

WEIMAR INSTITUTE BULLETIN

BOX A, WEIMAR, CALIFORNIA 95736

VOL. 3 NO. 7 JULY, 1979

HEC Grand Opening

Coinciding with the first alumni reunion of Weimar's health program, the newly-refurbished Health Education Center was publicly opened. More than 120 community visitors, former HEC guests, and staff assembled on the lawn in front of the bandstand to celebrate God's blessings in providing this fine facility.

Keynote speaker Dr. Saalem Farag, from California's Office of Statewide Health Planning, challenged the audience to recognize the rapidly-developing trends in health care, including skyrocketing costs, increasing governmental involvement, and decreasing individual accountability for preserving good health. He commended Weimar's promising endeavors to cope with these trends, but urged further long-range planning.

The Health Education Center building—the visual focus of the day's activities—was physically ready. Twenty-eight freshly-decorated rooms, each with private bath and new furnishings, were opened for viewing. In fact, a number of the weekend HEC guests stayed in these rooms. In touring through the spacious hydrotherapy units, some admitted that they were viewing this type of healing agency for the very first time. Some of the weekend alumni meetings were held in the large Lecture Room in the northern wing of the center—which is used for physicians' lectures, cooking demonstrations, and other group meetings.

Dr. George Chen, Weimar's Medical Director, explained to the Open House guests the philosophy of healing which is the essence of the Health Education Center. Of the more than 140

persons who have completed the program to date, he reported, virtually all have experienced a significant improvement in general health. About 80% of those who have come to the program using medications (some taking as many as ten different kinds), have left without requiring any further medications for their disorders. The other 20% have been able to significantly reduce their drug intake. (For a more complete description of the health program, see the article in the center pages.)

A highlight of the morning's program was President Robert Fillman's recounting of the many explicit miracles of God's grace in the construction of the building. These included extraordinary gifts of materials, skilled labor, financial support, and even drastic reductions in the "red tape" necessary for such construction.

Everyone was surprised by the unseasonal mid-June cold snap (which brought snow flurries at higher elevations!) But the resourceful medical staff brought large stacks of brown wool blankets from the HEC linen closets, which the guests eagerly wrapped around their shoulders.

Weimar's health program had received its first guests about 13 months earlier, using a small lodge on the southern edge of the campus to house the first six persons who came. Nine months later, in February of the current year, the larger facility in the center of the campus was ready for occupancy—even though some trim details were yet to be completed.

Elder William Barclay, a member of the very first group to go through the HEC program, is credited with coining the



name for the building. NEW START Lodge does more than describe the fresh beginnings which many of the guests experience while in residence. It is also a clever memory device, since each letter stands for one of the eight natural remedies which are the core of the therapy program: Nutrition (proper, of course), Exercise, Water, Sunshine, Temperance, Air, Rest, and Trust in God.

Following the official ceremonies on the lawn, the guests were invited to tour through the lodge, where members of the medical staff explained the features of the building. Many guests then stayed for lunch in the Cafeteria.



Carved sign designates the HEC Building.

HCC Renamed

The Health Conditioning Center at Weimar has been renamed "Health Education Center". This new name better portrays the program, in that the program is designed to educate an individual to choose a lifestyle of living conducive to optimum health. The physician lectures, cooking school and devotionals all point to the abundant life the Lord has in store for each of us.

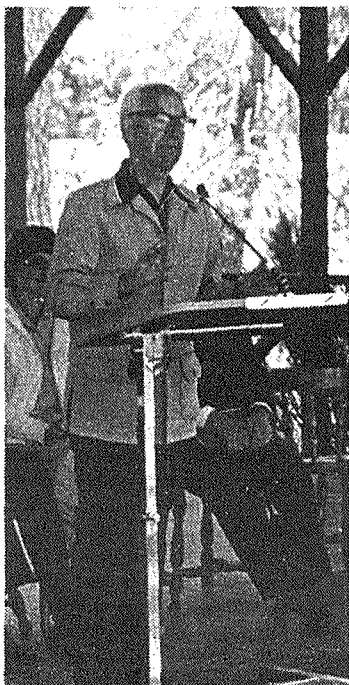
To some, the word "conditioning" connotes a learned reflex response to a certain stimulus, a response as the Pavlovian "conditioned" dogs in which the

response became automatic. The lifestyle change we desire for our guests to make, is one in which, after learning the facts, they can choose freely the life style they desire to follow from here on out. This change requires thinking, not a mere reflex conditioned response.

To some of us, who have been here since the beginning of the health program, it won't seem quite the same referring to the H.E.C. rather than the H.C.C. — but we'll adapt quickly, and we're most happy for the newly designated name.



Dr. Saalem Farag, from California's Office of Statewide Health Planning



Elder William Barclay



FROM OUR PRESIDENT

The Fourth in a Series on Christian Unity

As we have noted earlier in our series on Christian unity, those Christians who are brought into the oneness for which Christ prayed proved convincing evidence that God is capable of restoring people in His image. Since Satan has maintained that it is not possible, it is not surprising that he will use whatever means he has at his disposal to prevent God's people from achieving unity.

One of his most successful methods is what at first glance might appear to be somewhat insignificant. It is something that almost seems out of place when Paul includes it in his list of sins committed by those whom God ultimately gives up. Nestled there among manifestations of wickedness such as murder, deceit, haters of God, fornications, and inventors of evil is that activity familiar to many of us — gossip or tale-bearing (Romans 1:28-32) Even though it may at first appear a little thing, both Paul and Ellen White liken it to cannibalism. (Galatians 5:15, Education 235)

We are probably all acquainted with occasions where motives were impugned and reputations impaired by passing on information that created suspicion or destroyed confidence. Even if the facts are 100% accurate, how long do they remain so? If one is really honest when he finds himself listening to or repeating information that is damaging to someone else, he would usually recognize that when another looks bad he looks good. An unspoken comparison seems to say, "I certainly wouldn't do something like that!" Already Satan has won on several counts. He has brought about a situation where the eyes are focused on someone other than Christ. He has perpetuated his fallacy that our standing with God is in some way based on comparing ourselves with each other. And he has created a condition where unity is most difficult, if not entirely impossible.

But all of this is not necessary. God has designed two primary principles to prevent gossip from its destructive influence. The first is found in 11 Corinthians 13:5 where He counsels us to "examine yourselves." We can only do this by looking to Jesus who is our only reliable source of comparison. As we keep our eyes fixed on Him, it is our responsibility to maintain a personal relationship with Him. This is a pretty full-time job for most of us, and leaves very little time for concentrating on others' faults. In the context of labeling gossip, tale-bearing, and floating rumors as devil's work is the following observation. "If they would spend half the energy and zeal that is given to this unholy work examining their own hearts, they would find so much to do to cleanse their souls from impurity that they would have not time or disposition to criticise their brethren, and they would not fall under the power of this temptation." (3BC 1163)

The second principle is found in Matthew 18. "If your brother commits a sin, go and take the matter up with him, strictly between yourselves, and if he listens to you, you have won your brother over." (vs. 15 NEB) The next few verses make clear that there are times when it is appropriate to involve others — but never without first going to your brother or sister on a one-to-one basis. This responsibility does not rest only on the one who may be tempted to speak about another; there is a responsibility for the listener as well. "None should allow their feelings of prejudice and resentment to be aroused by the relation of the wrongs of others; all should wait patiently until they hear both sides of the question, and then believe only what stern facts compel them to believe. At all times the safe course is not to listen to an evil report until the Bible rule has been strictly carried out." (5T 97)

The beauty of following these two principles is that they are not practiced by doggedly focusing on ourselves. Rather, they can only be implemented as we keep our eyes fixed on Jesus. Conversely, as we keep our eyes directed toward Him we naturally begin to experience the outworking of these principles from within because "all of us Christians have no veils on our faces, but reflect like a mirror the glory of the Lord. We are transfigured in ever-increasing splendor into His own image, and the transformation comes from the Lord who is the Spirit." (11 Corinthians 3:18, Phillips) Through this transformation we begin to live the love which "does not keep account of evil or gloat over the wickedness of other people." (1 Corinthians 13:6 Phillips)

Sincerely,
Your brother in
Christ

Robert L. Fillman

Natural Law-Moral Law

by Eric W. Hon

Genesis 1 and 2 are not merely a record of creation, but a wonderful revelation of God's great love, His care and concern for man made in His image. In these two chapters are to be found the principles of health, spiritual and physical, the manual as it were, for man's total health. (more on this next time) Viewed in this setting it should not be difficult to understand that natural law, aside from moral law, is of divine origin. In 6T 369:1 we are counselled, "Since the laws of nature are the laws of God, it is plainly our duty to give these laws careful study. We should study their requirements in regard to our own bodies and conform to them. Ignorance in these things is sin."

While in Christ alone there is redemption and restoration, the believer has a responsible part in understanding and applying those principles that govern the well-being of the whole man. "There are conditions to be observed by all who would preserve health. All should learn what these conditions are. The Lord is not pleased with ignorance in regard to His laws, either natural or spiritual. We are to be workers together with God for the restoration of health to the body as well as to the soul." DA.824:4

Natural Law

Further, the understanding of the function of natural law should lift the horizon of our thinking to see more clearly its place in the health message, which is an integral part of the third angel's message. "To make natural law plain and urge obedience to it is a work that accompanies the third angel's message." CH.21:2

More significantly, then, should be understood the Bible teaching on physical-spiritual relationships as it is found in 1 Cor.6:19,20. Redeemed at immeasurable cost, the body has

the high and holy appointment to house the Holy Spirit. As such we are urged in Rom.12:1 to present our bodies a "living sacrifice, holy, acceptable unto God." A living sacrifice is a life without spot and blemish as explained in G.C.475:1, "He whose body is the temple of the Holy Spirit will not be enslaved by a pernicious habit. His powers belong to Christ, who has bought him with the price of His blood. His property is the Lord's. How could he be guiltless in squandering this entrusted capital."

The Violation of Natural Law

We are left in no doubt as to the consequences that follow the violation of natural law. (See 1Cor.3:16,17) As with moral law the mere application of natural law has no power to sanctify or save. The evidence of Christ in the life is the full and complete expression of these principles, physical and spiritual. The Redeemer willingly bestows strength, wisdom, and power upon those who make total submission to Him.

At this point it would, therefore, be appropriate to look at some ways in which we can defile the body and violate natural law: Bad nutrition — eating food that is not good for us, food that has no nutritive value; Eating the right foods at the wrong time — in between meals, late suppers just prior to going to bed; eating wrong foods at the right time; over-eating — eating too much of what is good. We can defile our bodies by over-work — not having sufficient rest; not exercising regularly and other wrong habits of living. "The misuse of the body shortens the period of time which God designs shall be used in His service. By allowing ourselves to form wrong habits, by keeping late hours, by gratifying the appetite at the expense of health, we lay the foundation for feebleness. By neglecting to take physical exercise, by over-working mind or body, we un-

balance the nervous system. CH.41:2

We can defile our bodies by wrong thinking, evil thinking, worry, ill-feelings; by harbouring grief, distrust, remorse, discontent. For just as there is a close relationship between the body and the mind, so there is between the mind and the body. "The state of the mind has largely to do with the health of the body, and especially with the health of the digestive organs." CDF.375:2 For total well-being there is need to give close heed to all of God's laws, natural and moral.

The Purpose of the Health Message.

It therefore follows that from the understanding of physical-spiritual relationships, why God, in His providence and wisdom, gave to the church specific comprehensive health principles united to great spiritual truths. The gospel of redemption and restoration was made known to Adam, then in the course of time to Israel, and subsequently, step by step to the pioneers following the Great Disappointment. It is, in effect, the everlasting gospel of Rev.14:6-12 of which the health message is an integral part. "Health reform is to stand out more prominently in the proclamation of the third angel's message." CDF.75:3 "The health reform is one branch of the great work which is to fit a people for the coming of the Lord. It is as closely connected with the third angel's message as the hand is to the body." CH.20,21

Health Basic to Spiritual Development

In Christ alone is righteousness. Justification and sanctification come only through His saving power. The evidence that Christ's righteousness is truly in our lives is the fulfilling of the prayer of Jesus in John 17:17, — the willingness of the in-

Continued on page 10

Distinguished Speakers Visit Weimar

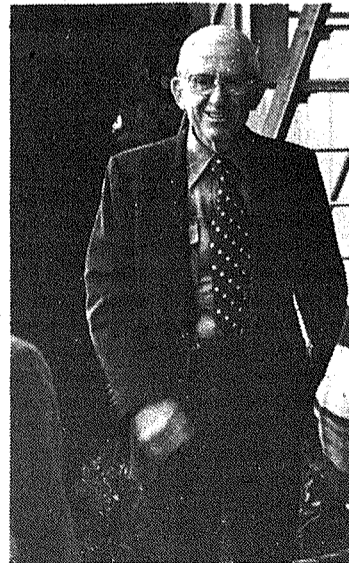
Two distinguished speakers presented series of meetings during the month of May at Weimar Institute.

Elder Paul Heubach, former pastor of the Loma Linda University Church and Dean of the School of Theology of Walla Walla College, held Week of

Prayer May 7 through 11. Using Religion and Life as his theme. Elder Heubach spoke of a practical and genuine Christian experience. A communion service Friday night closed the spring Week of Prayer.

General Conference Temperance Secretary Milo

Sawvel conducted an in-house retreat for Weimar students and staff the weekend of May 26. Materials prepared for use in 5-day Plans to Stop Smoking, films, and words of spiritual encouragement proved a blessing to those who attended.



