

WEIMAR INSTITUTE BULLETIN

BOX A, WEIMAR, CALIFORNIA 95736

VOL. 5 NO. 8 AUGUST 1981

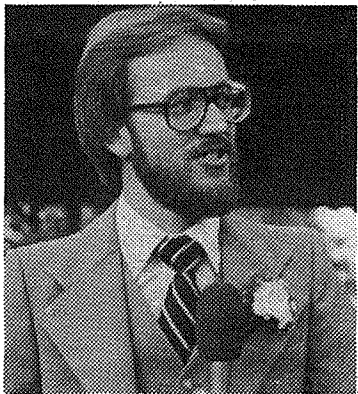
Weimar College Celebrates First Graduation Weekend

It was an historical event, a milestone for Weimar College: its first graduation exercises. Two seniors, Greg Harper and Hal Mayer, paid tribute to God for His leading in their lives while they themselves were dedicated to and commissioned for His service.

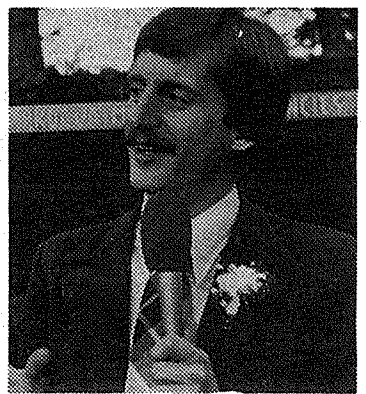
Approximately 500 people attended the event, June 12-13. Many expressed that they had been refreshed and deeply impressed during the weekend that God has indeed blessed Weimar Institute with a treasury of young people.

Services were held outside on the expanse of lawn between NEWSTART Lodge and the cafeteria. Fittingly, Friday evening began with a time of dedication and praise. Following an address by Dick Winn (see page 5 for excerpts) those gathered took the opportunity to express their gratitude to the One whom the weekend most honored:

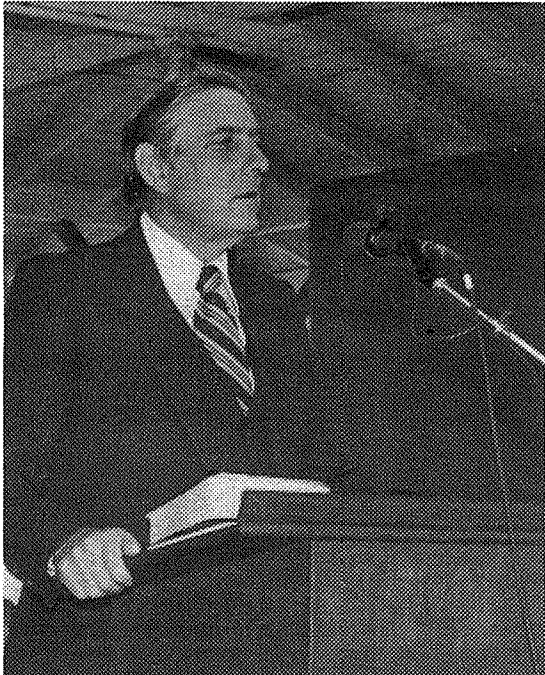
“Dear God, I’d just like to tell You...”



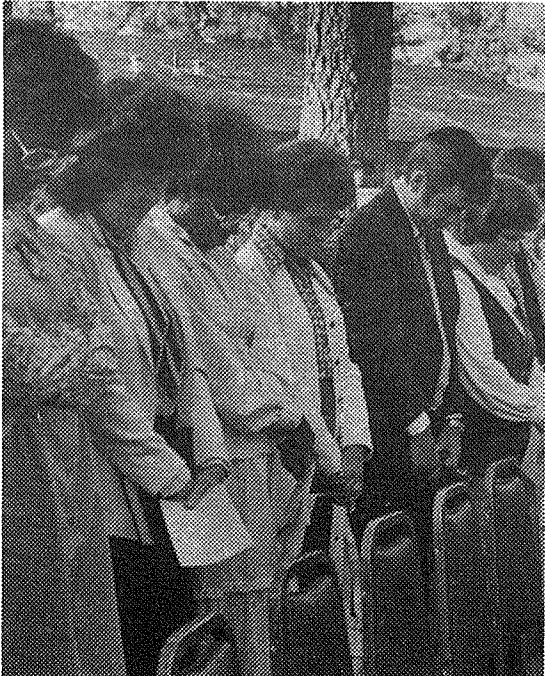
Hal Mayer



Greg Harper



Dr. Colin Standish,
Dean of Weimar College



There was much prayer...

“... that I think I feel something like a parent or a grandparent at a family reunion, only we’ve come tonight to be with YOU. My heart is very full as I stand here surrounded by friends and loved ones, and thank you for what this education means to me.”

— Greg Harper, graduating Senior

“... that I’ve been privileged to be here from the start, and I’ve seen Your hand guide this place. Israel’s first fruits were always special to You. These are our first fruits.”

— Carl Jones, Weimar Staff

“... Even though this class seems small, our expectations are unlimited. Especially when we remember that You would have sent Your Son for just one single human being!”

— Dr. Colin Standish, Dean of Weimar College

“... I’m thankful for the caliber of the Weimar College young people who’ve come to assist in our church services week after week this past year in Truckee, over sixty miles away.”

— H. E. Darby, pastor of Truckee, NV Church

“... that tonight I’m even thankful for the trials, struggles and heartaches that I have been through during our two years as roommates. They’ve helped us grow. And we had triumphs, and mountain-top times too. I’m confident Hal will continue to grow into Your plans for his life.”

— Dan Eveland, Junior student
(SM 1981-82 to Korea)

“... After visiting their tiny dorm room, I realize that Dan has lived closer to my son than I ever did! Tonight I want to praise You, God, for the vision and faith of the pioneers who brought this place into being. And I’m thankful that two of our children are part of this college. They have been fully blessed.”

— Laurene Mayer, Mother of Students’
Hal & Laura Mayer

“... that although I only come to Weimar two or three times a year, I’m already realizing how much I’ll miss seeing Hal and Greg. God, it occurs to me that you are missing us, too; that You are longing for us to be there in heaven with You.”

— Marilyn Wilcox, Weimar Board Member

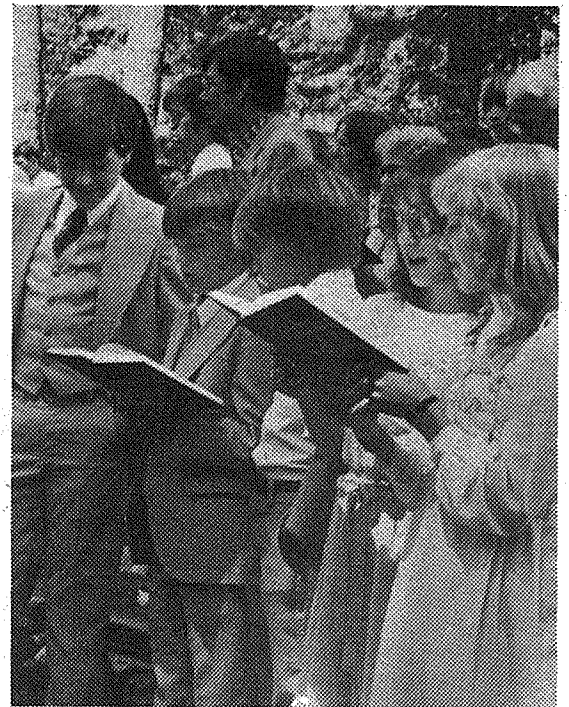
“... It’s been a privilege to have lived, studied, and worked and prayed with these men this past year! It has lifted my soul!”

— Monroe Morford, Dean of Men

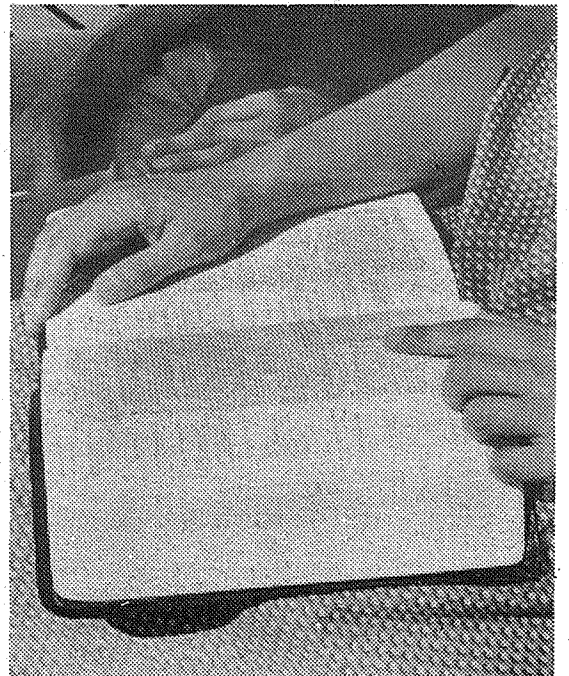
“... I came to Weimar last year, then I left, but now I’m back again...to stay! I realize that being a student here is special; it is an active, participating education.”

— Steve Turner, former student

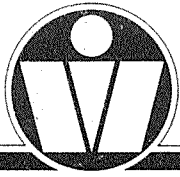
(Continued on Page 8)



rejoicing in song...



and study of the Scriptures.



FROM OUR PRESIDENT

It is rather unlikely that any of you can fully appreciate what this year's graduation weekend meant to me. Just four years ago, on May 28, 1977, the newly formed Board of Weimar Institute held an open house as the first official event on this campus. Those of us who were on the Board conducted tours of the facilities for some 1,400 guests instead of the 400-500 expected.

Three and a half years ago, during January of 1978, we hosted a four-day educational advisory council for the purpose of laying the groundwork for Weimar College. As president of Weimar Institute, it was my privilege to present the keynote message and to urge the eighteen participants to keep ever in mind that our God who designed and created us is the only One Who really knows what is best for us physically, mentally, and spiritually.

