Joan Shirley, Brenda Lacy, Melvin Wade and Tom Potter graduated into a new, exciting challenge in life — the college years.

Five out of six graduates were pioneers of Weimar Academy. All of last year's academy seniors enrolled in Weimar College this year.

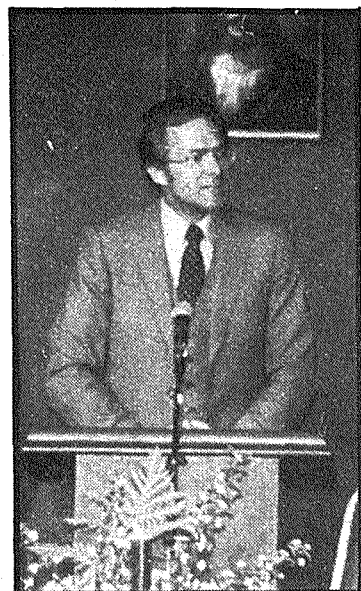
Quiet expectation fell over all present as "Pomp and Circumstance" began playing. After the prayer and welcome, Coleen and Joan played a flute and guitar duet, "He Was There All The Time." Proud parents then stood as each graduate honored the ones who sent them through Christian schools and had helped them find the happy paths of life. "Thank you for loving us like you did," one graduate expressed herself. Sponsors Dr. Dennis and Carol Blum were presented with an enlarged decoupage photo of themselves at Yosemite National Park, where the seniors had taken their class trip. Then the Weimar Academy Choir thrilled hearts by singing "First Song of Isaiah."

David Grams, former Weimar Academy Bible teacher, delivered the challenging message, "What kind of light will you share this coming year?" He asked the students, "What are you going to do with the thousands of dollars invested in you? When you go down to the plains from this mountain will you have something to share? Always remember your class pledge, 'Choosing God's ways and desiring to reflect His character, we choose to serve His children and our brethren, and we praise Him for His promises of success.' You are here in this world to cut a new, brighter path. You must lift up others and dress the wedding party for the final supper. The world is hard, but always hold the light steady. Go on in the path that reaches to the perfect day."

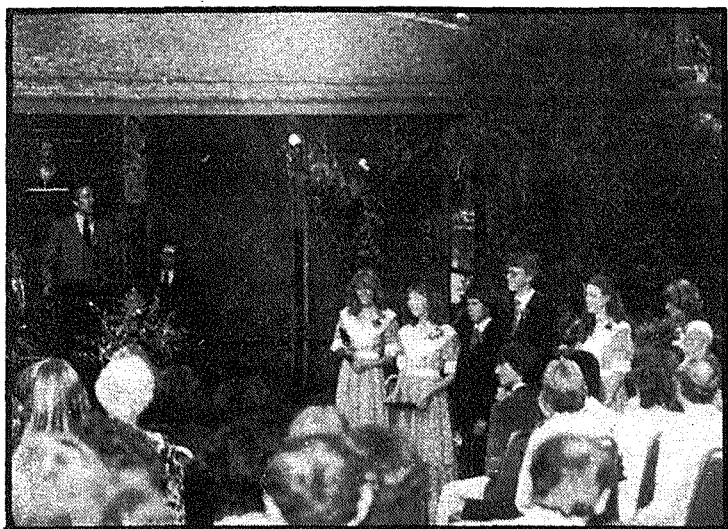
Afterwards, the class gift was presented to the seniors of the coming year. Offering plates, badly needed for the many programs of Weimar Academy, were gladly received by junior Carey Gates. Academy principal Bob Fillman then presented each graduate with a diploma. As the evening sun set over Weimar campus, six happy seniors' hearts were filled with the expectations and challenges of the future.



The senior class charge the juniors to carry the light of spiritual leadership for the next school year.



Robert Fillman addressed the seniors before presenting their diplomas.



The academy seniors rose anxiously to the occasion as they received their diplomas from Academy Principal Robert Fillman.



