

WEIMAR INSTITUTE BULLETIN

BOX A, WEIMAR, CALIFORNIA 95736

VOL. 3 NO. 10 OCTOBER, 1979

Isaiah 58 – God's Message For Today

by Eric W. Hon

One cannot but be impressed when reading through the counsels of the Spirit of Prophecy to find the numerous references to the 58th chapter of Isaiah. Of its relevance to the church today there can be no question. We are told, "The whole chapter is of the highest importance..." 8T 159:1 And, "I cannot too strongly urge all our church members, all who are true missionaries, all who believe in the third angel's message, all who turn their feet from the Sabbath, to consider the message of the 58th chapter of Isaiah." 6T 265:2

These two brief references are typical of many pointed messages on Isaiah 58 to the church. They are timely and appropriate. It is God's sincere wish for us to examine closely what He has to say in this very special Scripture. A thorough reading of the whole chapter reveals His desire for us to: 1. See ourselves as He sees us; to be alert to our precarious spiritual condition 2. To note carefully the remedy and how to apply it 3. To experience a spiritual refreshing and the richness of a vibrant life with God that leads to total health. This will be the reward to all who would seek and search for the truth as God would have us know it at this crucial time.

An Alarm in Zion

The chapter opens with a call of extreme urgency. "Cry aloud, spare not, lift up thy voice like a trumpet..." Verse 1. The call is one of great magnitude and alarm. It is of such a nature that all are to hear. Because God loves us with an everlasting love, He does not want one to miss the significance of the message, the burden of which is, "Show My people their transgressions, and the house of Jacob their sins." The succeeding verses will bear testimony to God's purpose in using a startling method to alert His people to their condition.

God's View of His Church Today

Verses 2 and 3 describes a people who, to all intents and purposes, pursue their religious exercises with diligence and devotion. But something is wrong. For all their worship they lack that vital living contact with God. There is the cut-off. He is not with them, and, in their bewilderment they raise the question, WHY?

What are the reasons for the spiritual blackout? Swiftly the answer comes: the life is not

consistent with the supposedly devoted worship. Rather, the life reveals un-Godlike characteristics, the direct opposite of what would be expected of a people who make such lofty profession. (Verses 3-5)

What then is Israel's sin, its transgression so objectionable, so heinous as to cause God to give such severe rebuke?

The Spiritual Malaise

A close examination of verses 2-5 reveals Israel's sin as:

1. Prayer without action
2. Knowledge without practice

The two constitute the sin of formalism, i.e. the sin of neglect. Thus, God, Who reads the human mind without error, dramatically diagnoses the tragic spiritual condition of His people.

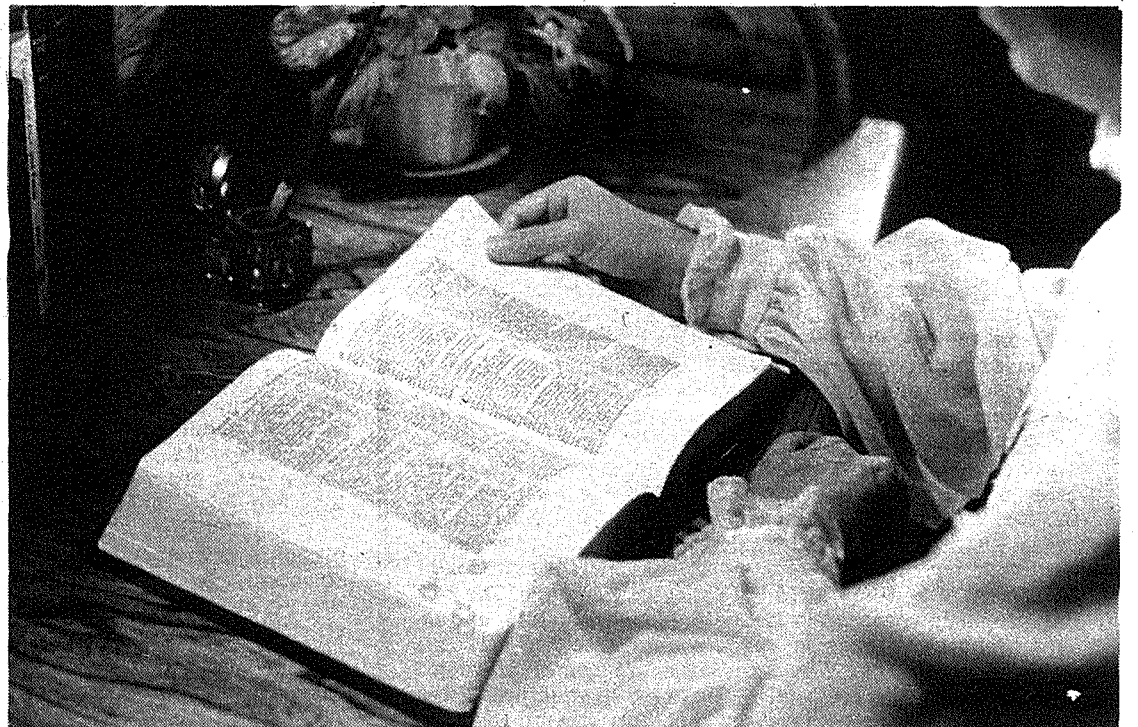
Prayer for the sick, the lonely, the worried and the troubled, the poor and neglected, the broken hearted, the unwanted, has no substance if it is not backed by appropriate action and concerned benevolence. God has graciously bestowed upon us the knowledge of redemption and complete restoration through Christ. What are we doing with this precious truth? Are we sharing with others the message of salvation? The evidence that Christ is our Saviour is that we will do His work and will have the same burden for people that He had.

Kindly and firmly the Lord is telling us to beware of the danger of a superficial religion, of a self-satisfied complacency, of prayers that are merely words, of holding great truths that are not lived in the life and shared with others. Well may the question be asked, when was the last time we spoke to someone about their eternity?

The result of prayer without action, and knowledge without practice is spiritual apathy and paralysis; a devastating, deadly condition which, unless overcome, will be ultimately destructive. The timely warning is for us to get out of the spiritual rut and the grave is the depth. Therefore, to save us from this dread disease, the loving heavenly Father provides an effective remedy.

The Great Physician's Prescription

We are to put prayer into action, knowledge into practice.



"Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke? Is it not to deal thy bread to the hungry, and that thou bring the poor that are cast out to thy house? when thou seest the naked, that thou cover him; and that thou hide not thyself from thine own flesh?"

"And if thou draw out thy soul to the hungry, and satisfy the afflicted soul..." Verses 6, 7, 10

Worship is more than attending church on Sabbath, offering up a prayer, singing hymns and listening to a sermon. Genuine worship is expressed in the life of the Christian by concern for those who know not the love of God and the saving power of Jesus. It is person to person ministry in identifying with human need in the neighborhood, home and church. "It is the very spirit and character of the work of Christ." DA 278:2

God has ordained the lines of personal ministry so that every believer can have a part in working for others in accordance with their talents and capacity. For an expansion of verses 6, 7 and 10 and the detail of ministry read the six chapters of Ministry of Healing entitled "Medical Missionaries and Their Work," pages 139-216.