Our job for those four days was to sort out the underlying principles in the counsel God has given, and then to apply those principles in a program that would truly represent God's ideal for this time and this place. What an impressive sight it was to see on the table before each educator a little stack of books: *The Bible, Education, Fundamentals of Christian Education, Counsels to Parents, Teachers and Students, and Counsels on Education*. And it was even more impressive, as the discussions developed and disagreements arose, to see eighteen educators turn to the little stack of books for answers rather than relying on the skillful arguments of human wisdom. All of us went from those meetings convinced that the Holy Spirit had brought about an atmosphere of unity that normally does not exist among eighteen strong-willed, opinionated individuals.

As a result of the directions set during the Educational Advisory Council, the full support of the Board, and most important, the marked blessings of God, Weimar College began with the freshman and sophomore curriculum in September of 1978. When one considers that the student application packets were not even mailed out until the beginning of August, it was most encouraging to enroll 45 students that first quarter.

God answered prayers in many remarkable ways during that first year and each year that has followed. Last year we added the junior curriculum and saw our student body increase to 66. This year our enrollment reached 86, and we had our first senior class. I think it is particularly fitting that both Greg Harper and Hal Mayer were among the first 45 students, that they were here all three years, that they saw God's providences right from the start, and that they composed the first graduating class of Weimar College.

It was particularly gratifying to approach the graduation weekend knowing that both of our graduates had been called for employment in areas relating to their preparation here. Greg Harper is a ministerial intern in the Nevada Utah Conference, while Hal Mayer will be an administrator of a health education program in Pennsylvania.

Even though we believed that there would be places for our graduates, to actually see them involved in God's work brings real satisfaction. If the number of inquiries from conference presidents, educational superintendents, and health administrators is any indication, future graduates will also be in demand if they are thorough in their preparation.

This year's graduation was an inspiring and rewarding experience. We praise God for all that it represents. While we do not want to forget any of the indications of God's leading in the past, we think it is appropriate to look forward to what lies ahead in anticipation of our graduates each year until Jesus comes. We pray that each graduate will be equipped to help hasten that day so that many more graduation weekends will be unnecessary.

Sincerely,
Your brother in Christ,

Robert L. Fillman
Robert L. Fillman

WEIMAR COLLEGE Needs Teachers!

In Chemistry: To teach General College Chemistry, Organic Chemistry and Biochemistry.

In Nutrition: A Dietitian/Nutritionist to help design and teach a nutrition major. Will be involved in community cooking schools and diet counseling.

"My Blood Pressure Wouldn't Come Down..."

By E. L. Minchin
May 1981 NEWSTART Class
(As told to Aileen Ludington, M.D.)

I was really depressed. I'd been taking large doses of potent medicines for 5 months, and my blood pressure was still up. I was improved, but it wasn't down to normal levels and I hadn't felt well during this time. My stomach was continually disturbed, and I felt irritable and below par. I had hoped these symptoms would clear when my blood pressure came down. But my doctor told me that I had a severe, intractable case of hypertension, and I would probably have to take medicines for the rest of my life.

This wasn't a new problem. I'd had spells of hypertension on and off for about 20 years. Usually a change of pace, cutting down on pressure and stress, occasionally some medication, and it would come down. The doctors felt it was caused by a chronic kidney disease that I had. When my kidneys were working well, the blood pressure would improve.

My granddaughter, Carol Neall Reynolds, had been a nurse in Weimar's NEWSTART program, and she urged me to go there. She felt sure I would benefit. I really doubted it, because I felt I had done everything that could possibly be done to help my condition. I was a life-long Adventist and a vegetarian, and I had always been careful of sugar and tried to live a healthy life. Also I had consistently sought the finest available medical help, both at Loma Linda University and near my home in Tennessee. What more could be done? How could I afford it, anyway? Besides I had a busy summer camp meeting schedule.

As the days went by, the depression deepened, and my stomach felt so irritated I no longer enjoyed my meals. Finally my reluctance gave way to an infusion of hope. I cancelled my campmeeting schedule and told Carol to reserve a place for my wife and me in the next NEWSTART program.

We arrived in the evening, and the next day I felt a little dizzy. My blood pressure was so low that I was told not to take any of my medicines that morning. I couldn't believe such quick results! I hadn't even checked in yet. Did it usually happen after one night of breathing the fresh Northern California air??!!

I was told by the doctors that the relaxation of a leisurely week of travel had probably potentiated the effects of my medicines, and that the pressure would probably start going up again soon. This happened, but in the entire 25 days it never did get high enough to need any more medicines. The effects of the simple low-fat, low-protein salt-free diet, the water



Elder and Mrs. E. L. Minchin

therapy and the exercise soon took over, and my pressure remained within acceptable levels for the remainder of my stay.

After a week the depression lifted. What a relief to feel like my old self again! And my energy is returning...my old "oomph" that I feared was gone forever! I'm 77 years old, and I suppose I shouldn't expect to feel young indefinitely, but it's certainly a relief to know that some of the old feelings are still there. I have no more discomfort in my stomach either, there is a great peacefulness in that area. I feel relaxed, and a great inner calm.

My kidney function tests were a surprise bonus. After 2 weeks here, my blood urea nitrogen and my creatinine were lower than they'd been in years.

I am deeply impressed with the value of a strict diet and exercise program for my problem. I hadn't fully comprehended this before. I needed to have my limits defined, to know how far I can go. I plan to continue a strict adherence to what I've learned here, for the rest of my life. I know I will be blessed by it. I'm anxious to share these good things with my loved ones and friends.

I want to tell you how I feel about this place. I have witnessed Christianity at its

best. I've seen no evidence of fanaticism. A wonderful spirit of love and concern prevails here. The people are dedicated, self-sacrificing and efficient.

None seem to be overweight, they are healthy looking, happy, smiling, attractive, and full of vim and vigor. They well represent everything they teach. Even the college students are friendly, courteous and respectful. They seem to have purpose and vision.

My wife and I have observed 22 miracles, at first hand, in the lives of our fellow NEWSTART class members. All of them feel better and are happy and full of praise for the program. At first some missed the salt, sugar, fat, and animal products, but now everyone seems to enjoy the well-prepared, abundant and tasty food.

Yes, I truly approve of everything I've seen here. This is the type of health ministry that our church should have been more strongly emphasizing through the years.

Oh, one other thing. I really appreciated the way the doctors chop wood and work right with us in the garden. They walk the trails with us, and take their turns doing dishes in the cafeteria. It's such a warm family atmosphere that it's really hard to say goodbye.

NEWSTART Schedule

Following are the dates for Weimar's NEWSTART Health Center programs:

August 31 — September 24
September 28 — October 22
November 2 — November 26
November 30 — December 24

For further information contact: The Medical Director, Weimar Institute, P.O. Box A, Weimar CA 95736

The Results are Exciting!

All too often it has proven true that, in order to pursue higher education, one must sacrifice a certain amount of health, at least temporarily. We at Weimar College believe that God's counsel indicates just the opposite.

We believe that an educational institution should be a place of growth in all dimensions of life. A healthy body is a prerequisite to a healthy mind. Consequently, all potential students are informed through our College Catalog that we are serious about good physical health for those who seek an education here.

In order to help each student realize their full potential for health, a complete health profile is taken on them upon their arrival. The following assessments are performed:

- Resting EKG
 - Fitness test with stress EKG
 - Body circumference for body fat and lean body mass determination
 - Blood chemistries
 - Dietary history
 - Health history
 - Demographic history
- At the completion of the testing, each student is provided with a health "prescription" that includes:
1. suggested training heart rate

2. recommended duration and frequency of exercise
3. dietary recommendations
4. suggested water intake
5. recommended ultraviolet exposure time
6. recommended hours of rest
7. suggestion of deep breathing exercises

We recognize that God's counsel regarding manual labor, and its positive effect on health, will be manifested in each student as a result of their involvement in our work education program. However, we also understand that not all work improves the aerobic capacity of the heart. Therefore, for students wishing to do more with their personal fitness, we have designed a course that will help them improve their fitness levels.

This one credit course requires that the student follow their health "prescription", keeping a daily diary noting the following:

1. daily devotions
2. time to sleep
3. time of rising
4. resting heart rate
5. type of exercise
6. duration of exercise
7. intensity of exercise (exercise heart rate)
8. amount of water intake
9. meals per day

In addition to this each student is asked to comment on how each day went. This provides a barometer of moods and feelings.

The results of our first year with such a program are exciting! Especially since the fitness program was not made compulsory. These were the results:

At the end of the school year, 58% of the participating students improved their fitness level. Another 34% showed no change; however over ¼ of these students were already at their peak when they began the program. Only 8% showed a loss of fitness. However, it should be noted that these students were not engaged in any kind of fitness program.

The participating students say it best:

"I have learned that intemperance in one thing makes you intemperate in all things." — Rob Affeldt

"This is the first time I've been able to stick to a jogging program — let alone being consistent in the other areas of my life too. I am really thankful for a program like this because I feel so much better in all areas of my life." — Susan Claridge

"The exercise program im-

proved my cardio respiratory system, and has given me a good reason for getting up early and starting every day right." — Veronica Hurd.

"I have found my days on the program to be much nicer, in all aspects, than my days off of it." — Steve Turner

"I haven't felt so aware for years, as I have here, since I started exercising and getting my sleep. I found it interesting to go back over the comments in my diary and see how often I exclaimed that I was feeling so good about my relationship with God and my physical sense of feeling good." — Sharon Claridge

"It's really beautiful how by improving one's health, one does improve spiritually and mentally!" — Judy Sullivan

"Although I'm not a jogging addict, my attitude toward exercise has improved dramatically. I have discovered that health is essential for general success and affects every aspect of my life." — Dorothea Wade

"To exercise aerobically was a delight — cruising along the fine "backyard" trails of Weimar Institute — and going a pace that allowed you to enjoy the scenery while meditating with the Lord." — Greg Harper



WEIMAR INSTITUTE

Weimar Institute is a multi-phased ministry whose keynote is SERVICE. Working in harmony with the basic tenets of the Seventh-day Adventist Church, the Institute is comprised of physicians, educators and other laymen. Our primary goal is to uplift God's character as the One who restores His image in His people on earth. Weimar Institute ministers to the physical, the mental and the spiritual aspects of humanity. Relying solely upon the free gift of the righteousness of God revealed in the Person of Jesus Christ, the Institute openly confesses that no function of its ministry can detract from the reality of that One Source of salvation. Rather, we desire that His righteousness shall become more believable to others because of this service to which we ourselves have been called. (2 Tim. 1:9, Eph. 2:9-10)

ADMINISTRATION

Robert L. Fillman President
Dick Winn Secretary
John Sipkens Director of Labor

NEUSTART HEALTH CENTER

Henri Wiebe M.D. Acting Medical Director

WEIMAR COLLEGE

Colin Standish, PhD. Dean of the College

RETREAT MINISTRY

Dick Winn Chaplain/Director

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WEIMAR INSTITUTE BULLETIN

Pat Payne Editor
Veronica Morrish Assistant Editor

Weimar Institute is a non-profit organization operating under section 501 (c) (3) of the Internal Revenue Code. Tax deductible receipts will be issued for cash donations and in acknowledgement of material gifts. The Institute may be named to receive a bequest by will. The appropriate designation should be: Weimar Institute, Weimar, California 95736. Deferred gifts by will or trusts will be gratefully received.