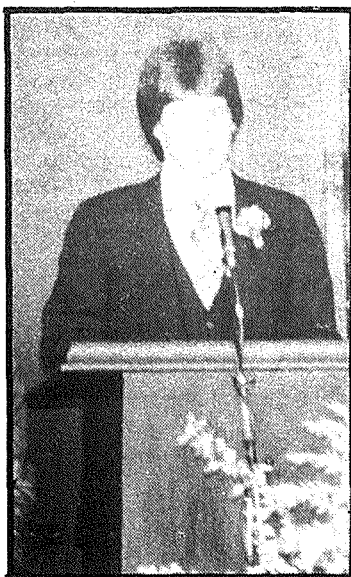
David Grams, in his presentation challenged the seniors to make right choices.



Coleen Peters and Joan Shirley, members of the graduating class, shared their musical gifts in beautiful song.



Dr. and Mrs. Blum, academy senior class sponsors, received a gift from the senior class.



Tom Potter gave a charge to the junior class.

## Elementary School Graduation

Four excited, happy young ladies were in line ready to march. This is the culmination of eight years of school. Many friends and relatives had gathered to witness this emergence from elementary grades. Sonja Thygeson read John 15:1-5 reminding us that apart from God we can do nothing at all. Karen Taylor gave thanks in her prayer for the school year and the evening occasion. A "Thank You" to family, friends, teachers, and the Institute was Julie Winn's speech on behalf of herself and her classmates. Sonja Thygeson and Johnna Kruger sang a duet, "I am Willing, Lord," expressing the class's willingness to follow the Lord.

O Captain, my Captain! Our first long trip is done,

The ship has weathered every storm,

The prize we sought is won.

The port is here, the bells we hear,

The people all rejoicing.

Was a poem by Walt Whitman

adapted to fit Johnna Kruger's farewell speech. An instrumental duet entitled "Romance" was played by Karen Taylor, violinist, and Julie Winn, pianist. The students chose as their motto, "Our sails are set for Heaven" and their aim, "Christ, our Captain." Elder Dick Winn, in his graduation message, wove in the nautical theme and related it to their lives and spiritual growth. The diplomas were presented to each graduate by their teacher, Mrs. Joy Leer. Mr. Gerald Hamman, the Elementary Board Chairman, closed the service with a prayer of consecration.

After the graduation the sixth and seventh graders had a party for their eighth grade classmates.

Julie, Johnna, and Karen plan to attend our own Weimar Institute Academy. Sonja, with her family, will be moving to Washington state to attend a school there.

God's blessing to these four as they further their education and plan for service for Him.

# "I'm Here for a Purpose and not Just to get My Feet Fixed"

By Kathleen Mikkelsen  
(NEWSTART guest, June 1983)  
as told to Steve Thulon



Kathleen Mikkelsen

I am a registered nurse and have taught nursing, so I had a good background to know what was happening to me. I know how to recognize diseases — and I've "enjoyed" many.

But, even so, I went ahead eating the wrong things, mostly the animal fats, pork, etc.... My cholesterol levels were going up and I was counseled on the basis of being a nurse and knowing what was happening to me.

I had attempted to modify my diet, but I hate working in the kitchen. I'm not domestic. My gifts are in nursing and teaching nursing. But that was taken from me because of my poor health.

So there I was — stuck in the kitchen. And I had to taste everything. I cooked things I liked and used a lot of butter, milk, eggs, and chicken. You can't waste food if you were raised during the depression. So my diet was not the best.

I couldn't seem to completely break away from this pattern. Even though I had attended SDA cooking schools and knew all the concepts and what the Bible said, I was not attuned to it and really didn't take it so seriously. "I'll start next week" was a common line. I knew it was important.

Eventually, I began to develop diabetic neuropathies. My feet felt like they were sunburned and blistered and walking on razor blades all at the same time. This was very painful. There were times I just couldn't walk and, obviously, couldn't take care of my family.