The Benefits of the Prescription

The counter to spiritual apathy is the giving of self in ministry to others. The result is

spiritual health, the other dimension to total well-being. "...thine health shall spring forth speedily." Verse 8 "The 58th chapter of Isaiah is a prescription for the maladies of the body and the soul. If we desire health and the true joy of life, we must put into practice the rules given in this Scripture." MH 265:3

The evidence of spiritual health is a vital, living contact with God: "then shalt thou call and the Lord shall answer; thou shalt cry, and He shall say, Here I am." Verse 9 He has promised continued guidance and a constant flow of His blessings to supply unlimited resources as we become one with the Father in the common purpose of ministering to others and sharing His love. "And the Lord shall guide you continually, and satisfy thy soul in drought, and make fat they bones, and thou shalt be like a watered garden, like a spring of water, whose waters fail not." Verse 11

God's remedial prescription brings a two-way benefit. "Good deeds are twice a blessing, benefiting both the giver and the receiver of the kindness. The consciousness of right-doing is one of the best medicines for diseased bodies and minds. When the mind is free and happy from a sense of duty well done and the satisfaction of giving happiness to others, the cheering, uplifting influence brings new life to the whole being." MH 257:1

More On Isaiah 58

Isaiah 58 is much more than what has been generally accepted. It is God's special message to His church to fulfill a specific task in these final days. It constitutes a great challenge for His people to rise to the occasion and work in accordance with the way He has prescribed. He is calling us to use Christ's methods of ministry, for that is the only sure way to bring success. (See MH 143:3)

In order to fulfil His purpose Isaiah 58 sets a high standard of qualification. 1. A Call To Reform: a need for a change of life style and a complete revolution in the spiritual life without which there can be no oneness with God 2. A Call To Heal: to heal the sick in mind and body, the broken hearted, the worried and troubled, those bound in sin 3. A Call To Restore: to do Christ's work, to help in the restoration of man to the image of God.

To reform, to heal, to restore – this is the message of Isaiah 58 which will be more extensively dealt with in the next issue of the Bulletin. God's chosen fast is the sure way to life, health and happiness. Choose His way now!

For Further Study

Ministry Of Healing, "Medical Missionaries and Their Work," pages 139 - 216

A Call To Personal Ministry, pages 49 - 60



FROM OUR PRESIDENT

"When Will Jesus Come?"
The first in a series

The other day some friends stopped at Weimar for a short visit. While we were eating lunch together they related an incident that had happened recently to an acquaintance of theirs. It seems that this person had stopped to pick up a hitchhiker — something he never did. During the discussion which followed, the conversation turned to spiritual things, the present condition of the world, and the nearness of the return of Jesus. In the middle of their discussion the hitchhiker said, "Jesus is coming sooner than anyone including Seventh-day Adventists even realize." When the driver turned to question him further, his passenger was gone.

Every now and then a similar story is related. It is very difficult to know how much veracity to attribute to a story, the validity of which is impossible to trace. However, it did start my mind running in channels that have been open frequently of late. How soon will Jesus come? Are conditions such that He can come? How many Christians really want Him to Come? Do I want Him to come? If He were to come within the next year, would I be glad to see Him? Why has He waited so long? These and other questions deserve much study in order to arrive at satisfying answers.

My grandfather was a minister who believed very strongly that he would see Jesus come. I never had the privilege to meet my grandfather, for he died while my father was a student in college, also studying to be a minister. I know that both my parents fully expected Jesus to come long before this. I can vividly remember that when I was a boy we had frequent discussions which left me with the conviction that I would never have time to finish school and get into the Lord's work. For some 40 years my parents have preached and taught that Jesus is coming soon. Not only did my wife and I have time to finish school and enter the Lord's work, but we have a daughter in college and a son in the academy — and Jesus has not come.

For as long as I can remember, and much longer than that, we as a church have pointed to the prophecies that have been fulfilled and to the signs that Jesus' coming is near. In fact, for over a hundred years we have been preaching that the last of the signs in the heavens occurred in 1833 when the stars fell in fulfillment of Matthew 24:29. 1833 was 146 years ago. The 2300 day prophecy recorded in Daniel 8:14 ended in 1844, and no time prophecy reaches beyond that date. (see 7BC 971) 1844 was 135 years ago. Why has Jesus not come? Have we misinterpreted the prophecies? Have we misinterpreted the fulfillment of the prophecies? Or has Jesus delayed His coming? If so, why? Does the delay have anything to do with me?

These are some of the questions we will consider in the next several columns.

Sincerely,
Your brother in
Christ

Robert L. Fillman

by Kent W. Dickinson

Just 50 years ago this autumn America experienced the worst business collapse in its history. Unemployment which stood at 3.2 percent of the labor force in 1929 increased to 24.9 percent by 1933 in the depths of the depression.

Increasingly, we hear the questions, "Are we heading for another great depression?" Or, "Will inflation at 1 percent per month be our lot into the foreseeable future?" In either case, where shall I invest my savings for security, adequate return and availability?

Sound investments provide comfort and care in old age, security and sufficiency in middle life and essential education and employment opportunities for the young. When the price of gold is soaring to new highs almost daily, and people of many nations and walks of life are searching for safe investment channels, where is dependable instruction to guide in this important area of our lives? A recent article in the Wall Street Journal quotes a number of distinguished analysts, several of whom, while differing in certain viewpoints, tend to agree that a great depression such as that beginning in 1929 is quite unlikely today. The improvements in the employment structure, the information flow, the strengthened financial institutions with their ability to call on certain reserves all are cited as reasons for avoiding a financial crisis like that of the 1929 era.

It is expected, however, that inflation may become a more likely threat than a depression. In which case, investments erode in value and ultimate purchasing power.

Then where do I invest my means? The counsel from the most reliable source advises us in Matthew 6:33, "Seek first His kingdom and His righteousness; and all these things shall be added to you." (NASB) Just prior to this statement, Jesus pointed out to the people gathered to hear His Sermon on the Mount, that

they were not to lay up treasures on earth but in heaven, where such treasures would not be destroyed or stolen. He stated, "Where your treasure is, there will your heart be also."

We also have valuable counsel from E.G. White to help us avoid specific investments as well as adopt a sound basis for investments. These include the following statements. Please note that a savings plan is recommended in the first quotation. (all emphasis supplied)

"Every week you should lay by in some secure place five or ten dollars not to be used up unless in case of sickness. With economy you may place something at interest. With wise management you can save something after paying your debts." 2 SM 329

"To those who love God sincerely and have means, I am bidden to say: 'Now is the time for you to invest your means in sustaining the work of the Lord...Let none withhold their mites, and let those who have much rejoice that they can lay up in heaven a treasure that faileth not. The money that we refuse to invest in the work of the Lord, will perish. On it no interest will accumulate in the bank of heaven.'" (1 Tim. 6:9, 10, quoted here) 9 T 131

"My dear brethren and sisters, all the money we have is the Lord's...Let not the work of establishing memorials for God in many places be made difficult and burdensome because the necessary means is withheld. Let not those who are struggling to build up important enterprises, great and small, become disheartened because we are slow to unite in placing these enterprises in a position to do efficient service." 9 T 132, 133.