OFFICE HOURS

Monday through Thursday: 8:00 A.M. - 5:00 P.M.
Friday: 8:00 A.M. - 4:00 P.M.
Sabbath and Sunday: Closed
Telephone: Business line (916) 637-4111 or 878-7222

VISITORS

Due to the rapid growth of the "Weimar family" we have extremely limited guest facilities. PLEASE, if you plan to visit Weimar overnight, make advance reservations. Otherwise, we cannot guarantee accommodations. Thank you for this consideration.

We do not conduct Sabbath services at Weimar Institute. If you plan to join us for Sabbath meals, please make prior arrangements for meal tickets.

A casual walk through the campus? Most anytime you want. A meeting with the President or other staff members — please write or phone ahead to confirm an appointment.

Weimar Academy Progress Report

No longer is the idea of a Weimar Academy just a thought. It is a rapidly approaching reality! Each day indicates a little more certainty as an academy begins to emerge.

The word is "go." Applications continue to flow in from California, as well as from various other states. A total of 24 students, besides staff students, will be accepted. The quota is almost filled. Anyone who may not be accepted this time due to the limited number, may wish to get their applications in for the following school term.

Housing for the academy students is progressing. Mr. Bill Stonas from Lincoln, CA has drawn the plans which

have gone to the planning committee and the county planning commission for approval. The location has been staked out and land preparation continues. Escrow recently closed on the Boy's World property (property donated to the school) and the down-payment has come in, providing the funds needed to begin construction of the first building — a student home. The goal is to have at least one home completed by the opening date — September 6, 1981. A temporary building will be used for the other homes until they can be completed.

Most of the academy personnel have already been selected. They are as follows:

Mr. Verlin Leer, Academy Principal; Driver Education Training and Career Education teacher. He and his wife will also be the first home heads.

Mr. David Grams, recently from San Diego Academy, will be Bible teacher, Academy Outreach Director, and combined academy and college instrumental teacher.

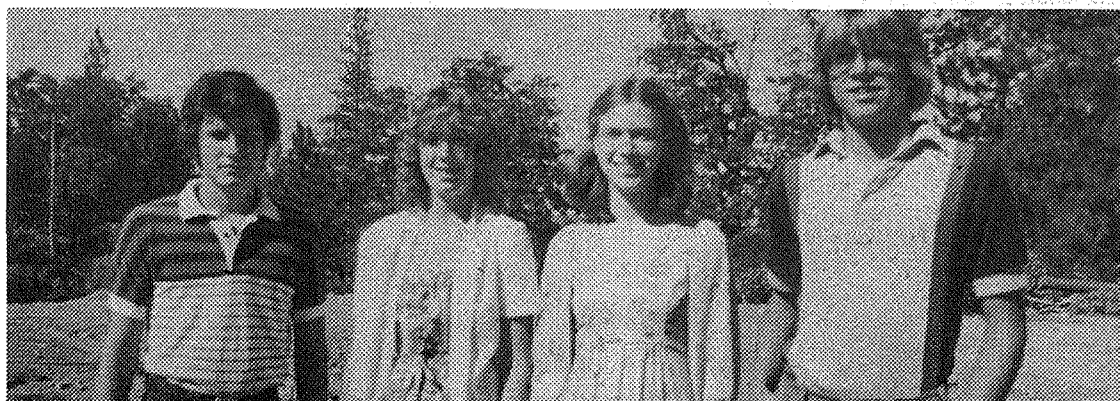
Mr. Francis Cossentine will be combined academy and college choir director.

Mr. Monroe Morford, Math teacher.

Mrs. Hazel Henry, Typing teacher.

Dr. Carl D. Anderson, U. S. History teacher.

Besides academic emphasis, plans are such as to incorporate work education into the curriculum as is effective in the college. Students will work 12 hours a week, besides completing their home chore duties. Many things are in the making to contribute to the success of this first year.



Weimar Academy students (non-staff), who are working on campus for the summer: Gary Perkins, Jannell Cubberly, Joan Shirley and Randy Polk.

Board Approves Five Year Plan

At the recent meeting of the Weimar Institute Board, the Weimar College five-year Master Plan was voted acceptance as recommended by the Educational Advisory Council. This Master Plan will set the direction for the development of Weimar College through 1986.

Some of the highlights of the Master Plan are as follows:

(1) The College enrollment will be permitted to grow at approximately 20 additional students each year until it reaches 180. This will be the ceiling for students enrolled in any one year. By current standards, this may seem to be small, but is consistent with the counsel given to our early educators. We are confident that the quality of education offered to our students will be enhanced by maintaining a school where individualized attention can be given to every student. At the present rate of development, our student population will reach 180 by 1985. This will not entail a drastic increase in faculty, although, over the next three years, it will call for an additional eight faculty members. This will fill out the complement of teachers required to handle the various curricula in the college.

(2) To house the increased number of students, various campus buildings will be remodeled each year. In accordance with this Master Plan, it is hoped that by 1983 we will be able to have a limited number of efficiency apartments furnished for married student applicants.

(3) It is planned to build a commodious chapel, seating approximately 500 people, near the entrance to the Institute.

(4) With certain minimum remodeling of the College building, there is adequate space to house all the classes necessary for the 180 students.

(5) Plans are also detailed to develop the Library to contain 25,000 relevant volumes.

(6) The Master Plan calls for expansion of already developed industries such as the bakery, the cabinet shop, agriculture, and auto mechanics. Plans have been laid for development of a machine shop including metal fabrication.

(7) The Plan also calls for the further development of the three-fold thrust of Weimar's academic program. The Outreach is to be expanded into more urban ministries of the Sacramento

area, spearheaded by a health van and a restaurant ministry program.

(8) The academic majors to be offered through 1986 are Agricultural Science, Elementary Education, Health Education, Health Science, Health/Religion, Metropolitan Ministry, Nutrition, and Religion.

(9) The action of the Board confirms Weimar's initial position that it will offer only in-depth educational courses, directed toward educating young people for leadership responsibilities in the work of God.

As we review the finances

needed to effect this Master Plan, we recognize that it will depend upon the providences of God and the generous support by the patrons of Weimar Institute. This Plan calls for a total estimated expenditure of \$1,912,500 over the next five-year period, and an increased operating budget of \$350,500 over the same period of time. It is believed that the increased enrollment of students will more than cover the additional operating costs estimated in this budget. However, Weimar College will be almost exclusively dependent upon the continued support of those who believe

in the program of the Institute to raise the money for the capital expenditure.

As we completed these plans, thoroughly reviewed by the planning committee, the staff of Weimar Institute, the students, the Administrative Committee, the Educational Advisory Council, and the Institute Board, we felt confident that we could leave the funding in the hands of the One who has provided so consistently for the needs of the Institute. We believe this is God's program, and we look for His continued guidance and blessing upon it.

Graduates Inaugurate Weimar College Alumni Association

As part of the concluding exercises of Weimar's first graduation, the two graduates, with full approval of the Administrative Committee, inaugurated the Weimar College Alumni Association.

It was decided to set the first full weekend in May each year as Alumni homecoming. The first will be May 6-9, 1982, commencing Thursday evening, the 6th, and proceeding until lunchtime, Sunday, May 9. Special invitations will be extended to graduates of Weimar College and former and present faculty. Invitations will also be extended to all former students. Now would be a good time to set this weekend aside so that you can be present for the activities that will be arranged for that weekend.

In establishing the articles for organization, the purposes of the Alumni Association included:

(1) a deepening understanding in, and commitment to, the Scriptures and Spirit of

Prophecy,

(2) a review of God's leading in the lives of Weimar Alumni,

(3) provision of resources for the continuing development of God-given abilities,

(4) provision of a time for spiritual fellowship, encouragement and continued communication, and

(5) provision of on-going support for the ministry of Weimar Institute in the following way:

(a) input for College development,

(b) student and patient referral to the Institute,

(c) promotion of satellite development, and

(d) financial support.

Tentative plans for the first alumni weekend include times for spiritual study, testimonies, prayer-fellowship, Institute progress reports and future planning. It is hoped that an Alumni newsletter will begin shortly. This will provide further updates.

Four Students Baptized Over Graduation Weekend

Four students were baptized during the graduation weekend: Becky Laney, Helene Monier, Bea Tabony, and Steve Thulon.

As Dick Winn, Weimar Chaplain, expressed: "We believe that the work that Jesus wants to do in our lives is so total that it can't be symbolized by any words less than 'death and resurrection.' Thus, we believe in what we call baptism by immersion.

"God has worked in individual lives in many ways in past years. Some have come

to know Jesus for the very first time, and as such, a baptism is a first-time expression that says, 'I'm a new member of Jesus' family.' Others, perhaps, have been a part of Christendom during their childhood years, earlier years, but have come to know Jesus in such a deep, new, breakthrough way that rebaptism is the most complete way that they can symbolize what has happened in their lives. And this has been an acceptable tradition, often, in the history of the Christian

church and the Seventh-day Adventist Church.

"How good it is to know that the work that Jesus does in our lives is real and genuine. And today as these four people, who are the product of God's hand, give public testimony to this changed life, may each of us here be rejoicing and responsive, and ready to give praise in our own hearts to what we see. May the Holy Spirit alone be present among us, working in each of our hearts."