I'm a "show me" person. Wanting the scientific research for what I was experiencing, I talked with a Ph.D. from the School of Health at Loma Linda. He had a lot of data that showed what my case was and what I needed to do. He showed me that this better way is more than a

"good idea." It is a proven fact that I can pass on to others. It's not heresy or empirical knowledge. His final thought was, "If you have to mortgage the farm, get thyself to Weimar."

So I came to Weimar. Walking around the flagpole was almost impossible at first. But by the second week I was walking around the flagpole. And by the end of the second week I was walking even more.

When I first arrived at NEWSTART I was taking 5 different medications. I'm not taking any now. I was hypertensive. My blood pressure is coming down to normal range. It's well within limits for me. I'm still 50 lbs. overweight, but you can't expect miracles to come all at once. My feet are a miracle in themselves.

I have a disc problem in my back that made it difficult to walk. The physical therapist (Vernon Putz has been so wonderful!) feels that over a period of time this may heal.

The diet and exercise were what I couldn't get before. Not able to walk, I didn't get any

exercise. But one always keeps eating, regardless. More than the diet, the exercise, and the care, there's a spirituality about this place. This is as close to what I feel God is going to give us on this earth. The staff, the students, everyone contributes to this. And it's all because they love God. You could expect to meet Christ anywhere on the Weimar campus.

I came here and had a miracle happen to me. Diabetic neuropathies usually do not heal. But my feet did! And I could not quite accept that my feet were healed. Not only were the doctors here at Weimar impressed, but visiting doctors and even an observing physician have all told me that it is so very unusual for diabetic neuropathies to heal the way my feet have.

It's a miracle. The food, the people, the program, the atmosphere — everything helped. But God brought me here for some reason....I don't know why. I'm not a Seventh-day Adventist, but I'm here for a purpose. And not just to have my feet fixed.

## Why Change Our Life Style?

By Milton G. Crane, M.D.  
Medical Director,  
Weimar Institute

### PART I

"I Want To Be A Vegetarian": Several years ago a drug firm had a new product for high blood pressure. That firm invited several thousand physicians who were leaders in the study and treatment of hypertension throughout the United States to hear about this new diuretic. Of course, they presented it as an update on certain facets of hypertension.

After the all morning session we were invited to a noon meal in the hotel. As I walked out, Dr. Lucas, a physician with whom I had become acquainted at the University of Michigan, came over and began to walk with me toward the dining room.

After the usual greetings of old friends, he asked me, "Would you help me with a problem?"

"Why yes," I replied, "If I can."

"I want to be a vegetarian," he went on. "I've been one for two weeks, but I don't know how to be one on a trip. I know how to be a vegetarian at home, but how can I eat vegetarian style on a trip such as this? Would you show me how you do it?"

I then inquired of him, "How much of a vegetarian are you? He indicated that he allowed himself some skim milk products, but no refined foods such as sugar, syrup, oil, margarine, or refined cereals.

We, indeed, found ourselves on common ground. As we proceeded on to where the tables had been prepared for us, I explained to him that he would find very little in there that would be on our diet. I pointed out that we would likely find a salad with a thin slice of marginally ripe tomato, a piece of lettuce browning on the edges, and possibly some mashed potatoes with margarine in the middle. You might get some from the edges that was not "polluted"

with pure oil. Nevertheless, he insisted that we try.

Our estimations of the menus were found to be quite true. Since we could eat very little of what was set before us, I invited him to have supper with me in my room. There I could show him how I fared on a business trip.

Later, as we talked in my room, it became more apparent that we were both on a similar diet. We were endeavoring to avoid all the refined processed foods as well as flesh foods, milk, fat, and eggs.

I was intrigued by his new life style. Why should this young shy physician of the world be interested in such a restriction of his diet? "Why," I asked, "are you eating this way?"

As it turned out, he and another young physician had set up a clinic near Detroit where they could apply a wholesome diet and exercise program to help their patients regain a measure of health.