"God designs that we shall learn lessons from the failures of the past. It is not pleasing to Him to have debts rest upon His institutions...We are to endeavor to clear off the indebtedness that still remains on our institutions...Those members to whom the Lord has given means can invest their money in the cause without interest or at a low rate of interest, and by their freewill

offerings they can help to support the work. The Lord asks you to return cheerfully to Him a portion of the goods He has lent you, and thus become His almoners." 9 T 71

"All that is given for the salvation of souls and for the glory of God, is invested in the most successful enterprise in this life and in the life to come...In giving to the work of God, you are laying up for yourselves treasures in heaven. All that you lay up above is secure from disaster and loss, and is increasing to an eternal, an enduring substance..."

"The greatest caution is exercised in the worldly investment of means, that the expenditure may yield a good profit; but in things of eternal concern the utmost indifference is displayed. Oh, that the great interests of the world to come were appreciated? Why is it that men are so unconcerned about the salvation of the soul when it was purchased at such cost by the Son of God?" R.H., Sept. 1, 1910.

"Satan leads his agents to introduce various inventions and patent rights and other enterprises, that Sabbath-keeping Adventists who are in haste to be rich may fall into temptation, become ensnared and pierce themselves through with many sorrows." 1 T 551

"Could our brethren remember that God can bless twenty acres of land and make them as productive as one hundred, they would not continue to bury themselves in lands, but would let their means flow into God's treasury...Satan is pleased to have you increase your farms and invest your means in worldly enterprises, for by so doing you not only hinder the cause from advancing, but by anxiety and overwork lessen your prospect for eternal life...The time is coming when we cannot sell at any price. The decree will soon go forth prohibiting men to buy or sell of any man save him that hath the mark of the beast." 5 T 152

"The influence of the love of money over the human mind is almost paralyzing. Riches in-

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Weimar's Newest Doctor

There is a new doctor and his family who have joined the Weimar Institute Medical Staff. The following is their story from a son's perspective.

by Jay Neil, Jr.

We lived in Loma Linda for 11 years while Dad (Jay Neil, Sr.) was taking his medical and specialty training. Upon finishing his orthopedic residency he had five options — to stay in Loma Linda on the medical staff, to move to a small hospital institute in Mississippi, to move to New Jersey, to move to Portland, Maine, or to go as a missionary to Saigon Adventist Hospital. After praying for several weeks, and after receiving several "mysterious phone calls" Dad decided that God wanted us in New Jersey.

We spent four very satisfying years there. However, Dad was

on call twenty-four hours a day, three hundred and sixty-five days a year. This left him practically no time to be with his family, no time to study the Bible or his medical journals; and to top it all off, one basic requirement was missing in his life — sleep. So he began to pray, asking God that if it was His will to send him a partner who was a committed Adventist Christian. He was going to San Francisco to be inducted, as a Fellow, into the American Academy of Orthopedic Surgeons. While he was there he talked to several Loma Linda orthopedic residents and chiefs of staff about his need. But every one had previous obligations elsewhere for the next four years.

While in San Francisco, Dad also visited Weimar. He had heard of their program and was very interested because he had always wanted to combine acute care with rehabilitation. On his

visit he was so impressed that he went ahead and applied for a position on the staff. Coincidentally, Weimar was also looking for an additional doctor.

From this point on, providential things kept happening. The practice sold. Mom flew out to California in June to choose a house site and buy a mobile home, and it seemed that everything was just falling into place. The house in New Jersey hasn't sold yet, but Dad is sure that it will when God gets ready.

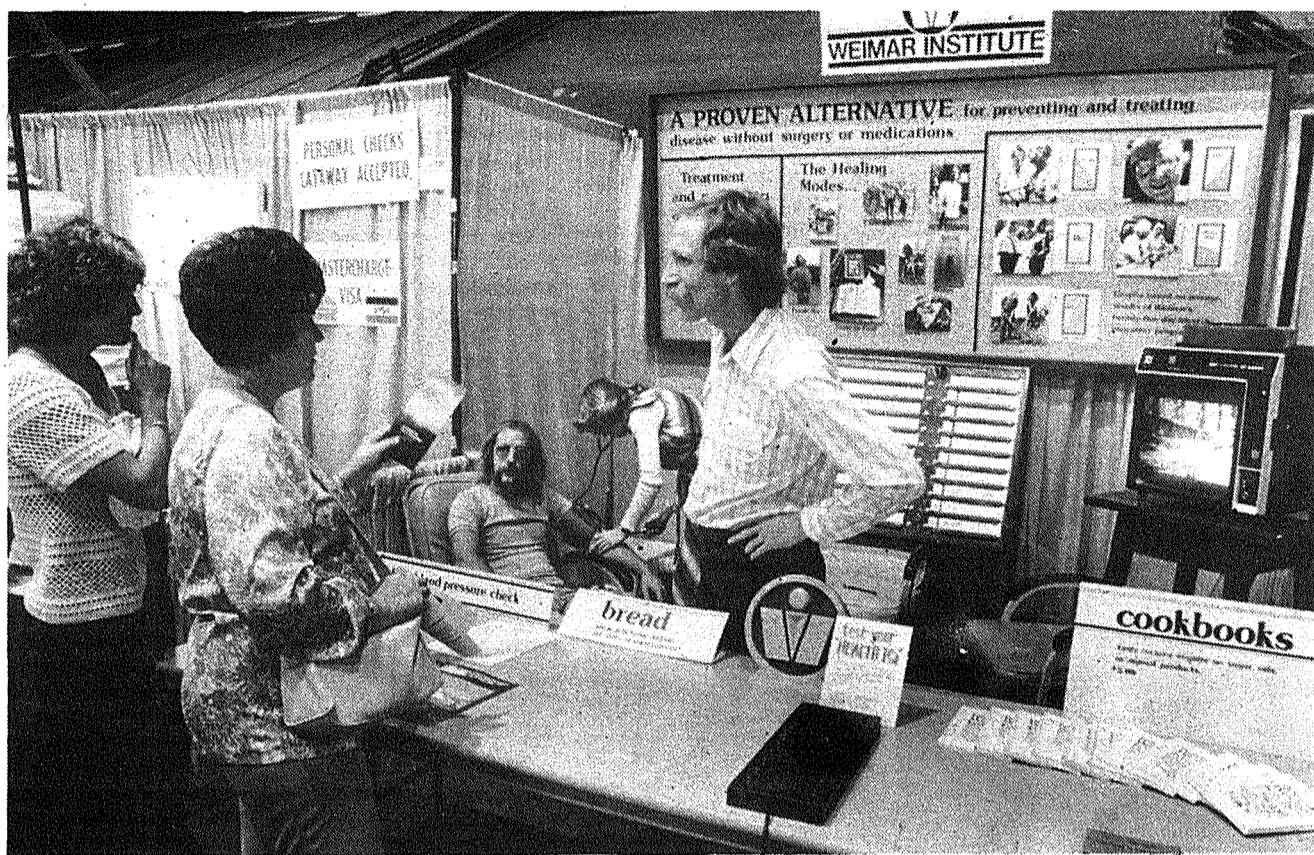
Dad's move shocked and bewildered many people. But he told them: "God led in a very direct way our coming to New Jersey. We have been here for four years and have seen His blessing. However, I believe He is now calling us on to some other duty, and who is man that he should stand in the way of God!"



Joel, Amelda, Jay Sr., June, Jay Jr.

Weimar At The Fair

Weimar Institute was represented by a health booth at the California State Fair August 17-September 4. Various staff members did blood pressure testing and also shared a little bit of the Weimar lifestyle on a one-to-one basis.