Elder Paul Heubach



Milo Sawvel makes a point during an in-house retreat at Weimar.

Grand Opening



Jeri Orr



Woolen blankets keep listeners warm from unseasonably cool weather.



Linda Kreye, former HEC receptionist, helps give a guided tour of the New Start Lodge.



Dr. George Chen

Philosophy Of Weimar

When a newborn baby is placed in his mother's waiting arms, he receives the full love and acceptance of her heart. Never, in a lifetime of growing to maturity, could the mother love him more. True, the first smiles of recognition, the first gurgled attempts at communication, and later the first successful, though wobbly, steps bring added delight to his parents. However, these accomplishments do not earn their love, for it is already abounding. Neither do they bring acceptance, for the helpless babe was fully and joyfully accepted at birth as a son, and cannot attain to a higher standing.

Even so with our heavenly Father. His waiting arms bear us up as we are "born again." His full heart of love and acceptance counts us as sons and daughters — His very own. Though totally incapable of much more than resting in His watchcare, His delight is upon us. The fact that we grow spiritually, even reach maturity, does not add to our standing in His heavenly family. Our place is already secure, our heritage sure. Then, why grow?

In the early moments of waking dawn, baby's tummy satisfied, and snuggled close to mommy, there is a wonderful sound outside that catches his attention. An orchestra of excited, bursting-at-the-feathers, morning sentinels hail the sun's appearing. However secure that baby may be, what tragic loss would be his should he never grow to see and know the simple joys waiting outside his window. And terrible, too, the disappointment of the parents who can hardly wait for the privilege of sharing such wonders.

Could this have any bearing on some of the questions that are being asked about the Christian's security in Christ, and acceptance by Him? True, in this confusing and frightening world, we must have answers to those questions. But, once settled in our Father's welcoming arms, to be content with no more than security is to rob ourselves of immeasurable treasures, and to frustrate the heart of God. Far more is waiting outside our open windows than all the glories of the vast universe — there is God Himself! If now we see but through a glass darkly, viewing men walking as trees, can we be satisfied with our understanding of our Creator?

We can no longer be content only with questions about our own security and acceptance. It is evident that we are called to

"grow up into Him," even "unto the measure of the stature of the fulness of Christ." (see Eph. 4:12-15) By doing so, we do not earn salvation, for that is already ours in Christ. Rather, we publicly reveal that we are indeed part of God's family. And, as we grow, seeing God more clearly, we witness to His glory.

"We are asking God that you may see things, as it were, from His point of view by being given spiritual insight and understanding. We also pray that your outward lives, which men see, may bring credit to your Master's name, and that you may bring joy to His heart by bearing genuine Christian fruit, and that your knowledge of God may grow yet deeper," Col. 1:9 Phillips



FROM OUR TREASURER

To Spend And Be Spent

by Kent Dickinson

In the chapter, "Willing to Spend and be Spent," pages 86-88 of Volume I of *Selected Messages*, Ellen G. White counsels, "By earnest, thoughtful efforts to help where help is needed, the true Christian shows his love for God and for his fellow-beings. . . God has provided for every one pleasure that may be enjoyed by rich and poor alike — the pleasure found in cultivating pureness of thought and unselfishness of action, the pleasure that comes from speaking sympathizing words and doing kindly deeds. . . Those who are laboring in places where the work has not long been started, will often find themselves in great need of better facilities. their work will seem to be hindered for lack of these facilities; but let them not worry. Let them take the whole matter to the Lord in prayer. When trying to build up the work in new territory, we have often gone to the limit of our resources. At times it seemed we kept our petitions ascending to the heavenly courts all the time denying self; and God heafd and answered our prayers, sending us means for the advancement of the work."

In the third issue of the *Bulletin*, published in August 1977, an article appeared giving a brief outline of the needs that then existed for funds to meet the operating costs of Weimar Institute. In the same issue a long list of tools, equipment and material needs was also included. Subsequent issues have mentioned the generosity of many who have answered the call by volunteering their valuable time, as well as donating funds and materials. In this way many have assisted the early efforts of this fledgling institution to become all that its founders envisioned.

In reviewing the contribution record for the past two years, it is evident that generous gifts have come in from many sources, varying in amounts from a few dollars to many thousands of dollars from individual donors. This is most gratifying for it is evidence to us that God is moving on hearts all about us to support the principles and programs at Weimar Institute. A broad base of support is much to be preferred to a dominant single, or limited number of supporters.

The record of cash donations to Weimar Institute also indicates the following encouraging results:

In the last seven months of 1977, \$192,574 was received — averaging \$27,510 per month.

In the twelve months of 1978 \$352,645 was received — averaging \$29,387 per month.

In the five months of 1979 \$187,503 was received — averaging \$37,500 per month.

Also included in the above figure for the first five months of 1979, there were 897 cash gifts received, of individual amounts less than \$1,000, with an average of \$66.08 per gift. These are most helpful in our effort to not only become operative but to make the numerous capital improvements needed.

Now that the Health Education Center has been in operation a full year, and the remodeling of the building housing it is virtually complete, it is possible to accept additional guests for that program. This will enhance the operational income from that source.

The first college year has also just closed, and a pattern of interest and support for that program can begin to be seen. However, much growth is yet possible, and desired, to bring this phase of the Institute into a more viable part of the total financial structure.

To further carry out the initial plan for the healing and training work to be done here, the Finance Committee of the Board of Directors, at its recent meeting in June, 1979, reviewed and accepted a list of capital improvements which is scheduled to be completed in four phases over the next year. They range in cost for materials from \$200 to \$175,000 and total \$353,500. Of this, it is hoped that certain projects for immediate attention with a material cost of \$138,500 can be completed by September 15, 1979. These include:

Health Education Center Building — Completion (Includes stucco, paint, chilling pipes)	\$9,000
Cafeteria — Heat-Air (nearly complete)	10,000
Men's Dormitory	1,000
Sun Bathing Area	200
Old Surgery Apartment	500
Lower College Apartment	1,000
Lower H. Building Apartment	500
Store	2,500
Cafeteria — Carpeting	7,500
Women's Dormitory	25,000
Retreat Lodge	2,300
Upper E Building Apartment	1,000
Paint-Building Apartment	5,000
Tower Apartment	2,000
Gatehouse	500
Health Education Center Annex	25,000
Clinic	2,500
Sewer	40,000
Picnic Tables	1,000
Paint	2,000
Another \$50,000 in projects is to be finished by December 15, 1979, to include:	
Tool Shed	2,000
Reroofing	10,000

HEALTH EDUCATION CENTER

HEALTH EDUCATION CENTER ALUMNI GLIMPSES

"I feel such a close bond of friendship with the other guests who have gone through this program with me!" This is the overwhelming conclusion of those who have spent 26 days at Weimar's health center.

And so when an invitation was sent to the more than 140 persons who have completed the program to enjoy an "alumni homecoming at Weimar," more than 30 of them responded. They returned for the

weekend of June 15-17, not only to renew friendships with fellow health-seekers, but also to see once again the members of the medical staff whom they had come to enjoy and respect so highly during their stay.

Some of the events, and a few of the spoken comments, which filled the weekend, are portrayed on these pages. As you survey the pictures, and read the accompanying narratives, you will get a "feel" for the long-range benefits of Weimar's health program as expressed by some who have been living the lifestyle for as long as thirteen months.



Friday evening arrivals reunite at the gate where they first entered.

"I had never lost weight without the use of medications for more than 19 years. I'd been on diuretics every day oral insulin to try to step up my body processes. But nothing worked and I was a mess. The reason I came to Weimar was because nobody else could help me. I weighed more than 250 pounds; this was the last straw. I'm so thankful that the Lord led me here. I look at it now as having started a new lifestyle. It is not a burden any more. And I just want to thank the staff here for putting together a program that really works."
-Shirley Cyr.

"I want to speak to the young people here. Fourteen months ago, I thought I was

in great shape -- even though I was 50 pounds overweight. When I went to St. Helena to lose weight, I discovered that my heart was so bad I had to have a four-vein bypass. Then I came here to Weimar to learn a new lifestyle. And I want to say that if you younger folks will follow what is taught here, you will stay in great shape for the rest of your lives!

"I learned here so much about love and understanding that I did not have, but which all the staff here really had. On the day I left here, I told Dr. Chen, 'I've never felt better in my entire life from the day I was born -- physically, mentally, and spiritually.'"

"I felt a need to come back for a refresher course, but I

needed something of an alibi, so I went and proposed to the prettiest lady I could find. We're coming back here a week from tomorrow to spend our honeymoon!"-Ed Malloney

"When we came home from Weimar, our friends saw the change in us, and they wanted to know about it, so we have had the opportunity to put on several programs that explain what is going on here.

"I had wanted to share this with the Rotary Club; and one morning while I was out jogging I planned in my mind the whole presentation. That very day the scheduled speaker didn't show up, so I offered to the program chairman that I could cover the vacancy. The Holy Spirit really helped me

know what to say, and I explained the eight natural remedies, using the word NEW START. The fellows were astounded and have been asking a lot of questions about health ever since."-William (Bill) Cuff, DDS

"You are so fortunate here in having such devoted people; I've never seen the like of it. I'm thankful and I'm proud of what is going on here."-O.D. McKee

"I'm very pleased to see the wonderful things that you folks have accomplished here. It's easy to do things if money is no problem; but I know that money is scarce here, yet with God's blessings you have accomplished much."-Ruth McKee.

"The first evening I arrived for the program, I thought 'Wow! Why did I ever do this? This has got to be the worst experience that ever could have happened.' But I experienced something here at Weimar that I will never, never forget. I experienced a new feeling of love for my fellow man, because love was extended to me here. The love I now have for all of you is a wonderful feeling. I now have an inner feeling of wanting to be a better person -- not just because I have to, but because my body is the temple of God. I know that I want to spend my life with people like you."
-Bob Knox.

"I have sixteen surgical scars on my body from various

HOMECOMING



Alumnus, Ludwig Talaga, remembers some humorous experiences.



Ruth and O.D. McKee, from Tennessee, came the farthest to renew friendships.



Dentist, Bill Cuff, shares how he integrates the HEC program into his life and dental practice.



Former guests meet new staff member, Bob Deavers, while on nature study walk.

attempts to bring me good health -- including a four-vein bypass. But four weeks after that surgery those terrible angina pains that had troubled me for years returned. I found that two of the veins had totally occluded and the others were 85% blocked. And the doctors wouldn't touch me because I was too much of a risk to operate on.

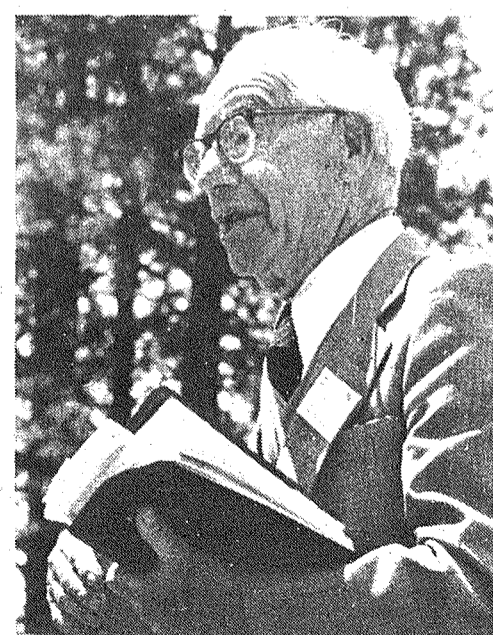
"So I came to Weimar. When I arrived, I couldn't walk 100 feet without pain. They had to give me demerol to cope with the terrific pain in my heart. The staff brought my meals to my room because I couldn't walk to the cafeteria. They prayed for me constantly -- which was marvelous -- but I wasn't getting any better. For two weeks this

went on; and on that second Friday night I had another awful attack. I didn't expect to see the light of morning.

"The next morning, the 19th of May of last year, I awoke with no pain. **And I have had no pain since.** That was thirteen months ago. I have taken no medication of any kind. I returned the tank of oxygen that I had kept by my bed for ten years; I keep the little auxiliary tank as a souvenir. Previously, I could not travel above 2,000 feet without pain. We just returned from a 5,000 mile trip (on which I did almost all the driving) and we spent several nights above 7,000 feet elevation with no pain at all. That's the way the Lord blesses!"-Elder William Barclay.



January guest, Bob Knox, reflects on his physical and spiritual experience.



Weimar HEC's first major challenge, William Barclay, delivered a message.

CENTURY 21 TAPE LIBRARY

Century 21 Better Living Tape Service is located at Weimar Institute, Weimar, Ca., 95736, offering a wide variety and selection of tapes.

All tapes are cassettes and are \$2.50 each and are handled on a cash-in-advance basis. We pay postage and handling. NOTICE: California residents add 6% sales tax. Make all checks payable to Century 21 Better Living.

ANDERSON, C.P.

1. Success Secrets for SDA's.
- BAKER, SKIP
1. What UFO Invasion? WILL JIMA -The UFO Message.
- BALDWIN, DR. BERNELL
1. Exercise and the Whole Man.
- BARRON, RICHARD
1. The Bible
 2. Heaven
 3. Feed Up
- BEAVON, DR. & LOVELESS, DR.
1. The Doctor Pastor Team Bietz, R.R.
 2. The Little Foxes Spoil the Vines
 3. Who's Who in the Home
 4. The Leader and Loyalty.