**Motives for A Good Life Style:** What should be our reason for eating a diet of fruits, vegetables, grains, legumes, and nuts simply prepared without added oil or grease of any kind? Why should we change our sedentary life style for one of walking or trotting in the fresh air with face uplifted to God?

We can think of several motives or reasons for the change.

Improvement in health will help us have fewer aches and pains. Proper diet and exercise will prevent and may well result in gradual remission of the degenerative diseases of the heart, the arteries, and in some instances may prevent cancer.

On the new life style we will need less medical care and fewer medicines. In a day in which each new "miracle drug" becomes more and more costly, this is a worthwhile motive, indeed. To treat some hypertensive patients effectively may require up to \$100 or more per month in medication. And, yet, up to 85 percent of pa-

tients with hypertension will have a normal blood pressure from God's natural remedies as the sole treatment.

Yes, the motives of good health, freedom from pain, a fatter pocket book are all worthwhile objectives. The Scriptures say that God "wishes above all things that we might prosper and be in good health." But, is that all? Is one of those the supreme motive, the motive that tops and overrides all other motives?

**Major Issues in the Great Controversy:** We live in the land of the enemy of God. There are several major issues in the great controversy between Christ and Satan.

God has revealed to us in Scripture some things about these issues.

From the first the contest has been over the laws of God. Satan has advocated that God should let every person follow his own will, literally, "let them do their own thing." He taught that God's laws were "faulty" and "could not be kept." He reasoned that God's exactions were "arbitrary" and should be changed. (See 1).

What is God's answer?

He says, "I the Lord speak righteousness, I declare things that are right." (2) About us, He says, "Every man's way seems right in his own eyes." (3) As Designer-Creator of this universe, God knows our inner workings and what is right for each and every component of His great community of worlds and people.

What rights do we have? We have the right, the freedom of choice, to believe and trust in God and His ways or to reject Him.

The next major issue in the great controversy is this. What will God do if a person does not obey Him? God says, "The Lord preserveth all them that love Him: but all the wicked will He destroy." (4) Satan objects to this and says that God cannot destroy those who do not obey Him and still be considered merciful. (5). —to be continued.

### NOTICE

When sending checks to Weimar Institute, please indicate what the amount is for. We sometimes have to go through many records in order to determine if a check is for a donation or for services or purchases. Thank you for your help and for your contributions to further the work here at Weimar Institute and College.

### recipes



#### BLENDER ICE CREAM

2 ripe bananas — frozen  
2 oranges — peeled, cut and frozen  
1 c. crushed pineapple  
¼ c. raw cashews (sterilized)  
1 c. orange juice.

Blend cashews with orange juice until smooth. Add crushed pineapple and frozen fruit and blend until smooth. Serve.

#### FROZEN BANANA DATE LOGS

Simmer 10 minutes:

¾ c. date pieces

½ c. water

Blend with above until smooth:

7 T. peanut butter

Spread mixture evenly on 5 ripe bananas cut in half, using scant 2 T. per half banana.

Roll in chopped nuts and/or coconut. Freeze, and serve frozen. Serves 10.

Here are two excellent recipes for the hot Summer days when you want something special to serve your family or friends.

# LISTENING ENJOYMENT

**THE INFLUENCE OF MUSIC.** David Grams, musician and Bible teacher, discusses the spiritual and emotional influence of music and shows how even church music is affected. Music excerpts are discussed and help offered for clear reasons to choose good music. From the first 1983 summer seminar. Set of four \$13.

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  - FL 5. Discipline and self-worth. Dick Winn.
  - FL 6. Writing God's law on our hearts. Dick Winn.
  - FL 7. Parents are the best teachers. Dick Winn.
  - FL 8. On home schools. Dick & Terri Winn & Betty Gerbozy.
  - FL 9. Leading your child to Christ. Dick Winn.
  - FL 10. Competition, friend or enemy? Dick Winn.
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# Popping The Question

By Steve Thulon

We find asking questions to be a very real and necessary part of life. It is through this God-given ability to inquire that we learn how to live and to relate. Probably one of the most exciting questions encountered by most people is the question, "Will you marry me?" But as exciting as this question is, the tragedy we so often observe is disappointment and despair in many marriages of the past and present.