Tests And Trials

by Colin D. Standish

While it is true that we can be greatly affected by the fears that arise from our past and from the apprehensions that we have of the future. We nevertheless have to live each moment of each day as it arises. Our feelings, thoughts and emotions affect us moment by moment, yet it is our present that is most significant to us.

In His Sermon on the Mount, Jesus encourages us not to be anxious about the things of the future. "But seek ye first the kingdom of God, and His righteousness; and all these things shall be added unto you. Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself."¹

However, the Lord does not indicate that the life of the Christian will always be free from strife or stress or trial. "Yea, and all that will live godly in Christ Jesus shall suffer persecution."²

In writing to the church of Smyrna, John said, "Fear none of those things which thou shalt suffer: behold, the devil shall cast some of you into prison, that ye may be tried...be thou faithful unto death, and I will give thee a crown of life...He that overcometh shall not be hurt of the second death."³

Of course, we may not be asked to render up our lives. But we are all asked to live for Christ and to be faithful in everything we do. Bountiful rewards are promised for those who accept the tests of this life. "They that sow in tears shall reap in joy. He that goeth forth and weepeth, bearing precious seed, shall doubtless come again with rejoicing, bringing his sheaves with him."⁴

Paul also sees the responsibility of test in a way which brings greater strength and assurance to the Christian. "Now no chastening for the present

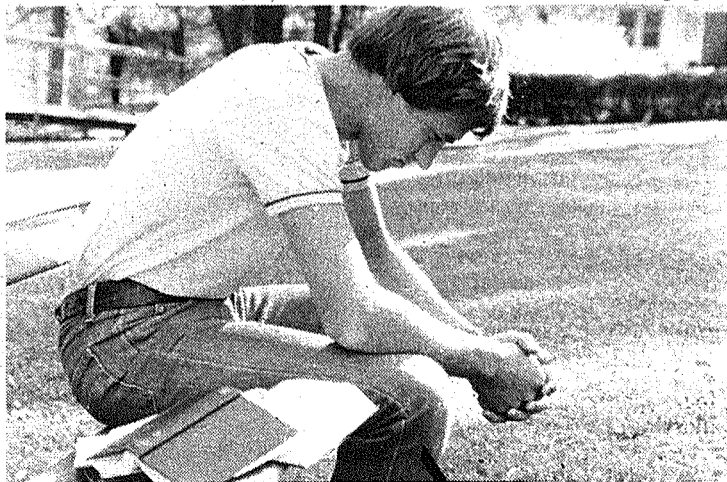
seemeth to be joyous, but grievous: nevertheless afterward it yieldeth the peaceable fruit of righteousness unto them which are exercised thereby."⁵ The Lord permits trials and difficulties to be the lot of His children to refine them, purify them, and to offer a basis on which their spiritual life might grow. Peter had this to say: "That the trial of your faith, being much more precious than of gold that perisheth, though it be tried with fire, might be found unto praise and honour and glory at the appearing of Jesus Christ."⁶ Paul even makes it clear that the difficult experiences of life are permitted by the Lord because of His great love for us, realizing if there were no tests or trials, the character—the beautiful, Christ-like character—that He would reproduce in each of our lives, could not be fulfilled. "For whom the Lord loveth He chasteneth, and scourgeth every son whom He receiveth."⁷

David seemed to understand this, for he said, "Before I was afflicted I went astray: but now have I kept Thy Word."⁸ It was in the affliction, in the chastening that the Lord permitted in David's life, that he was able to turn from a life of terrible sin to one in which he was able to keep the Word of the Lord. And perhaps no better testimony as

to the efficacy of trials and temptations comes to us than in the experience of Job—a man who lost all his goods, his property, and his family; and was placed in a position of inordinate agony, having his whole body covered with boils. Yet this same Job could say, "He heareth the cry of the afflicted."⁹ How much more can we, who have not been tried to the fullest extent as Job was, praise the Lord and even thank Him for the tests that have come to refine us and to draw us closer to Him. For Jesus, really, is our strength in these difficulties. "The Lord also will be a refuge for the oppressed, a refuge in times of trouble."¹⁰ And Paul says, "God, that comforteth those that are cast down."¹¹ Paul further gives us the wonderful assurance, "And we know that all things work together for good to them that love God."¹²

There are principles here that we must consider. Firstly, all things—even those events that seem negative and unprofitable—work together for good. And secondly, this will result in the lives of those who sincerely love God: "Who comforteth us in all our tribulation, that we may be able to comfort them which are in any trouble, by the comfort wherewith we ourselves are comforted of God."¹³

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WEIMAR INSTITUTE

Weimar Institute is a multi-phased ministry whose keynote is SERVICE. Working in harmony with the basic tenets of the Seventh-day Adventist Church, the Institute is comprised of physicians, educators and other laymen. Our primary goal is to uplift God's character as the One who restores His image in His people on earth. Weimar Institute ministers to the physical, the mental and the spiritual aspects of humanity. Relying solely upon the free gift of the righteousness of God revealed in the Person of Jesus Christ, the Institute openly confesses that no function of its ministry can detract from the reality of that One Source of salvation. Rather, we desire that His righteousness shall become more believable to others because of this service to which we ourselves have been called. (2 Tim. 1:9, Eph. 2:9-10)

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Monday through Thursday: 8:00 A.M. - 5:00 P.M.
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Sabbath and Sunday: Closed
Telephone: Business line: (916) 637-411

VISITORS

Due to the rapid growth of the "Weimar family" we have extremely limited guest facilities. PLEASE, if you plan to visit Weimar overnight, make advance reservations. Otherwise, we cannot guarantee accommodations. Thank you for this consideration.

Vacation Health School

On June 17-21 the Meadow Vista, California, Seventh-day Adventist church had its first Vacation Health School. Attending this session were 47 children representing the communities of Roseville, Rocklin, Auburn, Meadow Vista, Colfax and Grass Valley, and ranging in age from eight to 16 years, with almost an equal number of boys as there were girls.

Using the eight natural remedies of health as the theme, Hazel Hon, one of Weimar's cooking instructors, briefed the children on the key words for the week — "NEW START" — described in the following acrostic:

Nutrition
Exercise
Water

Sunlight
Temperance
Air
Rest
Trust in Divine power

By the second evening the children had these key words

and their meanings fixed in their memory.

Some of the interesting activities in which the children participated were demonstrations on making bread, entrees, pizza, lasagna, lunch box specials, Chinese cooking, and desserts. Various charts and diagrams were used to enhance the health story. One particular chart showing the body parts as machinery was originally owned by Mrs. Hon's grandmother and came from China years ago.

In addition, the children had a chance to view various films on smoking, drugs, heart functions, the effects of sugar, etc. But the most rewarding and exciting event was to actually get their hands into the food-making process. Boys as well as girls kneaded, cut, rolled, sauteed and listened as if they had finally found their niche in life.

We are counseled to take our children into the kitchen and teach them the ways of health. In this case, however, the counsel became reciprocal:

Having acquired certain skills the children were taking their parents into the kitchen to show them what they had learned. Several children commented that they enjoyed preparing these "special" dinners at home following the cooking classes. Many of them were convinced about the harmful effects of smoking, drinking, and drugs, and the general enthusiasm of the whole session was refreshing.

As a follow-up to the Vacation Health School a questionnaire was sent out to assess the reaction of the participants. The responses were encouraging. Many of them indicated an interest in participating in another such school next year.