BORTON, E.

1. Scripture Songs
- BRADFORD, C.E.
1. On Finishing the Work
- BRINSON, MRS. TILLY
1. Occultism-Watch Out!
- COLSON, CHARLES
1. From White House to Christ
- COON, GLENN A.
- Series:
- Healing Laboratory Sessions;
1. How to Open Up to Healing. How to Forgive Yourself.
 2. How Frustrated Minds Find Peace. How to Sing Your Worries Away.
 3. How Bible Promises Heal. How to Condition Your Body. Miracle of Love:
1. Creator's Miracle Sign. God Does Care.
 2. The Lord's Prayer Tells How to Find Deliverance.
 3. Good, Better, Best. Solutions for Our Daughter.
 4. The Experienced Christian. The Sanctifying Lord.
- ABC's of Prayer:
1. An Amazing New Kind of Prayer.
 2. Coon's Own Nightmare Experience. Married, Infatuated, Reunited.
 3. 20 Years a Victim — Cured in 20 Minutes. The Lovely Lord of The Lord's Day.
 4. Everybody Ought to Know This. All this and Heaven Too.
 5. Questions and Answers. Seven Secrets to Solution in Communications. 3 tapes.
 - Science of Prayer. 3 tapes.

CREATION AND THE FLOOD

Century 21 Creation Seminar. 3 tapes

CRAWFORD, R.E.

Noah's Ark — Quest. 2 tapes.

MORRIS, HENRY Christian Heritage College;

1. Science, Scripture and Creation
2. Evolution vs. the Law of Science
3. Bible Chronology and the Age of the World.
4. Evolution vs. Entropy. Science and Scripture vs. Evolution.
5. Dinosaurs and the Deluge
6. Christ and the Cosmos.
7. Miracles and Modern Science. Science and the Second Coming.

CROSS, D.

1. 22 Consequences of Divorce.
- CUMMINGS, D.
1. More Precious than Fine Gold. There is a Way that Seemeth Right.
 2. The Mary Simon Affair. Three Greatest Decisions.
 3. I Love a Parade. The Victorious Life
- DEDEREAN, R.F.
- Series;
1. The Issue of Authority, 3 tapes.

DELAFIELD, D.A.

- Series:
- The Big Issues;
1. The New Charismatic Movement
 2. The Ecology Crisis
 3. Cancers and Coronaries
 4. Divorce and Stranded Children
 5. The Violent Earth
 6. Addiction and the Drug Syndrome.
 7. The Black and White Bind.
 8. Crime and Corruption in our Cities.
 9. Pronography and Homosexuality.
 10. The Peace and Safety Cry.

DULL, WAYNE

- Series:
- Child Guidance — 13 tapes.
- EDWARDS, JOSEPHINE C.
1. Old Testament Stories
 2. Shields of Gold.
- ESTEB, A.A.
- Series: Ephesians — 8 tapes.
- FINLEY, MARK
- Series;
- Radiant Living Seminar;
1. The Future of Planet Earth
 2. A World in Turmoil
 3. The Heavens Are Telling
 4. How to Prepare for the End
 5. The Secret of Personal Power
 6. Christ's Message for the Last Generation
 7. The Bible's Most Amazing Prophecy
 8. A Summons No Man Can Avoid
 9. What's Behind Political Corruption
 10. Christ's Emblem of Loyalty
 11. Tampering with Heaven's constitution
 12. The Cosmic Conflict
 13. Growing as a Christian
 14. The Ecumenical Movement
 15. The Mark of the Beast
 16. The U. S. in the Bible Prophecy
 17. Spiritualism Exposed
 18. Prophets and Prophecy
 19. A Movement of Destiny
 20. Why so Many Denominations?
 21. The Unpardonable Sin
 22. Following in the Footsteps of Jesus
 23. America's Greatest Need
 24. 1000 Year Blackout Predicted
 25. Radiant Living
 26. The Demands of Love
 27. Baptized with Christ
 28. The Seven Last Plagues
 29. How to Get Answers to Your Prayers
 30. The History of the Advent Movement.
 31. Sermon in Baptism Cooking and Nutrition

1. Cooking Demonstrations

2. Bread Making Part 1
 3. Bread Making Part 2
 4. Breakfast Part 1
 5. Breakfast Part 2
 6. Menu Planning Part 1
 7. Menu Planning Part 2
 8. Desserts Part 1
 9. Desserts Part 2
- FORDHAM, W.W.
1. The Baptism of Fire
- FRAZEE, W.D.
1. How to Prepare
 2. Hidden Roots
 3. Go Work, Come Rest
 4. Steps to Miracles
 5. Crown or Crucify
 6. Overcoming the gods
 7. Foundations
 8. Three Christmasses
 9. Wine of Babylon
 10. Physiology and the Latter Rain

11. What do We Mean By the Blueprint?

12. The Gift of Healing
 13. The Easy Yoke
 14. Nature Nuggets.
 15. Invincible Army
 16. John 14:1-3
 17. Your Own Way
 18. The Joy of Forgiveness.
 19. Winning Souls
 20. The Heart, Mission and Future of Medical Evangelism. #1
 21. The Heart, Mission and Future of Medical Evangelism. #2
 22. What Do You Really Want?
 23. What is in Thine Hand?
 24. Two Things To Give Up
 25. Three Angels — 1844
 26. Relating to Other's Failures
 27. Standing Alone
 28. Reflect Fully
 29. Making a Difference
 30. Lamb or Beast
 31. Made Perfect in Weakness
 32. Content without Promotion. (with Mark Finley).
 33. Must Christians Struggle?
 34. Friends.
 35. The Science of Salvation.
 36. He Slows His Pace
 37. Preparing Martyrs.
 38. Country Living (with Mark Finley)
 39. Child Guidance (with Wayne Dull)
 40. Three Ways to Earn
 41. Something Better
 42. Living Sacrifice
 43. Sufficient Grace
 44. The Real Drama
 45. Five Smooth Stones
 46. A Lighter Load
 47. How to Grow a Witness
 48. Tares in the Church
 49. Responsibility for the Cross
 50. Two Messages from Revelation
 51. Coming Events #1
 52. Coming Events #2
 53. Coming Events #3
 54. Coming Events #4
 55. Coming Events #5
 56. Are You Overloaded?
 57. Restore the Home
 58. God's Respect for Us Sinners (Maxwell) Thanksgiving (Fraze)
- Series;
- Christian Administration, 6 tapes.
- GIBBS, DR.
1. Today's Approach to a Doctor's Witness
- GRISWELL, J.
1. Sawing Children in Two
 2. The Church's World Work
- HABENICHT, H.A.
1. Witnessing to the Community
 2. Theological Trends in Adventism.
- HARDINGE, DR. L.
1. Proofs of Bible Prophecy
- HARDINGE, DR. MERVYN
1. Who Touched Me? Dr. J. Wayne McFarland and J.R. Spangler: Physiology and Chronology.

HEALTH — D. CROSS, A.

- ELLIS & E. ELLIS
1. The Bubble of Air — Prayer; Water — Salvation.
 2. Sunshine. Sugar — Self Control
 3. Mr. Tense — Trust. Spider's Webb — Drugs or the Holy Spirit
 4. Are You Physically Fit?
 5. The Great Grain Robbery. The Living Tooth
 6. Just a Little Out of Shape. Let's Shape Up
- HEGSTED, ROLAND
1. Your Personal Profile
 2. Out of the Silent Planet
- HEUBACH, PAUL
1. God and Human Suffering

LOMA LINDA UNIVERSITY SCHOOL OF HEALTH UPDATE 1977

1. Stress Control Workshop #1
2. Stress Control Workshop #2
3. J. R. Spangler: Keynote Address
4. Health Evangelism Workshop #1
5. Health Evangelism Workshop #2
6. Environmental Health Workshop #1
7. Environmental Health Workshop #2
8. M. Venden: Spiritual Foundations. #1
9. M. Venden: Spiritual Foundations. #2
10. Dr. M. Hardinge: Workshop March 8. Dr. Dysinger: Worship March 9
11. Dean's Report — School of Health
12. N. Pritikin: The Role of a Low Fat Diet in Cardiovascular Disease
13. Applied Exercise Physiology Workshop.
14. N. Pritikin: The Role of Proteins and Complex Carbohydrates in Cardiovascular Disease.
15. Panel Discussion on Diet and Exercise in Cardiovascular Disease
16. A. Thrash: Small Sanitarium Concept
18. F. Kasch: Exercise to Your Heart's Content
19. Physical Fitness Workshop #1
20. Physical Fitness Workshop #2
21. Applied Communications Workshop #1
22. Applied Communications Workshop #2
23. Dr. J. Crawford: Worship March 10. Dr. Register: Worship March 11
24. R. Huenemann: Adolescent Obesity
25. H. Sauberlich: Nutrition Evaluation
26. Health Administration Workshop #1
27. Health Administration Workshop #2
28. A. Thrash: Simple Remedies for Common Ailments. #1
29. A. Thrash: Simple Remedies for Common Ailments. #2
30. A. Thrash: Simple Remedies for Common Ailments. #3.
31. R. Hodges: Protein Foods of the Future
32. R. Phillips: Update on Adventist Health
33. R. Phillips: Chronic Disease Epidemiology. B. Calkins: Update in Psychology of Change.

LOMA LINDA UNIVERSITY SCHOOL OF HEALTH UPDATE 1978

1. Dr. J. Provonsha: Worship — Monday
2. Dr. J. Provonsha: Worship — Tuesday & Wednesday
3. Dr. Carol D'Onofrio: Current Developments in Health Education 2 tapes
4. Dr. J. Osman: Values Clarification and Weight Control. 3 tapes
5. Drs. C. Carnahan & M. Nelson: Biofeedback
6. Dr. C. Brinegar: Diabetes Update
7. Dr. M. Hegsted: Nutrition Goals for the United States. 2 tapes
8. Dr. J. Blankenship: The Effect of Diet on RBC Oxygen Transport
9. Dr. K. Burke: Sprout Away Your Phytic Acid
10. Dr. U. D. Register: Studies on Vitamin B-12 Diet and Alcohol
11. Dr. Robert Nutter: Cancer and Viruses. 2 tapes
12. Dr. R. Phillips: Update; Lifestyle and Cancer

13. R. Finan: Third Party Reimbursement and Preventive Medicine.

14. Dr. A. S. Whiting: Guidelines for Conditioning Centers
 15. Evaluation of Health Hazard Appraisal.
- LOMA LINDA UNIVERSITY SCHOOL OF HEALTH UPDATE 1979
1. Herald Habenicht & Marjorie Gray: How to Make the Medical Profession Soul Winning.
 2. Richard Neil: Keynote Address
 3. John Scharffenberg: Cancer Seminar. 2 tapes
 4. Joe Willey: Drugs and the Brain
 5. Herald Habenicht: Pediatric Prevention. 2 tapes
 6. William Castelli: Frammington Study on H.D.L. 2 tapes
 7. B. George: Spiritual Dimensions in Lifestyle Change. 2 tapes
 8. Visek, W.: Epidemiology of Cancer
 9. Jan Van Eys: Malnutrition and Cancer
 10. B. Reddy: colon & Breast Cancer & Alcohol
 11. Blankenship: Nutrition. Dr. Hopp: Health Education.
 12. Kuzma: Adventist Health Study Update.
 13. D. R. Germann: The Anti-Cancer Diet. 2 tapes
 14. Norskow Olsen: Monday Worship. Alan Crandal; Tuesday Worship. Reuben Hubbard; Wednesday Worship.
- ANDREWS UNIVERSITY CONDITIONING CENTER WORKSHOP 1978
1. Coffman: Healing Power of Loving Relationships
 2. Hansen: The Physician and His team. Blankenship: Nutritional Guidelines (1).
 3. Jerry Kauffman: Motivations for Exercise.
 4. Gayle Smith: Interior Design. James Davidson: Architecture
 5. Dan Klein: Exercise Guidelines. I
 6. Stress Management Program
 7. C. Coffman: Spiritual Guidelines
 8. Alan Rice & Don Kunstler: Researching the Marketplace
 9. Tam: Role of the Cardiologist. Mutch: Nutritional Guidelines I.
 10. Existing Models I. Soil Cultivation and Healing.
 11. Klein: Exercise Guidelines II. Blankenship: Discussion on Fats.
 12. Van Dolson, Patt, Toppenberg etc.; Weight Control Programs.
 13. Furst: Financial Planning
 14. Tam: Cardiologist II. Foster: Natural Remedies, Blankenship: Nutri. Guidelines II.
 15. Rice, et. al.: Existing Models II.
 16. Diehl, Zollinger: Research Design. Klein: Exercise Guidelines III.
 17. J. W. Lehman: Spiritual Guidelines.
 18. Robinson: Foundations, Corporations, Taxes, and Malpractice.
 19. Mutch: Nutritional Guidelines Discussion
 20. Gardner et. al. Conditioning Center Feeders.
 21. Horning: The Model, Discussion
 22. Pike: Behavior Change. Lehman: Afterglow.
 23. Lehman: The Preciousness of Jesus. Ford: Sabbath School Lesson Study.
 24. Wernick. A Case for Living (Sermon). Akers, Toppenberg: Spirit of Prophecy.
 25. Akers, Toppenberg: Spirit of Prophecy cont'
 26. Coffman: Vespers. Lehman: Healing of the Whole Man.
 27. Burkitt: It's What a Man Eats.