I wonder if there couldn't be a better question formulated to reflect the lasting intent of such a proposal? "Will you marry me?" asks for something that could happen in a matter of legal moments — leaving an open-ended thereafter. Could it be that society in general has a faulty vision or conception of marriage that would lead to ask an inappropriate or non-comprehensive question? And deeper yet, does Christianity fall into the same mentality towards God in our relationship to Him? Is it possible that Christianity, by and large, is asking the wrong questions?

There was a man mentioned in the Bible who came to Jesus and asked, "Good Master, what good thing must I do to secure eternal life?" (Matthew 19:16, Phillips; Emphasis supplied). But Jesus, whose life always echoed the goodness of His Father, says (seemingly He's avoiding the question), "Why are you calling me good? There is only one who is good — that's My Father, God!"

Here we see Jesus bringing out beautifully the comprehensive issues of a maligned God and how our lives fit into a demonstration of a good God. Jesus could have said, "Thou has spoken," or even left that point alone and just answered the man's question. After all, Jesus was good — wasn't He? But Jesus knew that this was not why this man had asked the question. He had inquired about this so that Jesus could affirm him in his self-centered "salvation." He was grasping for security — not for a relationship and the corresponding responsibility present in the life of a saved person. But Jesus didn't give him the satisfaction of an experience that he hadn't discovered, nor sought to understand. After all, in the young man's eyes he thought that he had kept all the rules necessary to secure salvation. But when he was feeling secure enough in his empty "attainments," Jesus told him that he lacked one thing.

Jesus, however, didn't tell him what that one thing was. But (notice Jesus' sensitive perception and guiding wisdom) what Jesus asked him to do confronts him with what Jesus could not have effectively told him — he lacked a God and others-centered theology. Even though he was eager to grasp salvation, he certainly was not eager to adopt the corresponding responsibility concerning God's good name, nor the responsibility to his fellow men.

Why did he turn away sorrowfully and miss out on so much? Was it because he asked the wrong question? No. But the question gave evidence to the fact that he had a security-centered grasp on salvation and life. His eyes were fixed on the "goal" of assurance and (since he was a lawyer) a legal cancellation of an I.O.U. to God.

Salvation is an important statement. It is a smaller theme that supports a larger theme in the great controversy — that is, God's goodness is enough to restore in us a willingness to trust Him and be taught of Him. And as the universe views the demonstration of a willingly restored people, their trust in a good God is confirmed and fortified. And as the world observes and encounters saved people they, too, will be led to view God as a good God.

The Apostle Paul writes to the Ephesians, "The purpose is that all the angelic powers should now see the complex wisdom of God's plan being worked out through the church, in conformity to that timeless purpose He centered in Christ Jesus our Lord" (Ephesians 3:10, 11; Phillips). Here Paul exposes the impact of the saved person's purpose — He exposes the Christian's vision.

Is it possible, then, that many are asking to feel secure by a legal declaration of a moment as one might experience at the moment that the wedding vows are spoken? Or are we concerned about an on-going cosmic war which involves the vindicating, that is, the confirming of God's nature and methods? Are we growing in an acquaintance with our lovely God to the point that we ask, "How can I best communicate the truth about the pleasingly captivating goodness of God so that others, too, might come to know, appreciate, and speak well of Him and be open to the healing and restoring qualities?" These are matters to rejoice about when God is understood to be One good Friend Who was and is always there.

## 1983 NEWSTART Schedule

Following are the dates for Weimar's NEWSTART Health Center Programs:

JULY 31-AUGUST 25  
AUGUST 28-SEPTEMBER 22  
SEPTEMBER 25-OCTOBER 20  
OCTOBER 30-NOVEMBER 24  
NOVEMBER 27-DECEMBER 22

For further information contact: The Medical Director, Weimar Institute, P.O. Box A, Weimar, CA 95736.