

WEIMAR INSTITUTE BULLETIN

BOX A, WEIMAR, CALIFORNIA 95736

VOL. 3 NO. 2 FEBRUARY, 1979

HCC Building Nears Completion

Project Foreman John Sipkens is cautiously optimistic that the main HCC building will be ready for occupancy in time for the March program. The final details — carpeting, heating, ceramic tile in the hydrotherapy units, furniture — all seem to be coming together with little more than the usual interruptions. Thanks to wonderfully generous giving on the part of many friends during the year-end holidays, a good share of the money needed to complete the building is in hand.

Changing Roles

In order to cope with the mounting pressure of graduate study and other obligations, Dr. Zane Kime has stepped aside from his direct involvement as Medical Director. He is completing the final quarters of classwork for a PhD in nutrition at the University of California at Davis, and is preparing for oral comprehensives in the Spring. He is also completing a manuscript on the therapeutic effects of sunlight, and keeping an increasingly heavy schedule of weekend seminars throughout the country. He

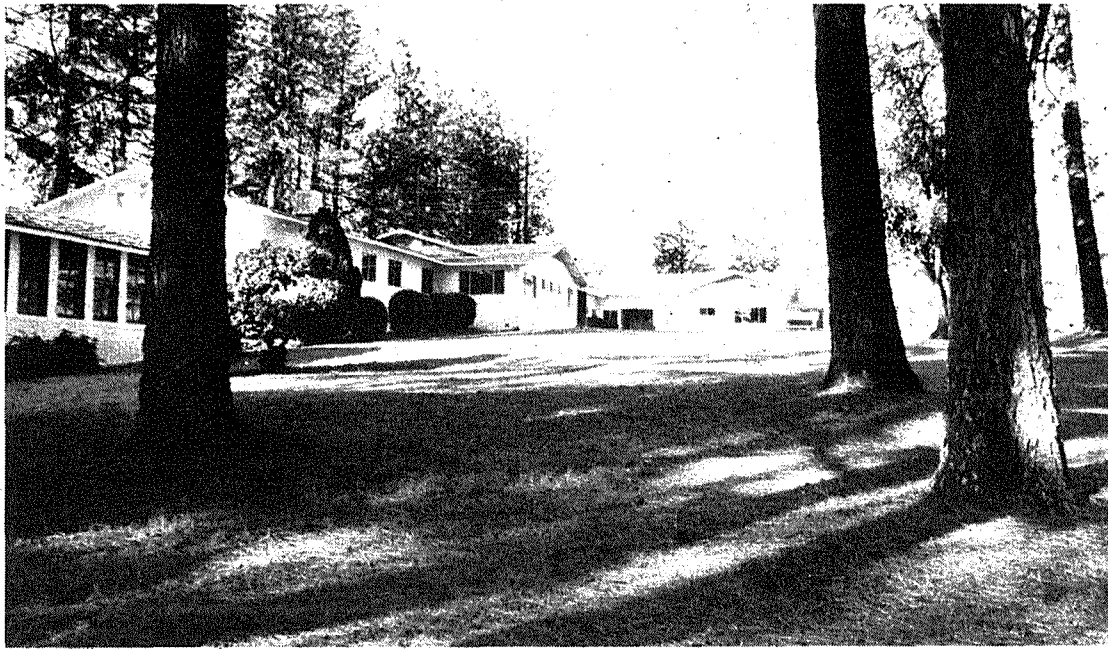
also maintains a demanding private practice in Auburn. It was agreed that his new role as Medical Consultant would grant him the time needed to complete these other tasks. The Board has asked Dr. George Chen, who has been Associate Director since the program's inception, to serve as Acting Medical Director until such time as the Board can give attention to making a permanent appointment.

A Growing Staff

In order to better serve an expanding number of guests, the HCC staff is growing, too. Dr. Chen announced that invitations have been sent to a male nurse with special experience in cardiac rehabilitation, and to a female physical therapist with extensive experience in hydrotherapy. A health educator is also being considered.

Data Base Grows

With the 10 guests in the January HCC program, the total number of persons who have completed the full 26-day course has grown to seventy-five primary guests, and sixteen spouses. Careful statistical documentation has been kept on each of the



HCC building will house up to 40 guests each session.


guests, so that improvement can be measured and verified in terms of a number of key health indicators. Though the number is still too small to draw significant conclusions, and though the data still must be interfaced with other information, even so the following excerpts are at least en-

couraging:

Some guests with high cholesterol problems have experienced drops as high as 44 per cent during the four weeks, entirely without the use of medications. The average drop for the entire group is about 14 per cent.

Guests concerned about

their weight have lost as much as 31 pounds in the 26 days. The mean weight drop for the entire group has been about 9 pounds.

Reduction in triglycerides has been as high as 68 per cent; the average among those experiencing a drop is about 21 per cent. 

Surprising Trends In Student Financing

When Weimar College announced that it would not be accepting any form of government aid for student tuition assistance, some observers made frowning predictions. Without state scholarships, federally assured student loans, GI Bill money, or the like, these persons were quite sure that serious consequences would result. Weimar would end up appealing only to the wealthy, or it simply could not fill its quota.

Even though Weimar College's combined board-room-tuition fee of \$1,000 per quarter is markedly below the average for private colleges, it is still a costly challenge to most potential students. And in view of the fact that some colleges receive as much as 65 per cent of their subsidies either in direct government aid, or indirectly through student

scholarship assistance, it sounds like tall idealism to choose not to follow that pattern. Indeed it is a moot question at this time since, as an unaccredited college, Weimar is not even eligible for most of these forms of aid; but it does mean that alternative forms of financial assistance must still be sought both now and for the future.

The College administration sought those alternative forms primarily on their knees! And the Lord began to answer those prayers in remarkable and unexpected ways. On opening day, one student's parents gave \$1,000 toward student aid. A few weeks later one of the HCC guests set up an interest-free student loan fund, and initiated the fund with a \$10,000 gift. Several of the Christmas-time gifts were earmarked for student assistance.

As of this date, more than \$15,000 has been contributed to the College to make it possible for students to attend. During the first quarter, an amount equal to about 28 per cent of student tuition fees was given or loaned from non-student sources. And that came without any organized program of solicitation for such gifts!


Of course, there are no written guarantees that this rate of giving will continue; but the students at Weimar are concluding that God is more reliable than government sources, anyway. What is more, partnership with Him in financing one's college education brings a certain delicious sense of personal interaction with the Divine which the conventional sources cannot equal.

Weimar College has chosen to bypass government aid for a number of reasons. Most obviously, in view of the distinctly spiritual mission of the College, to ask for government support would raise serious ethical questions regarding state support of religious activities. Furthermore, students of constitutional law and matters of religious liberty insist that there is ultimately no such thing as government aid without strings. And though most of those strings may be tolerable now, that may not always be so.

In the momentous Supreme Court decision *Tilton v. Richardson* (1971), the criteria were established by which a church-related college may receive grants and loans without violating the First Amendment. These criteria stipulate that a college thus involved may not require religious involvement of its students, choose its faculty from only one denomination, or make its required religion courses either doctrinal or proselytical. The predominant mission of such colleges must be to "provide their students

with a secular education." Any buildings benefiting from government aid must be kept "religiously neutral." Far from being harsh, such rulings seem only to be consistent with First Amendment principles. But they would be fatal to the purposes of Weimar College. And so we do not become involved.

One final perspective. It seems a natural trend among those called upon to support a college, that their support should slacken as support from government agencies increases. It is, after all, easier than giving from one's own funds. As such, tax money that goes into church-related colleges is analogous to heroin: it creates a kind of dependency, or addiction, without which the college does not seem able to survive. Weimar College is determined to avoid such a crunch. Not only do we prize our continued freedom, we also prize the intimate involvement we share with our many friends who know that their giving is genuinely vital to our survival.

We believe that our freedom, and our distinctive mission, is worth preserving. Don't you? 