RARY (Listings)

28. Burkitt: Cont'. Zollinger: A Population Health Study, Discussion.

29. Castelli: Cholesterol, Fats, etc.

30. Diehl: The First 900 Cases.

31. Screening Programs.

32. Castelli: Screening Programs. Lehman: Spiritual Guidelines.

33. Rice, Haas: Public Relations

34. DeShay: Concepts of Healing. Whiting: Guidelines for Conditioning Centers

LONDIS, JAMES

1. No Other Gods Before Me. God is Concerned About His Image.

2. Have You Found Your Cross. Rules Can Be Sweet.

3. A Different Kind of Man. Is Jesus a Nuisance?

4. We Do Not Suffer Alone. Becoming the Good News.

5. The Ominous Message of the Three Angels. Give Until it Doesn't Hurt.

6. Who are the Ministers of the Church? Ministers Can't Play It Safe.

7. Good News, Hard to Accept? Reporting the Good News.

VANDEMAN, LARRY

1. Why Religion Isn't Working.

2. Chained to a Corpse.

3. I Don't Reel Anything.

4. Search for Salvation.

5. Growing Pains.

6. Clergy, Laity and Witnessing.

7. Stumbling Over the Cross.

8. Christian Love.

9. Questions and Answers.

VAN ROOYAN, S.

Series:

Preparation for the Second Coming. 3 Tapes.

1. The Church Tithe.

VENDEN, MORRIS L.

1. Going Unclad to the Wedding.

2. No Gas on Sunday.

3. Buried Treasure.

4. Hard to be Lost. Holy Spirit.

5. Gospel According to Zacheaus. Medical Evangelism.

6. Knowledge. The Parable.

7. Gospel According to Job. Gospel According to Chronicles.

8. Desire Conviction.

9. Faith. Witnessing.

10. Devotion.

11. What to Do on Sabbath.

12. Faith Works.

13. Fellowship with Christ's Suffering.

14. Prescription for Fear.

15. When the Old Man Dies. The Tables of the Money Changers.

16. No Room in the Inn. Black, White or Gray.

17. The Mighty Shaking Time.

18. No Oil at Midnight. Spiritual Schizophrenia.

19. The Gospel According to Mary. Hard to be Lost.

20. Only One Thing Needed.

21. Real Christians Never Die. Baptized Unto Christ.

22. Hard to be Saved. Helping God Out.

Series;

Prayer

1. The R F Factor - Jesus Did.

2. Helping God - Faith Works.

3. Melted Manna.

4. No Rest. Imperfect Perfection.

5. Stand There. Saturday Keeper.

6. For Sure. Mary and Martha.

7. All Shook Up. The Fourth Angel.

Holy Spirit;

1. Search for the Spectacular.

2. Baptism of the Holy Spirit.

3. The Gift of Tongues.

4. The Mighty Angel of Revival. The Will;

1. What Can Man Do?

2. The Freedom of Love. Being Good by Not Being Bad.

3. Jesus - Controlled by God. One Thing is Needful.

The Three Angels Message.

1. The Glory of Man. Do it Yourself Religion.

2. No Rest for the Wicked. Getting God off the Hook.

3. Living Without Sinning. Overcoming Known Sin.

Wandering in the Wilderness;

1. The Long Route Home. Deliverance at Midnight.

2. Egypt to Sinai. The Law and the Gospel at Sinai.

3. When God Answers Prayers Against His Will. Israel Surrenders to Egypt.

4. We are Still Here.

5. Sleeping in the Wilderness.

6. Striking the Rock with Moses. So Near and Yet So Far.

7. The Mighty Shaking. The Song of Moses and the Lamb.

The Vineyard;

1. The Parable of the Vineyard. The Worst Kind of Grapes.

2. Giving Up on the Grapes. Abiding in the Vine.

3. Meanwhile, Back at the Vineyard.

Vertical Life;

7 tapes

Power of Witnessing;

3 tapes

New-Pentecostalism;

4 tapes

WOOD, JOHN

Series;

Ezekiel - 11 tapes.

Last Day Events

5 tapes.

WARNKE, MIKE

1. How I Came Out of Satanism.

WEILAND, R.J.

Series;

The 1888 Message of Christ's Righteousness. 6 tapes.

WINN, DICK

Christian Marriage and Family. (Class - Weimar College - 1979)

1. Finding vs. Being.

2. Trifling with Hearts.

3. How Does God Lead in the Choice?

4. Criteria for Mate Selection.

5. Guidelines for Courtship.

6. Why the Bible forbids Premarital Sex.

7. Physical Expression During Courtship.

8. Masturbation. Engagement.

9. Planning a Wedding.

10. Building a Team Relationship #1.

11. Building a Team Relationship #2.

12. Spiritual Priorities.

13. Sexual Communications in Marriage.

14. Conflict Resolution in Marriage.

15. Divorce & Remarriage.

16. The Home and its Atmosphere.

17. Family Planning and Prenatal Concerns.

18. Early Childhood Training.

19. Loving Your Child.

20. Building Character.

21. Discipline.

WITTSCHIEBE

Series;

Marriage and Sex 4 tapes

WEIMAR RETREAT SERIES

Douglass, Herbert, Feb. 17-19, 1978;

Why Jesus Waits;

1. The Importance of the Sanctuary Truth.

2. The Truth Satan Fears Most. God's Purpose Through a Symbol.

3. Questions and Answers. The Vindication of God.

4. The Vindication of God Cont'.

5. God's Vindication (Dick Winn).

Fredericks, Richard, March 3-5, 1978

Spiritism in the Last Days.

1. The Basis of Spiritism.

2. The Phenomena of Life after Life.

3. Spiritism and the Charismatic Movement. (Dick Winn).

4. The Essential Relationship of the Remnant.

5. Spiritism Invades the Christian Home.

6. Star Wars etc.

Judd, Wayne, March 24-26, 1978

How to Study the Bible;

1. General Principles of Bible Study: The Devotional Method.

2. What if you're not Hungry? (Disk Winn). Relational Bible Study. (Dick Winn).

3. People of the Word.

4. The Biographical Method.

5. Thesis, Antithesis, Synthesis.

6. Focus on the Key Problem.

7. The Analytical Method.

8. The Synthetic Method.

9. The Synthetic Method cont.

Geraty, Larry, April 14-16, 1978

Righteousness by Faith in the Psalms;

1. Why Study the Psalms? How to Study the Psalms.

2. A Topical Study of the Psalms. Righteousness by Faith in the Psalms.

3. How to Use the Psalms in the Life of Faith.

4. David and Goliath. Sharing the Psalms. (Richard Fredericks)

Venden, Morris, April 21-23, 1978

Current Issues in Salvation by Faith. 8 tapes.

Wick, Pat and Ted, May 19-21, 1978

Communication in Marriage;

1. Expressing Love in Marriage.

2. How God Loves You.

3. Priorities.

4. Working out the Differences.

5. Roles in Marriage.

6. Identifying Roles and Role Expectations.

7. A Faith Not to Share.

8. Sexual Communication in Marriage.

Davis, Margaret, May 26-28, 1978

What Lack I Yet?

1. What Lack I Yet?

2. The Gospel in the Sanctuary. (Dick Winn)

3. The Gospel and Deceptions, Part I

4. The Gospel and Deceptions, Part II

5. The Sanctified Life, Part I.

6. The Sanctified Life, Part II.

7. Satan's Delusions.

8. Questions and Answers. 2 tapes.

Winn, Dick, June 23-25, 1978

Education and Redemption - An End Time Message.

2. The Total Education Environment.

3. Education For Service By Service. Looking Toward the Future.

4. Competition or Cooperation.

5. Nut and Bolt Items (State Aid, Accreditation etc.)

6. A Brief Overview of SDA Educational History.

Physicians and Dentist Retreat. Aug. 11-13, 1978

1. Healing Program of Weimar Institute. Dr. Zane Kime "Why" our Health Message

2. Nutritional Prophecies Fulfilled #1. U.D. Register.

3. Nutritional Prophecies Fulfilled #2. U.D. Register.

4. A Sunset Devotional, Vernon Foster. Questions and Answers. Those Whom I Love - Richard Fredericks.

5. The First 900 Guests at Longevity Research Institute - Hans Diehl.

6. Nutrition and Cancer #1. Dr. Zane Kime.

7. Nutrition and Cancer #2. John Scharffenberg.

NEW ADDITIONS

HON, ERIC W.

Weimar Institute, 1979

1. Complete Restoration.

2. Health and Salvation.

3. Purpose of the Health Message.

4. Health Reform and the Third Angel's Message.

5. Diet and Spirituality.

6. Extremism.

7. Christ the True Medical Missionary.

8. Isaiah 58.

9. Value of a Soul.

10. What Is Medical Missionary Work?

11. Medical Missionary Work; Its Purpose and Scope.

12. A Call to Personal Ministry.

13. Principles and Methods of Ministry.

14. Attributes Essential to Effective Personal Ministry.

15. How to do Medical Missionary Work.

16. Divine Love.

17. Study to Show Thyself Approved Unto God.

18. The Spiritual Significance of the Sabbath.

19. The Word of God.

20. The Holy Spirit and Revival.

21. Values, Earthly or Heavenly.

22. Arise and Build.

Study Guide; "A Call to Personal Ministry." \$2.50. The Holy Spirit & Reformation

MARIA, DAUGHTER OF SHADOW

(Told by Her) — 2 tapes

MACFARLAND, DR. J.W.

1. Discussion on Future Evangelism.

2. Materials Available for Health Evangelism.

3. Methods of Witnessing.

MAXWELL, DR. GRAHAM

1. God's Respect for Us sinners. Series:

Faith, Righteousness and Salvation. 29 tapes

1888, 4 tapes.

Class in Biblical Theology;

1. Introduction.

2. Genesis.

3. Exodus.

4. Leviticus.

5. Numbers.

6. Deuteronomy.

7. Joshua & Judges.

8. Ruth & I Samuel.

9. II Samuel.

10. I & II Kings.

11. I & II Chronicles.

12. Ezra & Nehemiah.

13. Esther & Job.

14. Psalms.

15. Proverbs.

16. Ecclesiastes & Song of Solomon.

17. Isaiah.

18. Jeremiah.

19. Lamentations & Ezekial.

20. Daniel.

21. Hosea.

22. Joel.

23. Amos, Obadiah & Jonah.

24. Micah, Nahum, Habakkuk & Zephaniah.

25. Haggai & Zechariah.

26. Zechariah & Malachi.

27. Matthew

28. Mark.

29. John.

30. Luke.

31. Luke & Acts.

32. Romans #1.

33. Romans #2.

34. Review — Genesis to Romans.

35. I & II Corinthians #1.

36. I & II Corinthians #2.

37. Galatians #1.

38. Galatians #2.

39. Ephesians.

40. Colossians.

41. I & II Timothy

44. Timothy & Philemon.

45. Titus.

46. Hebrews.

47. James.

48. I & II Peter.

49. I, II & III John.

50. I, II, III John & Jude.

51. Revelation #1.

52. Revelation #2.

MILLS, O.J.

1. Jews, Jerusalem, and Jimmy Carter.

2. Managing God's Affairs.

3. God's X-Ray for Telling Wolves in Sheep's Clothing.

4. Sabbath Morning Service.

NEW ENGLAND MEMORIAL CHURCH

(Albert Ellis Unless noted)

1. S. Schmidt 3-1-76 & 5-3-76.

2. General Conference Temperance Dept. 4-6-76.

3. It's Your World. The Fertile Field.

4. What Time is It? My Father.

5. The Happiness of Pursuit. The Price Tags of Life.

6. The Lord's Portion. No Time for Delay.

7. Christ, Way, Truth, Life.

8. Terrorism and Tenements. The Chains of Freedom.

9. A Sense of the Holy. In Everything Give Thanks.

10. He Leadeth Me. The Gift of Discontent.

11. The Organized Live. A New Look at Blasphemy.

12. The Ultimate Decision. Love's Story.

13. R.H. Pierson: Maranatha.

14. E. Steed: Temperance.

15. He that Hath an Ear. Conquering Faith.

16. Secret of Serenity. The Face of Jesus.

17. The Chevrolet that Wanted to be a Cadillac. A Tale of Two Kingdoms.

18. Journey to Freedom. Citizens of Sodom.

19. O.J. Mills: Sayest Thou This Thyself. M. Hausinger: Say the Word.

20. M. Sahlin: What do you want out of the Church?

21. Unashamed. The Mammias and the Papas.

22. 200 Years — What Next? The Big Things of Life.

23. O.J. Mills: Coins, Children & People. A. Swanson: The Secret of Contentment.

24. The Pursuit of Excellence. How God Reveals Himself.

25. M. Finley: The Demands of Love. L. Nelson: The Bruised Heal.

26. Spiritual Prosperity. I'm Bound for that City.

27. We Shall Overcome. The Scarlet Cord.

28. Thy Saving Health. You Are Elected.

29. Truly Members of His Church. Where is God?

30. The Forgotten Virtue. God's Open Door Policy.

31. ThanksGIVING. Enlarge the Place of Thy Tent:

32. F. Bush: Faith, Hope and Love. H. Haas: Taking the Sting out of Death.

33. Lee, Croff, Green, Stoneham: Harley Schander.

MARSHALL, STEVE

1. Divine Exorcism.

MARTIN, W.

1. Who Wrote the Book of Mormon?

MCDONALD, DR. G.