Perhaps we can all be encouraged by a comment from one of the Meadow Vista church members who had much to do with the success of the program: "Let us in love, faith and prayer, look forward to meeting with the youth of our communities in preparing their souls to meet our Saviour."



A Honeymoon Retreat

Over one year ago, in the month of May, Weimar was blessed with a small pioneering group of people wanting to learn a new lifestyle in order to restore their health. Among this cluster presided the "Judge". This nickname was given him by the other guests because Mr. Ed Maloney is the Commissioner for Lyon County in Nevada. He had just come from a 4-vessel bypass surgery, done 2 weeks earlier, to learn how to keep those new pathways free from the usual re-occlusion.

Ed not only learned how to eat and exercise while at Weimar but converted from a "Type A" personality to as close to "B" as one can get when you've spent 60+ years under stress. It was hard to imagine such a gentleman as Ed not having a wife to pamper. But's that's exactly where his latest adventure has been centered. After leaving

Weimar, this healthy, mellow politician found the right woman and finally the right words. All was working out great, but Ed had one special request for his future wife. After learning the reasons and experiencing the vitality of a fine-tuned lifestyle he was most anxious to share this with Pauline. She admitted that she was quite skeptical of the whole concept of learning a different way of living, but if Ed felt it was best for her, she would try it. That was the first clue that he had made a wise choice for a spouse. Ed convinced her that the best time for this new orientation would be the first two weeks of their honeymoon! And believe it or not, the day after their wedding they arrived at Weimar for their honeymoon retreat.

What an experience they had together hiking through the hills and forests, learning how to cook God's natural way,

sunbathing, and trusting in God's simple ways to give them the happiest and longest life together. Then there was hydrotherapy. Pauline learned to love those stimulating cold mitten friction rubs, hot and cold showers, brief cold baths with a vigorous warming friction rub following, and the massages. In fact, to her own amazement she desired to complete the last two weeks of the program, but of course work called them back to Carson City.

The remaining week and a half of their honeymoon at home was filled with early morning walks up and down the foothills of the Sierra Mountains while their whole grain cereal was simmering in the new little crockpot they received as a wedding gift. Calisthenics, sunning and learning to live together...what a great way to get started on the right foot!



They were able to return to Weimar for the farewell dinner to see how well their fellow guests had improved. Thanks to God's basic remedies, they were pleased to see the new vitality in each step and the joy in each face. They were presented with two ferns for their newly united home to remind them of the H.E.C. Staff's love for both of them.

Ed and Pauline Maloney-

May God richly bless your new relationship and may He continue to give you the desire to follow His simple ways to eternal happiness. Thank you, Ed, for the compliment to our program and staff by spending your first two weeks together with your Weimar family. Pauline-Welcome to the family and please, both of you, stop in and visit us anytime.

from the Weimar Kitchen

recipes

White Gravy

1 cup cashews
1 1/2 cup water
1 small onion

Blend together until very smooth.

1 1/2 tsp. celery salt
1 tsp. bakon yeast
garlic powder to taste
onion powder to taste
1/8 tsp. thyme (opt.)
1/4 tsp sage (opt.)

Add water to make desired thickness. Will thicken as it cooks. Add parsley flakes just before serving.

Tasty Patties

1 cup finely chopped onion
1 cup finely grated zucchini (opt.)
Add:

1 tsp. sweet basil
1 1/4 tsp. garlic powder
1/2 tsp. sage
1/2 tsp. thyme
1/2 cup red beans-mashed
3/4 cup lentils-mashed
1/2 tsp. salt

Boil: 1/2 cup water
Add: 3/4 cup bulgur wheat and remove from heat. Let absorb moisture.

Add: 3/4-1 cup rolled oats

1/4 cup wheat germ
1/4 cup sunflower seeds (opt.)
1/4 cup chopped cashews (opt.)
1/4 cup chopped walnuts (opt.)

Mix all ingredients together. Form into patties and place on a teflon cookie sheet or one sprinkled with fine cornmeal. Bake at 350° about 30 minutes or until done. May use as patties with gravy or as a burger.

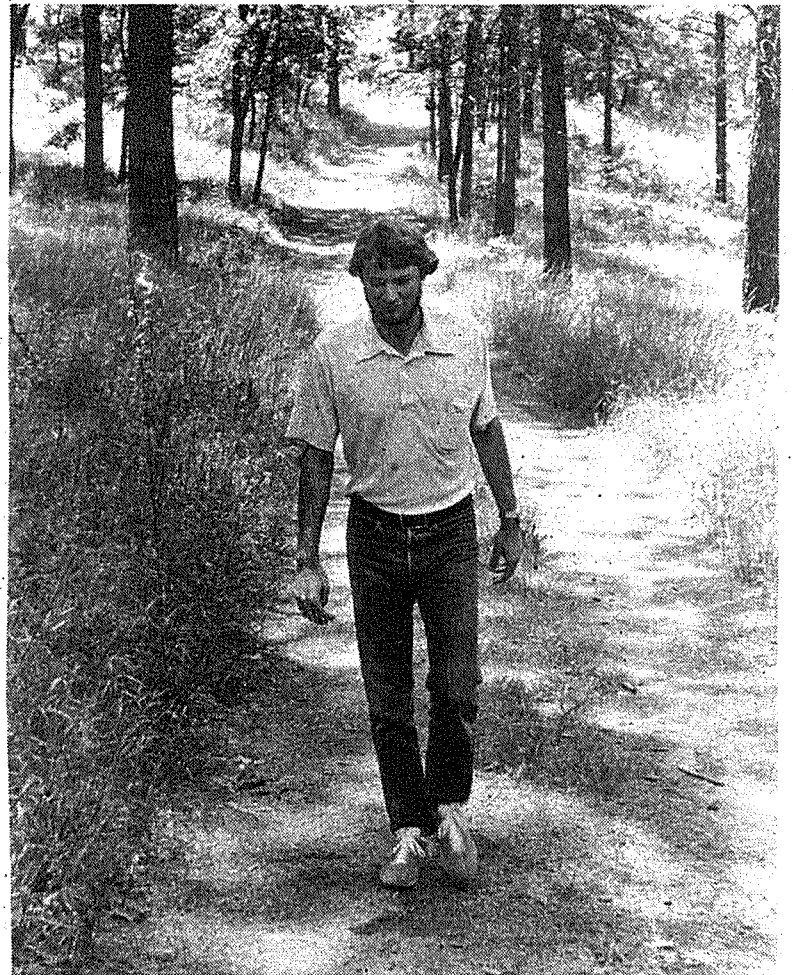


Camp meeting-Weimar Style

September 7-14 Weimar Institute held an in-house campmeeting as the Weimar family sought to be more deeply united spiritually, mentally and physically. Through-out the week staff members and students.....



worked together



had quiet times



prayed together



studied together



and shared their faith.

It is our continued prayer that the word of the Lord in Isa. 43:21 might be fulfilled in each of our lives: *"This people have I formed for myself; they shall show forth my praise."*

What Did Jesus Do?

by Eric W. Hon

It is a contradictory world in which we live — a very troubled world. And yet it has so much to offer, causing men to strive for those things which appeal to every desire of the human heart.