FROM OUR PRESIDENT



A few weeks ago my family and I took the opportunity to attend the thirty year anniversary of the church of which I had been a charter member. It was inspiring to recall some of the ways the Lord had led in starting a new congregation of fifty members who met in a rented hall, to see the evidence of continued blessing as the present several hundred members meet in a beautiful new church building. It was also very enjoyable to meet old friends and to compare directions of the Lord's leading during the intervening years.

Those who had planned the day had done an excellent job in coordinating a program that was outstanding. All present seemed to consider the occasion a high day; but was it really? I am quite certain that if on that organizational Sabbath thirty years before, a poll had been taken, not one of those involved would have thought time would last twenty years — let alone thirty. And yet, there we were 'celebrating' the thirtieth anniversary. I can't help wondering if it wouldn't be more appropriate on such occasions to seek for answers to several questions such as: Why hasn't Jesus come? What has gone wrong? Why are we still here? What is He waiting for?

Just before Jesus was to face trial and crucifixion, He told His disciples that when the gospel is preached to all the world for a witness to all nations, the end would come. (Matt. 24:14) It would seem with television, radio, churches, multiplicity of programs, and an elaborate network of missions, that the preaching of the gospel to the whole world could be accomplished. Is it possible that the problem is in the next phrase, 'for a witness'? Is it possible that the preaching is not being heard because the witness is not being seen; that because the witness is lacking, nobody is listening?

When the gospel promises a changed people, those hearing the gospel have the right to expect a demonstration from a people who have been changed. When such a demonstration occurs, there will be a desire to hear the preaching. Maybe that is the meaning behind the statement, "Were all who profess His name bearing fruit to His glory, how quickly the whole world would be sown with the seed of the gospel! Quickly the last great harvest would be ripened, and Christ would come." CT 324 (COL 69)

Paul explains how we can become witnesses to God's glory when he says, "And we all, with unveiled face, beholding the glory of the Lord, are being changed into His likeness from one degree of glory to another..." (II Cor. 3:18 RSV). Could it be that God's people are not bearing fruit to His glory because they are not really beholding Him? What would happen if all who profess His name spent considerable time each day contemplating His work and His character?

I challenge you to join me in spending more time each day beholding Him. Purpose in your heart to set aside whatever else you have been beholding until you first behold Him. As we join in thus uplifting Jesus in our lives, we can trust Him to "change us into His likeness from one degree of glory into another." We can also pray that it will not be necessary for your church or for Weimar Institute to 'celebrate' ten, twenty, or thirty more anniversaries.

Sincerely,
Your brother in
Christ

Robert L. Fillman

Robert L. Fillman.

Work-Study

(Paper given to Weimar college students by Director of Work Education Willard Werth.

"If they have a capital of strength they cannot be poor even if they have not a dollar." C.T. p. 286.

We have included work as a part of the Weimar College curriculum because we believe it is an integral part in the educational process. It is a key concept in developing a people to carry out God's plan for this earth.

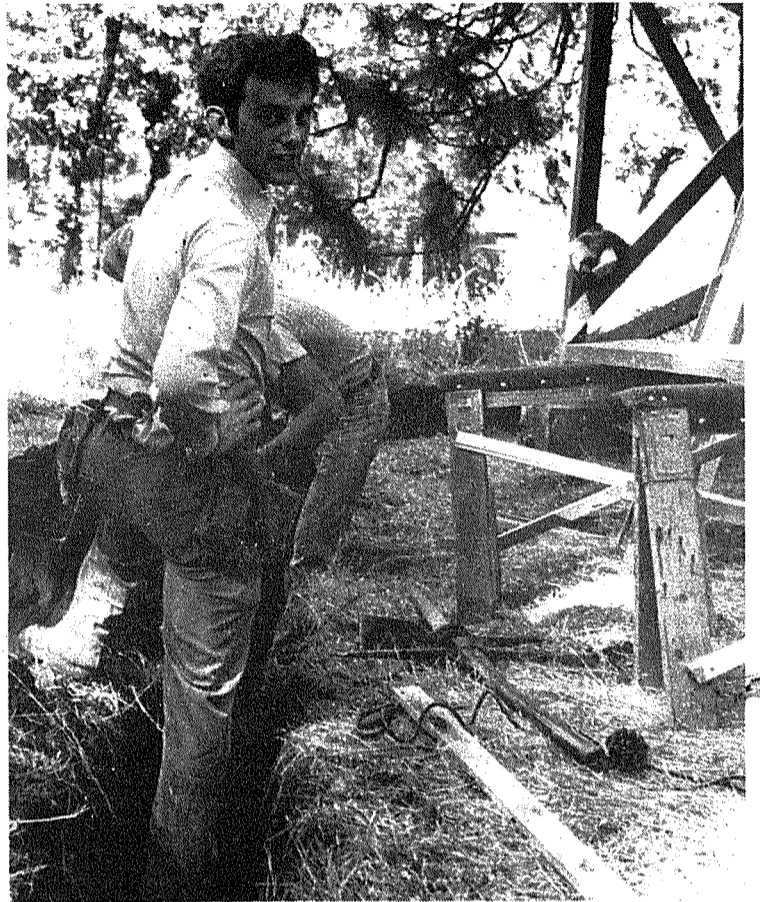
Jesus has set the example and He has shown us that labor is honorable, that it is a blessing, and that it is an essential ingredient in preparing ourselves for the great work of the Lord. "By precept and example, Christ has dignified useful labor. From His earliest years He lived a life of toil. The greater part of His earthly life was spent in patient work in the carpenter's shop at Nazareth. In the garb of a common laborer the Lord of life trod the streets of the little town in which He lived, going to and returning from His humble toil; and ministering angels attended Him as He walked side by side with peasants and laborers, unrecognized and unhonored." C.T. p. 276

When we use the term 'work' in our program at Weimar, we are referring to physical work. Work that requires the use of hands and strength. "In the capital of strength a precious talent has been entrusted to men for labor...It is a blessing that cannot be purchased with gold or silver, houses or lands; and God requires it to be used wisely. No man has a right to sacrifice this talent to the corroding influence of inaction. All are as accountable for the capital of physical strength as for their capital of means." C.T. 278

It was a part of God's original plan that man should work. No sooner was he created than his work was outlined for him. Man was to tend to the things God created. The labor in the garden was a pleasure and the earth yielded much fruit. But when sin came into the picture the very nature of work changed. God pronounced that man would earn his bread by the sweat of his brow. "Henceforth he must battle in toil and hardship against the power to which he had yielded his will." C.T. 274

"It was God's purpose to alleviate by toil the evil brought into the world by man's disobedience. By toil the temptations of Satan might be made ineffective and the tide of evil stayed. And though with anxiety, weariness, and pain, labor is still a source of happiness and development, and a safeguard against temptation. Its discipline places a check on self-indulgence and promotes industry, purity, and firmness. Thus it becomes a part of God's great plan for our recovery from the Fall." C.T. p. 274.

We have been given much counsel regarding daily,



Student Roger Despres helps construct porch for men's dormitory.



Students also perform general maintenance duties.



Academy students work in gardens.

systematic labor and how it needs to be a part of the education of all youth. "God appointed work as a blessing, and only the diligent worker finds the true glory and joy of life." Vol 6, p.180.

Much work needs to be done at Weimar to develop this plot

of land and set of buildings into a college campus and a health conditioning center. Your work for this year will not only bring you immediate blessings but will turn into a blessing for students and patients in years to come.

Tape Library

More than a year ago, Weimar Institute's need for a cassette tape ministry became evident, particularly in respect to the Retreat Ministries: The information presented during these weekend meetings needed to be shared.

Dr. Glenn Toppenberg of Berrien Springs, MI, owner of Century 21 Better Living Tape Service, offered his equipment for Institute use early in 1977. By May of that year, a moving van had delivered the 900 to 1000 cassette masters already included in the ministry in addition to several pieces of sophisticated duplicating and sound recording equipment.