1. Magnificent Morning.

NIES, DR. RICHARD

1. Last Day Anxieties.

2. Individuality in His Image. Series;

Escatology - 12 tapes.

OLSON, ROBERT W.

Series;

Theology of Inspiration. 7 tapes.

P H A S D A - H I N S D A L E , ILLINOIS

1. G. Westberg: Wholistic Approach to Health Care.

2. D. Nelson: Ethical Issues in Health Ed.

3. W. Beaven: Ethical Issues in Health Ed.

4. An Hour with Jeremiah Stampler.

PIERSON, R.H.

1. A Message to His men — Maranatha.

- PROVONSHA, DR. J.
1. Chained to the Wheel.
2. Lift Up Your heads and Color God's Face Friendly.
3. Ethics of Death and Dying.
4. God and Evil.
5. Christian Love.
- RICE, G.
1. Preparation for the Latter Rain. 2 tapes.
RICHARDS, H.M.S. Series;
The Preacher and His Preaching. 4 tapes.
1. Clean out the wells.
2. Jesus — The World's Greatest Character. The Last Prayer in the Bible.
3. Where Jesus Is. The Man God Forgot.
4. The Dove, Cross, and the Right Hand of God.
5. The March of Nations. Jesus in Genesis.
6. The Man Who was Born Three Times. That Ordained Man.
7. The Prayer Jesus Refused to Pray. That Finished Mystery.
8. Hell's Two Unanswered Prayers. Who Broke the Heart of Christ?
9. Christ's Millennial Reign. The Man God Tried to Kill.
10. The Soundless Heaven. Why am I What I am?
11. Jonah and the Whale. The Sin We are Afraid to Mention.
12. God's Grace for the Millions. Christ at the Church Door.
13. The Sin God Never Forgives. The Man Who Tried Again.
14. Daniel and Revelation. Daniel II.
- ROBERTSON, JON
1. Thoughts on Music.
- SOUTHERN NEW ENGLAND CAMPMEETING 1976
1. John Woods: 6 Meetings 6 tapes.
2. H.M.S. Richards: 10:15 with Quartet.
3. H.M.S. Richards: 7:30 with Quartet.
4. N.R. Downer: 6 Meetings 6 tapes.
5. J.B. Youngberg; 6 Meetings — 6 tapes.
6. C.L. Brooks: 4 Meetings — 4 tapes.
7. Mills: 5-Day Plan to Stop Smoking. 5 tapes.
8. James Lee: Education & Gospel Medical Missionary Evangelism. Series of 5 tapes.
9. W. Dudgeon.
10. A. Brogden.
11. M. Thames.
12. A. Schnell.
13. A. Thrash: Yuchi Pines.
14. Presidents Hour.
15. Happy Birthday America.
16. J.L. Dittberner.
17. M. Finley — 2 tapes.
18. Dr. W. Ost.
19. L. Kretz.
20. L. Kretz.
21. A. Ellis.
22. Duncan-Paulsons.
23. H.M.S. Richards.
24. W. Willey.
25. Dr. G. Rice: The Gift of Tongues.
- SOUTHERN NEW ENGLAND CAMPMEETING 1977
1. P. Knoche Fri. 4p. The Good Samaritan. Sab. 6:45a. Patience.
2. A.N. Brogden; The Valley of Achor.
3. E.E. Cleveland: Sabbath Rest that is in Christ.
4. R.W. Olson: Biblical Basis for a Modern Prophet.
5. E.E. Cleveland: Revelation 3:14.
6. E.E. Cleveland: Holy Ghost & Baptism of Fire.
7. C. Lauda: False Christs and False Prophets.
8. C. Lauda: Round the World in Music.
9. R.W. Olson: Mr. White & Dr. Kellog. Part 1.
10. R.W. Olson: Mr. White & Dr. Kellog. Part 2.
11. C. Lauda; False Revivals & Counterfeit Healing.
12. C. Lauda: God is Able.
13. C. Lauda: Matthew 24.
14. D. Chaffee: Trust. G. Armour: Zacchaeus.
15. E.E. Cleveland: The Great Controversy.
16. G.R. Bothwell: The Life of Christ. Series of 7 tapes.
17. John Wood: Last Day Events. Series of 5 tapes.
18. L. Holstra: How to Get along with Others. Series of 6 tapes.
19. H.C. Currie: Living with Fear.
20. G. Rice: Preparation for the Latter Rain. Series of 5 tapes.
21. K. Johnson: Righteousness.
22. R. Barron: Revelation 4:1-6.
23. R. Barron: Rebuke of Sin.
24. Sabbath Schools: M. Kidder. F. Bush.
25. R. Hegstad & N. Wilson: Report of Religious Liberty & World Missions.
26. Barron: II Cor. 5:14-20.
27. R. Hegstad: The Good Old Days. Farewell to Shadowlands.
28. P. Knoche: Life's Ups and Downs. I Peter 1:18.
29. J. Dittberner: Temptation. L. Kretz: U.S. in Bible Prophecy.
- SPIVA, SYLVIA Series;
The Ellen White Story 3 tapes.
- STANDISH, DR. C. Series;
God's Answer to Mental Health.
1. God's Answer to Mental Illness. God's Answer to Low Self-image.
2. God's Answer to Guilt. God's Answer to Frustration.
3. God's Answer to Physical Problems. God's Answer to Marriage Problems.
4. God's Answer to Preparation for Marriage. God's Answer to Parenthood.
5. God's Answer to Failure. God's Answer to Fear of Death.
6. God's Answer to Moral Impurity. God's Answer to Our Past.
7. God's Answer to Our Present. God's Answer to Our Future.
8. God's Answer to Human Problems. God's Answer to Weariness.
9. God's Answer to All Human Needs.
- DOCTORS' LECTURES AT WEIMAR TO PATIENTS.
Dr. Geo. Chen
Sunshine, Cardio Vascular System, Air, Diabetes.
Dr. S. DeVine
It Worked for Me, Risk Factors, Hypertension, Meat.
Dr. Z. Kime
Nutrition I Cholesterol, Fat, Triglycerides. Nutrition II Vit. D. Sunshine, Cholesterol, Fats. Nutrition III Immune System. Nutrition IV Protein, Fats, Natural Foods
Dr. K. Lindgren
Exercise, Fiber, Ear, Nose, Throat.
Dr. H. Wiebe
Exercise, Digestive System.
Dr. B. Cox
Diabetes, Cardio Vascular System.
Dr. Agatha Thrash
1. Personal Worth.
2. Reason for the Health Message
3. Blood Pressure, Strokes
4. Effect of Food on the Nerves
5. Accelerated Aging — the All-American Disease
6. Protein
7. True Recreation
8. Overeating, and its Effects
9. Hydrotherapy, Gastritis, Pain, Pneumonia, Bowel Disease
10A. Cancer Risks, Part 1
10B. Cancer Risks, Part 2
11. Fats
12. True Education
13. Marriage — Before and After
14A. Poulitces and Bandages, Part 1
14B. Poulitces and Bandages, Part 2
15A. Coronary Risks, Part 1
15B. Coronary Risks, Part 2
16. Carbohydrates
17. Marriage Reform
18. Principles of Mental Development
19A. Massage and Rubs, Degenerative and Wasting Disease, Part 1
19B. Massage and Rubs, Degenerative and Wasting Disease, Part 2
20. Causes of Bowel Disease, Gas, Constipation, Fasting, Cheese
21. Vitamins
22A. Courtship and Dating, Part 1
22B. Courtship and Dating, Part 2
23. Drug Medication
24A. Herbs and Charcoal, Part 1
24B. Herbs and Charcoal, Part 2
25. What Should we Eat: Main Dishes, Ideal Diet, Stomach Irritants
26A. Minerals, Part 1
26B. Minerals, Part 2
27A. Dress Reform, Part 1
27B. Dress Reform, part 2
28. Ladies Only Meeting
29A. Dietotherapy, Part 1
29B. Dietotherapy, Part 2
30. Mind over Body and Body over Mind, Sleep, Sugar and Weight Control
- W.D. FRAZEE
Guidance to a Home Sanctuary 8 Tapes in Set
Gas in the Tank
Building the Ark
Cleansing in the Court
Egypt — Wilderness — Canaan
Behold Thy Mother
Five Smooth Stones
Enoch's Outpost
Lamb and the Priest
Isaac & Ishmael: Exodus
Fearful Cost of Having Your Own Way
Heart Surgery
Flee The Cities
Cost of Medical Work
False Revival
Elijah Message
False Latter Rain
Christ or Barabbas?
Gather in the Children
The Exodus
Cities of Refuge
Christ's Medical Missionary Work for Elijah
Daniel — Two Studies
- HOFFMAN, J. REYNOLDS
1. Palestine
2. Skeptics Night
3. Can Modern Man Believe the Bible?
4. How I Know God is Alive
5. Footsteps in the Sky
6. Future Revealed for 1000 Years
7. God's Great Society
8. A Day to Remember
9. Why so many Denominations?
10. Good God, Bad World, Why?
11. Immorality, Riots and Lawlessness.
12. What's Wrong with the Church
13. When No Man can Buy or Sell
14. The Secret of Personal Power
15. The Prophecy that Failed
16. My Experience with the Spirits
17. My Experience... Concluded
18. I Believe in Miracles
19. How to Find the Church
20. Is Baptism Really Necessary?
21. The Glory of the Cross
22. Resurrection
23. Judas
24. When Sunday was Three Days Late
25. Nicodemus
26. The Coming Dictatorship in America
27. The Unpardonable Sin
28. The Elijah Message
29. The Secret Rapture
30. Wheat and the Tares
31. Gift of Tongues, Part 1
32. Gift of Tongues Part 2
33. Gift of Prophecy
34. This is My Body
35. The Good Samaritan
36. The Vineyard
37. Hypnosis and Acupuncture
38. The Joy of Forgiveness
39. Are We Really Adventists?
40. The Silence of God
41. The Mystery of God
42. What Did the Cross Abolish?
43. Parable of the Talents
44. Parable of the Soil
45. The Problem of Freedom
46. Money!!!
47. How Do You Worship?
48. What are the Soul and Spirit?
49. Adventists and the Israeli Question
50. Is God Particular?
51. The Power of the Small
52. Is Jesus Jehovah God?
53. The Lost Rite
54. The Christian and Modern Miracles
55. Hypnosis, Satan's Master-piece
- HOOPER, W.
1. Repentance, Foundation for Revival
2. Perfect Unison
- JOHNSON, DR. WILLIAM
1. Christ, the Master Witness
2. The Psychology of Conversion
3. The Power of Witnessing
4. Dynamics of Soul Winning, Witnessing: The Human Side.
- KIME, DR. ZANE
1. To Live Longer
Seminar: Kime/Fredericks:
1. Kime — Basis for the Health Message.
2. Kime — Sunshine, Fresh Air, and Exercise
3. Kime/Fredericks — Those Whom I Love
4. Kime — God's Natural Diet
- KNECHTLE, EMILIO
1. Suffering, God's Tool of Redemption
2. The Victorious Church
3. Revolutionaries for Christ
4. The Marriage of the Lamb Series:
From Eden to Eden — 2 tapes
People Prepared for the Lord's Return — 2 tapes
All For Christ — 2 tapes
Meeting at Stonecave Academy — 4 tapes
- KOCH, KURT
1. The Bible and the Exorcist
- KUZMA, K.
1. Character — Ladder to Life
- LAMP, HERSCHEL
1. How Do We Know?
2. Avenues to the Soul
3. The Final Message
- LARSON, BOB
1. Today's Rock in Our Generation. Satanism.
2. Satanism (concluded) Motivation in Service (L. G. Lowe)
- LAUDA, CARIS
1. Matthew 24
- LEHMAN, J.W. Series #1;
Christ Our Righteousness;
1. New Development
2. Righteousness by Example
3. The Other Half of Forgiveness Series #2
Christ Our Righteousness;
1. Justified How? Grace or Merit?
2. Righteous Records or lives? Blessed Assurance
3. Two Men, Two Acts, Two Results
4. But What Can I Do?
5. Righteousness by Trying or Buying?
6. Faith, Works and Righteousness
7. He Must Increase
8. What is Sanctification?
9. Vital Dependence
10. Sanctified by Word
11. Your Confidence
12. Better, Better, Better
13. Rags, Righteousness
14. I Can Do It!!!
Guilt;
1. Why Do I Feel Guilty? Blessed are the Guilty.
2. No Punishment for the Guilty. The Judgement and the Guilty
3. Jesus, Savior or Executioner? Guilty and the Law.
4. God's Love Affair with the Guilty. God's Gift to the Guilty
5. How the Guilty Get to Heaven. When You Offend Your Lover
6. Worthy or Unworthy. Good News for the Guilty
The Lord our Righteousness;
1. The Message of 1888 — New or Old?
2. The Fullness of Christ
3. How to Obtain It
4. The Spirit of Adoption
5. Discerning the Spirit's Presence
6. Born of the Spirit
- LOMA LINDA UNIVERSITY SCHOOL OF HEALTH UPDATE 1976
1. Walden: End of the Beginning
2. Register, Devotional
3. Blankenship: Diet and Cancer
4. Vhymeister: Proteins and Amino Acids in the Diet
5. Blankenship: Diet and Coronary Heart Disease.
6. Register: Diet and Alcohol Consumption. Vitamin B-12.
Burke: Phytate Destruction
7. Blankenship: Diet and Prostaglandins. Vhymeister: Vegetarian Diet and Cholesterol & Triglycerides.
8. Murdock & Brinegar: Hypoglycemia #1
9. Murdock & Brinegar: Hypoglycemia #2
10. Dysinger: Devotional
11. Jen: Effects of TV on Children
12. Kuzma: Character — Ladder of Life
13. M. Hardinge: Preparing the Soil
14. Hubbard & Panel: Health Educator and Bible Instructor
15. M. Hardinge: Behavioral Change
16. Levos: Heartbeat Update
17. Seaman: Cardio-Respiratory Fitness
18. A. Thrash: Yuchi Pines
19. Adams & Strunk: Health Education and the Church
20. Panel: The Church and Health
21. Fowler: Devotional.
22. Youngberg: The Health Service Organization
23. Lamp: Life style Changes
24. Adams: Smoking and Health
25. Fowler: Drug Dependency #1
26. Fowler: Drug Dependency #2
27. Kasch: The Importance and Results of Long Term Studies in Physical Fitness.
28. Breslow: Preventive Medicine in the Future of Medical Practice
29. Loveless: Fun With Foods
30. Register: Meatless Diets and Food Demonstrations
31. Phillips: SDA Health Study.
32. Seaman: Update — Exercise Counsel
33. Phillips: Epidemiology of Chronic Diseases and Cholesterol Control.
35. Phillips: Epidemiology of Chronic Diseases — Colon, Cervical and Breast Cancer
36. Phillips: As Above Tape 2
37. Sabbath School 3-6-76
38. Sabbath at Forrest Falls — Scharffenberg
39. Sabbath at Forrest Falls — A. Thrash #1.
40. Sabbath at Forrest Falls - A. Thrash #2.
41. Sabbath at Forrest Falls — Dr. Stuart
42. Stanhizer: Medical Evangelism. Baldwin: The Use of Charcoal.
43. Stanhizer & Baldwin: 7 Day Plan
44. A Visit with the Randall's #1
45. A Visit with the Randall's #2
46. J. Lee: Interview on Education #1
47. J. Lee: Interview on Education #2