Never in all history has man been surrounded by the multitude of things that are accepted as the normal way of life, i.e. quality homes, labor saving devices, radio, TV, modes of transport, travel to faraway places, pleasures of infinite variety. Every possible material thing that the mind can conceive to satisfy the heart's desire to the fullest degree, "the good life," is available, right at hand as it were.

In the long ago, Jesus knew about these last days; these days of paradox and intense materialism. He knew the dangers that those waiting for His return would be called upon to face. He knew of the possibility of His people being dazzled and eaten up by those things that surround us; things that are so attractive and appealing to creature comfort and pleasure.

What did He do? To alert us so that we would be aware of the subtleties and wiles of the master deceiver, He opened

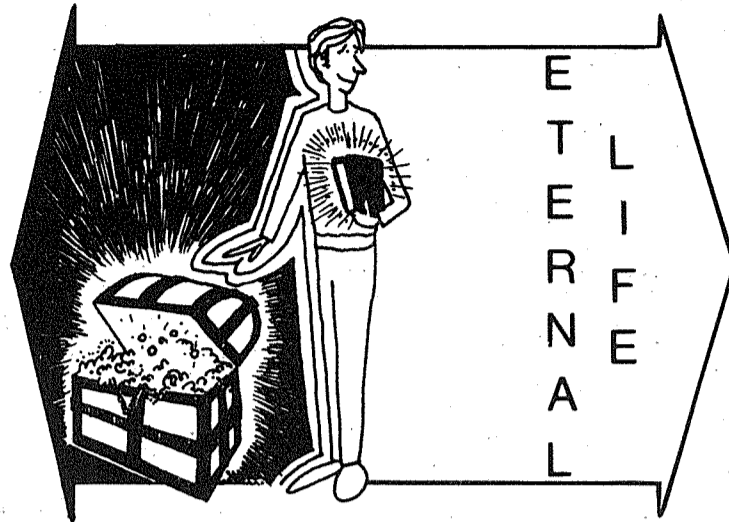
before us two sets of values. This is how He put it: "Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal: But lay up for yourselves treasures in heaven where neither moth nor rust doth corrupt, and where thieves do not break through nor steal: For where your treasure is, there will your heart be also." Matt. 6:19-21

The earthly treasure doesn't need explanation. It is all those things that have been stated heretofore, and more. There is no permanence or security in earthly possessions. They deteriorate, depreciate, and are subject to loss in a variety of ways. In any case, all is marked for destruction in the end. (Rev. 18)

Because of this, Jesus tells us what to do. We are to get our values straight. Putting them in perspective, we will have the right priorities. We are to strive for the permanent treasure of heaven as opposed to the temporary, fleeting treasures of earth. Earthly treasure is things, but what is heavenly treasure? God has an explanation in His Word: "And they shall be mine saith the Lord of hosts, in that day when I make

up my jewels (margin, special treasure); and I will spare them, as a man spareth his own son that serveth him." Mal. 3:17 "Now therefore, if ye will obey my voice indeed, and keep my covenant, then ye shall be a peculiar treasure unto me above all people: for all the earth is mine." Ex. 19:5 (See also Ps. 134:4).

It is clear enough that in the eyes of God treasure is people. Jesus said to work for people, heavenly treasure, not things. In other words, we are to use what God has given us, so we can work for people, not for self. There is nothing wrong with working for things if those things are used to work for people. What God has given us and what we work for materially should be a means to an end, not the end in itself. "To every one who becomes a partaker of His grace, the Lord appoints a work for others. Individually we are to stand in our lot and place, saying, 'Here am I; send me.' Upon the minister of the Word, the missionary nurse, the Christian physician, the individual Christian, whether he be merchant or farmer, professional man or mechanic, — the responsibility rests upon all. It is our work to reveal to men the gospel of their



salvation. Every enterprise in which we engage should be a means to this end." MH 148:1

The people we work for — to save them for the heavenly kingdom — that is heavenly treasure immeasurable. The value of saving one soul is far beyond human computation. Only divine love, only the understanding of the cost of Christ's great sacrifice, can help us realize the value of one soul, and the treasure that it is in the eyes of God.

Jesus came to work for

heavenly treasure, and this is what He is calling us to do. The evidence that we are truly His followers — that we understand the cost of salvation — is this: We will do what He did.

"God can use every person just in proportion as He can put His Spirit into the soul-temple. The work that He will accept is the work that reflects His image. His followers are to bear, as their credentials to the world, the ineffaceable characteristics of His immortal principles." MH 37:4

Tests and Trials

continued from page 3

Not only are trials and difficulties to strengthen our own faith and our own lives, but also that we might be a consolation, a blessing, and an understanding sympathizer to other fellow humans who may be having difficulties. Knowing also that "we have not an high priest which cannot be touched with the feelings of our infirmities; but was in all points tempted like as we are." 14 God has promised that His Son, Who understands the life of the human being, is able to respond to the afflictions of human life with great sympathy and empathy, and also with the power to help each of these difficulties to be surmounted.

The Lord has promised that those who will continue in His strength, will grow in spite of trials and temptations, having the assurance of eternal life. "Blessed is the man that endureth temptation: for when he is tried, he shall receive the crown of life, which the Lord has promised to those that love Him." 15

What are your trials? What are your difficulties? Are they so great that Jesus cannot overcome them? John assures us, "This is the victory that overcometh the world, even our faith." 16

God daily wants to commune with His people. And this is achieved by a two-way conversation. As we study God's Word, we are listening to His voice. As we pray, we participate in the communion. In this way we acknowledge God as the source of all good. "Every good and perfect gift is from above, and cometh down from the Father of

lights, with whom is no variableness, neither shadow of turning." 17

In fact, Paul goes further: "Now unto Him that is able to do exceeding abundantly above all that we ask or think." 18 Christ does not answer our prayers minimally but in an overflowing response where His love is manifested even beyond that which we could ask or think. Paul further puts it this way, "My God shall supply all your need according to His riches in glory by Christ Jesus." 19

But there are conditions to answered prayer. The first of these is faith. "But let him ask in faith, nothing wavering." 20 This may at first seem discouraging, as many of us recognize our feeble faith. Yet, like the father of the boy with the dumb spirit, we can surely cry out, "Lord, I believe; help Thou mine unbelief." 21

Christ gives us a further clue to successful prayer life. "And whatsoever ye shall ask in My name, that will I do." 22 It is in Jesus' name that God answers our prayers.

Another condition of answered prayer is recorded by John. "And this is the confidence that we have in Him, that, if we ask anything according to His will, He heareth us." 23 Not only must we ask in the name of Jesus, but according to His will, allowing Him to answer it in the very best way; not according to our impulses or our personal desire, but according to His will.

We need to know further that God will answer our prayers even before we pray. There have been many instances of men and women whose prayers have been

answered long before they have prayed, though God reveals the answer to them only after they have prayed. "And it shall come to pass, that before they call, I will answer; and while they are yet speaking, I will hear." 24

Unfortunately, much of private, family and corporate prayer, and Bible study have been lost. The very first moments of each day are blessed as they are spent with Jesus.

There is a critical role for the re-institution of the morning and evening family worship periods. How beautiful it is when families gather together to commune with one another and with God. It is the husband's responsibility, as priest of the family, to lead out in these worship periods, to gather his family together at a carefully appointed time morning and evening. However, if for some reason the husband does not, or cannot, lead out, then the mother has that responsibility.