College student and former staff member Deena Haynes now operates the tape ministry. Tucked away in a small room in the old Weimar Medical Center Hospital, the ministry has grown by 200 to 300 masters since arriving at the Institute. All the weekend retreats are now available; the physicians' lectures, presented each month to guests during the Health Conditioning Programs, are some of the most recent additions.

Deena not only operates the Recordex tape duplicator, which is able to copy five masters at one time, but is advertising manager, shipping

clerk, bookkeeper, and general correspondent to all those writing to request tapes. She plans her own recording schedule and finds it difficult to keep up on all the orders coming in.

Shipped to all parts of the world, orders are sometimes as large as 115 tapes. Each tape costs \$2.50 (plus tax for California residents), and catalogs will soon be available again. ("Give me just a little more time to catch up on all the back orders!" says Deena) "I'm learning a lot by doing this," says Deena; "mostly by trial and error!" With some business background, Deena finds herself referring to her accounting book for help. Rob Payne, Assistant Business Manager, helps in keeping her books straight.

A sample selection of the tapes available are listed below.

Bietz, R.R.
"Church Organization"
"Who's Who in the Home"

Colson, Charles
"From White House to Christ"

Coon, Glenn A. (Series)
"Miracle of Love" (4 tapes)
"ABC's of Prayer" (5 tapes)

Frazer, W.D.
"Relating to Others' Failures"
"Must Christians Struggle?"
"What Do We Mean by the Blueprint?"

Hackett, W. J.
"Christian Education"
"Theological Trends in Adventism"

Kime, Dr. Zane
"Diet and Health"
"To Live Longer"

Knechtle, Emilio
"Suffering: God's Tool of Redemption"
"The Victorious Church"

Loma Linda University School of Health — Update 1976 (all meetings)

Londis, James
"God is Concerned about His Image"
"Becoming the Good News"
"Give Until it Hurts"

Maxwell, Dr. Graham
"God's Respect for Us Sinners"
"Faith, Righteousness, and Salvation" (series - 29 tapes)
"1888" (series - 12 tapes)

Nies, Dr. Richard
"Individuality in His Image"

Provonsha, Dr. J.
"Ethic of Death and Dying"
"God and Evil"

Richards, H.M.S.
"The Prayer Jesus Refused to Pray"
"The Sin God Never Forgives"

Venden, Morris L.
"Going Unclad to the Wedding"
"Medical Evangelism"
"What to do on Sabbath"
"Hard to be Saved"
"The Vineyard" (series - 3 tapes)



Old Chapel is used for early morning worship and prayer meetings.



Student Deena Haynes refers to master tape file.

Diary Of Blessings

The Weimar Family joins in saying 'Thank You' for the beautiful response to the December letter from our President and Chaplain. The Lord impressed many individuals to send gifts which have made it possible to begin the New Year with no overdue accounts.

Many sent funds to be applied toward the completion of the Health Conditioning Building. It is now possible to predict that the building will be ready for occupancy within the next few weeks. Linoleum has been laid in the bathrooms and carpet is being laid in the guest rooms and in the

hallways. Furniture has been ordered, the final details are being accomplished. We are confidently praying that God will continue to provide necessary funds to pay for the bills yet to arrive as well as for the remaining hydrotherapy equipment.

Several of our college students join in thanking those who have provided contributions to our student aid fund. Some of our students could not have continued this quarter without the added boost from this fund.

Especially Dr. Riley and those who assist him in the agriculture department are

thankful for their new Massey Ferguson tractor. Health Conditioning guests in the month of September started the tractor fund, and other friends of Weimar provided the balance necessary.

Another friend recently gave a 1970 Volkswagen Fastback to Weimar Institute. It will be very helpful in our community service program as well as in other transportation needs.

We thank all of you who had a share in these blessings, and praise the Lord for using you as you continue to assist in carrying on His work in this place.

FROM OUR CHAPLAIN

Christian Onlookers

It's a cyclical mood that we go through as a nation each time there is a human-inflicted tragedy. We look to far-off Guyana, wagging our heads about those 900 lives wasted in the hot tropical sun. And with much tongue-clucking we talk about the terrible "them" who are to blame for it all.

Even when it strikes closer to home, exploding in the civic offices of "civilized" San Francisco, we wonder about the strange perversions in "those peoples' minds" that drive them on to do such things.

Some people can do that, and do it honestly. Those without answers can ask questions. Those who find human behavior unexplainable can grope for adequate reasons for these events, testing conflicting theories. Those who believe humans are here only to strive against each other — as competitors in shrinking territory — can heave a detached sigh when another human fails.

Christians can't. We simply cannot discuss "them." The misled, the deluded, the weary, the gullible, the enraged, the suffering — these are all part of us! We work with larger maps: Guyana is where we live. Our family tree embraces at least those 900. The problems that haunt them afflict us as well, but we know why they do! Embracing the gift of a revealed world-view, we understand both the cause and the Remedy for all this needless carnage.

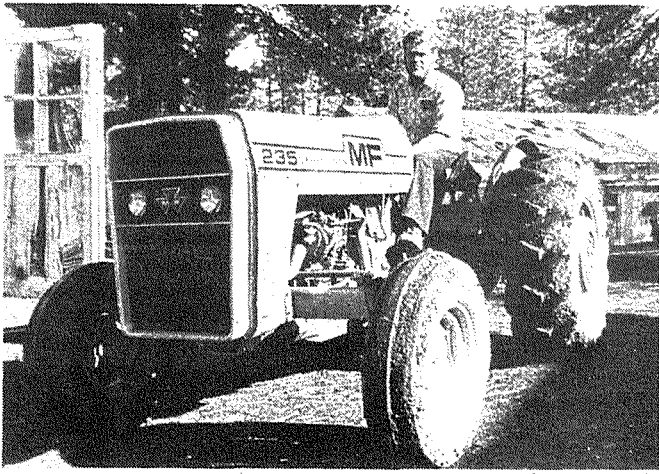
We are left, then, with only two alternatives. We are either part of a solution or part of the problem. Knowing what we know, by definition, we cannot be onlookers; for an observer of a problem who has an answer, but who does not act upon it, has become a part of the problem.

As I write this, I wonder anew just what the above conclusions should mean to me. Were I to feel true empathy for even the smallest amount of the human suffering I know about, I would quickly be drained. Though restoration to a vital relationship with Jesus as Lord and Saviour is indeed each person's solution, the deceptions of rebellion prevent that from being a glib answer. Though I have answers, I also have limits. And when seemingly infinite problems come face-to-face with us finite channels God has chosen to work through, I too feel an urge to retreat, letting "them" worry about solving "their" problems.

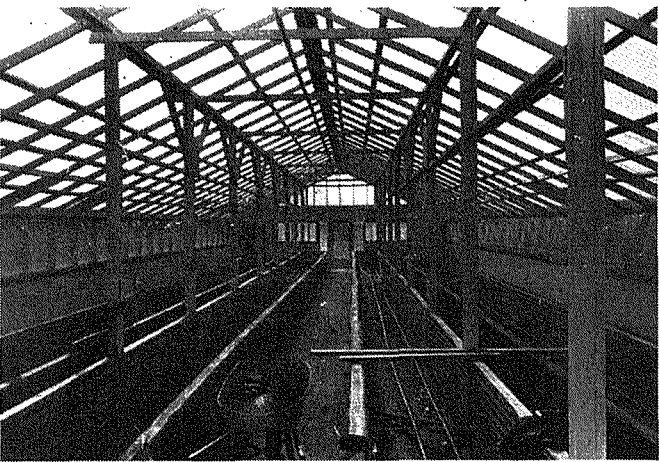
Perhaps that's exactly how the disciples felt that late summer afternoon when Jesus pointed them to a vast wheatfield white for the harvest. Each tiny kernel stood for a life — a troubled human waiting for the Answer. Feeling overwhelmed, the disciples were ready to retreat. How can a dozen men relate to countless lives? Jesus knew how. "Pray for more reapers," He said.