Evolution of Liberal Education

Conclusion

Colin D. Standish

Perhaps none has been a stronger proponent of the liberal arts in the last half century than Robert Hutchens, long time president of Chicago University. Even as late as 1938 he identified the liberal arts as grammar, rhetoric, logic and mathematics. (5,p.114) Adler presses the claims of the liberal education by declaring, "The basic discipline of a rational animal is the discipline of his rational powers and the cultivation of his intellect. This discipline is achieved by the liberal arts. . ." (1,p.143-4)

By contrast with the dominant influence of the Greek liberal arts has been the influence of Jewish education. The Jews, not accustomed to the slave society of the Greeks, and influenced by the principles of a balanced education, as put forward in Scripture, presented an educational program which, while not neglecting the education of the intellect, stressed the role of useful manual labor. It is significant to note that, in spite of the strong emphasis upon education by the Greeks, "Of all the ancient peoples of the Western World, the Jews were the most literate — they were the only people of antiquity to attempt to teach everyone to read." (2,p.14) Yet, strangely, the Hebrew educational influence has not been as strong as that of the Greek.

Even in pre-exilic times, Hebrew education was firmly based upon learning derived from participation in practical activities as well as the nation's religious life. (3,p.13) Unquestionably this had its foundation in the experience of Adam and Eve in the Garden of Eden, as recorded by Moses, where they were given useful work as part of their educational program.

This program of education can also be traced through the experiences of the prophets at the times of the prophets Samuel and Elijah. That they clearly

were accustomed to useful manual labor is exemplified in the story of the ax head that floated. (2 Kings 6:1-7) Even at the time of the birth of Christianity it was obvious that the well educated also had learned trades. Thus it is not surprising that Christ, the World's Redeemer, was trained as a carpenter, and Paul, the great Apostle, as a tent maker.

Today Christian educators must address the relevance of the role of liberal education with the Christian education system. It seems reasonable to assume that classic concepts of liberal education are inadequate in the Christian educational environment, for most assumptions underlying Greek classical education would be seen as untenable by the Christian. Yet most Christian institutions have at least partially followed the concept of the classic liberal arts as modified over the centuries, and frequently refer to themselves as liberal arts colleges. It is significant to note

but to train young people that they might best fulfill the purposes of God. To supply the needs of laborers, God desires that educational centers be established in different countries where students of promise may be educated in the practical branches of knowledge and in Bible truth." (9, p. 137)

In modern education, the liberal arts are often closely linked with altruistic concepts of education. It is frequently held that only are truly educated those who can rise above the pedantry of career-based educational goals which in themselves perceive education as an end in itself. Fewer and fewer young people are perceiving education in these terms, if for no other reason than the rapidly escalating costs of higher education. However, Christian education does not see education as an end in itself. Ellen White says, "It will fit the learner to become a co-worker with Christ." (8, p. 543) "The mind is to be disciplined, educated, trained; for men are to do service for God in ways that are not in harmony with in-born inclinations." (6, p. 20) "The true higher education is what makes students acquainted with God and His Word and fits them for eternal life." (8, p. 431)

Christian education is purposeful. It has goals beyond its intrinsic nature; and the career goals so evident in modern education are not inconsistent with true Christian education if they have at their base the selfless motivation of service for God and man.

In the education of the sons of prophets, beside the study of sciences and the law of God, the curriculum was strongly built upon the humanities and social sciences. The sons of the prophets studied sacred history, sacred music, and poetry. (7, p. 47) But, here is the foundation of the difference between the Christian school and the secular school. Each of the humanities is studied with a divine purpose in mind. For example, the choice of literature clearly has to be different from that of a secular institution. With the kind of perverted thought pervading society and being clearly expressed in all the arts including contemporary literature, the Christian educator has to dig deeply into the resources of that which will enoble, uplift, and sustain a life style consistent with the Word of God. It is not good enough to argue that the arts are reflecting society as it is and that Christian young people ought to understand this. Much of literature, of art, and of music today presents the decadence of man, his blasphemy against God, sexual aberration, and perversion of all kind. Such cannot measure up to the admonition of Scripture. "Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things." (Philippians 4:8)

The feeding of the mind, even in serious academic pursuit, with that which is inconsistent with this exhortation by Paul, is totally inappropriate in a Christian institution whose whole purpose ought to be to educate young people to that study which is consistent with the development of holy characters. This is

but to train young people that they might best fulfill the purposes of God. To supply the needs of laborers, God desires that educational centers be established in different countries where students of promise may be educated in the practical branches of knowledge and in Bible truth." (9, p. 137)

In modern education, the liberal arts are often closely linked with altruistic concepts of education. It is frequently held that only are truly educated those who can rise above the pedantry of career-based educational goals which in themselves perceive education as an end in itself. Fewer and fewer young people are perceiving education in these terms, if for no other reason than the rapidly escalating costs of higher education. However, Christian education does not see education as an end in itself. Ellen White says, "It will fit the learner to become a co-worker with Christ." (8, p. 543) "The mind is to be disciplined, educated, trained; for men are to do service for God in ways that are not in harmony with in-born inclinations." (6, p. 20)

"The true higher education is what makes students acquainted with God and His Word and fits them for eternal life." (8, p. 431)

Christian education is purposeful. It has goals beyond its intrinsic nature; and the career goals so evident in modern education are not inconsistent with true Christian education if they have at their base the selfless motivation of service for God and man.

In the education of the sons of prophets, beside the study of sciences and the law of God, the curriculum was strongly built upon the humanities and social sciences. The sons of the prophets studied sacred history, sacred music, and poetry. (7, p. 47) But, here is the foundation of the difference between the Christian school and the secular school. Each of the humanities is studied with a divine purpose in mind. For example, the choice of literature clearly has to be different from that of a secular institution. With the kind of perverted thought pervading society and being clearly expressed in all the arts including contemporary literature, the Christian educator has to dig deeply into the resources of that which will enoble, uplift, and sustain a life style consistent with the Word of God. It is not good enough to argue that the arts are reflecting society as it is and that Christian young people ought to understand this. Much of literature, of art, and of music today presents the decadence of man, his blasphemy against God, sexual aberration, and perversion of all kind. Such cannot measure up to the admonition of Scripture. "Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things." (Philippians 4:8)

The feeding of the mind, even in serious academic pursuit, with that which is inconsistent with this exhortation by Paul, is totally inappropriate in a Christian institution whose whole purpose ought to be to educate young people to that study which is consistent with the development of holy characters. This is

also true of art, music and of the study of history. Ellen White has clearly defined the basis upon which history can be profitably studied by the Christian. "There is a study of history that is not condemned. Sacred history was one of the studies in the schools of the prophets. In the record of His dealings with the nations were traced the footsteps of Jehovah. So today we are to consider the dealings of God with the nations of the earth. We are to see in history the fulfillment of prophecy, to study the workings of Providence in the great reformatory movements, and to understand the progress of events, in the marshalling of the nations for the final conflict of the great controversy."

"Such study will give broad, comprehensive views of life. It will help us to understand something of its relations and dependencies. How wonderfully we are bound together in the great brotherhood of society and nations and to how great an extent the oppression and degradation of one member means loss to all.

"But history, as commonly studied, is concerned with man's achievements, his victories in battle, his success in attaining power and greatness. God's agency in the affairs of men is lost sight of. Few study the working out of His purpose in the rise and fall of nations." (6, p. 379-380)

There is no question that the humanities and social science play a critical part in Christian education. There is no way in which Christian education could be complete without them; for properly taught, they will elucidate the Word of God and broaden the concepts and understanding of every student. However, they must be taught from the viewpoint of practical Godliness — purposefully directed towards the claims that Christ is making upon the life and talents of every student. They must be integrated within the total theological milieu of a college, while resisting the pressure from secular sources to erode away the special role of these humanities in the Christian educational concept. Such approaches to education will require initiative, creativeness, and a deep understanding of the purposes of God.

"There is a great deal of talk concerning higher education. . ."

that in the formation of Seventh-day Adventist education, never was reference made to their colleges being liberal arts colleges.

"There is a great deal of talk concerning higher education, and many suppose that higher education consists wholly in an education in science and literature; but this is not all. . . The highest education is that which will teach our children and youth the science of Christianity, which will give them an experimental (practical) knowledge of God's way, and will impart to them the lessons that Christ gave to His disciples of the paternal character of God." (6,p. 45,46)

It is clear that Ellen White

Truths is emphasized.

Conversely it is also true that in those areas where the discipline might be thought to be more practical in nature, Ellen White emphasizes very strongly the intellectual and academic base. In the establishment of Avondale College in Australia she states, "In the school that is started here in Cooranbong, we look to see real success in Agricultural lines, combined with the study of the sciences." (9,p. 244) Thus Christian education is conceived as the unique uniting of theoretical and practical education. The purpose of a Christian educational institution is not to be a liberal arts college per se

What Did Jesus Do?

by Eric Hon

First in a series that will deal with the practical approach in living with day by day problems. Christ, our great Substitute and Surety, will also be found to be the reachable answer to our daily needs.

Jesus came that we might have life. By His coming, by His death and resurrection we have redemption and restoration. And by clothing His divinity in humanity, to be one with man, He showed that it was possible to live an unblemished life.

By His life, His teaching and ministry, by the way in which He related to everything He was called upon to face, He set the pattern by which His followers could model their lives day by day. He is the Pattern Man, the Supreme Faultless Example,

the One who never fails. In Him there is complete assurance. He is the Way, the Truth and the Life.

He is the One who has gone before — who has trod the path that man would tread. He is the Forerunner who came to experience first hand every phase of human life — to meet the trials, temptations, sorrows and woes that would be the lot of man. In and through it all He is the mighty Overcomer, that by His example we can also overcome.

He fully identified Himself with human need. He understands the cry of the human heart and is all-sufficient to meet any emergency at the moment of call. There is no circumstance in life in which Christ is not adequate to meet the most urgent need.

What Jesus is Doing for us To-day.

Looking at our day, He is telling us that present events are ac-

curately fulfilling the predictions pointing to His return. (Lk. 21:25,26.) He tells us what to do in these circumstances. (Lk.21:27,28) He uses a simple parable to tell us how to be ready. (Lk.21:29-33.) He gives strong warning against the danger of intense occupation, of being absorbed in pursuit of earthly things that would blind us to His soon coming. (Lk.21:34,35.)

In His great love and concern for us, He tells us to be alert and be in constant communication with Him — to be diligent in prayer and study, and live His life. (Lk.21:36.)

Life in Him gives us confidence where there is no confidence — certainty and stability where there is no certainty — courage and hope where all is despair; and peace that passes all understanding. Share His salvation with others. This is what Jesus did. This is what Jesus would have us do — NOW.