We never need to brood over the past or to be worried about the future if we have a simple trust and confidence in God. He has assured us that the present is in His hands as well as the past and the future. "For He hath said, I will never leave thee, nor forsake thee."

- 1 Matthew 6:33-34
- 22 Timothy 3:12
- 3 Revelation 2:10-11
- 4 Psalms 126:5-6
- 5 Hebrews 12:11
- 6 1 Peter 1:7
- 7 Hebrews 12:6
- 8 Psalms 119:67
- 9 Job 34:28
- 10 Psalms 9:9
- 11 2 Corinthians 7:6
- 12 Romans 8:28
- 13 2 Corinthians 1:4
- 14 Hebrews 4:15
- 15 James 1:12
- 16 1 John 5:4
- 17 James 1:17
- 18 Ephesians 3:20
- 19 Phil 4:19
- 20 James 1:6
- 21 Mark 9:24
- 22 John 14:13
- 23 1 John 5:4
- 24 Isaiah 65:24
- 25 Hebrews 13:5

Where Shall I Invest?

continued from page 2

fatuate, and cause many who possess them to act as though they were bereft of reason. The more they have of this world, the more they desire...As their riches have accumulated they have put their trust in them and have lost faith in God and in His promises...Christ points out the way in which those who have wealth, and yet are not rich toward God, may secure the true riches. He says: 'Sell that ye have and given alms; and lay up treasure in heaven...By investing their means in the cause of God to aid in the salvation of souls, and by relieving the needy, they become rich in good

works...This will prove a safe investment. CS 150, 151.

"The Bible condemns no man for being rich if he has acquired his riches honestly. It is the selfish love of money wrongfully employed that is the root of all evil. Wealth will prove a blessing if we regard it as the Lord's, to be received with thankfulness and with thankfulness returned to the Giver." 6 T 452, 453.

With such clear investment advice from such an authoritative source can any further word be added? May we each ponder, pray, plan and provide that God may be honored by our carefully placed investments and His cause advanced by our faithful stewardship.

BOOK REVIEW

As a service to our readers, the BULLETIN is listing current books authored and co-authored by Weimar staff members. They are as follows:

MADISON, GOD'S BEAUTIFUL FARM

Ira M. Gish and H. K. Christman

Dr. E. A. Sutherland played an important roll in the building of Madison College. Possibly few manuscripts ever had more going for them in documentation, inspiring information, and reader interest than this history of a man and the story of Madison. \$2.95. Available at your nearest Adventist Book Center.

A NEW YOU

Dick Winn

A unique treatment of the dynamics of salvation as experienced in human lives. With a focus on total restoration of the sin-damaged character, this book deals with God as the Restorer and how He forgives the penitent sinner, then renews his characteristics and tendencies into harmony with His will, and finally gives him a totally new life in the earth made new. In developing the theme, the author draws upon a delightful analogy from his own experience—restoration of old cars—that contributes richly to reader interest. \$1.00. Available at your nearest Adventist Book Center.

A CALL TO PERSONAL MINISTRY

Eric W. Hon

An extensive compilation of studies outlining medical and health evangelism. The author, who has had more than twenty years of first-hand experience, is well qualified to set up these studies. An important aid in instructing church members in their personal responsibility through this particular avenue of missionary service. \$3.50, postpaid; Weimar Institute P.O. Box A, Weimar CA. 95736.

Footprints

The following story has been an inspiration to many:

One night a man had a dream. He dreamed he was walking along the beach with the Lord. Across the sky flashed scenes from his life. For each scene he noticed two sets of footprints in the sand. One set belonged to him, the other to the Lord.

When the last scene of his life flashed before him, he looked back at it and many times along the path of his life there was only one set of footprints. He also noticed it happened at the very lowest and saddest times in his life.

This really bothered him and he questioned the Lord about it. "Lord, you said that once I decided to follow you, You would walk with me all the way. But, I have noticed that during the most troublesome times in my life, there is only one set of footprints. I do not understand why in the times I needed You most, You would leave me."

The Lord replied, "My precious, precious child. I love you and would never leave you. During your times of trial and suffering, when you saw only one set of footprints, it was then that I carried you."

WEIMAR INSTITUTE INFORMATION REQUEST FORM (Please Print Clearly)

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- ☐ Please add my name (or those attached) to the Weimar Institute Bulletin mailing list so that I can be kept informed of future progress.
- ☐ I am already receiving the Bulletin.
- ☐ This is a change of address.
- ☐ I am enclosing a sacrificial gift to help Weimar Institute fulfill its mission. Please send me a tax-deductible receipt.
- ☐ I need information about

DID YOU KNOW THAT...

We have had an excessive increase in our printing, mailing and handling costs. (It costs us approximately \$2,000 per month to get the Weimar Bulletin out to our growing list of subscribers.) We would therefore welcome your donations, as you are impressed, to help defray these expenses as we continue to keep you posted on the happenings here. Thank you.

From Our Readers

The Bulletin came and after reading it, though my income is small and I am 80 years old, I feel impressed to send you my donation of \$10. I want to have a part in the work you are doing. I only wish I could send more, and I only wish I were younger so I could come and join the family and the work you are doing.

Reader, Morristown AZ

Over the past few weeks and months I have heard bits and pieces about the program that you have going at Weimar but at best it has been fragmented. It sounds as if you have a very good program going. To keep myself informed I would like to be on your newsletter mailing list that you mail out on a regular basis.

Health Educator,
Kettering
Medical Center, OH

Thank you so much for sending us the new Bulletin. We enjoy them so much and remember Weimar often in our prayers. We know the Lord is blessing you abundantly. And even though Austria may seem far from California and Weimar, there are several people who have heard of your school and have asked us about the philosophy, the programs offered, the nutrition and cooking philosophy, and your conditioning center. We feel sorry that we did not have much time or opportunity to get very acquainted with Weimar except through the Bulletins.

Reader, Austria

I appreciate you sending me the Bulletin, and I thank you very much. I am sorry I can't support all the things that come to me. I pray every day for the

Lord's work all over the world, and support some. So please forgive me for not helping you in your good work.

I am interested in health. Though I am an old lady of 62, I enjoy living the best way I can. I do with the help of the Lord. In my whole life I never (up to this date) have been sick, thank God. I am willing to learn how to take care of my health. Now, with your cookbook I hope to learn how to enjoy even better health than ever.

Reader, Saratoga CA

I had one of the Bulletins fall into my hands and I am extremely interested in it. Is there a way that the editor of the Atlantic Union Gleaner, the union paper for this union, can be placed on the mailing list to receive the Bulletin regularly?

May the Lord richly bless the efforts in His behalf at Weimar. May we all work together faithfully and harmoniously for the finishing of the Lord's work in our generation so that we may go home with Him soon in peace.

MARANATHA!
Editor,
Atlantic Union
Gleaner

I really like the two issues of the Weimar Institute Bulletin, the "September/October 1978" and "November/December 1978" issues. But I have a problem! You sent them to me all right. You did your part. Yes, I had them once, but I loaned them out to a friend of mine. She set them close to the fire place, just above some other papers. Her husband makes a fire in the mornings. Well, when my friend went to get them the next day, they were gone. She looked all over the house but couldn't find

them and thinks they were used to make the fire! So, would it be possible for me to get some extra copies of those issues? I would be grateful.