Every would-be "Christian onlooker" is the object of that prayer.

Growth Glimpses



Through a combination of gifts and interest-free loans, the agriculture department was able to purchase this Massey-Ferguson diesel tractor. It is being used to prepare about 30 acres of new land for use as gardens and orchards in time for Spring planting. A number of attachments are still needed in order for it to achieve its full versatility (see article on Campus Industries).

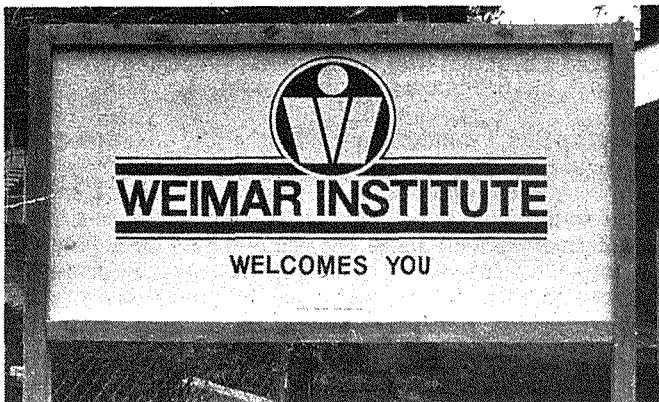


By the end of February, the greenhouse will be fully operational and ready for use. Covering more than 4,000 square feet of floor space, it can facilitate a number of uses. Irvin and Julie Wells, who are managing the greenhouse program, indicate that HCC guests will be enjoying some winter-time gardening in the sheltered environment. Dr. Fred Riley has buried hot water pipes in the soil beds to encourage rapid growth. In addition to supplying year 'round produce to the cafeteria, some crops may also render a marketable surplus.

Enrollment for the College at the beginning of Winter quarter records a net gain of one over the end of Fall quarter. With 23 men and 19 women, the student body total of 42 is still small enough to allow personal friendships with almost every other student.

Dr. Clyde Bushnell and his wife Carolyn have arrived for the Winter quarter, bringing all their Southern charm to several needed roles. He is teaching the class in world history for the College, and she is the hostess for the Conditioning Center.

More than a dozen acres on the south-west slope of the hill below the water tank are being cleared for new orchards. The Agricultural Advisory Committee has approved a plan to grow about 300 trees of various fruits and nuts for Institute use, and another 700 trees as a cash crop.



Visitors arriving at the front gate can now be sure that they have come to the right place. This new sign stands in front of the security house. Several other signs guide travelers from the freeway to the front entrance.

With an artistic eye and a determined hand, Sherry Lee (wife of art director Elfred Lee) crafted a campus bookstore out of the old store used in Weimar's early days. In addition to college textbooks, the store — known as the Weimart — also sells tools, some natural foods, and a limited line of personal items. It will be increasing its line of food preparation aids, and will also handle some of the unique art objects created by various staff and students.



College store, the "Weimart," is under student management.

Student Industries

As though in promise of other industries yet on the drawing boards, the first few student industries of Weimar College are showing signs of life. Since a basic part of the Weimar educational philosophy calls for each student to be involved in learning the skills and attitudes of useful labor, these industries are more than novelty options. They are fundamental.

In our case, the noun "industry" comes from the adjective "industrious." Any connotations of the word "industry" which suggest noisy factories and belching smoke stacks must be strictly rejected. In their place, imagine students absorbed in doing a variety of useful, often creative things.

The goal is to help each student acquire skills which he can then use to be self-sustaining, generating his own income. So far as possible, the training should acquaint him with skills he can use by himself, and with tools he can afford to purchase on his own. Assembly-line work, from which the student is destined to the factories of the big cities, will not even be considered.

Willard Werth, Director of Work Education for the campus, reported the following developments to the January 7 meeting of the Board of Directors:

Bakery

With the arrival of Mr. Walter Kummer, an experienced professional baker, the large revolving oven adjacent to the kitchen is being prepared for increased action. Featuring specialty breads (including those baked without refined products, the bakery will begin catering to retail outlets within a large geographical area. The loaves will be delivered fresh by UPS early each week. Retailers and consumers may even now place inquiries with Mr. Kummer at the Institute. Students who train in the bakery will learn the essential skills of the trade, as well as understand more fully the role of wholesome bread in good nutrition. They will also become acquainted with ordering, stocking, marketing, and related skills.

Bookstore

When they see the tiny room where the campus store is housed, most people suspect the name "Weimart" carries an intentional pun. (They're probably right.) In spite of its small size, the store already "employs" two students who are doing the selling, bookkeeping, ordering and most other tasks related to retail selling. These student managers envision that they can soon serve many needs of students, staff, HCC guests, and some community visitors, not only with high quality books, but with various other products related to the health emphasis of the Institute.

Ozark Hardwoods

Weimar Institute is serving as a west coast warehouse and distribution center for an eastern hardwood supplier. Students will be learning to handle inventory, bookkeeping, and selling. Furthermore, the source will be of benefit to the Institute when it opens its envisioned cabinet shop.

Tape Library

One student is working every available hour, and patiently begging for more help, in operating the Century 21 tape library housed in the administration building. With a catalogue of more than a thousand titles, the tape service offers valuable educational and inspirational presentations to a national audience. Begun in the East a number of years ago, the entire tape ministry was made available to us by special arrangement with its owner. In addition to its tremendous service potential, it is already carrying its own weight financially, and could be quickly expanded.

Others Planned

According to Willard Werth, the Institute is considering both a cabinet shop and a welding shop. These will not develop in the direction of assembly line, mass-produced items, but in hand-crafted, specialty products with an emphasis on creativity.

Even though agriculture will fill a very central role on the Weimar campus, it is not being viewed in the same category as a student industry. Turning a regular profit will not be its

primary goal. Rather — much as with the Health Conditioning Center — the emphasis will be upon training to serve others, and to bear solid testimony to better methods for better living.

Can You Help?

To get these industries moving on a solid footing, the following items are needed urgently. Do you know of any listed items which you could donate, or sell reasonably? Would you like to finance any of them? If so, write or phone immediately, to Willard Werth at the Institute.

BAKERY

Flour mill (commercial grade)
Grain cleaner
4 pan straps (at least 60; corrugated; 1 lb. size)
Cooling racks (2)
Automatic slicer
1,000 bushel grain bin
Auger
Dough rising bowls, with stand (2)
Dough molder (used is OK)
Maple work table

BOOKSTORE

Cash register (used is OK)
Printing calculator
Upright display cooler
Upright display freezer
Gondola shelf units

AGRICULTURE

Vegetable and melon seeds
Fruit tree stock (up to 1,000)
Fencing (3600 feet; posts)
Orchard drip irrigation
Greenhouse space heater
Equipment to match our Massey Ferguson 235 tractor:
MF 43 two bottom plow
MF 25 disc harrow (8 ft)
Howard Rototiller
MF 138 tiller
MF 221 cultivator
Sprayer (100 gal. with pump; 3-pt. hitch attach.)
Front tractor weights
Clevis & stabilizer
Rear duals
Post hole digger

Century 21 Better Living Tape Service

Tapes are now available! Send for our free, 10 page catalog including the Weimar Retreats and a wide variety of others.