1. Adler, M. J., *The Crisis in Contemporary Education*, The Social Frontier, February 1939, p. 143, 144

2. Atkinson, C., Maleska E. T., *The Story of Education*, Bantam Books Incorporated, 1962

3. Frost, S. E. *Essentials of History of Education*, Barron's Educational Series, Inc., New York, 1947

4. Glasser, J., *Educational Aims and the Liberal Arts*, The MAHE Journal, Vol. 1, No. 1, 1977, p. 5-8

5. Hutchins, R. M., *The Higher Learning in America*, Yale University Press, 1935

6. White, E. G., *Counsels to Parents, Teachers, and Students*, Review & Herald Publishing Association

7. White, E. G. *Education*, Pacific Press Publishing Association, 1903

8. White, E. G., *Fundamentals of Christian Education*, Review & Herald Publishing Association

9. White, E. G., *Testimonies to Ministers*, Review & Herald Publishing Association

from the Weimar Kitchen

One of the beautiful things about God's creations is variety. Certainly, this is true of food. Color, texture, flavor and aroma all combine to invite the appetite in a seemingly endless way. No one is left without a favorite, or a whole list of favorites. Then why boredom at mealtime? Why loss of appetite (apart from physical illness), and discouragement when really trying hard to "eat right"? Perhaps the answer lies here:

"Food is prepared without

painstaking, and there is a continual sameness. There should not be many kinds at one meal, but all meals should not be composed of the same kinds of food without variation. Food should be prepared with simplicity, yet with a nicety which will invite the appetite." Counsels on Health, p. 150.

To this end do we continually dedicate this column. Perhaps you already have a favorite granola recipe. Maybe a switch is at hand, just for variety's

sake. In our kitchen here at Weimar many different hands prepare our meals, and it is interesting to see and taste the difference in the combination of basic ingredients. There is no better place to be creative than in the kitchen. And though maybe no great acclaim will attend the humble homemaker, whose stage is but a cheery kitchen, her garment but a well worn apron, it is sure that her family, and angels alike, will call her blessed. ❖

recipes

HANNE'S GRANOLA

12 C. rolled oats
1 C. rolled rye
2 C. rolled wheat
1 C. cornmeal
1 C. wheat germ
2 C. whole wheat pastry flour
2 C. unsweetened coconut
2 C. raw sunflower seeds
1½ C. sesame seeds
1½ t. salt

Mix all the above ingredients together.

Blend together:

1½ C. hot water
1 C. honey
6 bananas
Combine with dry ingredients and bake on cookie sheets for

about 2 hours, stirring occasionally, at 250°, or until dry and golden.
Add to baked granola: 5 C. chopped dried apples that have been baked separately on a tray until golden.

APRICOT KUCHEN

1 C. water
2 dates, chopped
1 T. dry yeast
1 tsp. salt
2½ C. whole wheat flour
Cook dates in water to soften. Blend. When lukewarm, add yeast. Let stand 15 to 20 minutes. Add remaining ingredients and mix. Add more flour if necessary to have a mixture the consisten-

cy of bread dough. Turn onto lightly floured board and knead. Place in a bowl and cover with a damp cloth. Let rise until double in bulk. Punch down and roll out to about ¼" thickness and place in a 9 X 12 baking dish. Let rise 15 - 20 minutes. Cover with filling and bake.

FILLING

¾ C. canned apricots with juice
8 - 10 dates
2½ T. cornstarch
Place apricots, dates, and cornstarch in a blender and blend well. Place in sauce pan and cook until thick, stirring constantly. Let cool slightly. Pour over dough and bake at 350° for 30 - 40 minutes, or until shell is light brown.



Strawberries from the Weimar garden bring smiles to everyone.



Melody Kummer bags bread with Alexandra Wiebe in Weimar Institute Bakery.

Natural Law

Continued from page 2

dividual to apply the principles of the truth, for. "We are to be sanctified through obedience to the truth." 2SM.43:2 (See 1 Pet.1:22)

There cannot be that fulness of spiritual growth and maturity unless there is full acceptance of complete truth. It is abundantly clear from the Bible and Spirit of Prophecy that truth is not complete if the basic sanctifying truth of health reform is ignored.

The progress of reform depends upon a clear recognition of fundamental truth." MH.129:4

The Health message is basic to spiritual development. "The body is the only medium through which the mind and the soul are developed for the upbuilding of character." MH.130:1 "Remember that the restoration of the body prepares the way for the restoration of the soul." MM.240:top. To reject the health message is to reject a truth ordained of God that plays an important part in sanctification and preparation for heaven.

The health reform message has its God appointed place in the proclaiming of truth, and the work of restoration. "It is the Lord's design that the restoring influence of health reform shall be a part of the last great effort to proclaim the gospel message." CDF.75:3 (emphasis supplied) It will reveal the power of God. Without it the work will be hindered. "In perfect and complete unity with the gospel ministry, the work of health reform will reveal its God-given power. Under the influence of the gospel, great reforms will be made by medical missionary work. But separate medical missionary work from the gospel, and the work will be

crippled." CDF.75:4

For total health — physically, mentally, and spiritually — for the understanding of the great essentials of truth, for mental sharpness and spiritual discernment, the principles of health must be sought and faithfully applied. The life thus lived will give testimony to the indwelling presence of the Redeemer and Restorer, and glorify God who gave all to make salvation possible.

Individual Responsibility.

The Lord has given us a wonderfully balanced truth to prepare us for life with Him. It is for our salvation and for the multitudes who are waiting for us to bring them the good news of complete restoration. Individually, Christ is calling us — to stand in our lot, to give all as He gave all. The evidence of His righteousness in our lives is our willingness to obey Him in all

truth. "Whatever our profession, it amounts to nothing unless Christ is revealed in works of righteousness. The truth is to be planted in the heart. It is to control the mind and regulate the affections. The whole character must be stamped with the divine utterances. Every jot and tittle of the word of God is to be brought into the daily practice. He who becomes a partaker of the divine nature will be in harmony with God's great standard of righteousness, His holy law. This is the rule by which God measures the actions of men. This will be the test of character in the judgment." COL.313-4.

For further study

Counsels on Diet and Foods 15-77

The Story of Our Health Message 75-85

Ministry of Healing 127-131

Ministry of Healing 241-259

Ministry of Healing 295-317 ❖

Elder Hqn has compiled a series of studies outlining medical and health evangelism. These are now available in his book, *A Call To Personal Ministry*. For a copy of this valuable research material, send \$3.50 to Weimar Institute, Box A, Weimar CA 95736 and ask for the book. This price includes postage and handling.

Please send me _____ copies of *A Call To Personal Ministry* at \$3.50 per copy. Enclosed please find \$_____.

Name _____

Address _____

City _____ State _____ Zip _____

Treasurer

Continued from page 3

Bakery	15,000
Water Treatment	5,000
Lower F. Building Apartment	5,000
Lower Westcott Building Apartment	2,500
Lower G Building Apartment	5,000
Lower Academy Building Apartment	1,000
Upper D Building Apartment	2,500
Lower Annex	2,000

The remaining \$175,000 is the estimated cost of materials to remodel the former nurses dormitory into a women's dormitory. The completion date is set for June 15, 1980.

In order to meet these schedules and make these necessary immediate improvements the present staff will be concentrating on them this summer. Much effort is required and the willing and skillful help of friends who can offer some of their time and talents will be most appreciated. Financial support is also a most critically needed ingredient at this time.

In remembering the way the Lord has led and provided, through His servants, in the past for our needs, we can only remain trustful that His Spirit will continue to impress hearts to help at this time. It has been evident in a marked way that God's hand has directed continually here as qualified workers, essential equipment or critically needed funds have arrived at just the right time during the past two years.

We are encouraged when we read John 16:24, "Ask, and ye shall receive," then see or recall the opening providences of God in the development of Weimar Institute.

The servant of God has written, "Do your best, and then wait, patiently, hopefully, rejoicingly, because the promise of God cannot fail. . . As you do your best, the Lord will reward your faithfulness. From the life-giving fountain draw physical, mental and spiritual energy. . . As you fix your eyes upon Him, you will be filled with a deep love for the souls for whom He died, and will receive strength for renewed effort." SM 1 p.88

Although we know the needs for improvements are not limited to the above list, and more could be added, we have kept the projects to within our current and anticipated ability to cover. We trust that He who has led thus far is abundantly able to supply all our needs at just the right hour, and so take courage in this knowledge. ❖

HEC ALUMNI CORNER

Dear Alumni!

God is so good — we've been experiencing the beauties of nature here at Weimar at their best. The sun has been out everyday, the sky is blue, and the greenery of "Mountain Misery" and "Manzanita" trails has just been breath-taking.

All of you have made this year a very interesting one for me. Many times I have been asked, "Which is the best group that you've had so far?" The answer I always have to give is "Each group has a uniqueness all of their own." The question is like asking me whether I like huge red strawberries, freestone peaches, MacIntosh apples, or seedless green grapes the best....It's an impossible question, because I love you all.

Around Christmas-time last year, I received an interesting letter from a close friend of mine. In it she was excitedly telling me about the beginnings of a similar health-care facility in Massachusetts where she is living. After much prayer, consideration, and counsel over the past several months, I have decided to relocate there right after the Alumni Homecoming here in June. The exact location is Lakeville, Massachusetts, about 45 minutes southeast of Boston, on a semi-island environment. I look forward to the move, because I know God has directly guided me, and experiences with Him always prove to be the very best.

I hope with all my heart that you have been accepting and enjoying the free, life-giving blessings that God makes available to us all. Life is so satisfying when we live it for others, and have a healthy body that makes it possible to do so.

Do come back and visit us here at Weimar anytime that you are in the area; and if you are in the Massachusetts area, I would certainly love to see you there.

Love and Prayers, Eriann Crawford

CENTURY 21 BETTER LIVING ORDER FORM

All cassettes are \$2.50 (includes postage & handling)

SHIP TO:

QUANTITY, NUMBER, TITLE, AND SPEAKER

UNIT PRICE TOTAL

Please make checks and money orders payable to:

CENTURY 21 BETTER LIVING.
P.O. BOX A
WEIMAR, CA. 95736

Shipping Charge

(6% Sales Tax for Calif. res)

TOTAL

HELP us bring our mailing list up-to-date: If any portion of your label is incorrect, please return to us with corrections made. Thank You!

WHY NO FREE OIL?

By G. D. Chen, M.D.

The question of how much fat we should have in the diet has been addressed in numerous articles recently. Moderate intake of fat, in the order of 30% of our total calories as coming from fat with a liberal content of vegetable oils has been advocated as being conducive to good health by some authors. No distinction has been made in these articles between the fats as they come in the natural foods versus the fats that have been refined, concentrated, and extracted from the foods. You may say 'I didn't think margarine or corn oil was refined or concentrated'. Refined table sugar requires 9 feet of sugar cane to make 1 tablespoon of sugar, while its refined cousin, corn oil, takes 10 - 14 ears of corn to make 1 Tablespoon.

Does it really make a difference to our health if we take into our bodies the grains, fruits, nuts and vegetables prepared in as simple and natural a manner as possible or whether we extract out the oil from these items and add them to the foods we eat? This question is foremost in the minds of many nutrition-minded homemakers today. To answer this question regarding free oil ("grease"), let us see what one of America's late leading physician-nutritionists, J. H. Kellogg, replied to a question asked him on this subject.

Are nut oils, cottonseed-oil, and similar preparations of vegetable oils wholesome?

Answer — No. The chief objection to the use of oil, lard, tallow, butter, and other forms of "grease" is that they present the fat in an artificially concentrated form, in which it does not harmonize with the other elements of food while undergoing digestion in the stomach.

In nature, the fat is separated or held apart in minute particles, or drops, and these are arranged within the proteid masses in such a way that they cannot be set free until after the proteid, or albumin, is digested. This arrangement of the fat

with the proteids prevents its interfering with digestion; but when fat in the form of oil, lard, butter, etc., is added to the food, it smears over the particles of proteid, gluten, albumin, etc., so that the gastric juice cannot get access to them to digest them. The gastric juice cannot act upon fats.

In the same way, fat interferes with the digestion of starch, saturating the particles of starch so that the saliva cannot act upon them to convert them into maltose. This is the principal reason why fats and fat foods are so apt to produce fermentation, sour stomach, heartburn, and other symptoms of indigestion. There are many persons who cannot digest butter and other forms of free fat for this reason.

Pure fats are very disturbing to the stomach in some forms of gastric disorder, especially in gastric catarrh and dilation of the stomach. The cooking of fats in connection with cereals and albumins greatly aggravates the difficulty, for the reason that the fluid fat penetrates the starch granules, thereby rendering their digestion impossible, even after coming in contact with the digestive fluids. This is the reason that fried foods, griddle-cakes, doughnuts, pastry, roasted peanuts, and even nut butter made from roasted peanuts disagree with so many persons.

In nature, fats are in a state of emulsion, as in cream. An emulsion may be diluted with water to an unlimited extent, as the oil is in minute particles, which are prevented from uniting by the thin film which surrounds each globule.

Cream can be eaten by many persons better than butter, but in persons with dilated stomachs, cream and milk often produce effects which in their intensity are almost equivalent to an active poison, producing biliousness, sick-headache, nervous headache, nausea, loss of appetite and other distressing symptoms.

In nuts, fats are presented in an emulsified and entirely wholesome state. Cream and milk made from nuts are entire-

ly wholesome, and agree with persons who cannot take even cow's milk and cream without very harmful results, on account of inability to digest casein. 1.

When taken in the natural state, vegetable fats are likely to be taken only in such quantity as they can be digested and appropriated; but when taken in a free state, they are almost invariably taken in excess. It makes little or no difference, so far as the interference with indigestion is concerned, whether the fat is animal or vegetable. The results of excess in quantity are also the same, whichever may be the origin. In view of these facts, the persistent efforts of individuals to discover some cheap vegetable substitute for butter and lard are painfully ludicrous. Nothing would be gained if such substitutes could be discovered, for they would be open to the same objections as the articles which they were intended to replace. 2.