Becky Laney, Bea Tabony, Helene Monier and Steve Thulon joined hearts to their Savior in an outdoor service during Weimar College's first graduation weekend.

...PROCLAIM HIS EXCELLENCIES... 1 PETER 2:9

I Shall Not Be Put To Shame

Meditations on Isaiah 50:4-9
(Excerpts from Graduation Vespers)
By Dick Winn

In our imagination, we could easily look upon these six verses as Isaiah's "graduation address", the kind of thing he would likely say upon completion of his course of study. We are surprised to find in this short passage a description of the curriculum, the learning methods, its purposes, and its outcome upon the student.

"The Lord has given me the tongue of those who are taught" (vs 4a). What a testimony! Most of us trace our education back to a number of well-known textbook authors, or favorite professors. But Isaiah knew the Source of his wisdom. He knew that the lines of communication were so open toward heaven that the mind of God Himself could touch his own.

"That I may know how to sustain with a word him that is weary" (vs. 4b). I believe that the single most important identifying mark of God's people is that they are a servant people in a weary world. Isaiah's education was successful fundamentally because he knew how to impart—even in a very brief message—those words of hope and relief for the suffering around him.

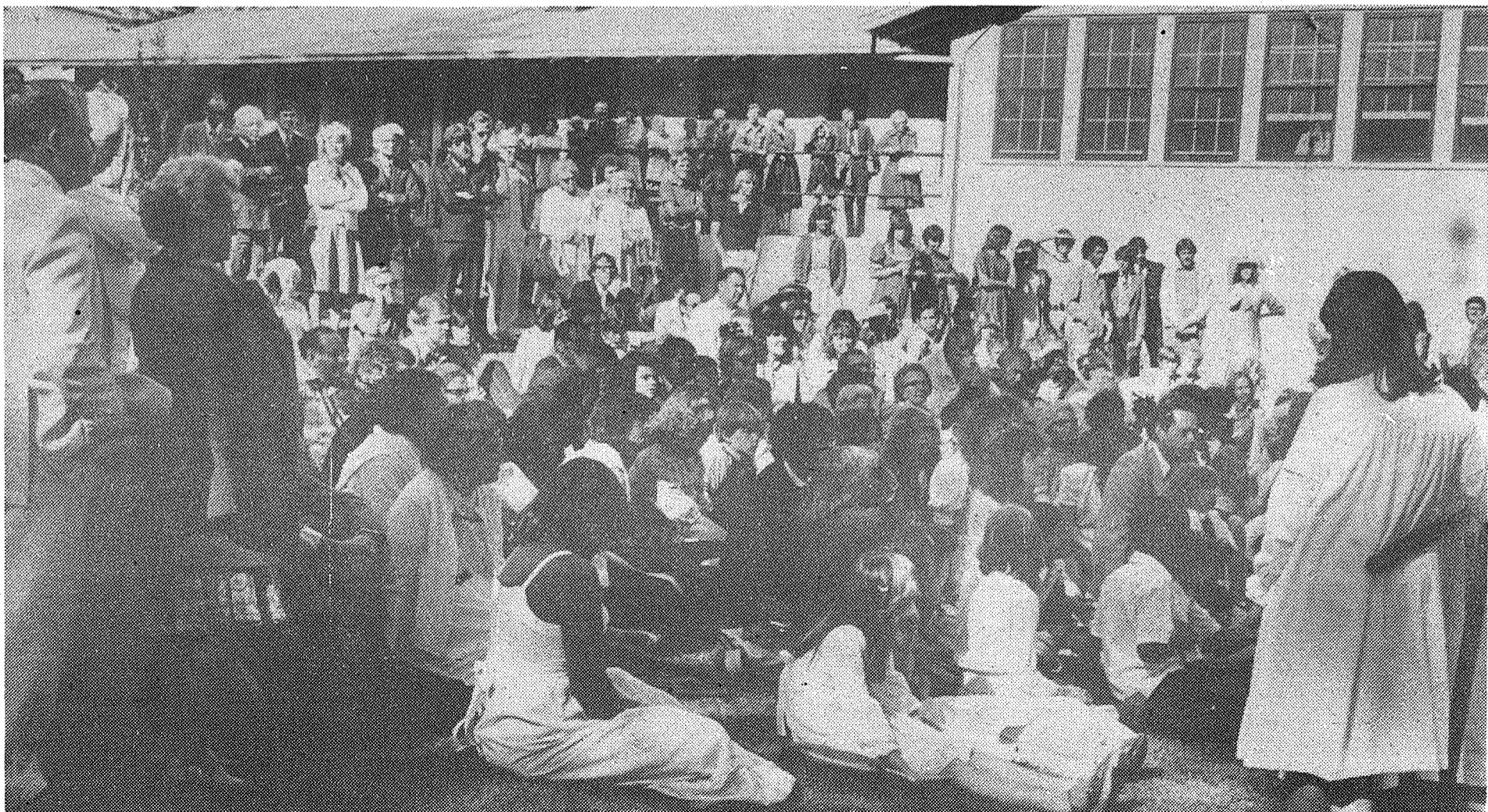
"Morning by morning he wakens...my ear to hear as those who are taught" (vs 4c). Now we see the specifics of Isaiah's learning pattern. He began every day in fellowship with the mind of his Lord. What is more, though a rooster may have wakened his eyes, the "awakened ear" meant a deep inner readiness to hear and understand God's messages. Teachers speak of this as a "learning readiness" — and Isaiah had it — as a special gift from God!

"The Lord God has opened my ear, and I was not rebellious, I turned not backward" (vs. 5). When God does His gentle work, His winsome wooing on one's heart, there is no learning resistance. The spirit of indifference, of passive rebellion, that flavors so many classrooms is gone. The highest and best kind of learning takes place.

(Continued on Page 8)



Hal Mayer and Greg Harper, Weimar College's first graduating seniors. They chose as their class motto...proclaim His excellencies... 1 Pet. 2:9 (NASB)



One of the highlights of graduation weekend was the baptism of four Weimar College students. Those attending the out-of-door service were deeply blessed by the testimonies of the candidates.



An enjoyable afternoon program was presented by the Weimar College Choir under the direction of Francis Cossentine.

**Excerpts from address by
Colin D. Standish, Dean**

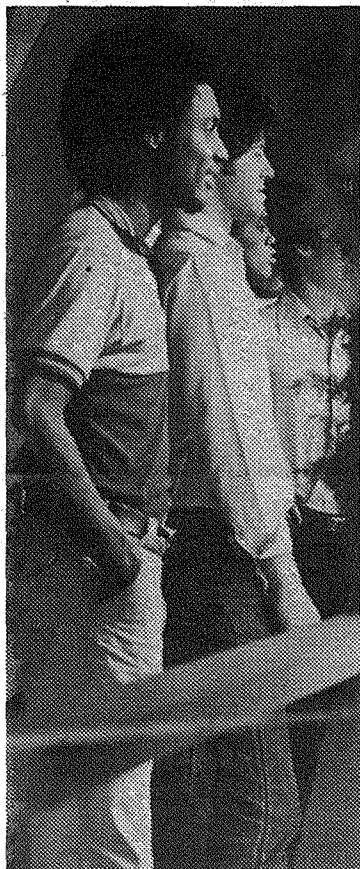
From the farthest horizons of history, the call of God has been heard by men and women destined to bear more than ordinary testimony to the love, majesty, mercy, justice, and power of our God. Many have had their names etched in sacred history. Today we come to dedicate before you two young men who have heard with great clarity that Divine Voice, and who like Isaiah of old, have responded to God's call with, "Here am I, send me."

Greg Harper and Hal Mayer might at first be seen to have little in common. They grew up on opposite sides of this vast continent. They did not meet until September of 1978, and in response to God's call they are soon to be separated again, this time by a continent. But they have been bound together eternally by the love and ministry of Christ in their lives.

Today, I cannot assure you, Greg and Hal, of peace and safety, nor of greatness and fame. Nor can I promise you wealth and prosperity, or popularity and praise. But I can uplift before you a God who will never leave you nor forsake you, a God who will strengthen and uphold you, a God who will be your guide. We cannot commission you for your destiny; we cannot ordain you for your ministry. We cannot send you forth to your mission; nor can we call you to your labor, except that God has first spoken, and we believe that He has.

To a generation bombarded by self-centered slogans, such as "be yourself," and "do your own thing," God has called you to witness the love and power of the gospel by self-sacrifice, by a sacred concern of the needs of others, and by an earnest zeal to represent our God in all His goodness to mankind.

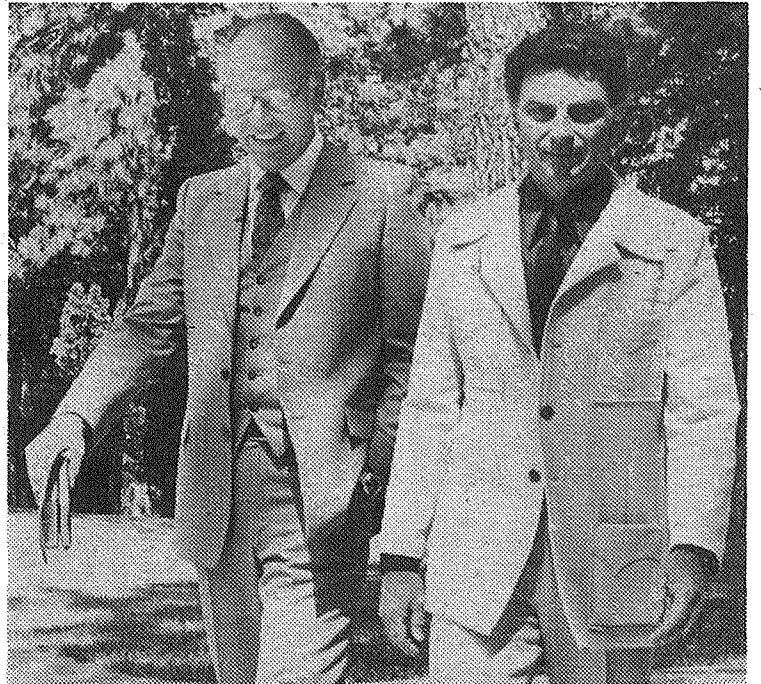
As you face your untried calling, there is one and only one formula for success: Be aware of the total inadequacy of man, not forgetting the all-sufficiency of Christ. The effect of your ministry will be directly related to the degree to which you daily recognize and practice this truth.