Send orders, requests, etc. directly to:

Century 21 Better Living
P.O. Box A
Weimar, CA 95736

from the Weimar Kitchen

God's people are to be distinct from the world in both speech and conduct. E. G. White speaks forcefully concerning one of these distinctions in *Testimonies to the Church*, Vol. 6: "Our habits of eating and drinking show whether we are of the world or among the number whom the Lord by His mighty cleaver of truth has separated from the world. These are his peculiar people, zealous of good

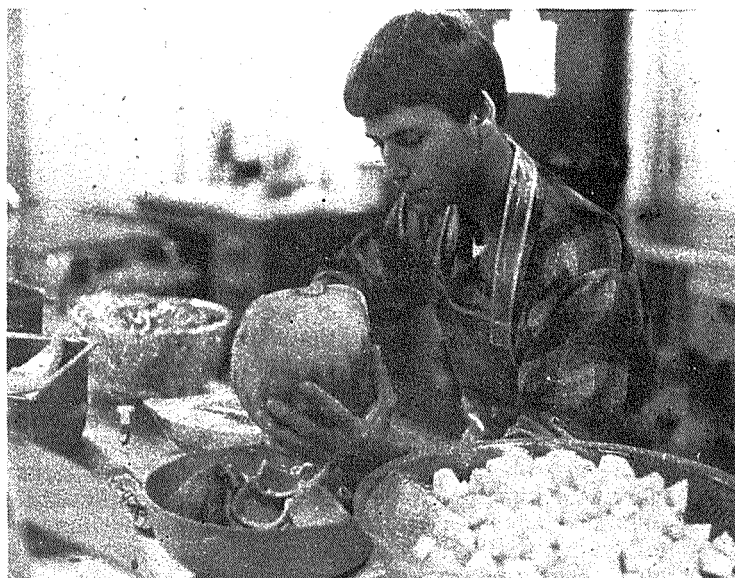
works." (page 372)

Also in regards to health reform in eating, she says: "If the churches expect strength, they must live the truth which God has given them. If the members of our churches disregard the light on this subject, they will reap the sure result in both spiritual and physical degeneracy." (6T, pg. 371)

We have been given the awesome responsibility of

reflecting our Father's character and upholding His reputation. What we are, what we say, what we eat, either glorifies our Father's name or denies His power.

Whatever habits hold us, God offers grace to conform our life to His will. Only through this power He offers will we be able to truly glorify Him, whether it be in eating or drinking.



Student Scott Richards helps prepare supper.

recipes

PIZZA (yeast crust)

1 pkg. dry yeast
1 c. warm water
1 t. salt
2½ cu. whole wheat flour

Soften yeast in water. Blend in 1 c. flour. Mix in salt. Stir in remaining flour. Knead 2 minutes. Place in covered bowl and let rise about 1 hr. Roll or pat thin on pans. Bake at 400 degrees until lightly browned. Crust should be baked the day before it is used. Yeast breads should always be allowed to cool and sit about a day before serving so that the yeast will no longer be active.

PIZZA SAUCE

1 c. tomato sauce (see recipe)
1 pint canned tomatoes
¼ t. sweet basil
½ t. garlic salt
green pepper
onions
chopped olives

Mix first 4 ingredients and spread on pizza crust. Add any or all of next 3 ingredients. Bake at 400 degrees 15-20 min. or until done.

TOMATO SAUCE

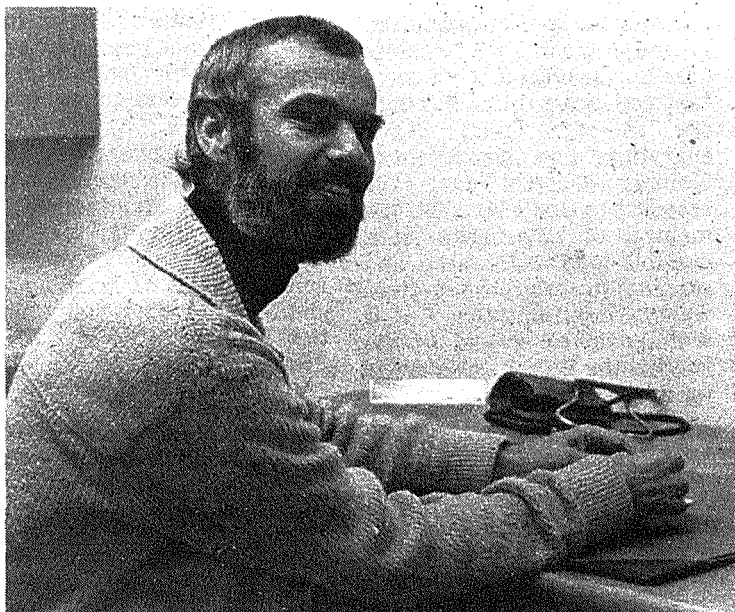
228 oz. cans whole tomatoes or 2 qts. home canned
4 cloves garlic or ½ t. garlic powder
1 c. carrot, cut up

2 c. celery with leaves, cut up
2 c. fresh onion, cut up or 1 c. dried onion flakes
½ t. salt (to taste)

Drain liquid from tomatoes into blender. Add garlic, carrot and whiz at high speed until liquefied. Add celery and chop fine. If using fresh onion, add onion and chop. Pour into large saucepan. In blender, chop tomatoes a few seconds at low speed and pour into saucepan. If using dried onion flakes, stir in. Bring to boil, cover and simmer 1 hr. Add salt to taste. If possible, let stand overnight for flavors to blend. Sauce freezes well.

Infant Nutrition

by Henri Wiebe,
MD, MPH, FAAP



Weimar HCC physician Henri Wiebe provides pediatric care for staff families.

"The gospel is a wonderful simplifier of life's problems." 1 Nowhere has this been more evident than in the field of infant nutrition.

At the turn of the century, infant nutrition was simple. Few questioned the wisdom of nature's design. But, by the nineteen sixties we thought we knew enough about the basic ingredients of infant nutrition that we could improve on the original formula, human milk.

And so followed a period of great confusion and complexity. There were as many schedules for introducing solid food to the neonate as there were baby doctors. The for-

mula industry added to the chaos by marketing still other "improved" human-milk-like formulas.

But, God is good. He allowed research to highlight the fact that species specific human milk is irreproducible, yet indispensable for optimal infant nutrition. British and U.S. official medical bodies have gone on record that for the first six months of an infant's life, human milk constitutes the ideal diet. Infant nutrition is simple again. "Breast is best" has been rediscovered.²

However, again suggestive of the gospel, one can still find doctors and parents who har-

bor just a little bit of doubt as to the complete adequacy of human milk, and so are eager to add juices, vitamins, cereals, or what have you to the infant's diet during these first six months. Well intentioned as this may be, it is not necessary. Human milk completely satisfies the recommended dietary allowances for the infant.

It might be reassuring to know that the calculation of these recommended dietary allowances (RDA) is derived from an analysis of a daily volume of breast milk that completely satisfies a given infant. Then, in order to "protect" the infant receiving other than human milk, the RDA figures are raised!³

This is good news! And it is so like our loving Creator that He should have made such a perfectly designed food available to the rich and poor, usable by the wise and the ignorant.

REFERENCES

1. Ministry of Healing p. 363.
2. Jelliffe, D.B., and Jelliffe E.F.P.: "Breast Is Best": Modern Meanings. N. Engl. J. Med. 297:912-915. 1977
3. Jelliffe, D.B., and Jelliffe E.F.P.: "Alleged Inadequacies of Human Milk", Clinical Pediatrics 16:1140-1144, 1977.

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FUNDS NEEDED

Reminder: We are still relying on hundreds of donations, small and large, to take care of our daily operational expenses. Funds for developmental costs have continued to be supplied in the Lord's providence. However, it takes \$1,000 a day to maintain the various current functions of the Institute. DON'T STOP NOW! In the privacy of your own home, seek the Lord, asking Him what you should do to help meet Weimar's needs. Thank you.

Weimar College - It's Ministry

By Colin D. Standish

(A summary of the 2nd chapel talk given at Weimar College, September 27, 1978)

The twenty-fifth chapter of Matthew deals with many of the parables associated with the kingdom of God. The characteristics of those who will inherit the kingdom come into sharp focus in this chapter. "Then shall the King say unto them on His right hand, come ye blessed of My Father, inherit the kingdom prepared for you from the foundation of the world." (vs. 34).