The textbook of Physiology by two foremost physiologists, Zoethout and Tuttle, agrees with Dr. Kellogg. "Fat retards digestion in that it lessens the secretion of gastric juice. Moreover, by encasing food particles it prevents the enzymes from attacking the food." 3 A meal high in any type of fat has been found to delay digestion for up to 20 hours.

Please note that Dr. Kellogg regarded oil, lard, tallow, and butter as forms of grease. During the same years of Dr. Kellogg's above statements on grease, Mrs. White gave advice regarding its usage. "We do not think fried potatoes are healthful, for there is more or less grease or butter used in preparing them." 4 "Food should be prepared with simplicity, yet with a nicety which will invite the appetite. You should keep grease out of your food. It defiles any preparation of food you may make." 5 "The grease cooked in the food renders it difficult of digestion," 6 "The salads are prepared with oil and vinegar. Fermentation takes place in the stomach, and the food does not digest, but decays and putrefies; as a con-

sequence, the blood is not nourished, but becomes filled with impurities, and liver and kidney difficulties appear." 7

The simple change of leaving out free oil in the diet can change the breath to be sweet.

One of the most gratifying responses we have witnessed with a natural diet is the "cure" of food allergies. Without added oil to hinder digestion, in many cases, food allergies have vanished.

If we would eat a variety of foods as grown — fruits, grains, vegetables, and nuts — we would probably be subsisting on between 20 — 25% of our calories as coming from fat. We would be blessed by a slimmer profile and freedom from many of the diseases that surround us.

Some of us may need to be on the therapeutic (reversal) diet which even limits the natural foods high in fat such as olives, avocados, and nuts, for a period of time to allow our body a chance to recuperate from the abuse of many years of injudicious eating. The therapeutic type diet, as stringent as it may seem to us, is the daily diet millions of people in the world subsist on. These people are free from our degenerative diseases such as heart disease, stroke, diabetes, arthritis, cataracts, glaucoma,

hearing loss and cancer.

To have proper digestion, we must not use free oils in our foods, and must attend to making sure there is an adequate amount (high concentration) of digestive juices present at mealtime. The following guidelines will be of assistance:

1. Do not drink liquids with meals
 2. Water should only be taken between meals (not too hot or cold)
 3. Do not chew gum
 4. Chew food slowly and well
 5. Eat only at regular times (2 or 3 times a day)
 6. Eat with praise and thanksgiving
- Proper digestion is tantamount to good health.

To have good digestion, freedom from food allergies, and a sweet breath, is the WHY of no free oil.

BIBLIOGRAPHY

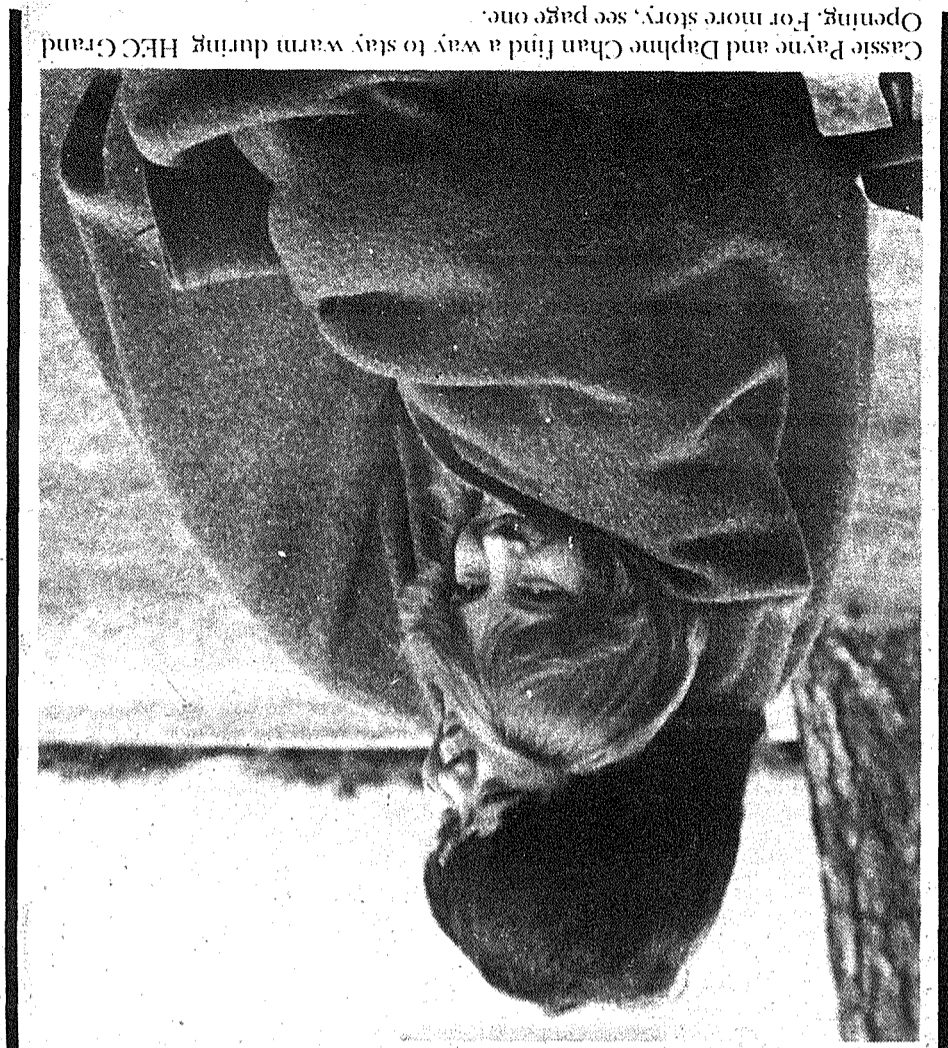
1. Kellogg, J.H., "Shall We Stay to Eat". Good Health Publishing Co., Battle Creek, Mich., 1906.
2. Kellogg, J.H., "Health Reformer", May 1877
3. Zoethout & Tuttle, "Textbook of Physiology" 11th Ed., 1952.
4. Letter 322, 1905, White, E.G.
5. Testimonies, Vol. 2, P. 63., 1868, White, E.G.
6. Counsels on Health, p. 114, 1890, White E.G.
7. Letter 9, 1887, White, E.G. ✶

Assistance Fund

In spite of the fact that the cost of our Health Education Program is much less than many similar programs, we have many requests each month from individuals who simply cannot afford to come. The guest Assistance Fund has been able to assist a number of guests with a portion of the fee, on the order of 20%. We would like to be able to help one to three individuals each month, if we can build up a sufficient balance to do so. The needs are real; many of the inquirers have already spent all they have on conventional medical treatment without regaining their lost health.

I would like to extend an open invitation to each reader to STOP and consider — what is your health worth? What better gift could you give someone than to give a person back his health? Please be liberal in donating to the Guest Assistance Fund, and so designate your gift on your checks. May God's richest blessings be yours.

Sincerely yours, George D. Chen, M.D.



Cassie Payne and Daphne Chan find a way to stay warm during HEC Grand Opening. For more story, see page one.

BOX 1 WEIMAR, CALIFORNIA 95736 VOL. 3 NO. 7 JULY, 1979

WEIMAR INSTITUTE BULLETIN



A non-profit
corporation
Bulk Rate
PAID
Permit No. 2
Weimar, CA
95736

FROM OUR CHAPLAIN

By Dick Winn

Reading through Matthew 25 the other day, I was struck by the starkness of Jesus' description of His actions when He returns in glory at his second coming. Only two groups, He said. He will divide the whole world into just two groups: the sheep and the goats, the saved and the lost. Rather decisive, isn't it!

Then I got to wondering which of those two groups I'd be in (as you might expect), and how I could know which one I'd be in. There seemed to be no question as to which one I wanted to be in. After all, who wants to die when he can live forever? So, if desire equals accomplishment, then you can be sure I'll be there — along with countless millions of others who see heaven as a more pleasant option than destruction.

But somehow that conclusion seemed to be an oversimplification, and didn't set well with some of the larger issues in God's salvation plan. And in searching for the point of logical breakdown, the flaw in the reasoning, I surprised myself at the basic assumption I had to question: my own desire for salvation!

You might be as surprised as I was; so I invite you to follow closely for a few paragraphs while I explain.

When Jesus comes again with all the splendor of a triumphant King (see Matthew 24:27-31), He will be coming to save us from the world of sin — from the environment of a rebel planet

about to destroy itself. His offer at that time is to save us from the cosmos of sin.

But that is only the culmination of thousands of other "salvation offers" which He is bringing to us right now. And surely our response to Him then will not be different from our response to Him right now.

Jesus describes these two groups in another interesting way. When He comes, one group wants to hide from Him in fear, even preferring to hide under a mountain than to face Him directly (Rev. 6:15-17). But the other group (according to 1 John 2:28) stands gladly and confidently in His presence when He arrives. We do not, however, have to wait until that catastrophic moment (when it will be too late anyway!) to discover which of those two groups we will be among. The response pattern is being set even now as He approaches us daily with His salvation offers.

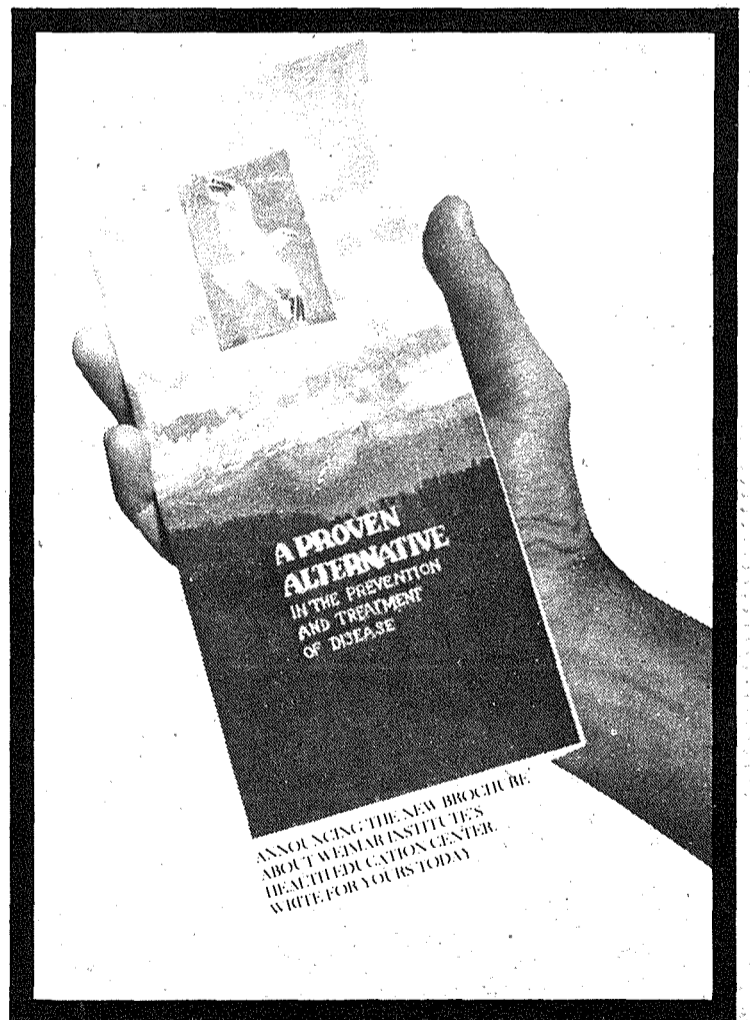
For example: Jesus comes to me today, offering me the soothing effects of His unconditional love, to save me from the consuming effects of self-hurt, — from the resentment and retaliation I feel toward the one who hurt me, and the self-pity in which I encase my wounds. I now have a choice. I can gladly thank Him for His healing offer, and step into the sunshine of forgiveness offered and shared. Or I can hide under the mountain of wounded pride, among the dark rocks of semi-righteous in-

dignation, shouting some lame defenses about "my rights." And a response pattern is begun.

Or again: Jesus comes to me today, offering to save me from poor health habits which have held me captive to their damaging ends. Again I have a choice: I can thank Him for new information, and for new power to break old trends, accepting His offer for present salvation from a sick body and a thick mind. Or I can flee down into the familiar caves of self-indulgence, claiming that Jesus has no right to meddle with the details of my life. And the pattern is reinforced.

Once more: Jesus comes to me today, offering salvation from ignorance, from Satan's deceptions about God, from the petty blindness that clouds my thinking. I can choose the light — the joy of new truth about the One who is altogether lovely. Or I can choose the thin covering of darkness, the "comforts" of conventional thinking, clinging to ancient and familiar error. And the pattern is confirmed.

Jesus said, "The kingdom of God is within you," (Luke 17:21) That makes the terms rather simple. If I like it when the King comes daily to set up His residence in my heart, then I will like it when He comes to change my place of residence to dwell with Him. If I squirm with discomfort when He offers to save me from my cherished sins, then I will shrink back in great distress when He comes to save



His people from the world of sin.

It is no arbitrary act on God's part that leads Him to divide between the sheep and the goats. Heaven is the presence of Jesus; can you imagine the perpetual terror of a person living forever in heaven, and having to shrink in horror from Jesus every time He approaches?

By contrast, if I am eager to accept every present offer of

salvation which Jesus brings to me, it will surely be the most natural thing for Jesus to save me when He comes — just before this world's rebellious history comes to an end.

Next time you sing a joyful song about the second coming of Jesus, check to see if you're just as joyous about His coming into your heart to reign at that very moment!