Marvin Watts and Steve Thulon during choir warm up time.



Betsy Stimpel and John Goley join to provide special music on Sabbath afternoon.



John Sipkens, Director of Labor, Weimar College, and Arvel Sage, Head of Construction, proceed toward the Sabbath morning services.

**Excerpts from address by
Robert L. Fillman, President**

God's primary purpose for the universe is to have all beings entirely happy because they are entirely free. That is the way He created them, but through a misunderstanding and a misuse of that freedom, sin entered the universe. Serious questions arose about the kind of person God is, and we all know the results of sin in the human family. Thus, in order to accomplish His first purpose — everyone completely happy and free — He has two additional, related purposes: one, to reveal Himself in such a way as to permanently settle the questions that have been raised about Him; and two, to remove the results of sin from man in order that he can be free and happy. I cannot say it better than the little book, *Education*, p. 15, 16:

"To restore in man the image of his Maker, to bring him back to the perfection in which he was created, to promote the development of body, mind, and soul, that the divine purpose in his creation might be realized — this was to be the work of redemption. This is the object of education, the great object of life."

A correct understanding of these purposes provides a perspective, an overview, to which all other knowledge is related.

There are two basic principles from which all other principles flow. First, God is a God of order, and because of this everything in the universe is designed according to natural laws which have clear cause-effect relationships. This applies to such laws as gravity: if you jump off Half Dome, the result is predictable. It applies to the law of centrifugal force: if you go around a corner too fast, you will predictably fly off the road. It applies to the laws of physiology: if you eat too much fat and sugar, you can expect some very predictable results in your health. It also applies to laws of interpersonal relationships: if you are critical and judgmental, you will find the relationship strained or broken. This first principle of God's government might be summarized in Gal. 6:7: "Do not be deceived; God is not mocked, for whatever a man sows, that he will also reap."

The second principle is that man is created with the power of choice—freedom to choose how he wants to relate to the various extensions of the first principle. If you choose to jump off Half Dome, God will not reverse the law of gravity when about half way down you decide you made a poor choice. If you insist on violating the laws of physiology by living an improper lifestyle for the next 25 or 30 years and suddenly discover that you have atherosclerosis, you cannot expect God to miraculously replace your veins and arteries. If you continue to ignore the principles of relationships and find yourself completely out of harmony with God and your fellowmen, you will not suddenly wake up to find that God has given you a divine shock treatment to make you a pleasant and safe person to have around throughout eternity.

In short, God has such respect for our freedom that He has established the power of choice as one of the basic principles of His government. And yet, in order to have any basis for intelligent choice, He has also established the other principle, that the universe operates according to orderly, natural laws. As we understand the cause-effect relationship of either honoring or violating those natural laws, we have the ability to make wise choices.

As we begin to understand that God wants nothing for us more than to restore us to freedom and happiness, when we realize that His principles are fair and for our best good, when we grasp the significance of His respect for our power of choice, and when we finally become convinced that He will keep right on loving us even when we make wrong choices, then it is that we find our response to be spontaneously and willingly one: Praise! To praise is to commend, to extoll, to exalt, to glorify, or as you see written in the class motto above me, "to proclaim His excellencies." While it is possible to praise God with our voices in the words we speak, the songs we sing, or the prayers we offer, the highest form of praise is that of emulating His life.

Excerpts from Sabbath School by Dr. Henri Wiebe, Medical Director

Now when you mention eternal life to the secular man, what will he say? "Eternal life — so what?" He doesn't want it. Who wants to continue in this mess forever? Is that what he's implying? Or does he think you're crazy?

I've found that the secular man who so easily denies the possibility of eternal life is often the very one who hangs on to life most tenaciously. You need to be connected only peripherally with the healing arts to get a hint of it. In fact everything that he does denies his disdain.

But man, as soon as he passes that age where he thinks he will live forever, makes a feverish attempt to find some key to live forever! And this is secular man!

Let's look at it in Genesis 2:17: "...thou shalt surely die." What has happened to our eternal life? There's a condition. And what is it? Obedience. What a disagreeable word, you say. And yet here it is. Obedience is the condition to eternal life.

Man thinks he manufactures energy. But folks, quickly may we symbolize the tree of life as our utter and continual dependence on God for everything we do. It's so elemental — but even grown-up folks tend to forget. Even Joshua forgot it. You remember when the Gideonites came? Joshua did not inquire of the Lord. Anyway, here we have then the tree of life, symbolizing our dependence on God for everything. And everything done apart from God has no meaning at all other than taking us away to death.

Are we getting ahead of the story? Chapter 3:1. The serpent asked a question. Eve replied... Do you think Eve asked a blessing on this food, folks? You smile. (Do you ask blessings on your snacks? Kind of hard, isn't it? It really doesn't fit into the schedule and you wonder where God is.) I don't know; I wasn't there. But had she bowed her head and prayed, might it have broken the power of the enchanter?

What is the solution for Adam and Eve? Let's go to verse 22. What kind of skin do you think this was? Lamb. Why not of silk or fine cotton? Why does the record say that the Lord God made garments of skin for Adam and his wife? The wages of sin is death. Is it possible that our God was the first One to lay hands on a living organism and kill it? Is that possible? And if He is the kind of Teacher that He has revealed himself to be, would He have left Adam and Eve ignorant of the meaning of this clothing? Did they understand? Could this represent, symbolically, Adam and Eve potentially again clothed with life eternal?

Could they get away from this skin, by the way? Could they fling it off? Yes, of course they could. Any time they wanted to, they could trade the skin in for the fig leaves. Can you? Can you throw off Christ? Will He throw you off? No! And the skin was very close to their bodies. And so we have life eternal — on condition, re-established. And, graduates, can eternal life start here? Yes, heaven is an eternal approaching toward God, isn't it? "This is life eternal, that they might know Thee the only true God, and Jesus Christ, whom Thou has sent." (John 17:3).



Weimar Institute President Robert Fillman and Board Chairman Clyde Willard receive the two graduating seniors. They then presented each one with a diploma in recognition of completing their Bachelor of Science degree.

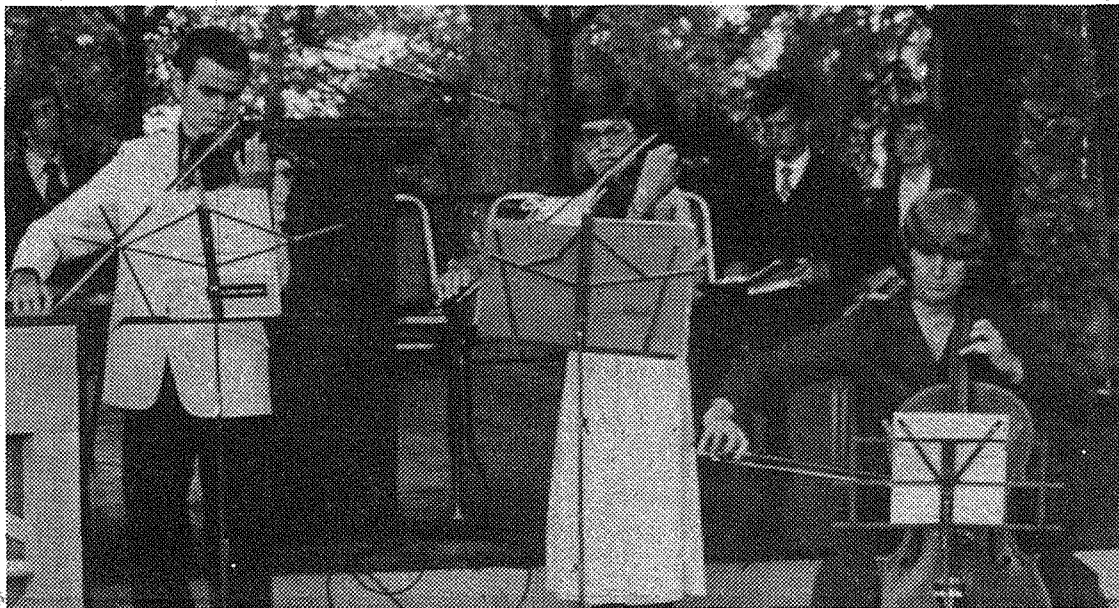


Chaplain Dick Winn conducted the Friday evening dedication service as the golden rays of the setting sun illuminated the senior class motto directly above him, "...proclaim His excellencies..."

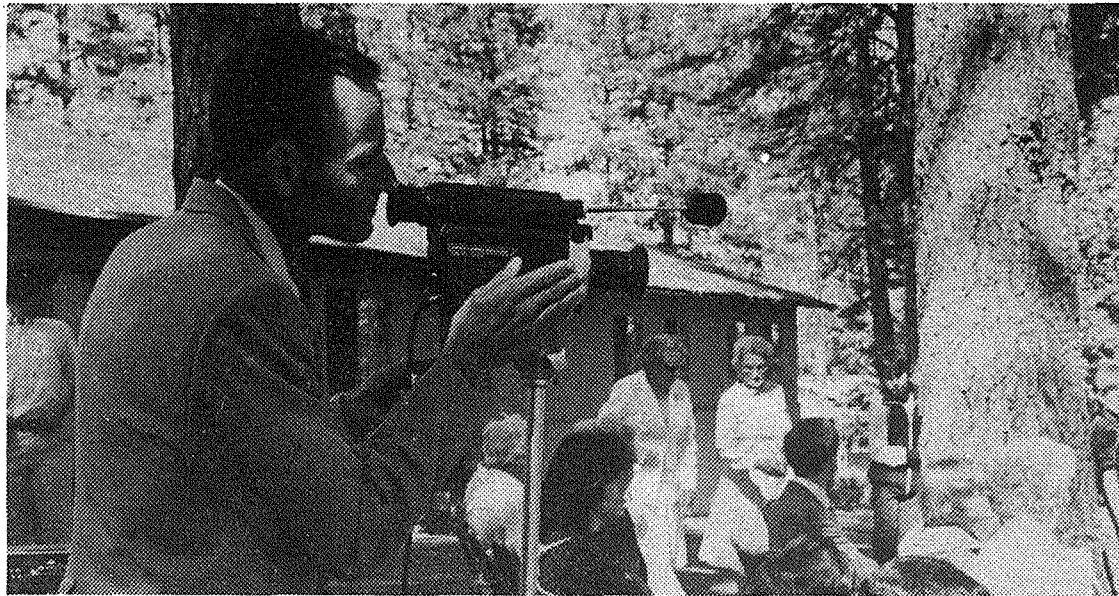


Approximately 500 people attended the graduation services over the weekend. Here, Dr. Henri Wiebe, NEWSTART Medical Director, presents the Sabbath School lesson.