The King then indicates the selfless acts performed by these inheritors of the kingdom as if they have been done for Him. Incredulously, the righteous ask for evidence that it was the King that they have served, for they can remember no such experiences. But the King answers, "Verily I say unto you, inasmuch as ye have done it unto one of the least of these My brethren, ye have done it unto Me." (vs. 41).

A right relationship between man and man is unique in that it reflects the growing and developing relationship between man and God. At Weimar College we are seeking to establish that relationship. The closer we come to Jesus, the more we will reflect His character, the more we will understand His purposes, and therefore, the more we will reflect His love one for another. This love will not be contained within the campus, but will radiate like rays of the sun into the communities around. Eventually, it will radiate to the world at large, as young men and women, motivated by the power of the Holy Spirit, go forward to finish the work that God has given them to do.

Weimar College has dedicated its program to the studying of the Word of God rather than the philosophies of man. It has embraced the principle of physical education that centers around a work-study program where useful, practical work takes the place of competitive sports. In so do-

ing, we believe that our students will be lifted onto a higher plane of understanding of the talents and strengths that God has given to them. Joyfully, our young people will exchange the frivolous emptiness of worldly entertainment for the opportunity to witness of the love of Jesus to the surrounding communities. The program at Weimar is a very full one, and every attempt has been made toward the development of the total resources of each student. We have integrated the physical, intellectual and spiritual dimensions of man for the purpose of the finishing of the work of God.

Further, the motivation for success is different at Weimar. We live in an exceedingly competitive society where success usually comes at the expense of someone else. People compare themselves deciding that they must be a little better than the next person because they can do something just a little better. This cannot be the motivation fostered at Weimar College.

To many it will mean a readjustment of thinking to realize that no one is in competition with anyone else. The College is established around the principle of Matthew 25:40 — that of giving and extending oneself to others. Every effort has been made to extract from the college program that which would pit one individual against another. We do not believe that being able to run a little faster than the next fellow makes that person a better person. We do not believe that the ability to assimilate academic pursuits a little more effectively than someone else makes a person superior. We do not believe that being a little more skilled in the trades makes one more worthy. Even the ability to communicate the gospel a little better than the next person does not make anyone more worthy in the eyes of God. We recognize that the talents that God gives are varied, and that each person can learn from the other. And the skills, abilities and achievements of each member of this College con-

tribute to the unity of the body of Christ.

Weimar College has decided that under no circumstances shall the performance of any student affect the performance of any other students. The College unequivocally rejects anything which says that a certain percentage of students must obtain a particular grade. We believe that the door must be kept open for everyone whom the Lord can use and who is responding to the Lord with His talents to achieve whatever the Lord will achieve with Him. Thus, any reference to a normal curve distribution of students is rejected. To use such mathematical formulation would limit God in the working out of His will in the lives of young men and women.

Certainly, at Weimar there is no teacher who is looking to see how many students he can fail. Rather, each teacher is looking to see just how many students he can help to be successful. The same Lord Who saw infinite possibilities in all His believers (Ed. p. 80) has given us a special mission to work with each student on this campus. It is the teachers' responsibility, not simply a desire, to see that every single student has the maximal opportunity to reach the total potentiality that God has given him. Therefore, each student is encouraged to take advantage of this, and to visit as frequently as necessary with his teachers.

The purpose of Weimar College is to establish a great brotherhood and sisterhood in which there is no place for self-centered concern. Each individual has a responsibility individually and corporately to be his brother's keeper. The failure of any one of the group, the lack of success of any person in the Weimar family means loss to all. Those who are a little stronger academically are responsible to help those who are weaker. Those who are stronger in physical pursuits should help those who are less apt. Those who have a natural ability to reach others in the community

are called upon to associate with and support those who are naturally shy. The emotionally strong are encouraged to help those who are insecure. It would be easy in a new experience such as Weimar to be critical of those who are a little weak in faith, or less fruitful in performance, but such response would be un-Christlike.

At Weimar, social relationships are built upon a different premise than those basic to modern society. Therefore, we do not encourage young men and women to form precipitous relationships. All associations should be free to be as diversified as possible. Group fellowship helps students to begin to appreciate one another as a family, and to grow in respect and honor to one another. We believe that in forming isolated pairs, individuals are deprived of the fuller communion that can be obtained in a group.

Ellen White has said, "The law of mutual dependence runs through all classes of society." (PP p. 535) Our dependence of one upon another is a law of God. She further states, "In the Lord's plan, human beings have been made necessary to one another. If all would do their utmost to help those who need their help, their unselfish sympathy and love, what a blessed work might be done." (Mind, Character and Personality, p. 431) The talents that God has entrusted to all are designed to help one another to walk in the pathway of righteousness. Talents are meant to bless and complement our fellow human beings. In this work, each one is connected with the other and all are united in Christ. It is by unselfish service that we most fully can improve and increase our talents. Thus, above everything else, the success of Weimar depends upon the response to God's love by each member of the program. It is possible for faculty, staff and students to seek those motives which are self-initiated. But, if Weimar is to ascend to the heights the Lord has reserved for it, the thoughts of everyone

must be centered upon Jesus. "Be ambitious for the Master's glory." (MYP p. 100) We cannot begin to understand the extent to which the Lord can elevate His children if we fail to be motivated by Christ-centered goals.

One of the great dictums of the world is "knowledge is power." However, we cannot accept this as a complete dictum for Weimar College. As we look at the history of man we see that often knowledge resulted in impotency rather than power. Eve faced a challenge in the Garden of Eden when she was told by Satan that if she ate of the tree of the knowledge of good and evil she would become like God, knowing good and evil. (Gen. 3:4,5) But after she had eaten of the fruit, while she had a much clearer knowledge of evil, she certainly lacked the power that she hoped would be hers, for upon her and Adam came frightening impotency. All knowledge is not powerful.

At the turn of the century the English educator Findlay stated, "knowledge is power when it is used." But knowledge is not necessarily power even when it is used. It is sometimes used for destruction, and for malproductive purposes. And much knowledge is almost meaningless. The young men and women at Weimar Institute are looking for knowledge which comes from the fountain of truth. Ellen White sums it up clearly when she says, "Knowledge is power when united with true piety." (4T p. 427) This is the knowledge which expands the mind, enlarges the vision and direction of men and women towards the completion of the work of God.

At Weimar College the needs of society, the brotherhood and sisterhood of each member of the college family, the God-centered motivation and the spiritual basis for learning are combined to offer that education which will be of eternal consequences.

Heritage Library Collection

Many of our readers may be surprised to know that an institution as young as Weimar has nevertheless already the basis of a very fine Adventist Heritage Library. Through donations we already have some very fine and useful material which will be of great research value to our students and it may be that there are those who receive the Bulletin who could help us to supplement this Heritage collection. We are especially interested in Adventist materials and publications printed before the turn of the century.