Reader, Philomath OR

It has been a delight receiving the Weimar Institute Bulletin this year. I especially appreciated the recent article "Relishing Life as a Gift." Being only slightly aware of the overall goals and objectives of Weimar Institute, I am somewhat impressed by the balanced approach which seems to be taken by the individuals leading out. I am excited for you and the young people that will be coming there.

Educational
Director, Illinois
Conference of SDA

Would you please put me on your mailing list for the monthly Weimar Institute Bulletin. I have listened to some of your health lectures on cassette and they are changing my life.

Reader, El Cajon CA

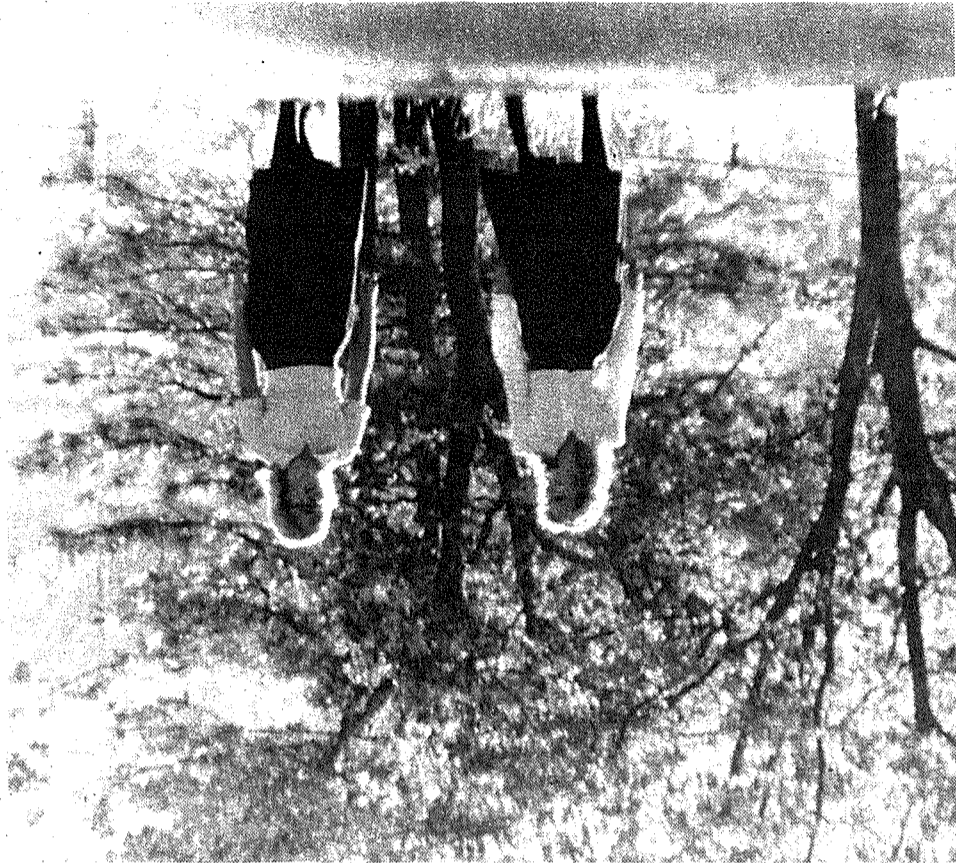
I have seen your magazine in various homes and would very much appreciate your staff adding me on your mailing list. In fact, I would be most grateful if you could send back numbers for our library.

We are starting a new university college in Kenya and have many of the same problems you have.

I am very much interested in your work and pray that God will bless your efforts abundantly.

Principal,
University College of
Eastern Africa

Can two walk together except they be agreed? Amos 3:5



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FROM OUR CHAPLAIN

The Agony And The Ecstasy

We squinted into the early September sun, straining to catch the first signs of movement on the lip of Glacier Point, 4,000 feet above us. For one half hour each morning, the Yosemite Park rangers allow a small number of hang-gliders to launch from that precipitous cliff—and we didn't want to miss them.

Without a sound, a red, white, and blue-winged bird slipped out over that awesome chasm, beginning a 15-minute descent to the valley floor. Seven other gliders followed at safe intervals. From the safety of the ground, we watched the solo pilots with a certain relieved envy as they darted briefly toward Half Dome, circled wide in front of Clouds Rest, then headed down the valley.

Making quick inquiry from a ranger about their usual landing sight, we scrambled to our camper and headed for the golden meadow near the base of El Capitan. Cameras in hand, we ran through the tall grass toward the spot where several of the gliders had already landed. We traced the remaining fliers through our viewfinders as they floated effortlessly past almost-dry Yosemite Falls, banked against El Capitan's massive granite face, then settled onto the soft grass for stand-up landings.

Those helmeted young men captured our admiration. I began to imagine what it must

have been like to mount a slender frame of aluminum and nylon on my back, then take a few decided steps off the edge of a 4,000 foot cliff. I literally chilled as my mind began to comprehend what these men had done. But then I began to imagine what they had experienced once in flight—the spectacular view of one of God's most lavish rock gardens, the freedom to fly with the eagles, to drift through the pine-scented Sierra air, above the tallest trees, tracing the flow of the Merced River thousands of feet below. As one of the fliers described it, carefully choosing the emphasis for each word, "It was definitely a religious experience!"

It was something I'd give most anything to do—but doubtless wouldn't dare do even if my life depended on it! The agony and the ecstasy. The enticing thrill of success; the paralyzing fear of failure. Yet, this might be only faintly symbolic of the feelings the Apostle Paul must have experienced when he said, "We have this treasure in earthen vessels." (2 Cor. 4:7) What ecstasy, that God should entrust the infinite treasures of the gospel—the saving truths about Himself, the light that should dispel Satan's darkness—to us humans. But what agony that we sin-damaged "clay pots" should so often cloud that marvelous treasure with our partial surrender, our spiritual immaturity!

Hang-gliding from earth's grandest cliffs can't hold a candle to the immense privilege of working with our God in winning people to loyalty to Him. To see a tree from 4,000 feet in the air is mere kid's stuff compared to the privilege of seeing a living, loving, laughing human being saved into God's eternal family—to praise His name and to look us thankfully in the eyes through ceaseless ages.

But to dangle from some aluminum tubes high out over the face of Glacier Point (no wonder most glider pilots also wear parachutes) is nothing at all compared to the awesome awareness that someone may be basing their eternal choice about Jesus Christ on what they see of Him in me!

Yet our assurances in this great witnessing adventure are based on something vastly more secure than nylon and aluminum gliders and safety 'chutes. As one writer has expressed it:

"The divine Teacher says, 'Be ye therefore perfect, even as your Father which is in heaven is perfect' (Matt. 5:48). Would Christ tantalize us by requiring of us an impossibility? Never, never! What an honor He confers upon us by urging us to be holy in our sphere, as the Father is holy in His sphere. He can enable us to do this, for He declares, 'All power is given unto Me in heaven and in earth' (Matt. 28:18). This unlimited power it is our privilege to



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claim...God works with those who properly represent His character. Through them His will is done on earth as it is in heaven." — Ellen G. White, Signs of the Times, September 3, 1902.

No wonder Paul concludes his earthen vessel analogy by observing that this arrangement is "to show that the transcendent power belongs to God and not to us"! (2 Cor. 4:7 RSV, last part)