WELCOME TO WEIMAR COLLEGE GRADUATION



Much music was made during the weekend. Here Wesley Taylor V, Laura Mayer and Beverly Cox-Wiebe praise their Creator on strings.



The weekend was video taped in order to preserve this historical event for future reference. Elder Wesley Taylor, Chairman of the Religion department for Weimar College did the recording.



Fellowship was a very happy part of graduation weekend. Here former staff member, Marilyn Upchurch exchanges talk with Weimar College Registrar Hazel Henry.

Put to Shame

(Continued from Page 5)

"I gave my back to the smiters, and my cheeks to those who pulled out the beard; I hid not my face from shame and spitting." (vs. 6). Though this verse is a prophecy of how Jesus would act during the trials surrounding His crucifixion, it also has a broader meaning. It describes the rugged individualist—the one so inwardly secure and at peace with his values that he can withstand massive peer pressure, even to the point of physical abuse. And this is part of the inner preparation that God intends to do with all His people.

"For the Lord God helps me; therefore I have not been confounded; therefore I have set my face like a flint, and I know that I shall not be put to shame" (vs. 7). We are entering a time in this world's history when every person will be tested as though there were not another person. Are we individually ready for that time? Information alone will not make a person inwardly strong; Isaiah had obviously experienced God's sustaining power in real-life settings, and so he had unlimited confidence in God's reality.

"He who vindicates me is near. Who will contend with me? Let us stand up together. Who is my adversary? Let him come near to me. Behold the Lord God helps me; who will declare me guilty?" (vs. 8, 9a). In contrast to so many graduates who quake and quiver out into the job market, nervously clutching their diplomas in sweaty palms, Isaiah strides confidently—with chin held high—into the work for which God has prepared him so thoroughly. Wouldn't you want to hire such a graduate? More than that, wouldn't you want to be one?

The school which Isaiah attended is available to all. What is more, it never really does conduct a graduation service! For those who enroll do so ever to become learners at the feet of Jesus, the Master Teacher.

"Dear God..."

(Continued from Page 1)

"... I always knew, when I looked in the shed, when Greg and Hal had been working in Agriculture...They always left the tools clean and in order. Thank You, God, for the kind of education that is available here, and for the caliber of the young people you send us."

— Hazel Riley, Weimar Staff

"... I love Friday nights at Weimar College. They are so special! These praise services will always be a warm and wonderful memory for me."

— Dr. Dennis Blum, Weimar College Faculty

"... My heart swells with praise when I see so many young people in this day and age take such a positive stand for the Lord."

— Verlin Leer, Weimar Academy Principal

"... I've been here one week. God worked a miracle to clear the way for me to come. I already feel right at home. Thank You, God!"

— Dawn Nelson, new student

"... This is a great day and a great time to praise God for the quality of young people Weimar College trains. I am so thankful our conference is getting one of your seniors!"

— H. E. Darby, Pastor, Nev/Utah Conf.

"... I just realized this was one of the most elite and prestigious colleges in the world, because our ideals and standards are the highest!"

— Dr. Fred Riley, Weimar College Faculty

"... Thank you, God, for Weimar College and what it means to me."

— Marvin Watts, Junior student

"... I'm new here and at first I wondered what kind of a place Weimar College would be. Now I say, Praise the Lord for such a wonderful place, such dedicated people, such a beautiful setting. The Lord is specifically blessing the efforts here to get back to the blue prints, to the way our schools are supposed to be."

— Wendel Wilcox, Pastor
Colfax/Meadow Vista Churches
(Formerly from Far Eastern Division)

"... Lord, your blessings are so abundant here tonight, they just seem to be rebounding back and forth, from staff, to students, to faculty to friends. Indeed, how great are Your excellencies! I Peter 2:9." (NASB)

— Hal Mayer, graduating Senior

Children Tour Weimar Bakery

By Pat Callado, Weimar Bakery

Julia Reynolds called me during early February to see if we would arrange a field trip for her second grade students from Pleasant Ridge School. They wanted to come to Weimar Institute to tour our bakery.

The day arrived with Julia, three other teachers and 42 enthusiastic children. We divided the children into groups of 10 each, and our college students Tammy Peterson, Dennis Rasmussen and Bonnie McLind and I gave the children tours of the bakery from granary to finished product, ready-to-ship.

"Oh! Wow!" and happy giggles were mingled with many questions asked as we explained each step.

Later, the sunny campus lawn and picnic tables found everyone together for a delicious lunch. Sharing time followed.

The highlight of the day was when Gerald Hamman, our head baker, presented each child with a small loaf of raisin bread for their very own.

With waves of goodbye to many happy little faces I invited Julia and her associate teachers to return for a more extensive tour of the Weimar campus.

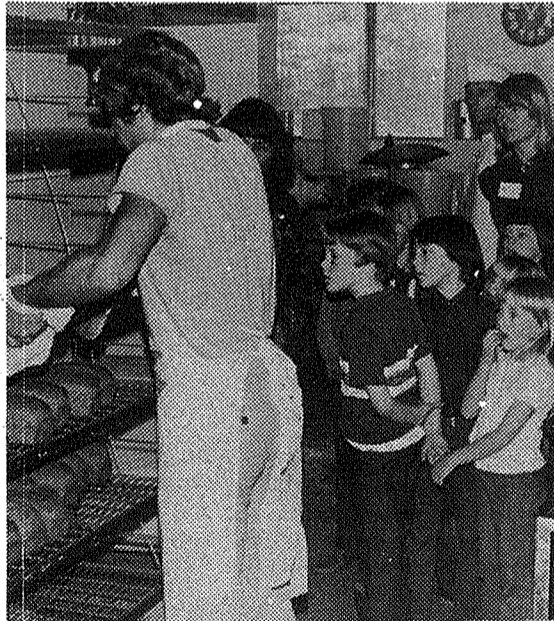
"We'd love to!" they all agreed.



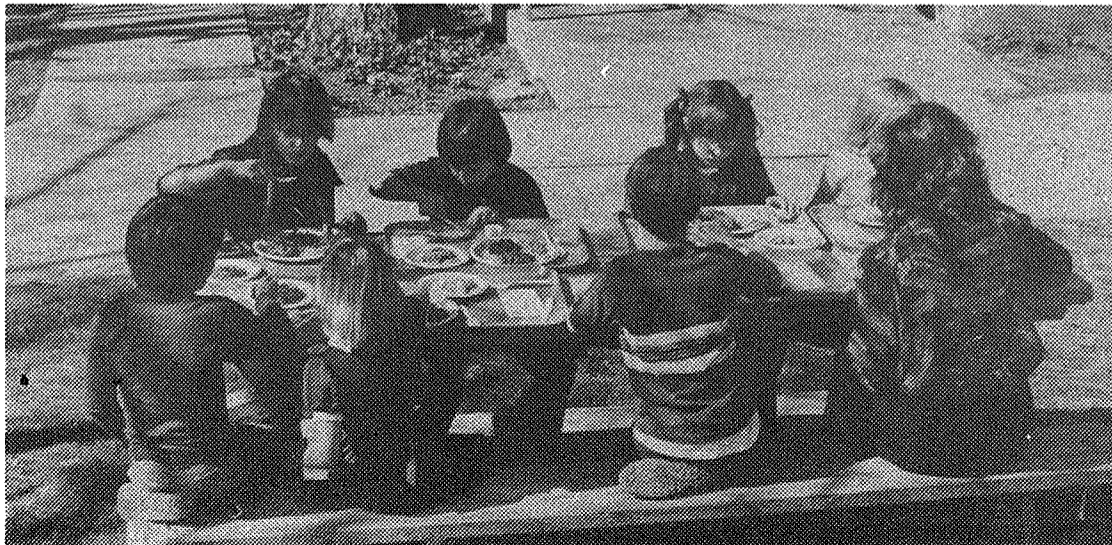
Pat Callado with some of the forty-two grade schoolers who toured the bakery.



Head baker, Gerald Hamman, explains the function of the large bakery machinery.



Children watch with fascination as student Rob Affeldt puts freshly baked loaves of bread on racks to cool.



Lunchtime, sunshine and a bunch of happy children! It was worth it all.

Letters . . .

Dear Pat, Gerald, and all the others who gave us such a grand tour of Weimar.

It was a marvelous trip! Everyone of us from Pleasant Ridge could feel the loving spirit that pervades the place. Each child in my room chose the person he or she wanted to write to, and composed his/her own message.

The operation of the bakery is interesting, especially in this mechanized age, and the choice of ingredients is impressive.

I appreciated the way you organized the tour, since it made a good learning experience for each child.

Gerald, your delicious raisin bread loaves were the hit of the day! The meal was so popular with everyone too. Many thanks to all of you who made this a memorable trip for our students and us.

Sincerely,
Julia Reynolds, teacher
Pleasant Ridge School

Dear Pat:

Our children enjoyed visiting the Weimar Bakery. I feel we had a very positive experience there. Thanks to the kind people who showed us around and explained the bread-making process. Thank you for making it all possible. Lunch was delicious.

Enclosed are letters from the children. Please give them to the appropriate people. Please assure them that we enjoyed all of you and appreciated your kindness.

Sincerely,
Barbara Gentry, teacher
Pleasant Ridge School

Dear Pat:

Thank you for showing us around the bakery. It was fun there. My mommy liked the raisin bread. My dad said he could not eat any of it because if he did he would eat it all. And thank you for the flower you gave me.