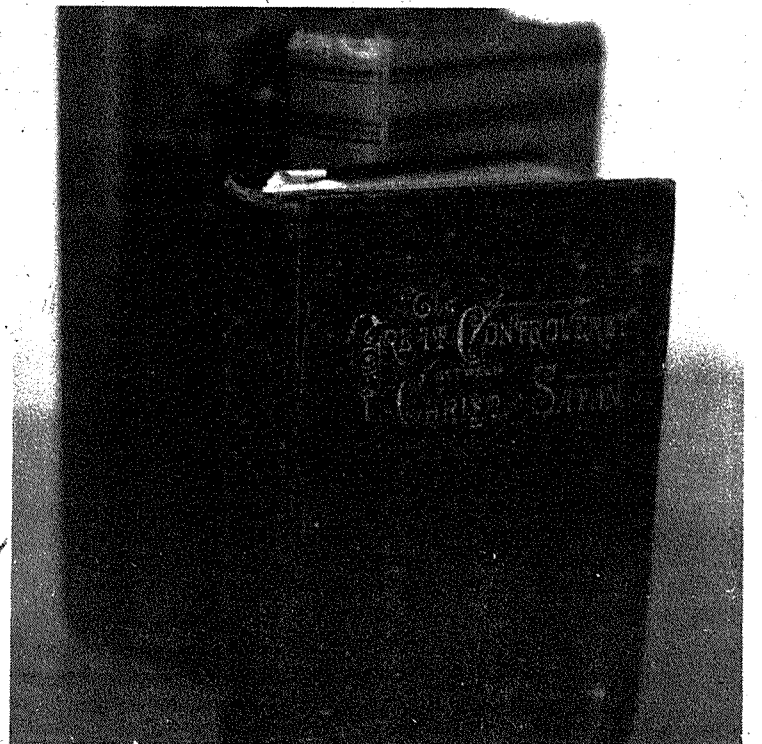
Listed below are some of the materials which we already have:

Uriah Smith—Sanctuary and 2300 Days, 1877 Steam

Press Edition; A. T. Jones—Two Republics or Rome and the United States of America, 1891 Bible Readings for the Home Circle - 1888; W.H. Waggoner—From Eden to Eden, 1890; A. T. Jones—Great Empires of Prophecy from Babylon to the Fall of Rome, 1898; Uriah Smith—Here and Hereafter, or Man in Life & Death, 1897; J.H. Kellogg—Man, the Masterpiece, 1894; Uriah Smith—Marvel of Nations, Our Country, Its Past, Present and Future and what the Scriptures Say of it, 1886; P.T. Magan—Peril of the Republic of the United States of America, 1888; J.H. Kellogg—Practical Manual of

Hygiene and Temperance, 1885.

We are also interested in adding to our Heritage Library both Seventh-day Adventist Publications and non-Seventh-day Adventist books. If you can help in this way, we would greatly appreciate it. So far between 9,000 and 10,000 books have been donated to the library, but there is still a pressing need for expanding our library. Others are making regular donations to the library and this is assisting in the purchase of much needed new books for our library. I am sure you are aware that the Library will be the center of our academic program and we solicit your continued support.



Heritage Library grows with donation of old E.G. White books.

Outreach

With the beginning of this new college quarter, the Outreach Ministries Program will include both students and staff of the Institute in several areas of service.

Bible studies will be conducted in the community. By way of a survey taken fall quarter, these interests were discovered among Institute neighbors. The Bible will serve as the only textbook. The Profiles in Faith study guides will be used as an adjunct.


Those students who participated last quarter in the Cooking Nutrition Seminar in Placerville will be continuing to assist Sallie Fredericks, seminar coordinator, in that outreach ministry. A new group of students join these to help conduct the second seminar in Colfax. Besides extensive preparation in weekly, two-hour classes, students will demonstrate preparation of food and become personally acquainted with community participants during the Sunday evening seminars. A limit of 100 persons has been set.

A local junior college campus will be site for a 5-Day Plan to Stop Smoking. Seven

students, with the aid of physicians, will conduct this program during the last week in February. As with all other Outreach activities, the basic intentions are not only to instruct but to win friends and reveal Jesus as a personal Savior.

Also in Colfax will be a home health seminar in early March. Hours of preparation will be spent in understanding and learning to apply the eight natural remedies spoken of in the Spirit of Prophecy.

The largest group of students are involved in practical service teams. These teams, working with the Placer County Volunteer Bureau, will help with small home repairs, chores, shopping, etc. Hoping to reach the disabled, sick, aged, and isolated, these students will extend a helping and friendly hand.

In the following editions of the BULLETIN, articles will appear concerning each one of these seminars. Also, reports on the time spent in preparation will be included. Watch for these more detailed accounts of Outreach Ministries. 

WEIMAR INSTITUTE INFORMATION REQUEST FORM (Please Print Clearly)

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Please send me a Weimar Institute College Bulletin and student application form.

I have completed (level of education)

Please send me information regarding Weimar's Health Conditioning Center

Please add my name (or those attached) to the Weimar Institute Bulletin mailing list so that I can be kept informed of future progress.

I am already receiving the Bulletin.

This is a change of address.

I am enclosing a sacrificial gift to help Weimar Institute fulfill its mission. Please send me a tax-deductible receipt.

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“... in heaven, service is not rendered in the spirit of legality. When Satan rebelled against the law of Jehovah, the thought that there was a law came to the angels almost as an awakening to something unthought of. In their ministry the angels are not as servants, but as sons.”

The Mount Of Blessing, 109

Meet Board Member

A charter member of the original operating board for Weimar Institute, Mrs. Jeri Orr has more than a philosophical interest in Weimar.

“She’s had a very practical involvement in the Institute,” says a fellow board member. “She’s always in the thick of dialogue in board meetings and in the middle of anything that needs to be done.” She chairs the board’s finance committee and is in charge of furnishing and decorating the Health Conditioning Center now nearing completion.

“I believe the original board members simply appointed themselves,” says Mrs. Orr, smiling. The members of this first nucleus were well into the thick of things before they realized the extent of their commitment.

Mrs. Orr has inadvertently become engaged in a number of educational interests. These positions have never been ones she has chosen for herself.

“I’ve learned not to kick against what ministries the Lord leads me into,” she says calmly. “I wonder as I become involved whether I am qualified to be doing what I am, but where the Lord leads...go.”

A native Californian, Mrs. Orr has lived in the greater Sacramento area since 1961. Her first priority, she says, is her family; daughters Heidi and Heather and husband Curt, a dentist who is also intimately associated with the Institute’s program.

Mrs. Orr graduated from La Sierra College in Riverside, CA, with a major in elementary education. She taught in both public and church schools



Jeri Orr

in such places as Hawaii, Texas, and her home city of Sacramento before becoming a full time “home educator.”

One position that the Lord specifically had in mind for Mrs. Orr was that of President of the Home and School Association for Sacramento Union Academy. Through a chain of providences, she accepted the position, not really wanting it.

While serving there, she helped initiate a study of true education as described in the Spirit of Prophecy and Bible. A group of 17 families continued to study and pray together after a series of meetings had concluded. The resulting adventure in faith has occupied the last 3 years of Jeri Orr’s life; an elementary school, Maranatha Meadows, was established in Loomis, CA. She was Principal, and now serves on the board there.

The program at Maranatha Meadows is based upon the work-study concept as well as community service. The fourth school year which involves 40 children began in September of 1978.

“The Lord continues to put doors in front of me,” says

Mrs. Orr, “and I’m only going to know if He wants me to go through them if I tap on each one.”

“The school in Loomis is going through some trials right now,” she continues, “but God doesn’t begin a work and then let it flounder except as we become stubborn with Him. The Lord will preserve,” she adds with assurance.


Besides her work in education, Mrs. Orr has many interests: She enjoys interior decorating, gardening and flower arranging. But right now, her first priority beyond immediate family is Weimar Institute.

“Jeri is very dedicated to what’s going on here,” says Weimar Board Chairman Clyde Willard. “She spends hours and hours on work for the Institute.”

“Being on the board here is a growing experience of faith,” she says as one well-experienced in seeing God’s work first hand. “It’s a real personal blessing; not many persons get the chance to see the blueprint of such a place as this actually develop.”

“As chairperson of the finance committee,” says another board member, “Jeri cooperates with God as He performs miracle after miracle for Weimar!”

“I’ve always considered myself average,” says Mrs. Orr, “and I don’t see that I’ve made any great contributions or done anything outstanding.”

“I understand that through all of this, the Lord is developing a person. He gives me trials equivalent to the problems He needs to work out in me. And He’s preparing me,” she says, smiling, “to take me home.” 