Love,
Tracy

Dear Gerald:

I like the way you make the bread. You guys are the best bread makers. Because you are so perfect I ate all your bread.

Love,
Webb

Dear Gerald:

It would be lots of fun making the bread dough. Please tell Pat thank you for letting us come. Thank you for the raisin bread and for showing us around.

Jason

Dear everyone:

I thank you for inviting us over. I like the food you made for us. I made a pine cone with flowers in it. It's up in the tree for you. I made it myself. I thank you so much for the bread.

Love,
Trecie

Dear Pat

I had a fun time. Thank you for inviting us over. The food was fun to eat. I had fun looking at all the different things that I had never seen before. That was exciting!

Love,
Shannon

Dear Gerald:

Thank you for the bread. I only have four pieces left.

Love,
Brian

Dear Gerald:

You are very nice and hard-working. You are patient. I thought that you were the best person there. Thanks for the bread.

Brett

Dear Tammy:

I really like you very much. My mommy said that the raisin bread was really good. My dad agrees too. You can tell everyone so.

Love,
Kelly

Dear Bonnie,

Thank you for showing us all those neat things. I liked it at the bakery. It was fun, and the bread was good; but now I only have two slices left. That's all.

Love,
Laura

"I Was Slowly Starving To Death!"

By Lois Rohan
May 1981 NEWSTART Class
(As told to Aileen Ludington,
M.D.)

The day my weight reached 78 pounds I changed my mind. I didn't want to die after all, I wanted to live! Was it too late? Was my body irreparably damaged?

I had been smoking for 35 years, since I was 17. About 2 packs a day. But most of that time I had worked in a club where the air was constantly full of cigarette smoke. So I figured I inhaled the equivalent of another two packs a day. In time, my health began to suffer.

I decided to quit smoking. Being a determined person, I stuck it out a year and a half. But I nearly had a nervous breakdown. I developed ulcers, and then went into a suicidal depression. For weeks I couldn't go anywhere, wouldn't leave my bed, in fact. Finally I could stand it no longer, and resumed smoking. It seemed to calm me, enabling me to cope with my problems.

About 5 years ago I developed emphysema. The more I smoked, and coughed, the worse it got. I grew pale, thin, and weak. I could barely make it up the short flight of stairs to my bedroom. Finally, the doctor told me bluntly that I was nearing the end. I must begin to carry a tank of oxygen around with me, because my lungs were failing.

I couldn't accept that. Somewhere in my subconscious, my mind clasped the idea that starving to death would be easier. I was well on my way, anyhow. My normal weight was 110 pounds, but I felt so rotten, and my appetite was so poor, that I was steadily losing weight. I felt grimly triumphant as the scales went down, down, down. I thought when I reached 75 pounds that then I would die. Painlessly, quickly.

But the day I reached 78 pounds, I suddenly wanted to live! I have two lovely grown daughters, grandchildren, a good business, a lovely home...no, I didn't want to die. I suddenly very much wanted to live!

I knew I had to stop smoking. I investigated 5-Day Plans, both evening and live-in courses. But I knew that I would need more than 5 days to succeed. I was looking for a place to stay, where people would not smoke and where I wouldn't be given any cigarettes. For at least a month.

But where do you find such a place? In a hospital? In a jail? I considered both. I finally decided to try a "fat farm." That wasn't my problem, but at least the other conditions would be met.

Before I could find an acceptable place, someone told me about Weimar's NEWSTART program. It seemed expensive, but I decided that

my money wouldn't do me much good if I didn't live to use it.

When I entered the May NEWSTART Class, not only was my chest disease in an advanced condition, but my blood pressure was very high also. I was taking powerful medicines to control the fluid accumulations and the blood pressure. The medicines made me feel even more listless and depressed.

After 3 weeks in the NEWSTART program I am much better. My blood pressure has come down, the swelling is gone and I'm off of all my pills. I've been totally off cigarettes since I came, and my breathing is better also. At first it took me 30 minutes to do an easy 1/2 mile. Now I can walk it in 13 minutes, even the uphill part, without stopping.

I haven't really craved cigarettes. When I feel the need of one, I drink a glass of water, or walk in the fresh air. These things really help.

The food was my worst problem, especially not using any salt. At first it seemed tasteless, bland, utterly nauseating! I've been a meat and potatoes person all my life. I'm even having to learn to like fresh fruit! But I've stuck with it, and it's getting easier every day. I'm realizing that this kind of food is calming to my overactive nervous system. My weight is stabilizing too.

Another thing that helps me is the friendly, happy, stress-free atmosphere. My head is clear, and I feel more myself than I have for a long time. My life is in better perspective now, and I'm planning my future. For one thing, no more pressured business lunches, or quick junk food snacks. I'm going to stop work for leisurely hour-long lunch breaks of good healthful food with interested loving friends.

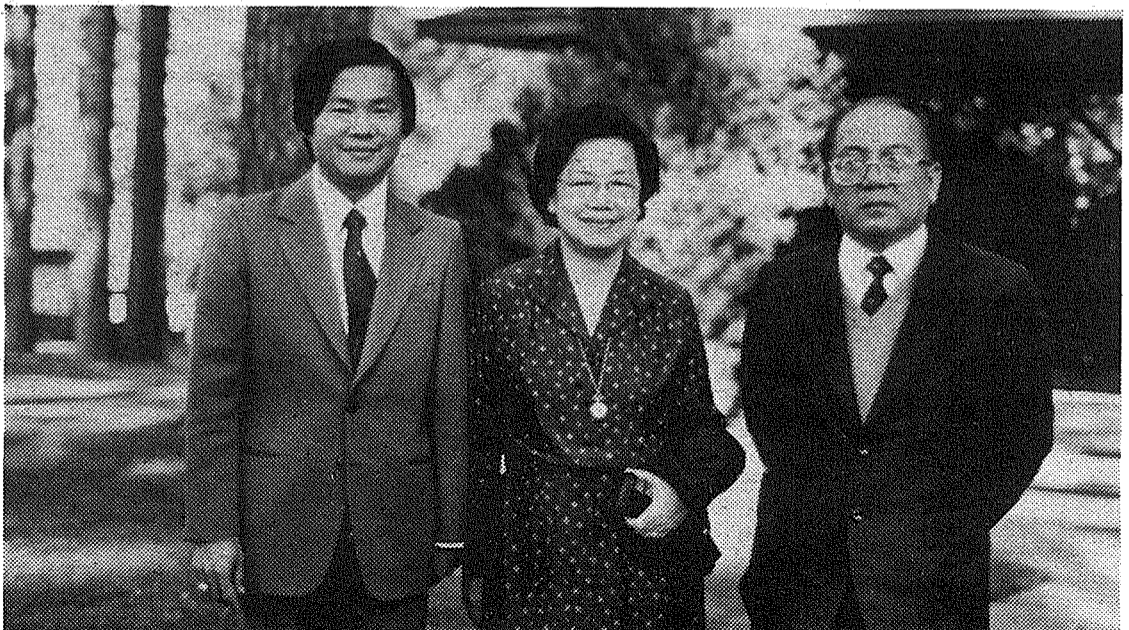
Oh, and another thing. This fall I'm going on a cruise, probably the Mediterranean. I've always dreamed of doing that. I thank God for this place, and for my NEWSTART.



Lois Rohan



DR. AND MRS. OLAF HOVE FROM SAN DIEGO, CA
"What you have here is very worthwhile. I just wish I'd come earlier; before I had my coronary. I really feel this program will help prevent future complications."



MRS. SAVALUK BULSUK, AND SON VIVAT, WITH MR. SAIYUD TAVIPATANA came all the way from Bangkok, Thailand to join the NEWSTART program.

Do You Have a Minute?

By Dr. Dennis Blum

(Second of ten "health spots" aired over local radio station KAHJ, based in Auburn, CA. Dr. Dennis Blum is chairman of the Health Education Department at Weimar College.)

In their book, *Your Heart has Nine Lives*, Alton Blakeslee and Jeremiah Stamlev estimate that in any given twenty-four hour period, 4000 to 10,000 American men and women will suffer heart attacks. That would mean that there will be between 1.5 and 3.5 million heart attacks this year.

The American Heart Association estimates that between 750,000 and 900,000 will die from heart attacks during this same time period. This means that 25-50% of those with heart attacks will die.

If your weight is normal, if you have normal blood pressure, average-to-low blood cholesterol, no diabetes, you are not a cigarette smoker and are moderately active, your risk of having a heart attack is one in twenty to one in fifty. But if you have two or three of the risk factors listed, your chances of having a heart attack increase to one in two or 50%.

If you would like to find some new ways of lowering your blood cholesterol and blood fat level, bring your weight down to an optimum and help your blood pressure, you could do your heart and your family a big favor by attending the Vegetarian Cooking Seminar being conducted for the Weimar, Meadow Vista and Colfax communities at Weimar Institute by the Health Professionals that work there. Their business is restoring hearts to better health.

This is Dr. Dennis Blum, speaking on diet and health.

Students Pioneer Spokane Project

Starting about the middle of June, four Weimar students: Atom Biggs, Betsy Stimpel, Jennifer Matlack, and Hal Mayer (recent graduate of the college) joined Dr. Warren Peters in Spokane to pilot a tentative health conditioning project in that area.

Dr. Peters has had a dream of starting this kind of program for several months. With this in mind he visited Weimar as an observation and supportive base. Negotiations were made with Weimar's administration and also with Dr. Dennis Blum, Chairman of the Health Sciences department of Weimar College, to have three or four students help him for the summer in initiating such a program.

In response to this need the four students mentioned above took up the challenge and are currently cooperating with Dr. Peters in working out the project. Betsy and Hal along with Dr. Peters shared a brief spot on the local radio station advertising the program. They received a consistently positive response to the broadcast. Patient interest is growing and reservations are coming in. The Lord has also blessed the group with some equipment: Two massage tables, one hydrodulator pack, fomentations, wood and paint for signs, and much kitchen ware.

Please combine your prayers with ours for the success of this new venture.

FROM OUR READERS

We were advised that you would mail your newsletters to us if we requested it. A colporteur from Cornelius told us about you.

Reader, Yamhill, OR.

We enjoy reading the Weimar Bulletin so much especially the health articles. I have a friend with hypoglycemia whom I wish could go to the NEWSTART program. She said she would read the BULLETIN, so please send it to her. This last issue had a good testimony re a hypoglycemic. Enclosed is a donation to help with postage.

Reader, Vestaburg, MI

We always read and enjoy your Weimar BULLETIN, but the June issue is especially helpful and I feel impressed to ask you to mail a copy of this issue to two dear friends who are ill. I feel that this may be of significant help to them. Thank you and may our dear Lord bless you in your living ministry for Him.

Reader, Salem, OR

I just purchased my first loaf of your Sprouted Wheat Bread. In my opinion it is the finest bakery bread I have ever eaten. I shall tell all my friends about it.

Reader, Paradise, CA

Just a few lines to say how much I enjoy the Weimar BULLETIN, which I read from cover to cover and then post them to my daughter.

Today I had a private stall at the Flea Market at Loukley for Weimar Institute, so am happy to forward the proceeds.

Weimar is the one place in the world I would like to visit as I feel it is following the blue-print. That God will bless you, fellow workers and students, is my sincere prayer.

Reader, NSW, Australia

Enclosed is a \$25 thank offering for Weimar to be used in the most needed area.

The Lord miraculously spared my possessions in a severe brush fire in mid-June. During that time I was out-of-state and didn't learn how close the fire had been till a week later.

I believe in what Weimar Institute is doing.

Reader, Riverside CA

I received the Weimar BULLETIN today in the mail I decided to glance through it briefly, but got caught up in it so much that I didn't put it down until I had read the whole thing.

I was very impressed with the Alumni interviews, and how well they are all doing after going through the program. I found myself crying with understanding for all of them—even though my health has never been as bad as some of theirs. And I was so impressed with Tom Walker who actually had the willpower to change his whole life style.

Reader, Arroyo Grande, CA

Thank you so much for the great vacation. It is one of the best that I have ever had. I'll never forget how helpful and friendly everyone is. Just keep on making everyone happy. (Enclosed \$5.00)

Visitor from Paradise, CA

It's not much but I hope it can be of some help (\$6.00). I have confidence that people will be impressed by the Holy Spirit to share their means with us so that we can more efficiently serve the Lord.

PS: Thank you for making Weimar the place it is—place of refuge (from the cares and anxieties of the world). It has meant a lot to me; you are certainly in my prayers.

Student, Weimar College

I WANT TO HELP!

Here is my gift of \$_____

- to help cancel Weimar's mortgage debt.
- toward Weimar's monthly operational expenses.
- to be placed in Weimar College's Worthy Student Fund.
- other.....

PLEASE SIGN ME UP FOR...

- the Weimar Institute Bulletin.
- I am already receiving the Bulletin.
- recipe book: FROM THE WEIMAR KITCHEN (\$5⁰⁰)

PLEASE SEND ME...

- information regarding Weimar's NEWSTART Health Center.
- Weimar College Catalog and Student Application Packet.
- Other.....

NAME.....
 ADDRESS.....
 CITY..... STATE..... ZIP.....

Please Print Clearly

SEND TO: Weimar Institute • P.O. Box A • Weimar, CA 95736

Leavened Bread and Christianity

By Veronica Morrish

You wouldn't really call it a story. But it gets a point across. It is a single-versed account. One of Jesus' symbolic representations of the Kingdom of Heaven. Very briefly, He states it: "The kingdom of heaven is like yeast taken by a woman and put into three measures of flour until the whole lot has risen."¹

Picture an industrious housewife with all good intentions gathering up her bread-making apparatus — complete with kneading tray, whole grain flour, salt, water, and all the other necessary ingredients. But no yeast! If you know anything about making good bread you may smile at her anxious, conscientious efforts, but you know by experience that her end product, instead of being called bread, would be better classified as hardened flour. All her accurate measuring, mixing, kneading, and baking would be to no avail if at the appropriate time she failed to add to her mixture a small, but effective measure of yeast which would transform her dough from a heavy, sluggish mass to a light, springy, good-looking, risen loaf of bread.

Well, what does leavened bread have to do with Christianity? Very much. Some of us Christian people spend our lives as lumpy sluggish masses, weighted down with sin, cares of this life, or self-imposed legalistic rules. We sit there on the kneading tray hoping to be turned into

useful products at some point in time, as if by some singular exercise of the will we can transform ourselves, little realizing that we have no innate power residing in ourselves to effect this change.

Jesus' parable suggests that it takes something outside of one's own power to effect desirable spiritual change. Yeast must be added to the lump. Likewise God's quickening grace must be added to our lives' listless situations in order for us to find true meaning and in order for us to have a positive effect on others. (It is interesting that in this case Jesus is using the term "leaven" to refer to the graces of the Spirit on lives rather than the more common connotation of "leaven" as representing sin.)

Back to the important ingredient — yeast. It is put into the mixture very quietly. There is no fanfare. It does its work very silently. It is initially unseen by the casual observer. Only the housewife knows for sure that it is there. And she has enough faith to believe that the yeast will eventually accomplish its work. So it is in our lives, the work of the Spirit is often silent, imperceptible in its operation until the dough of quality character is risen to a divine height, ready for the next stage of the process. For the dough, once risen, is not left there. It is baked (perhaps akin to our lives being fired by trials), so that it can be ready for human consumption.

The next question. What do

you do with a properly-risen, baked loaf of bread? Smell its delightful aroma? Admire its golden brown color? Its crispy texture? Perhaps initially, but certainly not for very long. You partake of it. There is an interesting sequence in the way Jesus fed the five thousand which could be aptly applied to what He does with our leavened lives. "He took the five loaves... He blessed and brake, and gave the loaves to His disciples, and the disciples to the multitude."²

Ponder the magnitude and beauty of the thought. When we allow our lives to be leavened by the quickening power of His Spirit, then we have, under His patient watchcare, passed through the oven of trials, then the Master takes us again in His hands — (what intimate closeness!), blesses us (Oh, glorious benediction!) breaks us (what needed humility!), and gives us into useful service to the world.

Do leavened bread and grace-supplied Christianity have anything in common? They certainly do!

1 Matthew 13:31 (Phillips)
 2 Matthew 14:19 (KJV)

COMING Next Month

"Life at Weimar Institute"

A special pictorial issue of this BULLETIN

Written by Dr. Standish some 28 years ago, and included by him in his address given graduation weekend for Weimar College. For more details and pictures of that weekend, see page one.

Colin Standish

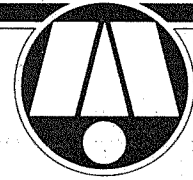
If we could choose our lives to live,
And live as we desired,
Without the cares this world contains,
And have all we required,
Our world would lack that little touch
That molds through every trial,
That helps to break or make a man,
And shape a woman's style.
Those knocks which hurt us very much
And seem to mar our life,
Are really only testing blows
To help in further strife
We dare not risk to lose our hope
Nor stumble by the way.
We must not lose our home above
Nor let our footsteps stray
This world of ours is full of strife
And we must have our share.
How could we hope to help our friends
If we had had no care.
Our God will never leave our side
If we will only lean on Him
He'll count us with the just.

Life's Battles

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FROM OUR CHAPLAIN

"God will accept anyone, however. . ."

By Dick Winn

"Him who comes to me I will not cast out." 1 To me, that has to be one of Jesus' most precious, most important promises. In the light of such warm openness to all returning rebels, we can banish all dark fears that Jesus will accept only those who have first made themselves acceptable. Away with the Satan-inspired myth that He only accepts the acceptable! Responding to His drawing, admitting our great need and seeing Him as the answer—that is the only requirement. And even that does not earn us His acceptance; rather lets us hear and appreciate the acceptance already offered!

When Jesus cried out from the torment of the cross, "Father, forgive them; for they know not what they do,"² He stated His attitude, His posture toward all sinners. It was a universal cry. It was for all

mankind as participants in the death of Christ. And He longed that, by the Spirit's illuminating power, they should someday, somehow, come to know what they have done. For in knowing what they have done to Jesus, they may also know what He has done for them by that same cross event.

The message of God's forgiveness, of His eagerness to accept us back into the family, is universal. It knows no limits. Its only condition is one's readiness to come back, and the choice to do so. "Nothing in my hand I bring; simply to Thy Cross I cling."

Then why have so many people gotten the idea that Christ is very narrow, or selective? Why have so many Bible-toting Christians gotten the idea that Christ requires a certain level of performance as the condition for acceptance?

Could it be that they have failed to understand the se-

quence? Christ is willing, even eager, to accept anyone who will come to Him. But He is very particular about those whom He has accepted. Because He loves them, He longs for them to turn away from anything that will hurt them.

And so with great carefulness, He urges them to look at the details of their lifestyle. He illumines their understanding that they might recognize the serious hurtfulness of walking outside of His will. He warns in deep earnestness against even the slightest deviation from the track of blessing; it would be unloving for Him to do less! Complete obedience to God's will is not the condition to be accepted; rather it quickly becomes the condition of those who have already been accepted, for they trust the caring wisdom of their Acceptor.

The enemy of God and man would like to see this sequence distorted. How dis-

couraging it would be to us to believe that we could only know the Father's welcome smile when we had succeeded in performing at a certain level of goodness.

But how devastating it would be in our lives and our relationships if we believed that, since we are already accepted by God's universal love, there is therefore no need to be particular about the way we live. Not to trust Him as the wise, loving Master of our lives is to walk

away from the same relationship in which we know Him as Saviour and Forgiver.

The same heart of wise love which led Jesus to the cross that we might be forgiven, stands behind His intimate caring for the particulars of our lives. To accept Jesus as Lord and Master is to fully respond to both expressions of caring. Isn't He worth it?

1 John 6:37 RSV

2 Luke 23:34 RSV

Expected Enrollment for Weimar College

As we have reached the middle of the summer vacation period, our readers will be interested to know that applications for Weimar College continue to come in very steadily.

Consistent with the five-year master plan voted by the Weimar College Board, the College is planning to accept approximately 100 students this year. This will be about a twenty-five percent increase from last year. If the present rate of applications continues, we will reluctantly have to turn away some qualified applicants.

We would urge all to do everything possible to encourage these young people who are still interested in applying for the new school year, to apply immediately so that they will not be disappointed.