WEIMAR INSTITUTE

Weimar Institute is a multi-phased ministry whose keynote is SERVICE. Working in harmony with the basic tenets of the Seventh-day Adventist Church, the Institute is comprised of physicians, educators and other laymen. Our primary goal is to uplift God’s character as the One who restores His image in His people on earth. Weimar Institute ministers to the physical, the mental and the spiritual aspects of humanity. Relying solely upon the free gift of the righteousness of God revealed in the Person of Jesus Christ, the Institute openly confesses that no function of its ministry can detract from the reality of that One Source of salvation. Rather, we desire that His righteousness shall become more believable to others because of this service to which we ourselves have been called. (2 Tim. 1:9, Eph. 2:8-10)

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Zane Kime, MD. . . Medical Consultant

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Weimar Institute is a non-profit organization. Tax deductible receipts will be issued for cash donations and in acknowledgement of material gifts.

OFFICE HOURS

Monday through Thursday: 8:00 AM.-5:00 PM.
Friday 8:00 AM.- 4:00 PM.
Sabbath: Closed.

Sunday: Not usually open, but try us — we might both be surprised!
Telephones: business line: 916-637-4111.

Visiting: A casual walk-through of the campus — most any time you want.

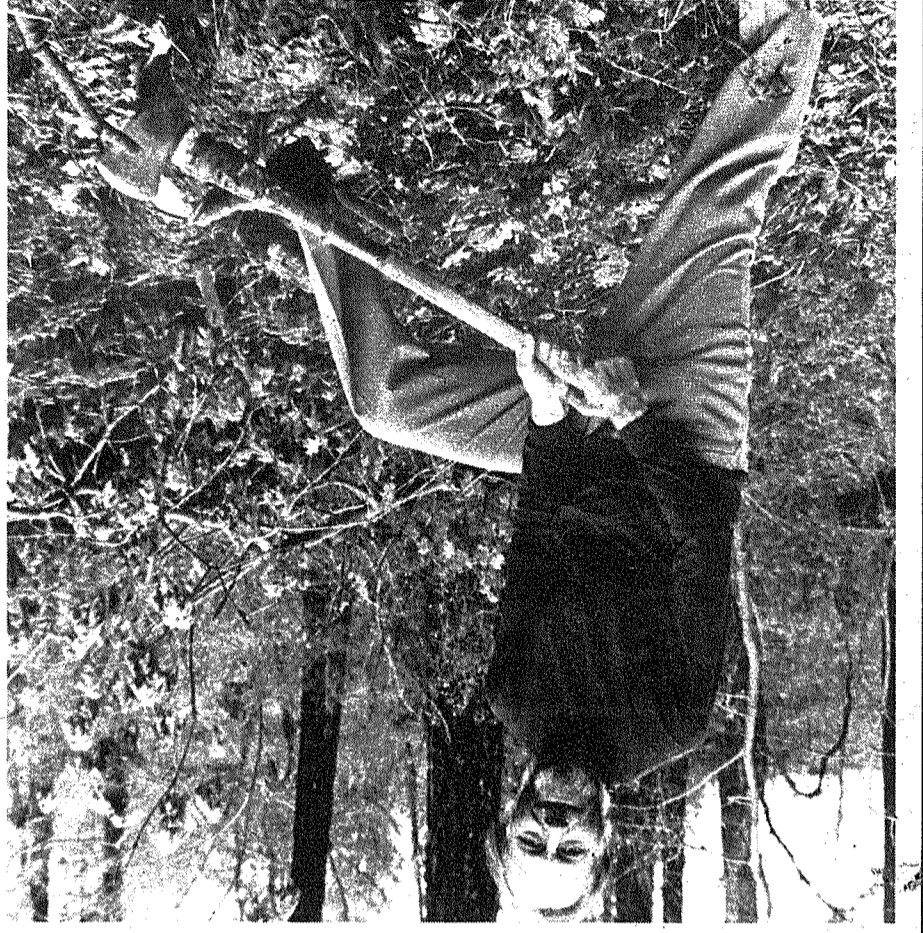
A meeting with the President or other staff members — please write or phone ahead to confirm an appointment.

Please note: We do not conduct Sabbath Services at Weimar. And on retreat weekends, we reserve the meetings and the dining lodge for registered retreat guests only. We know you will understand our request that you schedule your weekend visits for non-retreat weekends.

WEIMAR INSTITUTE BULLETIN

Pat Payne Editor
Sandy Arct Assistant Editor
Elfred Lee Art Director

HCC Guest George Emm agrees "... that every man should eat and drink, and enjoy the good of all his labour, it is the gift of God." Ecclesiastes 3:13



BOX A, WEIMAR, CALIFORNIA 95736 VOL. 3 NO. 2 FEBRUARY, 1978

WEIMAR INSTITUTE BULLETIN



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Philosophy Of Weimar

What is it that compels men onward in the face of humanly insurmountable obstacles, even sure defeat? By what election dare they defy destiny where others have quailed or fallen? Is it by audacity or ignorance that they continue their advance while the full light of the day reveals great chasms on either side and before? The answers to these valid questions are not found in the men themselves, but in their mission.

A great paradox exists in the life of every Christian. Misunderstood, it will prove the undoing of all good intent, the ruin of the vision of our high calling in Christ. It is the acknowledgement of the present reality of this world in contrast to the abounding promises and prophecies found in

the Word of God. What God has covenanted and foretold concerning His people, His closing work, seems to be contradicted by actuality. On the one hand is failure and delay, and the other, fulfillment and victory. By which shall the Christian measure his task today?

A mere handful of people moved onto a broken, neglected complex, newly named Weimar Institute. Debris was abundantly visible while finances were not. And in those first weeks the struggle for sheer survival made any definable progress difficult to detect. Perhaps an honest evaluation could have demanded a sensible retreat to save face before the dimensions of failure became obvious. But there was

something else to consider: PROMISE and PROPHECY.

Has not God commissioned us to our labors? Has He not outlined and defined His objectives, then promised His guidance and providence? Has He not foretold that this work will be accomplished, and a people perfected unto Himself? Why then should we be maligned or discouraged when the enemy of souls works? For he can do nothing against the truth, but for the truth! (2 Cor. 13:8; see Pr. 21:30; Isa. 8:9,10; Acts 5:38, 39; Rom. 8:28-39) Never need a soldier of the Cross flinch because of the roar of the dragon.

We at Weimar take seriously the reality that God's glory is at stake. He has called us all to be witnesses in the hour of His judgment. That He Himself enables us to fulfill this commission is a great comfort. Shall we then be turned aside because of tribulation? It is not for ourselves that we press on.

"This people have I formed for Myself; they shall shew forth My praise." Isa. 43:21.

Of one thing we are certain: God is not so much interested in raising up another institution as He is in having a people raised up unto Himself who will let the great promise and prophecy of the Third Angels Message be fulfilled in and through them.

Weimar College Yearbook

As a record of this very important year in the development of Weimar Institute, the College student body and staff are now producing a yearbook. Photography, art work, and prose will seek to capture the spirit, His Spirit, in the work and ideals of the Institute.

The chosen name and theme of the yearbook is "Weimar Crossroad." The Crossroad is not only a local landmark in the town of Weimar, but represents a need for choosing and acting according to God's will. Because students here believe that the progress of His Church, His plans for education, and His work in each one of their lives is now at a crossroads, the name seemed most appropriate.

"This is what the Lord says: Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls." Jer. 6:16 N.I.V.

This historic first edition is likely to become a collector's item, and we want to reserve a copy for each friend of Weimar who expects to purchase one. However, at this point, we are unsure as to the number we should print, and need an idea of how many want to purchase a copy. Depending upon the size of the book, "Weimar Crossroad" will cost no more than \$8. If you are interested, please fill out the form below and return to:

"Weimar Crossroad"
Weimar Institute
Weimar, CA 95736

This is not an order blank but only an interest response.

Yes, I would be interested in a copy of the "Weimar Crossroad." Please notify me as to the cost of the book as soon as possible.

Signed:

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VISITORS!

Due to the rapid growth of the "Weimar family" we have extremely limited guest facilities. PLEASE, if you plan to visit Weimar overnight, make advance reservations. Otherwise, we cannot guarantee accommodations. Thank you for this consideration.